

# 2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead Community Health Needs Assessment Collaborative

Adams County

Nebraska

HEALTH OUTCOMES		Adams	*National Benchmark	Nebraska
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	6,222	5,564	6,209
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	13%	10%	12%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.9	2.6	2.9
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.0	2.3	2.6
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	6.1%	6.0%	7.0%
<b>HEALTH FACTORS</b>				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	19%	15%	20%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m <sup>2</sup> , 2008	29%	25%	29%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	24%	20%	24%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	16%	8%	19%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	15.0	12.0	16.7
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	225.6	83.0	314.0
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	35.4	22.0	35.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	17%	13%	16%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	10%	7%	9%
Primary care physicians	Ratio of total population to primary care physicians, 2008	737:1	631:1	713:1
Mental health providers	Ratio of total population to mental health providers, 2008	2,762:1	2,242:1	3,104:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	-	69.0	63.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	82.4	52.0	69.2
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	85%	89%	84%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	60%	74%	65%

## HEALTH FACTORS (continued)

Adams      \*National Benchmark      Nebraska

### Social and Economic Factors

<b>High school graduation</b>	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	90%	92%	86%
<b>Some college</b>	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	64%	68%	68%
<b>Unemployment</b>	Percent of population ages 16 and older that is unemployed but seeking work, 2009	5.1%	5.3%	4.6%
<b>Child poverty</b>	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	13%	11%	14%
<b>Inadequate social support</b>	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	18%	14%	17%
<b>Children in single-parent households</b>	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	25%	20%	26%
<b>Homicide rate</b>	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	3.0

### Physical Environment

<b>Air pollution-particulate matter</b>	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
<b>Air pollution-ozone</b>	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
<b>Access to healthy foods</b>	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	33%	92%	45%
<b>Access to recreational facilities</b>	Number of recreational facilities per 100,000 population, 2008	12.0	17.0	12.0

### Demographics

Adams      United States      Nebraska

<b>Youth</b>	Percent of total population ages 0-17, 2009	24%	24%	25%
<b>Elderly</b>	Percent of total population ages 65 and older, 2009	15%	13%	13%
<b>Rural</b>	Percent of total population living in a rural area, 2000	23%	21%	30%
<b>Not English proficient</b>	Percent of total population that speaks English less than "very well," 2005-2009	4%	9%	4%
<b>Illiteracy</b>	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	7%	15%	7%

\*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). \*\*Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

Source: The overall format and content of the County Health Profiles is based largely on County Health Rankings, a key component of the Mobilizing Action Toward Community Health (MATCH) project - a collaboration between the Robert Wood Johnson Foundation and the University of Wisconsin Population Health Institute, <http://www.countyhealthrankings.org/>. Additional data sources include the U.S. Census Bureau, Small Area Health Insurance Estimates, <http://www.census.gov/sahie/> and the Centers for Disease Control and Prevention's National Center for Health Statistics - the Health Indicators Warehouse, <http://healthindicators.gov> and "Health, United States, 2010," Table 109, <http://www.cdc.gov/nchs/hus.htm>.

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# 2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead Community Health Needs Assessment Collaborative

Antelope County

Nebraska

HEALTH OUTCOMES	Antelope	*National Benchmark	Nebraska
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## Mortality

<b>Premature death</b>	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	-	5,564	6,209
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## Morbidity

<b>Poor or fair health</b>	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	15%	10%	12%
<b>Poor physical health days</b>	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.6	2.6	2.9
<b>Poor mental health days</b>	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.2	2.3	2.6
<b>Low birthweight</b>	Percent of live births with low birthweight (<2,500 grams), 2001-2007	-	6.0%	7.0%

## HEALTH FACTORS

### Health Behaviors

<b>Adult smoking</b>	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	20%	15%	20%
<b>Adult obesity</b>	Percent of adults that report a body mass index (BMI) of at least 30 kg/m <sup>2</sup> , 2008	29%	25%	29%
<b>Physical inactivity</b>	Percent of adults reporting no leisure time physical activity, 2008	28%	20%	24%
<b>Excessive drinking</b>	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	17%	8%	19%
<b>Motor vehicle crash death rate</b>	Motor vehicle crash deaths per 100,000 population, 2001-2007	-	12.0	16.7
<b>Sexually transmitted infections</b>	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	44.9	83.0	314.0
<b>Teen birth rate</b>	Number of teen births per 1,000 females ages 15-19, 2001-2007	13.0	22.0	35.5

### Clinical Care

<b>Uninsured adults</b>	Percent of adult population ages 18-64 without health insurance, 2007	22%	13%	16%
<b>Uninsured youth</b>	Percent of youth ages 0-18 without health insurance, 2007	14%	7%	9%
<b>Primary care physicians</b>	Ratio of total population to primary care physicians, 2008	946:1	631:1	713:1
<b>Mental health providers</b>	Ratio of total population to mental health providers, 2008	6,620:0	2,242:1	3,104:1
<b>Dentist rate</b>	Number of professionally active dentists per 100,000 population, 2007	15.0	69.0	63.0
<b>Preventable hospital stays</b>	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	81.2	52.0	69.2
<b>Diabetic screening</b>	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	79%	89%	84%
<b>Mammography screening</b>	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	74%	74%	65%

## HEALTH FACTORS (continued)

Antelope \*National Benchmark Nebraska

### Social and Economic Factors

<b>High school graduation</b>	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	100%	92%	86%
<b>Some college</b>	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	63%	68%	68%
<b>Unemployment</b>	Percent of population ages 16 and older that is unemployed but seeking work, 2009	3.9%	5.3%	4.6%
<b>Child poverty</b>	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	20%	11%	14%
<b>Inadequate social support</b>	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	17%	14%	17%
<b>Children in single-parent households</b>	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	22%	20%	26%
<b>Homicide rate</b>	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	3.0

### Physical Environment

<b>Air pollution-particulate matter</b>	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
<b>Air pollution-ozone</b>	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
<b>Access to healthy foods</b>	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	57%	92%	45%
<b>Access to recreational facilities</b>	Number of recreational facilities per 100,000 population, 2008	0.0	17.0	12.0

### Demographics

		Antelope	United States	Nebraska
<b>Youth</b>	Percent of total population ages 0-17, 2009	23%	24%	25%
<b>Elderly</b>	Percent of total population ages 65 and older, 2009	21%	13%	13%
<b>Rural</b>	Percent of total population living in a rural area, 2000	100%	21%	30%
<b>Not English proficient</b>	Percent of total population that speaks English less than "very well," 2005-2009	1%	9%	4%
<b>Illiteracy</b>	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	8%	15%	7%

\*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). \*\*Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

Source: The overall format and content of the County Health Profiles is based largely on County Health Rankings, a key component of the Mobilizing Action Toward Community Health (MATCH) project - a collaboration between the Robert Wood Johnson Foundation and the University of Wisconsin Population Health Institute, <http://www.countyhealthrankings.org/>. Additional data sources include the U.S. Census Bureau, Small Area Health Insurance Estimates, <http://www.census.gov/sahie/> and the Centers for Disease Control and Prevention's National Center for Health Statistics - the Health Indicators Warehouse, <http://healthindicators.gov> and "Health, United States, 2010," Table 109, <http://www.cdc.gov/nchs/hus.htm>.

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# 2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead Community Health Needs Assessment Collaborative

Arthur County

Nebraska

HEALTH OUTCOMES		Arthur	*National Benchmark	Nebraska
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	-	5,564	6,209
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	8%	10%	12%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	1.7	2.6	2.9
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	1.1	2.3	2.6
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	-	6.0%	7.0%
<b>HEALTH FACTORS</b>				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	-	15%	20%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m <sup>2</sup> , 2008	28%	25%	29%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	28%	20%	24%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	-	8%	19%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	-	12.0	16.7
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	295.9	83.0	314.0
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	-	22.0	35.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	26%	13%	16%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	19%	7%	9%
Primary care physicians	Ratio of total population to primary care physicians, 2008	358:0	631:1	713:1
Mental health providers	Ratio of total population to mental health providers, 2008	358:0	2,242:1	3,104:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	0.0	69.0	63.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	83.5	52.0	69.2
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	-	89%	84%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	-	74%	65%

**HEALTH FACTORS (continued)** Arthur **\*National Benchmark** Nebraska

*Social and Economic Factors*

<b>High school graduation</b>	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	-	92%	86%
<b>Some college</b>	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	73%	68%	68%
<b>Unemployment</b>	Percent of population ages 16 and older that is unemployed but seeking work, 2009	5.5%	5.3%	4.6%
<b>Child poverty</b>	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	17%	11%	14%
<b>Inadequate social support</b>	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	-	14%	17%
<b>Children in single-parent households</b>	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	24%	20%	26%
<b>Homicide rate</b>	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	3.0

*Physical Environment*

<b>Air pollution-particulate matter</b>	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
<b>Air pollution-ozone</b>	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
<b>Access to healthy foods</b>	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	100%	92%	45%
<b>Access to recreational facilities</b>	Number of recreational facilities per 100,000 population, 2008	0.0	17.0	12.0

*Demographics*

		Arthur	United States	Nebraska
<b>Youth</b>	Percent of total population ages 0-17, 2009	21%	24%	25%
<b>Elderly</b>	Percent of total population ages 65 and older, 2009	22%	13%	13%
<b>Rural</b>	Percent of total population living in a rural area, 2000	100%	21%	30%
<b>Not English proficient</b>	Percent of total population that speaks English less than "very well," 2005-2009	1%	9%	4%
<b>Illiteracy</b>	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	6%	15%	7%

\*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). \*\*Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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**Banner County**

Nebraska

<b>HEALTH OUTCOMES</b>		<b>Banner</b>	<b>*National Benchmark</b>	<b>Nebraska</b>
<i>Mortality</i>				
<b>Premature death</b>	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	-	5,564	6,209
<i>Morbidity</i>				
<b>Poor or fair health</b>	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	9%	10%	12%
<b>Poor physical health days</b>	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.7	2.6	2.9
<b>Poor mental health days</b>	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	1.7	2.3	2.6
<b>Low birthweight</b>	Percent of live births with low birthweight (<2,500 grams), 2001-2007	-	6.0%	7.0%
<b>HEALTH FACTORS</b>				
<i>Health Behaviors</i>				
<b>Adult smoking</b>	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	-	15%	20%
<b>Adult obesity</b>	Percent of adults that report a body mass index (BMI) of at least 30 kg/m <sup>2</sup> , 2008	30%	25%	29%
<b>Physical inactivity</b>	Percent of adults reporting no leisure time physical activity, 2008	28%	20%	24%
<b>Excessive drinking</b>	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	-	8%	19%
<b>Motor vehicle crash death rate</b>	Motor vehicle crash deaths per 100,000 population, 2001-2007	-	12.0	16.7
<b>Sexually transmitted infections</b>	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	-	83.0	314.0
<b>Teen birth rate</b>	Number of teen births per 1,000 females ages 15-19, 2001-2007	-	22.0	35.5
<i>Clinical Care</i>				
<b>Uninsured adults</b>	Percent of adult population ages 18-64 without health insurance, 2007	22%	13%	16%
<b>Uninsured youth</b>	Percent of youth ages 0-18 without health insurance, 2007	13%	7%	9%
<b>Primary care physicians</b>	Ratio of total population to primary care physicians, 2008	673:0	631:1	713:1
<b>Mental health providers</b>	Ratio of total population to mental health providers, 2008	673:0	2,242:1	3,104:1
<b>Dentist rate</b>	Number of professionally active dentists per 100,000 population, 2007	0.0	69.0	63.0
<b>Preventable hospital stays</b>	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	84.0	52.0	69.2
<b>Diabetic screening</b>	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	-	89%	84%
<b>Mammography screening</b>	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	-	74%	65%



**HEALTH FACTORS (continued)** Banner **\*National Benchmark** Nebraska

*Social and Economic Factors*

<b>High school graduation</b>	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	95%	92%	86%
<b>Some college</b>	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	83%	68%	68%
<b>Unemployment</b>	Percent of population ages 16 and older that is unemployed but seeking work, 2009	3.3%	5.3%	4.6%
<b>Child poverty</b>	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	25%	11%	14%
<b>Inadequate social support</b>	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	14%	14%	17%
<b>Children in single-parent households</b>	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	19%	20%	26%
<b>Homicide rate</b>	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	3.0

*Physical Environment*

<b>Air pollution-particulate matter</b>	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
<b>Air pollution-ozone</b>	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
<b>Access to healthy foods</b>	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	0%	92%	45%
<b>Access to recreational facilities</b>	Number of recreational facilities per 100,000 population, 2008	0.0	17.0	12.0

*Demographics*

		Banner	United States	Nebraska
<b>Youth</b>	Percent of total population ages 0-17, 2009	22%	24%	25%
<b>Elderly</b>	Percent of total population ages 65 and older, 2009	12%	13%	13%
<b>Rural</b>	Percent of total population living in a rural area, 2000	100%	21%	30%
<b>Not English proficient</b>	Percent of total population that speaks English less than "very well," 2005-2009	1%	9%	4%
<b>Illiteracy</b>	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	5%	15%	7%

\*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). \*\*Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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Community Health Needs Assessment Collaborative

**Blaine County**

Nebraska

<b>HEALTH OUTCOMES</b>		<b>Blaine</b>	<b>*National Benchmark</b>	<b>Nebraska</b>
<i>Mortality</i>				
<b>Premature death</b>	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	-	5,564	6,209
<i>Morbidity</i>				
<b>Poor or fair health</b>	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	14%	10%	12%
<b>Poor physical health days</b>	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.4	2.6	2.9
<b>Poor mental health days</b>	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	1.9	2.3	2.6
<b>Low birthweight</b>	Percent of live births with low birthweight (<2,500 grams), 2001-2007	-	6.0%	7.0%
<b>HEALTH FACTORS</b>				
<i>Health Behaviors</i>				
<b>Adult smoking</b>	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	-	15%	20%
<b>Adult obesity</b>	Percent of adults that report a body mass index (BMI) of at least 30 kg/m <sup>2</sup> , 2008	29%	25%	29%
<b>Physical inactivity</b>	Percent of adults reporting no leisure time physical activity, 2008	32%	20%	24%
<b>Excessive drinking</b>	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	-	8%	19%
<b>Motor vehicle crash death rate</b>	Motor vehicle crash deaths per 100,000 population, 2001-2007	-	12.0	16.7
<b>Sexually transmitted infections</b>	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	-	83.0	314.0
<b>Teen birth rate</b>	Number of teen births per 1,000 females ages 15-19, 2001-2007	-	22.0	35.5
<i>Clinical Care</i>				
<b>Uninsured adults</b>	Percent of adult population ages 18-64 without health insurance, 2007	10%	13%	16%
<b>Uninsured youth</b>	Percent of youth ages 0-18 without health insurance, 2007	6%	7%	9%
<b>Primary care physicians</b>	Ratio of total population to primary care physicians, 2008	434:0	631:1	713:1
<b>Mental health providers</b>	Ratio of total population to mental health providers, 2008	434:0	2,242:1	3,104:1
<b>Dentist rate</b>	Number of professionally active dentists per 100,000 population, 2007	-	69.0	63.0
<b>Preventable hospital stays</b>	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	67.7	52.0	69.2
<b>Diabetic screening</b>	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	-	89%	84%
<b>Mammography screening</b>	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	-	74%	65%

<b>HEALTH FACTORS (continued)</b>	Blaine	*National Benchmark	Nebraska
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*Social and Economic Factors*

<b>High school graduation</b>	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	-	92%	86%
<b>Some college</b>	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	46%	68%	68%
<b>Unemployment</b>	Percent of population ages 16 and older that is unemployed but seeking work, 2009	5.0%	5.3%	4.6%
<b>Child poverty</b>	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	33%	11%	14%
<b>Inadequate social support</b>	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	-	14%	17%
<b>Children in single-parent households</b>	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	11%	20%	26%
<b>Homicide rate</b>	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	3.0

*Physical Environment*

<b>Air pollution-particulate matter</b>	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
<b>Air pollution-ozone</b>	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
<b>Access to healthy foods</b>	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	0%	92%	45%
<b>Access to recreational facilities</b>	Number of recreational facilities per 100,000 population, 2008	0.0	17.0	12.0

*Demographics*

		Blaine	United States	Nebraska
<b>Youth</b>	Percent of total population ages 0-17, 2009	20%	24%	25%
<b>Elderly</b>	Percent of total population ages 65 and older, 2009	26%	13%	13%
<b>Rural</b>	Percent of total population living in a rural area, 2000	100%	21%	30%
<b>Not English proficient</b>	Percent of total population that speaks English less than "very well," 2005-2009	0%	9%	4%
<b>Illiteracy</b>	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	6%	15%	7%

\*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). \*\*Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

Source: The overall format and content of the County Health Profiles is based largely on County Health Rankings, a key component of the Mobilizing Action Toward Community Health (MATCH) project - a collaboration between the Robert Wood Johnson Foundation and the University of Wisconsin Population Health Institute, <http://www.countyhealthrankings.org/>. Additional data sources include the U.S. Census Bureau, Small Area Health Insurance Estimates, <http://www.census.gov/sahie/> and the Centers for Disease Control and Prevention's National Center for Health Statistics - the Health Indicators Warehouse, <http://healthindicators.gov> and "Health, United States, 2010," Table 109, <http://www.cdc.gov/nchs/hus.htm>.

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# 2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead Community Health Needs Assessment Collaborative

**Boone County**

Nebraska

<b>HEALTH OUTCOMES</b>		<b>Boone</b>	<b>*National Benchmark</b>	<b>Nebraska</b>
<i>Mortality</i>				
<b>Premature death</b>	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	-	5,564	6,209
<i>Morbidity</i>				
<b>Poor or fair health</b>	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	10%	10%	12%
<b>Poor physical health days</b>	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.2	2.6	2.9
<b>Poor mental health days</b>	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	1.9	2.3	2.6
<b>Low birthweight</b>	Percent of live births with low birthweight (<2,500 grams), 2001-2007	-	6.0%	7.0%
<b>HEALTH FACTORS</b>				
<i>Health Behaviors</i>				
<b>Adult smoking</b>	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	15%	15%	20%
<b>Adult obesity</b>	Percent of adults that report a body mass index (BMI) of at least 30 kg/m2, 2008	28%	25%	29%
<b>Physical inactivity</b>	Percent of adults reporting no leisure time physical activity, 2008	32%	20%	24%
<b>Excessive drinking</b>	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	17%	8%	19%
<b>Motor vehicle crash death rate</b>	Motor vehicle crash deaths per 100,000 population, 2001-2007	-	12.0	16.7
<b>Sexually transmitted infections</b>	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	55.1	83.0	314.0
<b>Teen birth rate</b>	Number of teen births per 1,000 females ages 15-19, 2001-2007	18.7	22.0	35.5
<i>Clinical Care</i>				
<b>Uninsured adults</b>	Percent of adult population ages 18-64 without health insurance, 2007	22%	13%	16%
<b>Uninsured youth</b>	Percent of youth ages 0-18 without health insurance, 2007	14%	7%	9%
<b>Primary care physicians</b>	Ratio of total population to primary care physicians, 2008	365:1	631:1	713:1
<b>Mental health providers</b>	Ratio of total population to mental health providers, 2008	5,477:0	2,242:1	3,104:1
<b>Dentist rate</b>	Number of professionally active dentists per 100,000 population, 2007	36.7	69.0	63.0
<b>Preventable hospital stays</b>	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	91.4	52.0	69.2
<b>Diabetic screening</b>	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	83%	89%	84%
<b>Mammography screening</b>	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	63%	74%	65%

**HEALTH FACTORS (continued)** Boone **\*National Benchmark** Nebraska

*Social and Economic Factors*

<b>High school graduation</b>	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	90%	92%	86%
<b>Some college</b>	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	67%	68%	68%
<b>Unemployment</b>	Percent of population ages 16 and older that is unemployed but seeking work, 2009	3.6%	5.3%	4.6%
<b>Child poverty</b>	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	13%	11%	14%
<b>Inadequate social support</b>	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	16%	14%	17%
<b>Children in single-parent households</b>	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	15%	20%	26%
<b>Homicide rate</b>	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	3.0

*Physical Environment*

<b>Air pollution-particulate matter</b>	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
<b>Air pollution-ozone</b>	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
<b>Access to healthy foods</b>	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	50%	92%	45%
<b>Access to recreational facilities</b>	Number of recreational facilities per 100,000 population, 2008	0.0	17.0	12.0

*Demographics*

		Boone	United States	Nebraska
<b>Youth</b>	Percent of total population ages 0-17, 2009	24%	24%	25%
<b>Elderly</b>	Percent of total population ages 65 and older, 2009	21%	13%	13%
<b>Rural</b>	Percent of total population living in a rural area, 2000	100%	21%	30%
<b>Not English proficient</b>	Percent of total population that speaks English less than "very well," 2005-2009	0%	9%	4%
<b>Illiteracy</b>	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	8%	15%	7%

\*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). \*\*Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

Source: The overall format and content of the County Health Profiles is based largely on County Health Rankings, a key component of the Mobilizing Action Toward Community Health (MATCH) project - a collaboration between the Robert Wood Johnson Foundation and the University of Wisconsin Population Health Institute, <http://www.countyhealthrankings.org/>. Additional data sources include the U.S. Census Bureau, Small Area Health Insurance Estimates, <http://www.census.gov/sahie/> and the Centers for Disease Control and Prevention's National Center for Health Statistics - the Health Indicators Warehouse, <http://healthindicators.gov> and "Health, United States, 2010," Table 109, <http://www.cdc.gov/nchs/hus.htm>.

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# 2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead Community Health Needs Assessment Collaborative

**Box Butte County**

Nebraska

<b>HEALTH OUTCOMES</b>		<b>Box Butte</b>	<b>*National Benchmark</b>	<b>Nebraska</b>
<i>Mortality</i>				
<b>Premature death</b>	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	5,785	5,564	6,209
<i>Morbidity</i>				
<b>Poor or fair health</b>	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	14%	10%	12%
<b>Poor physical health days</b>	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.4	2.6	2.9
<b>Poor mental health days</b>	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.2	2.3	2.6
<b>Low birthweight</b>	Percent of live births with low birthweight (<2,500 grams), 2001-2007	6.8%	6.0%	7.0%
<b>HEALTH FACTORS</b>				
<i>Health Behaviors</i>				
<b>Adult smoking</b>	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	26%	15%	20%
<b>Adult obesity</b>	Percent of adults that report a body mass index (BMI) of at least 30 kg/m <sup>2</sup> , 2008	31%	25%	29%
<b>Physical inactivity</b>	Percent of adults reporting no leisure time physical activity, 2008	28%	20%	24%
<b>Excessive drinking</b>	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	18%	8%	19%
<b>Motor vehicle crash death rate</b>	Motor vehicle crash deaths per 100,000 population, 2001-2007	-	12.0	16.7
<b>Sexually transmitted infections</b>	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	108.7	83.0	314.0
<b>Teen birth rate</b>	Number of teen births per 1,000 females ages 15-19, 2001-2007	39.1	22.0	35.5
<i>Clinical Care</i>				
<b>Uninsured adults</b>	Percent of adult population ages 18-64 without health insurance, 2007	16%	13%	16%
<b>Uninsured youth</b>	Percent of youth ages 0-18 without health insurance, 2007	10%	7%	9%
<b>Primary care physicians</b>	Ratio of total population to primary care physicians, 2008	924:1	631:1	713:1
<b>Mental health providers</b>	Ratio of total population to mental health providers, 2008	11,084:1	2,242:1	3,104:1
<b>Dentist rate</b>	Number of professionally active dentists per 100,000 population, 2007	45.3	69.0	63.0
<b>Preventable hospital stays</b>	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	121.0	52.0	69.2
<b>Diabetic screening</b>	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	83%	89%	84%
<b>Mammography screening</b>	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	59%	74%	65%

**HEALTH FACTORS (continued)** \*National  
Box Butte Benchmark Nebraska

*Social and Economic Factors*

<b>High school graduation</b>	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	70%	92%	86%
<b>Some college</b>	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	61%	68%	68%
<b>Unemployment</b>	Percent of population ages 16 and older that is unemployed but seeking work, 2009	6.8%	5.3%	4.6%
<b>Child poverty</b>	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	15%	11%	14%
<b>Inadequate social support</b>	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	20%	14%	17%
<b>Children in single-parent households</b>	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	34%	20%	26%
<b>Homicide rate</b>	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	3.0

*Physical Environment*

<b>Air pollution-particulate matter</b>	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
<b>Air pollution-ozone</b>	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
<b>Access to healthy foods</b>	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	100%	92%	45%
<b>Access to recreational facilities</b>	Number of recreational facilities per 100,000 population, 2008	0.0	17.0	12.0

*Demographics*

		Box Butte	United States	Nebraska
<b>Youth</b>	Percent of total population ages 0-17, 2009	26%	24%	25%
<b>Elderly</b>	Percent of total population ages 65 and older, 2009	15%	13%	13%
<b>Rural</b>	Percent of total population living in a rural area, 2000	27%	21%	30%
<b>Not English proficient</b>	Percent of total population that speaks English less than "very well," 2005-2009	2%	9%	4%
<b>Illiteracy</b>	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	8%	15%	7%

\*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). \*\*Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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# 2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead  
Community Health Needs Assessment Collaborative

**Boyd County**

Nebraska

<b>HEALTH OUTCOMES</b>		<b>Boyd</b>	<b>*National Benchmark</b>	<b>Nebraska</b>
<i>Mortality</i>				
<b>Premature death</b>	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	-	5,564	6,209
<i>Morbidity</i>				
<b>Poor or fair health</b>	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	12%	10%	12%
<b>Poor physical health days</b>	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.5	2.6	2.9
<b>Poor mental health days</b>	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	1.2	2.3	2.6
<b>Low birthweight</b>	Percent of live births with low birthweight (<2,500 grams), 2001-2007	-	6.0%	7.0%
<b>HEALTH FACTORS</b>				
<i>Health Behaviors</i>				
<b>Adult smoking</b>	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	13%	15%	20%
<b>Adult obesity</b>	Percent of adults that report a body mass index (BMI) of at least 30 kg/m <sup>2</sup> , 2008	29%	25%	29%
<b>Physical inactivity</b>	Percent of adults reporting no leisure time physical activity, 2008	30%	20%	24%
<b>Excessive drinking</b>	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	-	8%	19%
<b>Motor vehicle crash death rate</b>	Motor vehicle crash deaths per 100,000 population, 2001-2007	-	12.0	16.7
<b>Sexually transmitted infections</b>	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	47.8	83.0	314.0
<b>Teen birth rate</b>	Number of teen births per 1,000 females ages 15-19, 2001-2007	-	22.0	35.5
<i>Clinical Care</i>				
<b>Uninsured adults</b>	Percent of adult population ages 18-64 without health insurance, 2007	20%	13%	16%
<b>Uninsured youth</b>	Percent of youth ages 0-18 without health insurance, 2007	12%	7%	9%
<b>Primary care physicians</b>	Ratio of total population to primary care physicians, 2008	299:1	631:1	713:1
<b>Mental health providers</b>	Ratio of total population to mental health providers, 2008	2,094:0	2,242:1	3,104:1
<b>Dentist rate</b>	Number of professionally active dentists per 100,000 population, 2007	47.8	69.0	63.0
<b>Preventable hospital stays</b>	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	76.4	52.0	69.2
<b>Diabetic screening</b>	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	72%	89%	84%
<b>Mammography screening</b>	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	76%	74%	65%



**HEALTH FACTORS (continued)** Boyd **\*National Benchmark** Nebraska

*Social and Economic Factors*

<b>High school graduation</b>	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	100%	92%	86%
<b>Some college</b>	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	69%	68%	68%
<b>Unemployment</b>	Percent of population ages 16 and older that is unemployed but seeking work, 2009	4.1%	5.3%	4.6%
<b>Child poverty</b>	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	24%	11%	14%
<b>Inadequate social support</b>	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	16%	14%	17%
<b>Children in single-parent households</b>	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	11%	20%	26%
<b>Homicide rate</b>	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	3.0

*Physical Environment*

<b>Air pollution-particulate matter</b>	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
<b>Air pollution-ozone</b>	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
<b>Access to healthy foods</b>	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	40%	92%	45%
<b>Access to recreational facilities</b>	Number of recreational facilities per 100,000 population, 2008	0.0	17.0	12.0

*Demographics*

		Boyd	United States	Nebraska
<b>Youth</b>	Percent of total population ages 0-17, 2009	20%	24%	25%
<b>Elderly</b>	Percent of total population ages 65 and older, 2009	24%	13%	13%
<b>Rural</b>	Percent of total population living in a rural area, 2000	100%	21%	30%
<b>Not English proficient</b>	Percent of total population that speaks English less than "very well," 2005-2009	0%	9%	4%
<b>Illiteracy</b>	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	8%	15%	7%

\*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). \*\*Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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# 2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead Community Health Needs Assessment Collaborative

**Brown County**

Nebraska

<b>HEALTH OUTCOMES</b>		<b>Brown</b>	<b>*National Benchmark</b>	<b>Nebraska</b>
<i>Mortality</i>				
<b>Premature death</b>	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	-	5,564	6,209
<i>Morbidity</i>				
<b>Poor or fair health</b>	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	21%	10%	12%
<b>Poor physical health days</b>	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.1	2.6	2.9
<b>Poor mental health days</b>	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.3	2.3	2.6
<b>Low birthweight</b>	Percent of live births with low birthweight (<2,500 grams), 2001-2007	-	6.0%	7.0%
<b>HEALTH FACTORS</b>				
<i>Health Behaviors</i>				
<b>Adult smoking</b>	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	20%	15%	20%
<b>Adult obesity</b>	Percent of adults that report a body mass index (BMI) of at least 30 kg/m <sup>2</sup> , 2008	29%	25%	29%
<b>Physical inactivity</b>	Percent of adults reporting no leisure time physical activity, 2008	30%	20%	24%
<b>Excessive drinking</b>	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	18%	8%	19%
<b>Motor vehicle crash death rate</b>	Motor vehicle crash deaths per 100,000 population, 2001-2007	-	12.0	16.7
<b>Sexually transmitted infections</b>	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	31.8	83.0	314.0
<b>Teen birth rate</b>	Number of teen births per 1,000 females ages 15-19, 2001-2007	-	22.0	35.5
<i>Clinical Care</i>				
<b>Uninsured adults</b>	Percent of adult population ages 18-64 without health insurance, 2007	17%	13%	16%
<b>Uninsured youth</b>	Percent of youth ages 0-18 without health insurance, 2007	12%	7%	9%
<b>Primary care physicians</b>	Ratio of total population to primary care physicians, 2008	3,101:1	631:1	713:1
<b>Mental health providers</b>	Ratio of total population to mental health providers, 2008	3,101:0	2,242:1	3,104:1
<b>Dentist rate</b>	Number of professionally active dentists per 100,000 population, 2007	31.8	69.0	63.0
<b>Preventable hospital stays</b>	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	79.0	52.0	69.2
<b>Diabetic screening</b>	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	93%	89%	84%
<b>Mammography screening</b>	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	65%	74%	65%

**HEALTH FACTORS (continued)** Brown      \*National Benchmark      Nebraska

*Social and Economic Factors*

<b>High school graduation</b>	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	95%	92%	86%
<b>Some college</b>	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	55%	68%	68%
<b>Unemployment</b>	Percent of population ages 16 and older that is unemployed but seeking work, 2009	3.3%	5.3%	4.6%
<b>Child poverty</b>	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	20%	11%	14%
<b>Inadequate social support</b>	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	23%	14%	17%
<b>Children in single-parent households</b>	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	15%	20%	26%
<b>Homicide rate</b>	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	3.0

*Physical Environment*

<b>Air pollution-particulate matter</b>	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
<b>Air pollution-ozone</b>	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
<b>Access to healthy foods</b>	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	50%	92%	45%
<b>Access to recreational facilities</b>	Number of recreational facilities per 100,000 population, 2008	32.0	17.0	12.0

*Demographics*

		Brown	United States	Nebraska
<b>Youth</b>	Percent of total population ages 0-17, 2009	21%	24%	25%
<b>Elderly</b>	Percent of total population ages 65 and older, 2009	24%	13%	13%
<b>Rural</b>	Percent of total population living in a rural area, 2000	100%	21%	30%
<b>Not English proficient</b>	Percent of total population that speaks English less than "very well," 2005-2009	0%	9%	4%
<b>Illiteracy</b>	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	8%	15%	7%

\*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). \*\*Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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# 2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead Community Health Needs Assessment Collaborative

**Buffalo County**

Nebraska

<b>HEALTH OUTCOMES</b>		<b>Buffalo</b>	<b>*National Benchmark</b>	<b>Nebraska</b>
<i>Mortality</i>				
<b>Premature death</b>	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	5,937	5,564	6,209
<i>Morbidity</i>				
<b>Poor or fair health</b>	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	10%	10%	12%
<b>Poor physical health days</b>	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.6	2.6	2.9
<b>Poor mental health days</b>	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.4	2.3	2.6
<b>Low birthweight</b>	Percent of live births with low birthweight (<2,500 grams), 2001-2007	6.2%	6.0%	7.0%
<b>HEALTH FACTORS</b>				
<i>Health Behaviors</i>				
<b>Adult smoking</b>	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	17%	15%	20%
<b>Adult obesity</b>	Percent of adults that report a body mass index (BMI) of at least 30 kg/m2, 2008	30%	25%	29%
<b>Physical inactivity</b>	Percent of adults reporting no leisure time physical activity, 2008	23%	20%	24%
<b>Excessive drinking</b>	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	19%	8%	19%
<b>Motor vehicle crash death rate</b>	Motor vehicle crash deaths per 100,000 population, 2001-2007	19.0	12.0	16.7
<b>Sexually transmitted infections</b>	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	374.8	83.0	314.0
<b>Teen birth rate</b>	Number of teen births per 1,000 females ages 15-19, 2001-2007	21.5	22.0	35.5
<i>Clinical Care</i>				
<b>Uninsured adults</b>	Percent of adult population ages 18-64 without health insurance, 2007	18%	13%	16%
<b>Uninsured youth</b>	Percent of youth ages 0-18 without health insurance, 2007	9%	7%	9%
<b>Primary care physicians</b>	Ratio of total population to primary care physicians, 2008	665:1	631:1	713:1
<b>Mental health providers</b>	Ratio of total population to mental health providers, 2008	3,476:1	2,242:1	3,104:1
<b>Dentist rate</b>	Number of professionally active dentists per 100,000 population, 2007	63.9	69.0	63.0
<b>Preventable hospital stays</b>	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	57.7	52.0	69.2
<b>Diabetic screening</b>	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	85%	89%	84%
<b>Mammography screening</b>	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	73%	74%	65%

**HEALTH FACTORS (continued)** Buffalo **\*National Benchmark** Nebraska

*Social and Economic Factors*

<b>High school graduation</b>	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	90%	92%	86%
<b>Some college</b>	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	70%	68%	68%
<b>Unemployment</b>	Percent of population ages 16 and older that is unemployed but seeking work, 2009	3.6%	5.3%	4.6%
<b>Child poverty</b>	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	13%	11%	14%
<b>Inadequate social support</b>	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	17%	14%	17%
<b>Children in single-parent households</b>	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	23%	20%	26%
<b>Homicide rate</b>	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	3.0

*Physical Environment*

<b>Air pollution-particulate matter</b>	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
<b>Air pollution-ozone</b>	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
<b>Access to healthy foods</b>	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	36%	92%	45%
<b>Access to recreational facilities</b>	Number of recreational facilities per 100,000 population, 2008	13.0	17.0	12.0

*Demographics*

		Buffalo	United States	Nebraska
<b>Youth</b>	Percent of total population ages 0-17, 2009	24%	24%	25%
<b>Elderly</b>	Percent of total population ages 65 and older, 2009	12%	13%	13%
<b>Rural</b>	Percent of total population living in a rural area, 2000	35%	21%	30%
<b>Not English proficient</b>	Percent of total population that speaks English less than "very well," 2005-2009	2%	9%	4%
<b>Illiteracy</b>	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	6%	15%	7%

\*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). \*\*Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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# 2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead Community Health Needs Assessment Collaborative

**Burt County**

Nebraska

<b>HEALTH OUTCOMES</b>		<b>Burt</b>	<b>*National Benchmark</b>	<b>Nebraska</b>
<i>Mortality</i>				
<b>Premature death</b>	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	6,710	5,564	6,209
<i>Morbidity</i>				
<b>Poor or fair health</b>	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	13%	10%	12%
<b>Poor physical health days</b>	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.4	2.6	2.9
<b>Poor mental health days</b>	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.2	2.3	2.6
<b>Low birthweight</b>	Percent of live births with low birthweight (<2,500 grams), 2001-2007	-	6.0%	7.0%
<b>HEALTH FACTORS</b>				
<i>Health Behaviors</i>				
<b>Adult smoking</b>	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	19%	15%	20%
<b>Adult obesity</b>	Percent of adults that report a body mass index (BMI) of at least 30 kg/m2, 2008	29%	25%	29%
<b>Physical inactivity</b>	Percent of adults reporting no leisure time physical activity, 2008	30%	20%	24%
<b>Excessive drinking</b>	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	23%	8%	19%
<b>Motor vehicle crash death rate</b>	Motor vehicle crash deaths per 100,000 population, 2001-2007	48.7	12.0	16.7
<b>Sexually transmitted infections</b>	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	57.0	83.0	314.0
<b>Teen birth rate</b>	Number of teen births per 1,000 females ages 15-19, 2001-2007	24.2	22.0	35.5
<i>Clinical Care</i>				
<b>Uninsured adults</b>	Percent of adult population ages 18-64 without health insurance, 2007	19%	13%	16%
<b>Uninsured youth</b>	Percent of youth ages 0-18 without health insurance, 2007	14%	7%	9%
<b>Primary care physicians</b>	Ratio of total population to primary care physicians, 2008	1,394:1	631:1	713:1
<b>Mental health providers</b>	Ratio of total population to mental health providers, 2008	6,972:0	2,242:1	3,104:1
<b>Dentist rate</b>	Number of professionally active dentists per 100,000 population, 2007	71.2	69.0	63.0
<b>Preventable hospital stays</b>	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	84.3	52.0	69.2
<b>Diabetic screening</b>	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	85%	89%	84%
<b>Mammography screening</b>	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	54%	74%	65%

<b>HEALTH FACTORS (continued)</b>		<b>Burt</b>	<b>*National Benchmark</b>	<b>Nebraska</b>
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*Social and Economic Factors*

<b>High school graduation</b>	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	80%	92%	86%
<b>Some college</b>	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	65%	68%	68%
<b>Unemployment</b>	Percent of population ages 16 and older that is unemployed but seeking work, 2009	5.4%	5.3%	4.6%
<b>Child poverty</b>	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	15%	11%	14%
<b>Inadequate social support</b>	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	18%	14%	17%
<b>Children in single-parent households</b>	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	18%	20%	26%
<b>Homicide rate</b>	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	3.0

*Physical Environment*

<b>Air pollution-particulate matter</b>	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	2	0	0
<b>Air pollution-ozone</b>	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
<b>Access to healthy foods</b>	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	40%	92%	45%
<b>Access to recreational facilities</b>	Number of recreational facilities per 100,000 population, 2008	0.0	17.0	12.0

*Demographics*

		<b>Burt</b>	<b>United States</b>	<b>Nebraska</b>
<b>Youth</b>	Percent of total population ages 0-17, 2009	23%	24%	25%
<b>Elderly</b>	Percent of total population ages 65 and older, 2009	22%	13%	13%
<b>Rural</b>	Percent of total population living in a rural area, 2000	100%	21%	30%
<b>Not English proficient</b>	Percent of total population that speaks English less than "very well," 2005-2009	1%	9%	4%
<b>Illiteracy</b>	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	8%	15%	7%

\*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). \*\*Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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# 2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead Community Health Needs Assessment Collaborative

**Butler County**

Nebraska

<b>HEALTH OUTCOMES</b>		<b>Butler</b>	<b>*National Benchmark</b>	<b>Nebraska</b>
<i>Mortality</i>				
<b>Premature death</b>	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	6,505	5,564	6,209
<i>Morbidity</i>				
<b>Poor or fair health</b>	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	14%	10%	12%
<b>Poor physical health days</b>	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.1	2.6	2.9
<b>Poor mental health days</b>	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.1	2.3	2.6
<b>Low birthweight</b>	Percent of live births with low birthweight (<2,500 grams), 2001-2007	-	6.0%	7.0%
<b>HEALTH FACTORS</b>				
<i>Health Behaviors</i>				
<b>Adult smoking</b>	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	19%	15%	20%
<b>Adult obesity</b>	Percent of adults that report a body mass index (BMI) of at least 30 kg/m <sup>2</sup> , 2008	29%	25%	29%
<b>Physical inactivity</b>	Percent of adults reporting no leisure time physical activity, 2008	30%	20%	24%
<b>Excessive drinking</b>	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	23%	8%	19%
<b>Motor vehicle crash death rate</b>	Motor vehicle crash deaths per 100,000 population, 2001-2007	39.7	12.0	16.7
<b>Sexually transmitted infections</b>	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	84.1	83.0	314.0
<b>Teen birth rate</b>	Number of teen births per 1,000 females ages 15-19, 2001-2007	14.2	22.0	35.5
<i>Clinical Care</i>				
<b>Uninsured adults</b>	Percent of adult population ages 18-64 without health insurance, 2007	16%	13%	16%
<b>Uninsured youth</b>	Percent of youth ages 0-18 without health insurance, 2007	10%	7%	9%
<b>Primary care physicians</b>	Ratio of total population to primary care physicians, 2008	699:1	631:1	713:1
<b>Mental health providers</b>	Ratio of total population to mental health providers, 2008	8,382:0	2,242:1	3,104:1
<b>Dentist rate</b>	Number of professionally active dentists per 100,000 population, 2007	-	69.0	63.0
<b>Preventable hospital stays</b>	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	61.8	52.0	69.2
<b>Diabetic screening</b>	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	81%	89%	84%
<b>Mammography screening</b>	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	68%	74%	65%

**HEALTH FACTORS (continued)** Butler **\*National Benchmark** Nebraska

*Social and Economic Factors*

<b>High school graduation</b>	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	90%	92%	86%
<b>Some college</b>	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	62%	68%	68%
<b>Unemployment</b>	Percent of population ages 16 and older that is unemployed but seeking work, 2009	4.3%	5.3%	4.6%
<b>Child poverty</b>	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	12%	11%	14%
<b>Inadequate social support</b>	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	18%	14%	17%
<b>Children in single-parent households</b>	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	22%	20%	26%
<b>Homicide rate</b>	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	3.0

*Physical Environment*

<b>Air pollution-particulate matter</b>	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	2	0	0
<b>Air pollution-ozone</b>	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
<b>Access to healthy foods</b>	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	11%	92%	45%
<b>Access to recreational facilities</b>	Number of recreational facilities per 100,000 population, 2008	24.0	17.0	12.0

*Demographics*

		Butler	United States	Nebraska
<b>Youth</b>	Percent of total population ages 0-17, 2009	25%	24%	25%
<b>Elderly</b>	Percent of total population ages 65 and older, 2009	18%	13%	13%
<b>Rural</b>	Percent of total population living in a rural area, 2000	71%	21%	30%
<b>Not English proficient</b>	Percent of total population that speaks English less than "very well," 2005-2009	2%	9%	4%
<b>Illiteracy</b>	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	8%	15%	7%

\*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). \*\*Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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# 2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead Community Health Needs Assessment Collaborative

Cass County

Nebraska

HEALTH OUTCOMES		Cass	*National Benchmark	Nebraska
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	5,700	5,564	6,209
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	9%	10%	12%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.0	2.6	2.9
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.9	2.3	2.6
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	6.7%	6.0%	7.0%
<b>HEALTH FACTORS</b>				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	19%	15%	20%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m <sup>2</sup> , 2008	28%	25%	29%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	25%	20%	24%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	17%	8%	19%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	19.9	12.0	16.7
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	136.7	83.0	314.0
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	21.5	22.0	35.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	16%	13%	16%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	10%	7%	9%
Primary care physicians	Ratio of total population to primary care physicians, 2008	2,564:1	631:1	713:1
Mental health providers	Ratio of total population to mental health providers, 2008	12,822:1	2,242:1	3,104:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	31.3	69.0	63.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	54.8	52.0	69.2
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	85%	89%	84%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	65%	74%	65%

<b>HEALTH FACTORS (continued)</b>	<b>Cass</b>	<b>*National Benchmark</b>	<b>Nebraska</b>
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*Social and Economic Factors*

<b>High school graduation</b>	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	90%	92%	86%
<b>Some college</b>	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	67%	68%	68%
<b>Unemployment</b>	Percent of population ages 16 and older that is unemployed but seeking work, 2009	5.0%	5.3%	4.6%
<b>Child poverty</b>	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	10%	11%	14%
<b>Inadequate social support</b>	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	17%	14%	17%
<b>Children in single-parent households</b>	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	17%	20%	26%
<b>Homicide rate</b>	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	3.0

*Physical Environment*

<b>Air pollution-particulate matter</b>	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
<b>Air pollution-ozone</b>	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
<b>Access to healthy foods</b>	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	33%	92%	45%
<b>Access to recreational facilities</b>	Number of recreational facilities per 100,000 population, 2008	4.0	17.0	12.0

*Demographics*

		<b>Cass</b>	<b>United States</b>	<b>Nebraska</b>
<b>Youth</b>	Percent of total population ages 0-17, 2009	25%	24%	25%
<b>Elderly</b>	Percent of total population ages 65 and older, 2009	13%	13%	13%
<b>Rural</b>	Percent of total population living in a rural area, 2000	71%	21%	30%
<b>Not English proficient</b>	Percent of total population that speaks English less than "very well," 2005-2009	1%	9%	4%
<b>Illiteracy</b>	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	6%	15%	7%

\*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). \*\*Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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# 2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead Community Health Needs Assessment Collaborative

Cedar County

Nebraska

HEALTH OUTCOMES		Cedar	*National Benchmark	Nebraska
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	-	5,564	6,209
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	8%	10%	12%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.1	2.6	2.9
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	1.5	2.3	2.6
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	-	6.0%	7.0%
<b>HEALTH FACTORS</b>				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	14%	15%	20%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m2, 2008	28%	25%	29%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	27%	20%	24%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	22%	8%	19%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	-	12.0	16.7
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	23.8	83.0	314.0
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	12.1	22.0	35.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	28%	13%	16%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	20%	7%	9%
Primary care physicians	Ratio of total population to primary care physicians, 2008	2,099:1	631:1	713:1
Mental health providers	Ratio of total population to mental health providers, 2008	8,397:0	2,242:1	3,104:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	-	69.0	63.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	60.8	52.0	69.2
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	81%	89%	84%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	72%	74%	65%

<b>HEALTH FACTORS (continued)</b>	<b>Cedar</b>	<b>*National Benchmark</b>	<b>Nebraska</b>
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*Social and Economic Factors*

<b>High school graduation</b>	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	95%	92%	86%
<b>Some college</b>	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	68%	68%	68%
<b>Unemployment</b>	Percent of population ages 16 and older that is unemployed but seeking work, 2009	3.7%	5.3%	4.6%
<b>Child poverty</b>	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	12%	11%	14%
<b>Inadequate social support</b>	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	18%	14%	17%
<b>Children in single-parent households</b>	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	12%	20%	26%
<b>Homicide rate</b>	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	3.0

*Physical Environment*

<b>Air pollution-particulate matter</b>	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	1	0	0
<b>Air pollution-ozone</b>	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
<b>Access to healthy foods</b>	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	50%	92%	45%
<b>Access to recreational facilities</b>	Number of recreational facilities per 100,000 population, 2008	0.0	17.0	12.0

*Demographics*

		<b>Cedar</b>	<b>United States</b>	<b>Nebraska</b>
<b>Youth</b>	Percent of total population ages 0-17, 2009	25%	24%	25%
<b>Elderly</b>	Percent of total population ages 65 and older, 2009	20%	13%	13%
<b>Rural</b>	Percent of total population living in a rural area, 2000	100%	21%	30%
<b>Not English proficient</b>	Percent of total population that speaks English less than "very well," 2005-2009	1%	9%	4%
<b>Illiteracy</b>	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	8%	15%	7%

\*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). \*\*Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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# 2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead  
Community Health Needs Assessment Collaborative

Chase County

Nebraska

HEALTH OUTCOMES		Chase	*National Benchmark	Nebraska
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	-	5,564	6,209
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	12%	10%	12%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.0	2.6	2.9
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.3	2.3	2.6
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	-	6.0%	7.0%
<b>HEALTH FACTORS</b>				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	8%	15%	20%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m <sup>2</sup> , 2008	28%	25%	29%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	30%	20%	24%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	24%	8%	19%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	-	12.0	16.7
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	-	83.0	314.0
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	41.8	22.0	35.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	19%	13%	16%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	12%	7%	9%
Primary care physicians	Ratio of total population to primary care physicians, 2008	1,808:1	631:1	713:1
Mental health providers	Ratio of total population to mental health providers, 2008	3,616:0	2,242:1	3,104:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	-	69.0	63.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	83.6	52.0	69.2
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	75%	89%	84%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	81%	74%	65%



**HEALTH FACTORS (continued)** Chase **\*National Benchmark** Nebraska

*Social and Economic Factors*

<b>High school graduation</b>	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	100%	92%	86%
<b>Some college</b>	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	61%	68%	68%
<b>Unemployment</b>	Percent of population ages 16 and older that is unemployed but seeking work, 2009	3.0%	5.3%	4.6%
<b>Child poverty</b>	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	15%	11%	14%
<b>Inadequate social support</b>	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	20%	14%	17%
<b>Children in single-parent households</b>	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	19%	20%	26%
<b>Homicide rate</b>	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	3.0

*Physical Environment*

<b>Air pollution-particulate matter</b>	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
<b>Air pollution-ozone</b>	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
<b>Access to healthy foods</b>	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	50%	92%	45%
<b>Access to recreational facilities</b>	Number of recreational facilities per 100,000 population, 2008	0.0	17.0	12.0

*Demographics*

		Chase	United States	Nebraska
<b>Youth</b>	Percent of total population ages 0-17, 2009	22%	24%	25%
<b>Elderly</b>	Percent of total population ages 65 and older, 2009	21%	13%	13%
<b>Rural</b>	Percent of total population living in a rural area, 2000	100%	21%	30%
<b>Not English proficient</b>	Percent of total population that speaks English less than "very well," 2005-2009	2%	9%	4%
<b>Illiteracy</b>	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	7%	15%	7%

\*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). \*\*Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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# 2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead Community Health Needs Assessment Collaborative

Cherry County

Nebraska

HEALTH OUTCOMES		Cherry	*National Benchmark	Nebraska
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	-	5,564	6,209
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	10%	10%	12%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.6	2.6	2.9
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.7	2.3	2.6
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	-	6.0%	7.0%
<b>HEALTH FACTORS</b>				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	17%	15%	20%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m <sup>2</sup> , 2008	29%	25%	29%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	31%	20%	24%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	17%	8%	19%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	-	12.0	16.7
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	53.5	83.0	314.0
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	38.8	22.0	35.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	14%	13%	16%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	8%	7%	9%
Primary care physicians	Ratio of total population to primary care physicians, 2008	796:1	631:1	713:1
Mental health providers	Ratio of total population to mental health providers, 2008	5,575:0	2,242:1	3,104:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	71.3	69.0	63.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	85.9	52.0	69.2
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	77%	89%	84%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	62%	74%	65%

**HEALTH FACTORS (continued)** Cherry      \*National Benchmark      Nebraska

*Social and Economic Factors*

<b>High school graduation</b>	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	85%	92%	86%
<b>Some college</b>	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	70%	68%	68%
<b>Unemployment</b>	Percent of population ages 16 and older that is unemployed but seeking work, 2009	2.7%	5.3%	4.6%
<b>Child poverty</b>	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	21%	11%	14%
<b>Inadequate social support</b>	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	19%	14%	17%
<b>Children in single-parent households</b>	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	20%	20%	26%
<b>Homicide rate</b>	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	3.0

*Physical Environment*

<b>Air pollution-particulate matter</b>	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
<b>Air pollution-ozone</b>	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
<b>Access to healthy foods</b>	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	13%	92%	45%
<b>Access to recreational facilities</b>	Number of recreational facilities per 100,000 population, 2008	18.0	17.0	12.0

*Demographics*

		Cherry	United States	Nebraska
<b>Youth</b>	Percent of total population ages 0-17, 2009	23%	24%	25%
<b>Elderly</b>	Percent of total population ages 65 and older, 2009	19%	13%	13%
<b>Rural</b>	Percent of total population living in a rural area, 2000	55%	21%	30%
<b>Not English proficient</b>	Percent of total population that speaks English less than "very well," 2005-2009	2%	9%	4%
<b>Illiteracy</b>	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	6%	15%	7%

\*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). \*\*Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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# 2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead Community Health Needs Assessment Collaborative

**Cheyenne County**

Nebraska

<b>HEALTH OUTCOMES</b>		<b>Cheyenne</b>	<b>*National Benchmark</b>	<b>Nebraska</b>
<i>Mortality</i>				
<b>Premature death</b>	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	9,829	5,564	6,209
<i>Morbidity</i>				
<b>Poor or fair health</b>	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	12%	10%	12%
<b>Poor physical health days</b>	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.2	2.6	2.9
<b>Poor mental health days</b>	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.2	2.3	2.6
<b>Low birthweight</b>	Percent of live births with low birthweight (<2,500 grams), 2001-2007	6.9%	6.0%	7.0%
<b>HEALTH FACTORS</b>				
<i>Health Behaviors</i>				
<b>Adult smoking</b>	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	21%	15%	20%
<b>Adult obesity</b>	Percent of adults that report a body mass index (BMI) of at least 30 kg/m2, 2008	28%	25%	29%
<b>Physical inactivity</b>	Percent of adults reporting no leisure time physical activity, 2008	25%	20%	24%
<b>Excessive drinking</b>	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	19%	8%	19%
<b>Motor vehicle crash death rate</b>	Motor vehicle crash deaths per 100,000 population, 2001-2007	34.7	12.0	16.7
<b>Sexually transmitted infections</b>	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	80.3	83.0	314.0
<b>Teen birth rate</b>	Number of teen births per 1,000 females ages 15-19, 2001-2007	43.2	22.0	35.5
<i>Clinical Care</i>				
<b>Uninsured adults</b>	Percent of adult population ages 18-64 without health insurance, 2007	15%	13%	16%
<b>Uninsured youth</b>	Percent of youth ages 0-18 without health insurance, 2007	8%	7%	9%
<b>Primary care physicians</b>	Ratio of total population to primary care physicians, 2008	987:1	631:1	713:1
<b>Mental health providers</b>	Ratio of total population to mental health providers, 2008	9,871:0	2,242:1	3,104:1
<b>Dentist rate</b>	Number of professionally active dentists per 100,000 population, 2007	40.1	69.0	63.0
<b>Preventable hospital stays</b>	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	87.8	52.0	69.2
<b>Diabetic screening</b>	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	69%	89%	84%
<b>Mammography screening</b>	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	56%	74%	65%

## HEALTH FACTORS (continued)

Cheyenne \*National Benchmark Nebraska

### Social and Economic Factors

<b>High school graduation</b>	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	85%	92%	86%
<b>Some college</b>	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	77%	68%	68%
<b>Unemployment</b>	Percent of population ages 16 and older that is unemployed but seeking work, 2009	4.6%	5.3%	4.6%
<b>Child poverty</b>	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	13%	11%	14%
<b>Inadequate social support</b>	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	18%	14%	17%
<b>Children in single-parent households</b>	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	22%	20%	26%
<b>Homicide rate</b>	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	3.0

### Physical Environment

<b>Air pollution-particulate matter</b>	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
<b>Air pollution-ozone</b>	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
<b>Access to healthy foods</b>	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	60%	92%	45%
<b>Access to recreational facilities</b>	Number of recreational facilities per 100,000 population, 2008	10.0	17.0	12.0

### Demographics

		Cheyenne	United States	Nebraska
<b>Youth</b>	Percent of total population ages 0-17, 2009	24%	24%	25%
<b>Elderly</b>	Percent of total population ages 65 and older, 2009	15%	13%	13%
<b>Rural</b>	Percent of total population living in a rural area, 2000	38%	21%	30%
<b>Not English proficient</b>	Percent of total population that speaks English less than "very well," 2005-2009	2%	9%	4%
<b>Illiteracy</b>	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	7%	15%	7%

\*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). \*\*Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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# 2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead Community Health Needs Assessment Collaborative

Clay County

Nebraska

HEALTH OUTCOMES		Clay	*National Benchmark	Nebraska
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	5,604	5,564	6,209
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	11%	10%	12%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.5	2.6	2.9
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.6	2.3	2.6
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	-	6.0%	7.0%
<b>HEALTH FACTORS</b>				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	19%	15%	20%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m <sup>2</sup> , 2008	32%	25%	29%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	31%	20%	24%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	14%	8%	19%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	49.6	12.0	16.7
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	63.8	83.0	314.0
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	21.4	22.0	35.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	23%	13%	16%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	16%	7%	9%
Primary care physicians	Ratio of total population to primary care physicians, 2008	3,135:1	631:1	713:1
Mental health providers	Ratio of total population to mental health providers, 2008	6,270:0	2,242:1	3,104:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	31.9	69.0	63.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	74.6	52.0	69.2
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	89%	89%	84%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	54%	74%	65%

**HEALTH FACTORS (continued)** Clay **\*National Benchmark** Nebraska

*Social and Economic Factors*

<b>High school graduation</b>	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	75%	92%	86%
<b>Some college</b>	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	56%	68%	68%
<b>Unemployment</b>	Percent of population ages 16 and older that is unemployed but seeking work, 2009	4.4%	5.3%	4.6%
<b>Child poverty</b>	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	13%	11%	14%
<b>Inadequate social support</b>	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	15%	14%	17%
<b>Children in single-parent households</b>	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	17%	20%	26%
<b>Homicide rate</b>	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	3.0

*Physical Environment*

<b>Air pollution-particulate matter</b>	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	1	0	0
<b>Air pollution-ozone</b>	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
<b>Access to healthy foods</b>	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	55%	92%	45%
<b>Access to recreational facilities</b>	Number of recreational facilities per 100,000 population, 2008	16.0	17.0	12.0

*Demographics*

		Clay	United States	Nebraska
<b>Youth</b>	Percent of total population ages 0-17, 2009	24%	24%	25%
<b>Elderly</b>	Percent of total population ages 65 and older, 2009	19%	13%	13%
<b>Rural</b>	Percent of total population living in a rural area, 2000	100%	21%	30%
<b>Not English proficient</b>	Percent of total population that speaks English less than "very well," 2005-2009	3%	9%	4%
<b>Illiteracy</b>	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	7%	15%	7%

\*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). \*\*Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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# 2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead Community Health Needs Assessment Collaborative

Colfax County

Nebraska

HEALTH OUTCOMES		Colfax	*National Benchmark	Nebraska
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	6,146	5,564	6,209
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	14%	10%	12%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.6	2.6	2.9
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.0	2.3	2.6
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	5.6%	6.0%	7.0%
<b>HEALTH FACTORS</b>				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	15%	15%	20%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m <sup>2</sup> , 2008	29%	25%	29%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	28%	20%	24%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	17%	8%	19%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	27.9	12.0	16.7
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	210.2	83.0	314.0
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	80.3	22.0	35.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	27%	13%	16%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	18%	7%	9%
Primary care physicians	Ratio of total population to primary care physicians, 2008	2,012:1	631:1	713:1
Mental health providers	Ratio of total population to mental health providers, 2008	10,061:1	2,242:1	3,104:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	20.0	69.0	63.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	87.2	52.0	69.2
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	95%	89%	84%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	61%	74%	65%

**HEALTH FACTORS (continued)** Colfax **\*National Benchmark** Nebraska

*Social and Economic Factors*

<b>High school graduation</b>	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	95%	92%	86%
<b>Some college</b>	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	40%	68%	68%
<b>Unemployment</b>	Percent of population ages 16 and older that is unemployed but seeking work, 2009	3.8%	5.3%	4.6%
<b>Child poverty</b>	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	14%	11%	14%
<b>Inadequate social support</b>	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	21%	14%	17%
<b>Children in single-parent households</b>	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	29%	20%	26%
<b>Homicide rate</b>	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	3.0

*Physical Environment*

<b>Air pollution-particulate matter</b>	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	2	0	0
<b>Air pollution-ozone</b>	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
<b>Access to healthy foods</b>	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	80%	92%	45%
<b>Access to recreational facilities</b>	Number of recreational facilities per 100,000 population, 2008	0.0	17.0	12.0

*Demographics*

		Colfax	United States	Nebraska
<b>Youth</b>	Percent of total population ages 0-17, 2009	32%	24%	25%
<b>Elderly</b>	Percent of total population ages 65 and older, 2009	12%	13%	13%
<b>Rural</b>	Percent of total population living in a rural area, 2000	49%	21%	30%
<b>Not English proficient</b>	Percent of total population that speaks English less than "very well," 2005-2009	23%	9%	4%
<b>Illiteracy</b>	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	21%	15%	7%

\*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). \*\*Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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# 2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead Community Health Needs Assessment Collaborative

Cuming County

Nebraska

HEALTH OUTCOMES		Cuming	*National Benchmark	Nebraska
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	6,799	5,564	6,209
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	13%	10%	12%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.7	2.6	2.9
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	1.9	2.3	2.6
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	-	6.0%	7.0%
<b>HEALTH FACTORS</b>				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	15%	15%	20%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m <sup>2</sup> , 2008	29%	25%	29%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	29%	20%	24%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	19%	8%	19%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	-	12.0	16.7
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	53.7	83.0	314.0
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	24.6	22.0	35.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	25%	13%	16%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	16%	7%	9%
Primary care physicians	Ratio of total population to primary care physicians, 2008	1,534:1	631:1	713:1
Mental health providers	Ratio of total population to mental health providers, 2008	9,204:0	2,242:1	3,104:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	43.0	69.0	63.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	63.1	52.0	69.2
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	88%	89%	84%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	68%	74%	65%

## HEALTH FACTORS (continued)

Cuming \*National Benchmark Nebraska

### Social and Economic Factors

<b>High school graduation</b>	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	95%	92%	86%
<b>Some college</b>	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	62%	68%	68%
<b>Unemployment</b>	Percent of population ages 16 and older that is unemployed but seeking work, 2009	4.0%	5.3%	4.6%
<b>Child poverty</b>	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	12%	11%	14%
<b>Inadequate social support</b>	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	22%	14%	17%
<b>Children in single-parent households</b>	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	18%	20%	26%
<b>Homicide rate</b>	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	3.0

### Physical Environment

<b>Air pollution-particulate matter</b>	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	2	0	0
<b>Air pollution-ozone</b>	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
<b>Access to healthy foods</b>	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	50%	92%	45%
<b>Access to recreational facilities</b>	Number of recreational facilities per 100,000 population, 2008	11.0	17.0	12.0

### Demographics

Cuming United States Nebraska

<b>Youth</b>	Percent of total population ages 0-17, 2009	25%	24%	25%
<b>Elderly</b>	Percent of total population ages 65 and older, 2009	20%	13%	13%
<b>Rural</b>	Percent of total population living in a rural area, 2000	66%	21%	30%
<b>Not English proficient</b>	Percent of total population that speaks English less than "very well," 2005-2009	5%	9%	4%
<b>Illiteracy</b>	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	10%	15%	7%

\*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). \*\*Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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# 2011 County Health Profile

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Custer County

Nebraska

HEALTH OUTCOMES		Custer	*National Benchmark	Nebraska
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	7,801	5,564	6,209
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	13%	10%	12%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.9	2.6	2.9
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.2	2.3	2.6
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	6.6%	6.0%	7.0%
<b>HEALTH FACTORS</b>				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	12%	15%	20%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m <sup>2</sup> , 2008	31%	25%	29%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	33%	20%	24%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	14%	8%	19%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	29.3	12.0	16.7
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	46.1	83.0	314.0
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	27.5	22.0	35.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	16%	13%	16%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	9%	7%	9%
Primary care physicians	Ratio of total population to primary care physicians, 2008	540:1	631:1	713:1
Mental health providers	Ratio of total population to mental health providers, 2008	10,808:0	2,242:1	3,104:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	-	69.0	63.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	122.7	52.0	69.2
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	81%	89%	84%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	40%	74%	65%

**HEALTH FACTORS (continued)** Custer **\*National Benchmark** Nebraska

*Social and Economic Factors*

<b>High school graduation</b>	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	95%	92%	86%
<b>Some college</b>	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	69%	68%	68%
<b>Unemployment</b>	Percent of population ages 16 and older that is unemployed but seeking work, 2009	3.4%	5.3%	4.6%
<b>Child poverty</b>	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	17%	11%	14%
<b>Inadequate social support</b>	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	21%	14%	17%
<b>Children in single-parent households</b>	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	14%	20%	26%
<b>Homicide rate</b>	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	3.0

*Physical Environment*

<b>Air pollution-particulate matter</b>	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
<b>Air pollution-ozone</b>	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
<b>Access to healthy foods</b>	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	55%	92%	45%
<b>Access to recreational facilities</b>	Number of recreational facilities per 100,000 population, 2008	9.0	17.0	12.0

*Demographics*

		Custer	United States	Nebraska
<b>Youth</b>	Percent of total population ages 0-17, 2009	24%	24%	25%
<b>Elderly</b>	Percent of total population ages 65 and older, 2009	21%	13%	13%
<b>Rural</b>	Percent of total population living in a rural area, 2000	70%	21%	30%
<b>Not English proficient</b>	Percent of total population that speaks English less than "very well," 2005-2009	0%	9%	4%
<b>Illiteracy</b>	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	7%	15%	7%

\*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). \*\*Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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# 2011 County Health Profile

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Dakota County

Nebraska

HEALTH OUTCOMES		Dakota	*National Benchmark	Nebraska
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	7,433	5,564	6,209
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	15%	10%	12%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.9	2.6	2.9
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.7	2.3	2.6
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	7.0%	6.0%	7.0%
<b>HEALTH FACTORS</b>				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	23%	15%	20%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m <sup>2</sup> , 2008	34%	25%	29%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	30%	20%	24%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	18%	8%	19%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	-	12.0	16.7
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	173.5	83.0	314.0
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	55.5	22.0	35.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	21%	13%	16%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	14%	7%	9%
Primary care physicians	Ratio of total population to primary care physicians, 2008	5,085:1	631:1	713:1
Mental health providers	Ratio of total population to mental health providers, 2008	20,339:1	2,242:1	3,104:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	29.7	69.0	63.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	71.2	52.0	69.2
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	91%	89%	84%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	51%	74%	65%



**HEALTH FACTORS (continued)** Dakota **\*National Benchmark** Nebraska

*Social and Economic Factors*

<b>High school graduation</b>	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	80%	92%	86%
<b>Some college</b>	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	44%	68%	68%
<b>Unemployment</b>	Percent of population ages 16 and older that is unemployed but seeking work, 2009	5.2%	5.3%	4.6%
<b>Child poverty</b>	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	18%	11%	14%
<b>Inadequate social support</b>	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	25%	14%	17%
<b>Children in single-parent households</b>	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	28%	20%	26%
<b>Homicide rate</b>	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	3.0

*Physical Environment*

<b>Air pollution-particulate matter</b>	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	1	0	0
<b>Air pollution-ozone</b>	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
<b>Access to healthy foods</b>	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	33%	92%	45%
<b>Access to recreational facilities</b>	Number of recreational facilities per 100,000 population, 2008	10.0	17.0	12.0

*Demographics*

		Dakota	United States	Nebraska
<b>Youth</b>	Percent of total population ages 0-17, 2009	32%	24%	25%
<b>Elderly</b>	Percent of total population ages 65 and older, 2009	9%	13%	13%
<b>Rural</b>	Percent of total population living in a rural area, 2000	22%	21%	30%
<b>Not English proficient</b>	Percent of total population that speaks English less than "very well," 2005-2009	18%	9%	4%
<b>Illiteracy</b>	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	18%	15%	7%

\*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). \*\*Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

Source: The overall format and content of the County Health Profiles is based largely on County Health Rankings, a key component of the Mobilizing Action Toward Community Health (MATCH) project - a collaboration between the Robert Wood Johnson Foundation and the University of Wisconsin Population Health Institute, <http://www.countyhealthrankings.org/>. Additional data sources include the U.S. Census Bureau, Small Area Health Insurance Estimates, <http://www.census.gov/sahie/> and the Centers for Disease Control and Prevention's National Center for Health Statistics - the Health Indicators Warehouse, <http://healthindicators.gov> and "Health, United States, 2010," Table 109, <http://www.cdc.gov/nchs/hus.htm>.

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# 2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead Community Health Needs Assessment Collaborative

**Dawes County**

Nebraska

<b>HEALTH OUTCOMES</b>		<b>Dawes</b>	<b>*National Benchmark</b>	<b>Nebraska</b>
<i>Mortality</i>				
<b>Premature death</b>	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	6,116	5,564	6,209
<i>Morbidity</i>				
<b>Poor or fair health</b>	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	11%	10%	12%
<b>Poor physical health days</b>	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.8	2.6	2.9
<b>Poor mental health days</b>	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.1	2.3	2.6
<b>Low birthweight</b>	Percent of live births with low birthweight (<2,500 grams), 2001-2007	-	6.0%	7.0%
<b>HEALTH FACTORS</b>				
<i>Health Behaviors</i>				
<b>Adult smoking</b>	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	18%	15%	20%
<b>Adult obesity</b>	Percent of adults that report a body mass index (BMI) of at least 30 kg/m2, 2008	28%	25%	29%
<b>Physical inactivity</b>	Percent of adults reporting no leisure time physical activity, 2008	23%	20%	24%
<b>Excessive drinking</b>	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	23%	8%	19%
<b>Motor vehicle crash death rate</b>	Motor vehicle crash deaths per 100,000 population, 2001-2007	-	12.0	16.7
<b>Sexually transmitted infections</b>	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	194.9	83.0	314.0
<b>Teen birth rate</b>	Number of teen births per 1,000 females ages 15-19, 2001-2007	17.7	22.0	35.5
<i>Clinical Care</i>				
<b>Uninsured adults</b>	Percent of adult population ages 18-64 without health insurance, 2007	19%	13%	16%
<b>Uninsured youth</b>	Percent of youth ages 0-18 without health insurance, 2007	10%	7%	9%
<b>Primary care physicians</b>	Ratio of total population to primary care physicians, 2008	669:1	631:1	713:1
<b>Mental health providers</b>	Ratio of total population to mental health providers, 2008	8,692:0	2,242:1	3,104:1
<b>Dentist rate</b>	Number of professionally active dentists per 100,000 population, 2007	-	69.0	63.0
<b>Preventable hospital stays</b>	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	59.2	52.0	69.2
<b>Diabetic screening</b>	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	95%	89%	84%
<b>Mammography screening</b>	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	50%	74%	65%

**HEALTH FACTORS (continued)** Dawes      \*National Benchmark      Nebraska

*Social and Economic Factors*

<b>High school graduation</b>	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	90%	92%	86%
<b>Some college</b>	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	78%	68%	68%
<b>Unemployment</b>	Percent of population ages 16 and older that is unemployed but seeking work, 2009	4.4%	5.3%	4.6%
<b>Child poverty</b>	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	21%	11%	14%
<b>Inadequate social support</b>	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	15%	14%	17%
<b>Children in single-parent households</b>	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	28%	20%	26%
<b>Homicide rate</b>	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	3.0

*Physical Environment*

<b>Air pollution-particulate matter</b>	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	1	0	0
<b>Air pollution-ozone</b>	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
<b>Access to healthy foods</b>	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	50%	92%	45%
<b>Access to recreational facilities</b>	Number of recreational facilities per 100,000 population, 2008	12.0	17.0	12.0

*Demographics*

		Dawes	United States	Nebraska
<b>Youth</b>	Percent of total population ages 0-17, 2009	19%	24%	25%
<b>Elderly</b>	Percent of total population ages 65 and older, 2009	16%	13%	13%
<b>Rural</b>	Percent of total population living in a rural area, 2000	40%	21%	30%
<b>Not English proficient</b>	Percent of total population that speaks English less than "very well," 2005-2009	0%	9%	4%
<b>Illiteracy</b>	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	6%	15%	7%

\*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). \*\*Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

Source: The overall format and content of the County Health Profiles is based largely on County Health Rankings, a key component of the Mobilizing Action Toward Community Health (MATCH) project - a collaboration between the Robert Wood Johnson Foundation and the University of Wisconsin Population Health Institute, <http://www.countyhealthrankings.org/>. Additional data sources include the U.S. Census Bureau, Small Area Health Insurance Estimates, <http://www.census.gov/sahie/> and the Centers for Disease Control and Prevention's National Center for Health Statistics - the Health Indicators Warehouse, <http://healthindicators.gov> and "Health, United States, 2010," Table 109, <http://www.cdc.gov/nchs/hus.htm>.

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# 2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead Community Health Needs Assessment Collaborative

**Dawson County**

Nebraska

<b>HEALTH OUTCOMES</b>		<b>Dawson</b>	<b>*National Benchmark</b>	<b>Nebraska</b>
<i>Mortality</i>				
<b>Premature death</b>	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	6,805	5,564	6,209
<i>Morbidity</i>				
<b>Poor or fair health</b>	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	17%	10%	12%
<b>Poor physical health days</b>	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.2	2.6	2.9
<b>Poor mental health days</b>	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.5	2.3	2.6
<b>Low birthweight</b>	Percent of live births with low birthweight (<2,500 grams), 2001-2007	6.7%	6.0%	7.0%
<b>HEALTH FACTORS</b>				
<i>Health Behaviors</i>				
<b>Adult smoking</b>	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	22%	15%	20%
<b>Adult obesity</b>	Percent of adults that report a body mass index (BMI) of at least 30 kg/m <sup>2</sup> , 2008	30%	25%	29%
<b>Physical inactivity</b>	Percent of adults reporting no leisure time physical activity, 2008	28%	20%	24%
<b>Excessive drinking</b>	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	17%	8%	19%
<b>Motor vehicle crash death rate</b>	Motor vehicle crash deaths per 100,000 population, 2001-2007	28.1	12.0	16.7
<b>Sexually transmitted infections</b>	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	182.4	83.0	314.0
<b>Teen birth rate</b>	Number of teen births per 1,000 females ages 15-19, 2001-2007	66.1	22.0	35.5
<i>Clinical Care</i>				
<b>Uninsured adults</b>	Percent of adult population ages 18-64 without health insurance, 2007	23%	13%	16%
<b>Uninsured youth</b>	Percent of youth ages 0-18 without health insurance, 2007	15%	7%	9%
<b>Primary care physicians</b>	Ratio of total population to primary care physicians, 2008	828:1	631:1	713:1
<b>Mental health providers</b>	Ratio of total population to mental health providers, 2008	24,848:0	2,242:1	3,104:1
<b>Dentist rate</b>	Number of professionally active dentists per 100,000 population, 2007	48.7	69.0	63.0
<b>Preventable hospital stays</b>	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	69.6	52.0	69.2
<b>Diabetic screening</b>	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	79%	89%	84%
<b>Mammography screening</b>	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	60%	74%	65%

## HEALTH FACTORS (continued)

Dawson \*National Benchmark Nebraska

### Social and Economic Factors

<b>High school graduation</b>	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	80%	92%	86%
<b>Some college</b>	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	35%	68%	68%
<b>Unemployment</b>	Percent of population ages 16 and older that is unemployed but seeking work, 2009	4.7%	5.3%	4.6%
<b>Child poverty</b>	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	17%	11%	14%
<b>Inadequate social support</b>	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	19%	14%	17%
<b>Children in single-parent households</b>	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	30%	20%	26%
<b>Homicide rate</b>	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	3.0

### Physical Environment

<b>Air pollution-particulate matter</b>	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
<b>Air pollution-ozone</b>	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
<b>Access to healthy foods</b>	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	50%	92%	45%
<b>Access to recreational facilities</b>	Number of recreational facilities per 100,000 population, 2008	12.0	17.0	12.0

### Demographics

Dawson United States Nebraska

<b>Youth</b>	Percent of total population ages 0-17, 2009	30%	24%	25%
<b>Elderly</b>	Percent of total population ages 65 and older, 2009	13%	13%	13%
<b>Rural</b>	Percent of total population living in a rural area, 2000	27%	21%	30%
<b>Not English proficient</b>	Percent of total population that speaks English less than "very well," 2005-2009	16%	9%	4%
<b>Illiteracy</b>	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	18%	15%	7%

\*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). \*\*Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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# 2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead Community Health Needs Assessment Collaborative

Deuel County

Nebraska

HEALTH OUTCOMES		Deuel	*National Benchmark	Nebraska
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	-	5,564	6,209
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	10%	10%	12%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.4	2.6	2.9
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.5	2.3	2.6
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	-	6.0%	7.0%
<b>HEALTH FACTORS</b>				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	23%	15%	20%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m <sup>2</sup> , 2008	29%	25%	29%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	28%	20%	24%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	14%	8%	19%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	-	12.0	16.7
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	53.2	83.0	314.0
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	-	22.0	35.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	18%	13%	16%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	12%	7%	9%
Primary care physicians	Ratio of total population to primary care physicians, 2008	1,873:1	631:1	713:1
Mental health providers	Ratio of total population to mental health providers, 2008	1,873:0	2,242:1	3,104:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	-	69.0	63.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	66.7	52.0	69.2
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	-	89%	84%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	-	74%	65%

<b>HEALTH FACTORS (continued)</b>	<b>Deuel</b>	<b>*National Benchmark</b>	<b>Nebraska</b>
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*Social and Economic Factors*

<b>High school graduation</b>	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	100%	92%	86%
<b>Some college</b>	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	52%	68%	68%
<b>Unemployment</b>	Percent of population ages 16 and older that is unemployed but seeking work, 2009	4.0%	5.3%	4.6%
<b>Child poverty</b>	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	19%	11%	14%
<b>Inadequate social support</b>	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	19%	14%	17%
<b>Children in single-parent households</b>	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	23%	20%	26%
<b>Homicide rate</b>	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	3.0

*Physical Environment*

<b>Air pollution-particulate matter</b>	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
<b>Air pollution-ozone</b>	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
<b>Access to healthy foods</b>	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	50%	92%	45%
<b>Access to recreational facilities</b>	Number of recreational facilities per 100,000 population, 2008	0.0	17.0	12.0

*Demographics*

		<b>Deuel</b>	<b>United States</b>	<b>Nebraska</b>
<b>Youth</b>	Percent of total population ages 0-17, 2009	20%	24%	25%
<b>Elderly</b>	Percent of total population ages 65 and older, 2009	24%	13%	13%
<b>Rural</b>	Percent of total population living in a rural area, 2000	100%	21%	30%
<b>Not English proficient</b>	Percent of total population that speaks English less than "very well," 2005-2009	1%	9%	4%
<b>Illiteracy</b>	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	7%	15%	7%

\*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). \*\*Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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# 2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead Community Health Needs Assessment Collaborative

Dixon County

Nebraska

HEALTH OUTCOMES		Dixon	*National Benchmark	Nebraska
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	4,890	5,564	6,209
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	10%	10%	12%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.7	2.6	2.9
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.2	2.3	2.6
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	-	6.0%	7.0%
<b>HEALTH FACTORS</b>				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	21%	15%	20%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m2, 2008	31%	25%	29%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	30%	20%	24%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	22%	8%	19%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	-	12.0	16.7
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	79.5	83.0	314.0
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	27.6	22.0	35.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	21%	13%	16%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	14%	7%	9%
Primary care physicians	Ratio of total population to primary care physicians, 2008	3,133:1	631:1	713:1
Mental health providers	Ratio of total population to mental health providers, 2008	6,265:0	2,242:1	3,104:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	-	69.0	63.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	66.7	52.0	69.2
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	-	89%	84%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	-	74%	65%

<b>HEALTH FACTORS (continued)</b>	<b>Dixon</b>	<b>*National Benchmark</b>	<b>Nebraska</b>
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*Social and Economic Factors*

<b>High school graduation</b>	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	90%	92%	86%
<b>Some college</b>	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	57%	68%	68%
<b>Unemployment</b>	Percent of population ages 16 and older that is unemployed but seeking work, 2009	4.1%	5.3%	4.6%
<b>Child poverty</b>	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	15%	11%	14%
<b>Inadequate social support</b>	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	20%	14%	17%
<b>Children in single-parent households</b>	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	22%	20%	26%
<b>Homicide rate</b>	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	3.0

*Physical Environment*

<b>Air pollution-particulate matter</b>	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	1	0	0
<b>Air pollution-ozone</b>	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
<b>Access to healthy foods</b>	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	25%	92%	45%
<b>Access to recreational facilities</b>	Number of recreational facilities per 100,000 population, 2008	0.0	17.0	12.0

*Demographics*

		<b>Dixon</b>	<b>United States</b>	<b>Nebraska</b>
<b>Youth</b>	Percent of total population ages 0-17, 2009	24%	24%	25%
<b>Elderly</b>	Percent of total population ages 65 and older, 2009	22%	13%	13%
<b>Rural</b>	Percent of total population living in a rural area, 2000	100%	21%	30%
<b>Not English proficient</b>	Percent of total population that speaks English less than "very well," 2005-2009	4%	9%	4%
<b>Illiteracy</b>	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	9%	15%	7%

\*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). \*\*Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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# 2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead  
Community Health Needs Assessment Collaborative

Dodge County

Nebraska

HEALTH OUTCOMES		Dodge	*National Benchmark	Nebraska
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	7,069	5,564	6,209
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	13%	10%	12%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.1	2.6	2.9
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.5	2.3	2.6
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	6.8%	6.0%	7.0%
<b>HEALTH FACTORS</b>				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	22%	15%	20%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m <sup>2</sup> , 2008	29%	25%	29%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	29%	20%	24%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	19%	8%	19%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	20.7	12.0	16.7
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	292.7	83.0	314.0
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	35.6	22.0	35.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	16%	13%	16%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	9%	7%	9%
Primary care physicians	Ratio of total population to primary care physicians, 2008	1,019:1	631:1	713:1
Mental health providers	Ratio of total population to mental health providers, 2008	35,662:1	2,242:1	3,104:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	66.9	69.0	63.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	58.0	52.0	69.2
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	82%	89%	84%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	70%	74%	65%

**HEALTH FACTORS (continued)** Dodge **\*National Benchmark** Nebraska

*Social and Economic Factors*

<b>High school graduation</b>	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	85%	92%	86%
<b>Some college</b>	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	57%	68%	68%
<b>Unemployment</b>	Percent of population ages 16 and older that is unemployed but seeking work, 2009	5.1%	5.3%	4.6%
<b>Child poverty</b>	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	13%	11%	14%
<b>Inadequate social support</b>	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	20%	14%	17%
<b>Children in single-parent households</b>	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	27%	20%	26%
<b>Homicide rate</b>	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	3.0

*Physical Environment*

<b>Air pollution-particulate matter</b>	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	1	0	0
<b>Air pollution-ozone</b>	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
<b>Access to healthy foods</b>	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	57%	92%	45%
<b>Access to recreational facilities</b>	Number of recreational facilities per 100,000 population, 2008	6.0	17.0	12.0

*Demographics*

		Dodge	United States	Nebraska
<b>Youth</b>	Percent of total population ages 0-17, 2009	24%	24%	25%
<b>Elderly</b>	Percent of total population ages 65 and older, 2009	18%	13%	13%
<b>Rural</b>	Percent of total population living in a rural area, 2000	29%	21%	30%
<b>Not English proficient</b>	Percent of total population that speaks English less than "very well," 2005-2009	4%	9%	4%
<b>Illiteracy</b>	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	9%	15%	7%

\*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). \*\*Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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# 2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead Community Health Needs Assessment Collaborative

Douglas County

Nebraska

HEALTH OUTCOMES	Douglas	*National Benchmark	Nebraska
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## Mortality

<b>Premature death</b>	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	6,903	5,564	6,209
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## Morbidity

<b>Poor or fair health</b>	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	12%	10%	12%
<b>Poor physical health days</b>	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.9	2.6	2.9
<b>Poor mental health days</b>	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.7	2.3	2.6
<b>Low birthweight</b>	Percent of live births with low birthweight (<2,500 grams), 2001-2007	7.8%	6.0%	7.0%

## HEALTH FACTORS

### Health Behaviors

<b>Adult smoking</b>	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	21%	15%	20%
<b>Adult obesity</b>	Percent of adults that report a body mass index (BMI) of at least 30 kg/m <sup>2</sup> , 2008	28%	25%	29%
<b>Physical inactivity</b>	Percent of adults reporting no leisure time physical activity, 2008	23%	20%	24%
<b>Excessive drinking</b>	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	20%	8%	19%
<b>Motor vehicle crash death rate</b>	Motor vehicle crash deaths per 100,000 population, 2001-2007	10.0	12.0	16.7
<b>Sexually transmitted infections</b>	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	560.9	83.0	314.0
<b>Teen birth rate</b>	Number of teen births per 1,000 females ages 15-19, 2001-2007	45.7	22.0	35.5

### Clinical Care

<b>Uninsured adults</b>	Percent of adult population ages 18-64 without health insurance, 2007	13%	13%	16%
<b>Uninsured youth</b>	Percent of youth ages 0-18 without health insurance, 2007	7%	7%	9%
<b>Primary care physicians</b>	Ratio of total population to primary care physicians, 2008	466:1	631:1	713:1
<b>Mental health providers</b>	Ratio of total population to mental health providers, 2008	1,913:1	2,242:1	3,104:1
<b>Dentist rate</b>	Number of professionally active dentists per 100,000 population, 2007	130.1	69.0	63.0
<b>Preventable hospital stays</b>	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	64.7	52.0	69.2
<b>Diabetic screening</b>	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	85%	89%	84%
<b>Mammography screening</b>	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	67%	74%	65%

**HEALTH FACTORS (continued)** Douglas **\*National Benchmark** Nebraska

*Social and Economic Factors*

<b>High school graduation</b>	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	80%	92%	86%
<b>Some college</b>	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	70%	68%	68%
<b>Unemployment</b>	Percent of population ages 16 and older that is unemployed but seeking work, 2009	5.1%	5.3%	4.6%
<b>Child poverty</b>	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	15%	11%	14%
<b>Inadequate social support</b>	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	17%	14%	17%
<b>Children in single-parent households</b>	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	32%	20%	26%
<b>Homicide rate</b>	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	6.2	1.0	3.0

*Physical Environment*

<b>Air pollution-particulate matter</b>	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
<b>Air pollution-ozone</b>	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
<b>Access to healthy foods</b>	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	77%	92%	45%
<b>Access to recreational facilities</b>	Number of recreational facilities per 100,000 population, 2008	15.0	17.0	12.0

*Demographics*

		Douglas	United States	Nebraska
<b>Youth</b>	Percent of total population ages 0-17, 2009	26%	24%	25%
<b>Elderly</b>	Percent of total population ages 65 and older, 2009	11%	13%	13%
<b>Rural</b>	Percent of total population living in a rural area, 2000	2%	21%	30%
<b>Not English proficient</b>	Percent of total population that speaks English less than "very well," 2005-2009	6%	9%	4%
<b>Illiteracy</b>	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	7%	15%	7%

\*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). \*\*Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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# 2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead Community Health Needs Assessment Collaborative

Dundy County

Nebraska

HEALTH OUTCOMES		Dundy	*National Benchmark	Nebraska
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	-	5,564	6,209
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	11%	10%	12%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.0	2.6	2.9
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.6	2.3	2.6
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	-	6.0%	7.0%
<b>HEALTH FACTORS</b>				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	13%	15%	20%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m <sup>2</sup> , 2008	30%	25%	29%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	31%	20%	24%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	17%	8%	19%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	-	12.0	16.7
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	199.8	83.0	314.0
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	-	22.0	35.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	19%	13%	16%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	12%	7%	9%
Primary care physicians	Ratio of total population to primary care physicians, 2008	975:1	631:1	713:1
Mental health providers	Ratio of total population to mental health providers, 2008	1,949:0	2,242:1	3,104:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	149.9	69.0	63.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	55.9	52.0	69.2
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	-	89%	84%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	-	74%	65%



**HEALTH FACTORS (continued)** Dundy      \*National Benchmark      Nebraska

*Social and Economic Factors*

<b>High school graduation</b>	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	-	92%	86%
<b>Some college</b>	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	75%	68%	68%
<b>Unemployment</b>	Percent of population ages 16 and older that is unemployed but seeking work, 2009	4.1%	5.3%	4.6%
<b>Child poverty</b>	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	21%	11%	14%
<b>Inadequate social support</b>	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	21%	14%	17%
<b>Children in single-parent households</b>	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	13%	20%	26%
<b>Homicide rate</b>	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	3.0

*Physical Environment*

<b>Air pollution-particulate matter</b>	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
<b>Air pollution-ozone</b>	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
<b>Access to healthy foods</b>	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	0%	92%	45%
<b>Access to recreational facilities</b>	Number of recreational facilities per 100,000 population, 2008	0.0	17.0	12.0

*Demographics*

		Dundy	United States	Nebraska
<b>Youth</b>	Percent of total population ages 0-17, 2009	22%	24%	25%
<b>Elderly</b>	Percent of total population ages 65 and older, 2009	22%	13%	13%
<b>Rural</b>	Percent of total population living in a rural area, 2000	100%	21%	30%
<b>Not English proficient</b>	Percent of total population that speaks English less than "very well," 2005-2009	0%	9%	4%
<b>Illiteracy</b>	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	7%	15%	7%

\*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). \*\*Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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# 2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead Community Health Needs Assessment Collaborative

Fillmore County

Nebraska

HEALTH OUTCOMES		Fillmore	*National Benchmark	Nebraska
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	7,423	5,564	6,209
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	6%	10%	12%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.3	2.6	2.9
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	1.5	2.3	2.6
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	-	6.0%	7.0%
<b>HEALTH FACTORS</b>				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	12%	15%	20%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m <sup>2</sup> , 2008	28%	25%	29%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	27%	20%	24%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	20%	8%	19%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	-	12.0	16.7
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	150.0	83.0	314.0
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	18.8	22.0	35.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	22%	13%	16%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	14%	7%	9%
Primary care physicians	Ratio of total population to primary care physicians, 2008	600:1	631:1	713:1
Mental health providers	Ratio of total population to mental health providers, 2008	5,998:0	2,242:1	3,104:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	-	69.0	63.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	65.3	52.0	69.2
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	79%	89%	84%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	64%	74%	65%

**HEALTH FACTORS (continued)** Fillmore **\*National Benchmark** Nebraska

*Social and Economic Factors*

<b>High school graduation</b>	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	90%	92%	86%
<b>Some college</b>	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	68%	68%	68%
<b>Unemployment</b>	Percent of population ages 16 and older that is unemployed but seeking work, 2009	4.2%	5.3%	4.6%
<b>Child poverty</b>	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	14%	11%	14%
<b>Inadequate social support</b>	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	15%	14%	17%
<b>Children in single-parent households</b>	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	17%	20%	26%
<b>Homicide rate</b>	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	3.0

*Physical Environment*

<b>Air pollution-particulate matter</b>	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	1	0	0
<b>Air pollution-ozone</b>	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
<b>Access to healthy foods</b>	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	50%	92%	45%
<b>Access to recreational facilities</b>	Number of recreational facilities per 100,000 population, 2008	0.0	17.0	12.0

*Demographics*

		Fillmore	United States	Nebraska
<b>Youth</b>	Percent of total population ages 0-17, 2009	24%	24%	25%
<b>Elderly</b>	Percent of total population ages 65 and older, 2009	22%	13%	13%
<b>Rural</b>	Percent of total population living in a rural area, 2000	100%	21%	30%
<b>Not English proficient</b>	Percent of total population that speaks English less than "very well," 2005-2009	0%	9%	4%
<b>Illiteracy</b>	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	7%	15%	7%

\*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). \*\*Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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# 2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead  
Community Health Needs Assessment Collaborative

Franklin County

Nebraska

HEALTH OUTCOMES	Franklin	*National Benchmark	Nebraska
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## Mortality

<b>Premature death</b>	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	-	5,564	6,209
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## Morbidity

<b>Poor or fair health</b>	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	14%	10%	12%
<b>Poor physical health days</b>	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.8	2.6	2.9
<b>Poor mental health days</b>	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.5	2.3	2.6
<b>Low birthweight</b>	Percent of live births with low birthweight (<2,500 grams), 2001-2007	-	6.0%	7.0%

## HEALTH FACTORS

### Health Behaviors

<b>Adult smoking</b>	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	25%	15%	20%
<b>Adult obesity</b>	Percent of adults that report a body mass index (BMI) of at least 30 kg/m <sup>2</sup> , 2008	28%	25%	29%
<b>Physical inactivity</b>	Percent of adults reporting no leisure time physical activity, 2008	30%	20%	24%
<b>Excessive drinking</b>	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	12%	8%	19%
<b>Motor vehicle crash death rate</b>	Motor vehicle crash deaths per 100,000 population, 2001-2007	-	12.0	16.7
<b>Sexually transmitted infections</b>	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	-	83.0	314.0
<b>Teen birth rate</b>	Number of teen births per 1,000 females ages 15-19, 2001-2007	-	22.0	35.5

### Clinical Care

<b>Uninsured adults</b>	Percent of adult population ages 18-64 without health insurance, 2007	20%	13%	16%
<b>Uninsured youth</b>	Percent of youth ages 0-18 without health insurance, 2007	12%	7%	9%
<b>Primary care physicians</b>	Ratio of total population to primary care physicians, 2008	772:1	631:1	713:1
<b>Mental health providers</b>	Ratio of total population to mental health providers, 2008	3,086:0	2,242:1	3,104:1
<b>Dentist rate</b>	Number of professionally active dentists per 100,000 population, 2007	32.2	69.0	63.0
<b>Preventable hospital stays</b>	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	85.2	52.0	69.2
<b>Diabetic screening</b>	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	91%	89%	84%
<b>Mammography screening</b>	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	83%	74%	65%

**HEALTH FACTORS (continued)**

Franklin \*National Benchmark Nebraska

*Social and Economic Factors*

<b>High school graduation</b>	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	95%	92%	86%
<b>Some college</b>	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	56%	68%	68%
<b>Unemployment</b>	Percent of population ages 16 and older that is unemployed but seeking work, 2009	3.9%	5.3%	4.6%
<b>Child poverty</b>	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	18%	11%	14%
<b>Inadequate social support</b>	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	16%	14%	17%
<b>Children in single-parent households</b>	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	12%	20%	26%
<b>Homicide rate</b>	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	3.0

*Physical Environment*

<b>Air pollution-particulate matter</b>	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
<b>Air pollution-ozone</b>	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
<b>Access to healthy foods</b>	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	29%	92%	45%
<b>Access to recreational facilities</b>	Number of recreational facilities per 100,000 population, 2008	32.0	17.0	12.0

*Demographics*

Franklin United States Nebraska

<b>Youth</b>	Percent of total population ages 0-17, 2009	20%	24%	25%
<b>Elderly</b>	Percent of total population ages 65 and older, 2009	25%	13%	13%
<b>Rural</b>	Percent of total population living in a rural area, 2000	100%	21%	30%
<b>Not English proficient</b>	Percent of total population that speaks English less than "very well," 2005-2009	0%	9%	4%
<b>Illiteracy</b>	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	7%	15%	7%

\*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). \*\*Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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# 2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead Community Health Needs Assessment Collaborative

Frontier County

Nebraska

HEALTH OUTCOMES		Frontier	*National Benchmark	Nebraska
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## Mortality

<b>Premature death</b>	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	-	5,564	6,209
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## Morbidity

<b>Poor or fair health</b>	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	16%	10%	12%
<b>Poor physical health days</b>	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.6	2.6	2.9
<b>Poor mental health days</b>	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.9	2.3	2.6
<b>Low birthweight</b>	Percent of live births with low birthweight (<2,500 grams), 2001-2007	-	6.0%	7.0%

## HEALTH FACTORS

### Health Behaviors

<b>Adult smoking</b>	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	17%	15%	20%
<b>Adult obesity</b>	Percent of adults that report a body mass index (BMI) of at least 30 kg/m <sup>2</sup> , 2008	31%	25%	29%
<b>Physical inactivity</b>	Percent of adults reporting no leisure time physical activity, 2008	30%	20%	24%
<b>Excessive drinking</b>	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	27%	8%	19%
<b>Motor vehicle crash death rate</b>	Motor vehicle crash deaths per 100,000 population, 2001-2007	-	12.0	16.7
<b>Sexually transmitted infections</b>	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	116.1	83.0	314.0
<b>Teen birth rate</b>	Number of teen births per 1,000 females ages 15-19, 2001-2007	-	22.0	35.5

### Clinical Care

<b>Uninsured adults</b>	Percent of adult population ages 18-64 without health insurance, 2007	24%	13%	16%
<b>Uninsured youth</b>	Percent of youth ages 0-18 without health insurance, 2007	14%	7%	9%
<b>Primary care physicians</b>	Ratio of total population to primary care physicians, 2008	-	631:1	713:1
<b>Mental health providers</b>	Ratio of total population to mental health providers, 2008	2,562:1	2,242:1	3,104:1
<b>Dentist rate</b>	Number of professionally active dentists per 100,000 population, 2007	0.0	69.0	63.0
<b>Preventable hospital stays</b>	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	80.9	52.0	69.2
<b>Diabetic screening</b>	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	87%	89%	84%
<b>Mammography screening</b>	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	-	74%	65%

## HEALTH FACTORS (continued)

Frontier \*National Benchmark Nebraska

### Social and Economic Factors

<b>High school graduation</b>	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	85%	92%	86%
<b>Some college</b>	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	83%	68%	68%
<b>Unemployment</b>	Percent of population ages 16 and older that is unemployed but seeking work, 2009	3.3%	5.3%	4.6%
<b>Child poverty</b>	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	17%	11%	14%
<b>Inadequate social support</b>	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	16%	14%	17%
<b>Children in single-parent households</b>	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	21%	20%	26%
<b>Homicide rate</b>	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	3.0

### Physical Environment

<b>Air pollution-particulate matter</b>	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
<b>Air pollution-ozone</b>	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
<b>Access to healthy foods</b>	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	60%	92%	45%
<b>Access to recreational facilities</b>	Number of recreational facilities per 100,000 population, 2008	0.0	17.0	12.0

### Demographics

Frontier United States Nebraska

<b>Youth</b>	Percent of total population ages 0-17, 2009	21%	24%	25%
<b>Elderly</b>	Percent of total population ages 65 and older, 2009	20%	13%	13%
<b>Rural</b>	Percent of total population living in a rural area, 2000	100%	21%	30%
<b>Not English proficient</b>	Percent of total population that speaks English less than "very well," 2005-2009	0%	9%	4%
<b>Illiteracy</b>	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	6%	15%	7%

\*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). \*\*Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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# 2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead Community Health Needs Assessment Collaborative

Furnas County

Nebraska

HEALTH OUTCOMES		Furnas	*National Benchmark	Nebraska
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	-	5,564	6,209
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	12%	10%	12%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.8	2.6	2.9
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.6	2.3	2.6
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	-	6.0%	7.0%
<b>HEALTH FACTORS</b>				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	24%	15%	20%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m <sup>2</sup> , 2008	31%	25%	29%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	31%	20%	24%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	10%	8%	19%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	-	12.0	16.7
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	-	83.0	314.0
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	32.5	22.0	35.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	19%	13%	16%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	12%	7%	9%
Primary care physicians	Ratio of total population to primary care physicians, 2008	916:1	631:1	713:1
Mental health providers	Ratio of total population to mental health providers, 2008	4,578:0	2,242:1	3,104:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	-	69.0	63.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	90.1	52.0	69.2
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	94%	89%	84%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	-	74%	65%

**HEALTH FACTORS (continued)** Furnas **\*National Benchmark** Nebraska

*Social and Economic Factors*

<b>High school graduation</b>	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	90%	92%	86%
<b>Some college</b>	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	59%	68%	68%
<b>Unemployment</b>	Percent of population ages 16 and older that is unemployed but seeking work, 2009	3.8%	5.3%	4.6%
<b>Child poverty</b>	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	21%	11%	14%
<b>Inadequate social support</b>	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	17%	14%	17%
<b>Children in single-parent households</b>	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	24%	20%	26%
<b>Homicide rate</b>	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	3.0

*Physical Environment*

<b>Air pollution-particulate matter</b>	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
<b>Air pollution-ozone</b>	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
<b>Access to healthy foods</b>	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	50%	92%	45%
<b>Access to recreational facilities</b>	Number of recreational facilities per 100,000 population, 2008	0.0	17.0	12.0

*Demographics*

		Furnas	United States	Nebraska
<b>Youth</b>	Percent of total population ages 0-17, 2009	23%	24%	25%
<b>Elderly</b>	Percent of total population ages 65 and older, 2009	23%	13%	13%
<b>Rural</b>	Percent of total population living in a rural area, 2000	100%	21%	30%
<b>Not English proficient</b>	Percent of total population that speaks English less than "very well," 2005-2009	1%	9%	4%
<b>Illiteracy</b>	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	8%	15%	7%

\*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). \*\*Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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# 2011 County Health Profile

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Gage County

Nebraska

HEALTH OUTCOMES		Gage	*National Benchmark	Nebraska
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	7,059	5,564	6,209
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	16%	10%	12%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.9	2.6	2.9
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	4.3	2.3	2.6
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	7.6%	6.0%	7.0%
<b>HEALTH FACTORS</b>				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	21%	15%	20%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m <sup>2</sup> , 2008	31%	25%	29%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	28%	20%	24%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	22%	8%	19%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	24.1	12.0	16.7
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	47.8	83.0	314.0
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	29.8	22.0	35.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	14%	13%	16%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	9%	7%	9%
Primary care physicians	Ratio of total population to primary care physicians, 2008	788:1	631:1	713:1
Mental health providers	Ratio of total population to mental health providers, 2008	1,904:1	2,242:1	3,104:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	56.4	69.0	63.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	58.0	52.0	69.2
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	88%	89%	84%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	73%	74%	65%

**HEALTH FACTORS (continued)** Gage **\*National Benchmark** Nebraska

*Social and Economic Factors*

<b>High school graduation</b>	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	85%	92%	86%
<b>Some college</b>	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	62%	68%	68%
<b>Unemployment</b>	Percent of population ages 16 and older that is unemployed but seeking work, 2009	6.3%	5.3%	4.6%
<b>Child poverty</b>	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	15%	11%	14%
<b>Inadequate social support</b>	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	19%	14%	17%
<b>Children in single-parent households</b>	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	25%	20%	26%
<b>Homicide rate</b>	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	3.0

*Physical Environment*

<b>Air pollution-particulate matter</b>	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	1	0	0
<b>Air pollution-ozone</b>	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
<b>Access to healthy foods</b>	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	25%	92%	45%
<b>Access to recreational facilities</b>	Number of recreational facilities per 100,000 population, 2008	22.0	17.0	12.0

*Demographics*

		Gage	United States	Nebraska
<b>Youth</b>	Percent of total population ages 0-17, 2009	22%	24%	25%
<b>Elderly</b>	Percent of total population ages 65 and older, 2009	19%	13%	13%
<b>Rural</b>	Percent of total population living in a rural area, 2000	44%	21%	30%
<b>Not English proficient</b>	Percent of total population that speaks English less than "very well," 2005-2009	1%	9%	4%
<b>Illiteracy</b>	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	8%	15%	7%

\*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). \*\*Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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# 2011 County Health Profile

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Garden County

Nebraska

HEALTH OUTCOMES		Garden	*National Benchmark	Nebraska
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	-	5,564	6,209
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	13%	10%	12%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.8	2.6	2.9
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.1	2.3	2.6
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	-	6.0%	7.0%
<b>HEALTH FACTORS</b>				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	19%	15%	20%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m <sup>2</sup> , 2008	29%	25%	29%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	29%	20%	24%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	15%	8%	19%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	-	12.0	16.7
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	113.3	83.0	314.0
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	-	22.0	35.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	12%	13%	16%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	7%	7%	9%
Primary care physicians	Ratio of total population to primary care physicians, 2008	-	631:1	713:1
Mental health providers	Ratio of total population to mental health providers, 2008	1,783:0	2,242:1	3,104:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	-	69.0	63.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	113.0	52.0	69.2
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	94%	89%	84%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	-	74%	65%

**HEALTH FACTORS (continued)** Garden **\*National Benchmark** Nebraska

*Social and Economic Factors*

<b>High school graduation</b>	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	-	92%	86%
<b>Some college</b>	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	67%	68%	68%
<b>Unemployment</b>	Percent of population ages 16 and older that is unemployed but seeking work, 2009	4.4%	5.3%	4.6%
<b>Child poverty</b>	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	25%	11%	14%
<b>Inadequate social support</b>	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	24%	14%	17%
<b>Children in single-parent households</b>	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	24%	20%	26%
<b>Homicide rate</b>	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	3.0

*Physical Environment*

<b>Air pollution-particulate matter</b>	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
<b>Air pollution-ozone</b>	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
<b>Access to healthy foods</b>	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	33%	92%	45%
<b>Access to recreational facilities</b>	Number of recreational facilities per 100,000 population, 2008	0.0	17.0	12.0

*Demographics*

		Garden	United States	Nebraska
<b>Youth</b>	Percent of total population ages 0-17, 2009	16%	24%	25%
<b>Elderly</b>	Percent of total population ages 65 and older, 2009	30%	13%	13%
<b>Rural</b>	Percent of total population living in a rural area, 2000	100%	21%	30%
<b>Not English proficient</b>	Percent of total population that speaks English less than "very well," 2005-2009	0%	9%	4%
<b>Illiteracy</b>	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	8%	15%	7%

\*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). \*\*Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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# 2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead Community Health Needs Assessment Collaborative

**Garfield County**

Nebraska

<b>HEALTH OUTCOMES</b>		<b>Garfield</b>	<b>*National Benchmark</b>	<b>Nebraska</b>
<i>Mortality</i>				
<b>Premature death</b>	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	-	5,564	6,209
<i>Morbidity</i>				
<b>Poor or fair health</b>	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	13%	10%	12%
<b>Poor physical health days</b>	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.2	2.6	2.9
<b>Poor mental health days</b>	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.9	2.3	2.6
<b>Low birthweight</b>	Percent of live births with low birthweight (<2,500 grams), 2001-2007	-	6.0%	7.0%
<b>HEALTH FACTORS</b>				
<i>Health Behaviors</i>				
<b>Adult smoking</b>	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	16%	15%	20%
<b>Adult obesity</b>	Percent of adults that report a body mass index (BMI) of at least 30 kg/m <sup>2</sup> , 2008	28%	25%	29%
<b>Physical inactivity</b>	Percent of adults reporting no leisure time physical activity, 2008	28%	20%	24%
<b>Excessive drinking</b>	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	-	8%	19%
<b>Motor vehicle crash death rate</b>	Motor vehicle crash deaths per 100,000 population, 2001-2007	-	12.0	16.7
<b>Sexually transmitted infections</b>	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	-	83.0	314.0
<b>Teen birth rate</b>	Number of teen births per 1,000 females ages 15-19, 2001-2007	-	22.0	35.5
<i>Clinical Care</i>				
<b>Uninsured adults</b>	Percent of adult population ages 18-64 without health insurance, 2007	24%	13%	16%
<b>Uninsured youth</b>	Percent of youth ages 0-18 without health insurance, 2007	15%	7%	9%
<b>Primary care physicians</b>	Ratio of total population to primary care physicians, 2008	861:1	631:1	713:1
<b>Mental health providers</b>	Ratio of total population to mental health providers, 2008	1,721:0	2,242:1	3,104:1
<b>Dentist rate</b>	Number of professionally active dentists per 100,000 population, 2007	58.5	69.0	63.0
<b>Preventable hospital stays</b>	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	69.9	52.0	69.2
<b>Diabetic screening</b>	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	-	89%	84%
<b>Mammography screening</b>	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	-	74%	65%



## HEALTH FACTORS (continued)

Garfield \*National Benchmark Nebraska

### Social and Economic Factors

<b>High school graduation</b>	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	95%	92%	86%
<b>Some college</b>	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	59%	68%	68%
<b>Unemployment</b>	Percent of population ages 16 and older that is unemployed but seeking work, 2009	3.1%	5.3%	4.6%
<b>Child poverty</b>	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	20%	11%	14%
<b>Inadequate social support</b>	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	22%	14%	17%
<b>Children in single-parent households</b>	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	21%	20%	26%
<b>Homicide rate</b>	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	3.0

### Physical Environment

<b>Air pollution-particulate matter</b>	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
<b>Air pollution-ozone</b>	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
<b>Access to healthy foods</b>	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	100%	92%	45%
<b>Access to recreational facilities</b>	Number of recreational facilities per 100,000 population, 2008	0.0	17.0	12.0

### Demographics

Garfield United States Nebraska

<b>Youth</b>	Percent of total population ages 0-17, 2009	20%	24%	25%
<b>Elderly</b>	Percent of total population ages 65 and older, 2009	27%	13%	13%
<b>Rural</b>	Percent of total population living in a rural area, 2000	100%	21%	30%
<b>Not English proficient</b>	Percent of total population that speaks English less than "very well," 2005-2009	1%	9%	4%
<b>Illiteracy</b>	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	8%	15%	7%

\*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). \*\*Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

Source: The overall format and content of the County Health Profiles is based largely on County Health Rankings, a key component of the Mobilizing Action Toward Community Health (MATCH) project - a collaboration between the Robert Wood Johnson Foundation and the University of Wisconsin Population Health Institute, <http://www.countyhealthrankings.org/>. Additional data sources include the U.S. Census Bureau, Small Area Health Insurance Estimates, <http://www.census.gov/sahie/> and the Centers for Disease Control and Prevention's National Center for Health Statistics - the Health Indicators Warehouse, <http://healthindicators.gov> and "Health, United States, 2010," Table 109, <http://www.cdc.gov/nchs/hus.htm>.

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# 2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead  
Community Health Needs Assessment Collaborative

Gosper County

Nebraska

HEALTH OUTCOMES		Gosper	*National Benchmark	Nebraska
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	-	5,564	6,209
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	12%	10%	12%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.2	2.6	2.9
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.2	2.3	2.6
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	-	6.0%	7.0%
<b>HEALTH FACTORS</b>				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	18%	15%	20%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m <sup>2</sup> , 2008	29%	25%	29%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	28%	20%	24%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	-	8%	19%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	-	12.0	16.7
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	51.9	83.0	314.0
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	-	22.0	35.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	24%	13%	16%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	17%	7%	9%
Primary care physicians	Ratio of total population to primary care physicians, 2008	-	631:1	713:1
Mental health providers	Ratio of total population to mental health providers, 2008	1,897:0	2,242:1	3,104:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	0.0	69.0	63.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	116.4	52.0	69.2
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	75%	89%	84%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	74%	74%	65%

## HEALTH FACTORS (continued)

Gosper \*National Benchmark Nebraska

### Social and Economic Factors

<b>High school graduation</b>	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	80%	92%	86%
<b>Some college</b>	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	64%	68%	68%
<b>Unemployment</b>	Percent of population ages 16 and older that is unemployed but seeking work, 2009	3.8%	5.3%	4.6%
<b>Child poverty</b>	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	15%	11%	14%
<b>Inadequate social support</b>	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	12%	14%	17%
<b>Children in single-parent households</b>	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	14%	20%	26%
<b>Homicide rate</b>	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	3.0

### Physical Environment

<b>Air pollution-particulate matter</b>	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
<b>Air pollution-ozone</b>	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
<b>Access to healthy foods</b>	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	50%	92%	45%
<b>Access to recreational facilities</b>	Number of recreational facilities per 100,000 population, 2008	0.0	17.0	12.0

### Demographics

Gosper United States Nebraska

<b>Youth</b>	Percent of total population ages 0-17, 2009	22%	24%	25%
<b>Elderly</b>	Percent of total population ages 65 and older, 2009	24%	13%	13%
<b>Rural</b>	Percent of total population living in a rural area, 2000	100%	21%	30%
<b>Not English proficient</b>	Percent of total population that speaks English less than "very well," 2005-2009	0%	9%	4%
<b>Illiteracy</b>	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	7%	15%	7%

\*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). \*\*Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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# 2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead Community Health Needs Assessment Collaborative

Grant County

Nebraska

HEALTH OUTCOMES		Grant	*National Benchmark	Nebraska
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	-	5,564	6,209
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	7%	10%	12%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.6	2.6	2.9
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	1.2	2.3	2.6
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	-	6.0%	7.0%
<b>HEALTH FACTORS</b>				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	10%	15%	20%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m <sup>2</sup> , 2008	29%	25%	29%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	29%	20%	24%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	14%	8%	19%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	-	12.0	16.7
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	-	83.0	314.0
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	-	22.0	35.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	24%	13%	16%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	15%	7%	9%
Primary care physicians	Ratio of total population to primary care physicians, 2008	606:0	631:1	713:1
Mental health providers	Ratio of total population to mental health providers, 2008	606:0	2,242:1	3,104:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	0.0	69.0	63.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	97.5	52.0	69.2
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	-	89%	84%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	-	74%	65%

<b>HEALTH FACTORS (continued)</b>	<b>Grant</b>	<b>*National Benchmark</b>	<b>Nebraska</b>
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*Social and Economic Factors*

<b>High school graduation</b>	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	100%	92%	86%
<b>Some college</b>	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	49%	68%	68%
<b>Unemployment</b>	Percent of population ages 16 and older that is unemployed but seeking work, 2009	3.8%	5.3%	4.6%
<b>Child poverty</b>	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	17%	11%	14%
<b>Inadequate social support</b>	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	-	14%	17%
<b>Children in single-parent households</b>	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	23%	20%	26%
<b>Homicide rate</b>	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	3.0

*Physical Environment*

<b>Air pollution-particulate matter</b>	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
<b>Air pollution-ozone</b>	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
<b>Access to healthy foods</b>	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	33%	92%	45%
<b>Access to recreational facilities</b>	Number of recreational facilities per 100,000 population, 2008	0.0	17.0	12.0

*Demographics*

		<b>Grant</b>	<b>United States</b>	<b>Nebraska</b>
<b>Youth</b>	Percent of total population ages 0-17, 2009	21%	24%	25%
<b>Elderly</b>	Percent of total population ages 65 and older, 2009	20%	13%	13%
<b>Rural</b>	Percent of total population living in a rural area, 2000	100%	21%	30%
<b>Not English proficient</b>	Percent of total population that speaks English less than "very well," 2005-2009	0%	9%	4%
<b>Illiteracy</b>	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	6%	15%	7%

\*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). \*\*Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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# 2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead Community Health Needs Assessment Collaborative

Greeley County

Nebraska

HEALTH OUTCOMES		Greeley	*National Benchmark	Nebraska
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	-	5,564	6,209
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	13%	10%	12%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.7	2.6	2.9
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	1.5	2.3	2.6
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	-	6.0%	7.0%
<b>HEALTH FACTORS</b>				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	11%	15%	20%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m <sup>2</sup> , 2008	31%	25%	29%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	28%	20%	24%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	16%	8%	19%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	-	12.0	16.7
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	43.7	83.0	314.0
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	-	22.0	35.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	19%	13%	16%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	12%	7%	9%
Primary care physicians	Ratio of total population to primary care physicians, 2008	-	631:1	713:1
Mental health providers	Ratio of total population to mental health providers, 2008	2,316:0	2,242:1	3,104:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	0.0	69.0	63.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	80.7	52.0	69.2
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	-	89%	84%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	-	74%	65%

**HEALTH FACTORS (continued)** Greeley \*National Benchmark Nebraska

*Social and Economic Factors*

<b>High school graduation</b>	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	80%	92%	86%
<b>Some college</b>	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	66%	68%	68%
<b>Unemployment</b>	Percent of population ages 16 and older that is unemployed but seeking work, 2009	3.7%	5.3%	4.6%
<b>Child poverty</b>	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	25%	11%	14%
<b>Inadequate social support</b>	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	18%	14%	17%
<b>Children in single-parent households</b>	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	19%	20%	26%
<b>Homicide rate</b>	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	3.0

*Physical Environment*

<b>Air pollution-particulate matter</b>	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
<b>Air pollution-ozone</b>	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
<b>Access to healthy foods</b>	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	75%	92%	45%
<b>Access to recreational facilities</b>	Number of recreational facilities per 100,000 population, 2008	0.0	17.0	12.0

*Demographics*

		Greeley	United States	Nebraska
<b>Youth</b>	Percent of total population ages 0-17, 2009	24%	24%	25%
<b>Elderly</b>	Percent of total population ages 65 and older, 2009	26%	13%	13%
<b>Rural</b>	Percent of total population living in a rural area, 2000	100%	21%	30%
<b>Not English proficient</b>	Percent of total population that speaks English less than "very well," 2005-2009	0%	9%	4%
<b>Illiteracy</b>	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	8%	15%	7%

\*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). \*\*Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

Source: The overall format and content of the County Health Profiles is based largely on County Health Rankings, a key component of the Mobilizing Action Toward Community Health (MATCH) project - a collaboration between the Robert Wood Johnson Foundation and the University of Wisconsin Population Health Institute, <http://www.countyhealthrankings.org/>. Additional data sources include the U.S. Census Bureau, Small Area Health Insurance Estimates, <http://www.census.gov/sahie/> and the Centers for Disease Control and Prevention's National Center for Health Statistics - the Health Indicators Warehouse, <http://healthindicators.gov> and "Health, United States, 2010," Table 109, <http://www.cdc.gov/nchs/hus.htm>.

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# 2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead Community Health Needs Assessment Collaborative

Hall County

Nebraska

HEALTH OUTCOMES		Hall	*National Benchmark	Nebraska
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	6,535	5,564	6,209
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	16%	10%	12%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.2	2.6	2.9
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.6	2.3	2.6
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	7.0%	6.0%	7.0%
<b>HEALTH FACTORS</b>				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	20%	15%	20%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m2, 2008	32%	25%	29%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	28%	20%	24%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	17%	8%	19%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	15.3	12.0	16.7
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	244.7	83.0	314.0
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	69.3	22.0	35.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	19%	13%	16%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	12%	7%	9%
Primary care physicians	Ratio of total population to primary care physicians, 2008	972:1	631:1	713:1
Mental health providers	Ratio of total population to mental health providers, 2008	4,699:1	2,242:1	3,104:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	63.8	69.0	63.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	82.3	52.0	69.2
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	83%	89%	84%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	72%	74%	65%

HEALTH FACTORS (continued)	Hall	*National Benchmark	Nebraska
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*Social and Economic Factors*

<b>High school graduation</b>	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	80%	92%	86%
<b>Some college</b>	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	52%	68%	68%
<b>Unemployment</b>	Percent of population ages 16 and older that is unemployed but seeking work, 2009	4.3%	5.3%	4.6%
<b>Child poverty</b>	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	17%	11%	14%
<b>Inadequate social support</b>	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	20%	14%	17%
<b>Children in single-parent households</b>	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	32%	20%	26%
<b>Homicide rate</b>	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	3.0

*Physical Environment*

<b>Air pollution-particulate matter</b>	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
<b>Air pollution-ozone</b>	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
<b>Access to healthy foods</b>	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	67%	92%	45%
<b>Access to recreational facilities</b>	Number of recreational facilities per 100,000 population, 2008	12.0	17.0	12.0

*Demographics*

		Hall	United States	Nebraska
<b>Youth</b>	Percent of total population ages 0-17, 2009	28%	24%	25%
<b>Elderly</b>	Percent of total population ages 65 and older, 2009	14%	13%	13%
<b>Rural</b>	Percent of total population living in a rural area, 2000	16%	21%	30%
<b>Not English proficient</b>	Percent of total population that speaks English less than "very well," 2005-2009	10%	9%	4%
<b>Illiteracy</b>	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	11%	15%	7%

\*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). \*\*Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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# 2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead Community Health Needs Assessment Collaborative

Hamilton County

Nebraska

HEALTH OUTCOMES		Hamilton	*National Benchmark	Nebraska
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	5,692	5,564	6,209
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	13%	10%	12%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.8	2.6	2.9
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.4	2.3	2.6
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	8.3%	6.0%	7.0%
<b>HEALTH FACTORS</b>				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	15%	15%	20%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m <sup>2</sup> , 2008	30%	25%	29%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	27%	20%	24%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	14%	8%	19%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	-	12.0	16.7
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	-	83.0	314.0
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	18.6	22.0	35.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	18%	13%	16%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	10%	7%	9%
Primary care physicians	Ratio of total population to primary care physicians, 2008	664:1	631:1	713:1
Mental health providers	Ratio of total population to mental health providers, 2008	9,302:0	2,242:1	3,104:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	53.8	69.0	63.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	66.7	52.0	69.2
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	77%	89%	84%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	55%	74%	65%

## HEALTH FACTORS (continued)

Hamilton \*National Benchmark Nebraska

### Social and Economic Factors

<b>High school graduation</b>	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	95%	92%	86%
<b>Some college</b>	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	67%	68%	68%
<b>Unemployment</b>	Percent of population ages 16 and older that is unemployed but seeking work, 2009	3.3%	5.3%	4.6%
<b>Child poverty</b>	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	10%	11%	14%
<b>Inadequate social support</b>	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	16%	14%	17%
<b>Children in single-parent households</b>	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	13%	20%	26%
<b>Homicide rate</b>	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	3.0

### Physical Environment

<b>Air pollution-particulate matter</b>	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	1	0	0
<b>Air pollution-ozone</b>	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
<b>Access to healthy foods</b>	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	17%	92%	45%
<b>Access to recreational facilities</b>	Number of recreational facilities per 100,000 population, 2008	11.0	17.0	12.0

### Demographics

		Hamilton	United States	Nebraska
<b>Youth</b>	Percent of total population ages 0-17, 2009	26%	24%	25%
<b>Elderly</b>	Percent of total population ages 65 and older, 2009	16%	13%	13%
<b>Rural</b>	Percent of total population living in a rural area, 2000	56%	21%	30%
<b>Not English proficient</b>	Percent of total population that speaks English less than "very well," 2005-2009	0%	9%	4%
<b>Illiteracy</b>	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	6%	15%	7%

\*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). \*\*Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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# 2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead  
Community Health Needs Assessment Collaborative

Harlan County

Nebraska

HEALTH OUTCOMES		Harlan	*National Benchmark	Nebraska
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	-	5,564	6,209
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	19%	10%	12%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	5.1	2.6	2.9
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.9	2.3	2.6
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	-	6.0%	7.0%
<b>HEALTH FACTORS</b>				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	17%	15%	20%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m <sup>2</sup> , 2008	28%	25%	29%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	28%	20%	24%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	12%	8%	19%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	-	12.0	16.7
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	30.1	83.0	314.0
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	-	22.0	35.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	21%	13%	16%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	15%	7%	9%
Primary care physicians	Ratio of total population to primary care physicians, 2008	1,644:1	631:1	713:1
Mental health providers	Ratio of total population to mental health providers, 2008	3,288:0	2,242:1	3,104:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	30.1	69.0	63.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	76.2	52.0	69.2
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	71%	89%	84%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	-	74%	65%

**HEALTH FACTORS (continued)** Harlan **\*National Benchmark** Nebraska

*Social and Economic Factors*

<b>High school graduation</b>	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	-	92%	86%
<b>Some college</b>	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	60%	68%	68%
<b>Unemployment</b>	Percent of population ages 16 and older that is unemployed but seeking work, 2009	3.8%	5.3%	4.6%
<b>Child poverty</b>	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	18%	11%	14%
<b>Inadequate social support</b>	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	24%	14%	17%
<b>Children in single-parent households</b>	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	23%	20%	26%
<b>Homicide rate</b>	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	3.0

*Physical Environment*

<b>Air pollution-particulate matter</b>	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
<b>Air pollution-ozone</b>	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
<b>Access to healthy foods</b>	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	50%	92%	45%
<b>Access to recreational facilities</b>	Number of recreational facilities per 100,000 population, 2008	0.0	17.0	12.0

*Demographics*

		Harlan	United States	Nebraska
<b>Youth</b>	Percent of total population ages 0-17, 2009	21%	24%	25%
<b>Elderly</b>	Percent of total population ages 65 and older, 2009	24%	13%	13%
<b>Rural</b>	Percent of total population living in a rural area, 2000	100%	21%	30%
<b>Not English proficient</b>	Percent of total population that speaks English less than "very well," 2005-2009	0%	9%	4%
<b>Illiteracy</b>	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	7%	15%	7%

\*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). \*\*Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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# 2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead  
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Hayes County

Nebraska

HEALTH OUTCOMES		Hayes	*National Benchmark	Nebraska
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	-	5,564	6,209
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	9%	10%	12%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.1	2.6	2.9
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	4.2	2.3	2.6
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	-	6.0%	7.0%
<b>HEALTH FACTORS</b>				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	14%	15%	20%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m <sup>2</sup> , 2008	31%	25%	29%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	27%	20%	24%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	12%	8%	19%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	-	12.0	16.7
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	-	83.0	314.0
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	-	22.0	35.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	16%	13%	16%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	9%	7%	9%
Primary care physicians	Ratio of total population to primary care physicians, 2008	973:0	631:1	713:1
Mental health providers	Ratio of total population to mental health providers, 2008	973:0	2,242:1	3,104:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	0.0	69.0	63.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	71.6	52.0	69.2
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	-	89%	84%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	-	74%	65%



**HEALTH FACTORS (continued)** Hayes **\*National Benchmark** Nebraska

*Social and Economic Factors*

<b>High school graduation</b>	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	-	92%	86%
<b>Some college</b>	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	58%	68%	68%
<b>Unemployment</b>	Percent of population ages 16 and older that is unemployed but seeking work, 2009	4.3%	5.3%	4.6%
<b>Child poverty</b>	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	24%	11%	14%
<b>Inadequate social support</b>	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	24%	14%	17%
<b>Children in single-parent households</b>	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	4%	20%	26%
<b>Homicide rate</b>	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	3.0

*Physical Environment*

<b>Air pollution-particulate matter</b>	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
<b>Air pollution-ozone</b>	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
<b>Access to healthy foods</b>	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	100%	92%	45%
<b>Access to recreational facilities</b>	Number of recreational facilities per 100,000 population, 2008	0.0	17.0	12.0

*Demographics*

		Hayes	United States	Nebraska
<b>Youth</b>	Percent of total population ages 0-17, 2009	21%	24%	25%
<b>Elderly</b>	Percent of total population ages 65 and older, 2009	16%	13%	13%
<b>Rural</b>	Percent of total population living in a rural area, 2000	100%	21%	30%
<b>Not English proficient</b>	Percent of total population that speaks English less than "very well," 2005-2009	2%	9%	4%
<b>Illiteracy</b>	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	8%	15%	7%

\*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). \*\*Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

Source: The overall format and content of the County Health Profiles is based largely on County Health Rankings, a key component of the Mobilizing Action Toward Community Health (MATCH) project - a collaboration between the Robert Wood Johnson Foundation and the University of Wisconsin Population Health Institute, <http://www.countyhealthrankings.org/>. Additional data sources include the U.S. Census Bureau, Small Area Health Insurance Estimates, <http://www.census.gov/sahie/> and the Centers for Disease Control and Prevention's National Center for Health Statistics - the Health Indicators Warehouse, <http://healthindicators.gov> and "Health, United States, 2010," Table 109, <http://www.cdc.gov/nchs/hus.htm>.

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# 2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead Community Health Needs Assessment Collaborative

Hitchcock County

Nebraska

HEALTH OUTCOMES		Hitchcock	*National Benchmark	Nebraska
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## Mortality

<b>Premature death</b>	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	-	5,564	6,209
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## Morbidity

<b>Poor or fair health</b>	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	14%	10%	12%
<b>Poor physical health days</b>	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	4.4	2.6	2.9
<b>Poor mental health days</b>	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.1	2.3	2.6
<b>Low birthweight</b>	Percent of live births with low birthweight (<2,500 grams), 2001-2007	-	6.0%	7.0%

## HEALTH FACTORS

### Health Behaviors

<b>Adult smoking</b>	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	25%	15%	20%
<b>Adult obesity</b>	Percent of adults that report a body mass index (BMI) of at least 30 kg/m <sup>2</sup> , 2008	30%	25%	29%
<b>Physical inactivity</b>	Percent of adults reporting no leisure time physical activity, 2008	31%	20%	24%
<b>Excessive drinking</b>	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	15%	8%	19%
<b>Motor vehicle crash death rate</b>	Motor vehicle crash deaths per 100,000 population, 2001-2007	-	12.0	16.7
<b>Sexually transmitted infections</b>	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	70.5	83.0	314.0
<b>Teen birth rate</b>	Number of teen births per 1,000 females ages 15-19, 2001-2007	-	22.0	35.5

### Clinical Care

<b>Uninsured adults</b>	Percent of adult population ages 18-64 without health insurance, 2007	19%	13%	16%
<b>Uninsured youth</b>	Percent of youth ages 0-18 without health insurance, 2007	12%	7%	9%
<b>Primary care physicians</b>	Ratio of total population to primary care physicians, 2008	-	631:1	713:1
<b>Mental health providers</b>	Ratio of total population to mental health providers, 2008	2,841:0	2,242:1	3,104:1
<b>Dentist rate</b>	Number of professionally active dentists per 100,000 population, 2007	0.0	69.0	63.0
<b>Preventable hospital stays</b>	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	83.8	52.0	69.2
<b>Diabetic screening</b>	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	72%	89%	84%
<b>Mammography screening</b>	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	-	74%	65%

## HEALTH FACTORS (continued)

Hitchcock \*National Benchmark Nebraska

### Social and Economic Factors

<b>High school graduation</b>	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	70%	92%	86%
<b>Some college</b>	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	48%	68%	68%
<b>Unemployment</b>	Percent of population ages 16 and older that is unemployed but seeking work, 2009	5.6%	5.3%	4.6%
<b>Child poverty</b>	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	21%	11%	14%
<b>Inadequate social support</b>	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	17%	14%	17%
<b>Children in single-parent households</b>	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	30%	20%	26%
<b>Homicide rate</b>	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	3.0

### Physical Environment

<b>Air pollution-particulate matter</b>	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
<b>Air pollution-ozone</b>	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
<b>Access to healthy foods</b>	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	25%	92%	45%
<b>Access to recreational facilities</b>	Number of recreational facilities per 100,000 population, 2008	0.0	17.0	12.0

### Demographics

		Hitchcock	United States	Nebraska
<b>Youth</b>	Percent of total population ages 0-17, 2009	21%	24%	25%
<b>Elderly</b>	Percent of total population ages 65 and older, 2009	24%	13%	13%
<b>Rural</b>	Percent of total population living in a rural area, 2000	100%	21%	30%
<b>Not English proficient</b>	Percent of total population that speaks English less than "very well," 2005-2009	0%	9%	4%
<b>Illiteracy</b>	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	8%	15%	7%

\*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). \*\*Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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# 2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead Community Health Needs Assessment Collaborative

Holt County

Nebraska

HEALTH OUTCOMES		Holt	*National Benchmark	Nebraska
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	5,358	5,564	6,209
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	12%	10%	12%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.4	2.6	2.9
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	1.7	2.3	2.6
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	-	6.0%	7.0%
<b>HEALTH FACTORS</b>				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	14%	15%	20%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m <sup>2</sup> , 2008	28%	25%	29%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	30%	20%	24%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	15%	8%	19%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	30.5	12.0	16.7
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	58.6	83.0	314.0
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	26.1	22.0	35.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	17%	13%	16%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	10%	7%	9%
Primary care physicians	Ratio of total population to primary care physicians, 2008	458:1	631:1	713:1
Mental health providers	Ratio of total population to mental health providers, 2008	10,079:1	2,242:1	3,104:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	58.6	69.0	63.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	102.1	52.0	69.2
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	91%	89%	84%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	74%	74%	65%

<b>HEALTH FACTORS (continued)</b>		<b>Holt</b>	<b>*National Benchmark</b>	<b>Nebraska</b>
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*Social and Economic Factors*

<b>High school graduation</b>	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	95%	92%	86%
<b>Some college</b>	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	64%	68%	68%
<b>Unemployment</b>	Percent of population ages 16 and older that is unemployed but seeking work, 2009	3.3%	5.3%	4.6%
<b>Child poverty</b>	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	18%	11%	14%
<b>Inadequate social support</b>	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	21%	14%	17%
<b>Children in single-parent households</b>	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	10%	20%	26%
<b>Homicide rate</b>	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	3.0

*Physical Environment*

<b>Air pollution-particulate matter</b>	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
<b>Air pollution-ozone</b>	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
<b>Access to healthy foods</b>	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	67%	92%	45%
<b>Access to recreational facilities</b>	Number of recreational facilities per 100,000 population, 2008	10.0	17.0	12.0

*Demographics*

		<b>Holt</b>	<b>United States</b>	<b>Nebraska</b>
<b>Youth</b>	Percent of total population ages 0-17, 2009	24%	24%	25%
<b>Elderly</b>	Percent of total population ages 65 and older, 2009	21%	13%	13%
<b>Rural</b>	Percent of total population living in a rural area, 2000	68%	21%	30%
<b>Not English proficient</b>	Percent of total population that speaks English less than "very well," 2005-2009	1%	9%	4%
<b>Illiteracy</b>	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	8%	15%	7%

\*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). \*\*Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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# 2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead Community Health Needs Assessment Collaborative

Hooker County

Nebraska

HEALTH OUTCOMES		Hooker	*National Benchmark	Nebraska
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	-	5,564	6,209
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	14%	10%	12%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	1.9	2.6	2.9
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	1.0	2.3	2.6
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	-	6.0%	7.0%
<b>HEALTH FACTORS</b>				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	10%	15%	20%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m <sup>2</sup> , 2008	30%	25%	29%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	28%	20%	24%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	-	8%	19%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	-	12.0	16.7
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	-	83.0	314.0
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	-	22.0	35.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	27%	13%	16%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	18%	7%	9%
Primary care physicians	Ratio of total population to primary care physicians, 2008	182:1	631:1	713:1
Mental health providers	Ratio of total population to mental health providers, 2008	727:0	2,242:1	3,104:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	0.0	69.0	63.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	43.9	52.0	69.2
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	-	89%	84%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	-	74%	65%

**HEALTH FACTORS (continued)** Hooker **\*National Benchmark** Nebraska

*Social and Economic Factors*

<b>High school graduation</b>	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	100%	92%	86%
<b>Some college</b>	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	82%	68%	68%
<b>Unemployment</b>	Percent of population ages 16 and older that is unemployed but seeking work, 2009	5.2%	5.3%	4.6%
<b>Child poverty</b>	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	12%	11%	14%
<b>Inadequate social support</b>	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	21%	14%	17%
<b>Children in single-parent households</b>	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	24%	20%	26%
<b>Homicide rate</b>	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	3.0

*Physical Environment*

<b>Air pollution-particulate matter</b>	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
<b>Air pollution-ozone</b>	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
<b>Access to healthy foods</b>	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	100%	92%	45%
<b>Access to recreational facilities</b>	Number of recreational facilities per 100,000 population, 2008	0.0	17.0	12.0

*Demographics*

		Hooker	United States	Nebraska
<b>Youth</b>	Percent of total population ages 0-17, 2009	17%	24%	25%
<b>Elderly</b>	Percent of total population ages 65 and older, 2009	28%	13%	13%
<b>Rural</b>	Percent of total population living in a rural area, 2000	100%	21%	30%
<b>Not English proficient</b>	Percent of total population that speaks English less than "very well," 2005-2009	0%	9%	4%
<b>Illiteracy</b>	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	7%	15%	7%

\*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). \*\*Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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# 2011 County Health Profile

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Howard County

Nebraska

<b>HEALTH OUTCOMES</b>		Howard	*National Benchmark	Nebraska
<i>Mortality</i>				
<b>Premature death</b>	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	5,175	5,564	6,209
<i>Morbidity</i>				
<b>Poor or fair health</b>	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	11%	10%	12%
<b>Poor physical health days</b>	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.4	2.6	2.9
<b>Poor mental health days</b>	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.1	2.3	2.6
<b>Low birthweight</b>	Percent of live births with low birthweight (<2,500 grams), 2001-2007	-	6.0%	7.0%
<b>HEALTH FACTORS</b>				
<i>Health Behaviors</i>				
<b>Adult smoking</b>	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	10%	15%	20%
<b>Adult obesity</b>	Percent of adults that report a body mass index (BMI) of at least 30 kg/m <sup>2</sup> , 2008	28%	25%	29%
<b>Physical inactivity</b>	Percent of adults reporting no leisure time physical activity, 2008	30%	20%	24%
<b>Excessive drinking</b>	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	14%	8%	19%
<b>Motor vehicle crash death rate</b>	Motor vehicle crash deaths per 100,000 population, 2001-2007	-	12.0	16.7
<b>Sexually transmitted infections</b>	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	45.5	83.0	314.0
<b>Teen birth rate</b>	Number of teen births per 1,000 females ages 15-19, 2001-2007	18.8	22.0	35.5
<i>Clinical Care</i>				
<b>Uninsured adults</b>	Percent of adult population ages 18-64 without health insurance, 2007	18%	13%	16%
<b>Uninsured youth</b>	Percent of youth ages 0-18 without health insurance, 2007	12%	7%	9%
<b>Primary care physicians</b>	Ratio of total population to primary care physicians, 2008	3,204:1	631:1	713:1
<b>Mental health providers</b>	Ratio of total population to mental health providers, 2008	6,407:1	2,242:1	3,104:1
<b>Dentist rate</b>	Number of professionally active dentists per 100,000 population, 2007	-	69.0	63.0
<b>Preventable hospital stays</b>	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	81.5	52.0	69.2
<b>Diabetic screening</b>	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	85%	89%	84%
<b>Mammography screening</b>	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	56%	74%	65%

**HEALTH FACTORS (continued)** Howard **\*National Benchmark** Nebraska

*Social and Economic Factors*

<b>High school graduation</b>	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	90%	92%	86%
<b>Some college</b>	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	64%	68%	68%
<b>Unemployment</b>	Percent of population ages 16 and older that is unemployed but seeking work, 2009	3.7%	5.3%	4.6%
<b>Child poverty</b>	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	16%	11%	14%
<b>Inadequate social support</b>	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	18%	14%	17%
<b>Children in single-parent households</b>	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	12%	20%	26%
<b>Homicide rate</b>	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	3.0

*Physical Environment*

<b>Air pollution-particulate matter</b>	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
<b>Air pollution-ozone</b>	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
<b>Access to healthy foods</b>	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	50%	92%	45%
<b>Access to recreational facilities</b>	Number of recreational facilities per 100,000 population, 2008	0.0	17.0	12.0

*Demographics*

		Howard	United States	Nebraska
<b>Youth</b>	Percent of total population ages 0-17, 2009	25%	24%	25%
<b>Elderly</b>	Percent of total population ages 65 and older, 2009	17%	13%	13%
<b>Rural</b>	Percent of total population living in a rural area, 2000	100%	21%	30%
<b>Not English proficient</b>	Percent of total population that speaks English less than "very well," 2005-2009	1%	9%	4%
<b>Illiteracy</b>	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	8%	15%	7%

\*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). \*\*Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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# 2011 County Health Profile

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Jefferson County

Nebraska

HEALTH OUTCOMES	Jefferson	*National Benchmark	Nebraska
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## Mortality

<b>Premature death</b>	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	5,798	5,564	6,209
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## Morbidity

<b>Poor or fair health</b>	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	14%	10%	12%
<b>Poor physical health days</b>	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.1	2.6	2.9
<b>Poor mental health days</b>	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.1	2.3	2.6
<b>Low birthweight</b>	Percent of live births with low birthweight (<2,500 grams), 2001-2007	-	6.0%	7.0%

## HEALTH FACTORS

### Health Behaviors

<b>Adult smoking</b>	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	20%	15%	20%
<b>Adult obesity</b>	Percent of adults that report a body mass index (BMI) of at least 30 kg/m <sup>2</sup> , 2008	29%	25%	29%
<b>Physical inactivity</b>	Percent of adults reporting no leisure time physical activity, 2008	32%	20%	24%
<b>Excessive drinking</b>	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	14%	8%	19%
<b>Motor vehicle crash death rate</b>	Motor vehicle crash deaths per 100,000 population, 2001-2007	-	12.0	16.7
<b>Sexually transmitted infections</b>	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	67.5	83.0	314.0
<b>Teen birth rate</b>	Number of teen births per 1,000 females ages 15-19, 2001-2007	30.3	22.0	35.5

### Clinical Care

<b>Uninsured adults</b>	Percent of adult population ages 18-64 without health insurance, 2007	15%	13%	16%
<b>Uninsured youth</b>	Percent of youth ages 0-18 without health insurance, 2007	10%	7%	9%
<b>Primary care physicians</b>	Ratio of total population to primary care physicians, 2008	733:1	631:1	713:1
<b>Mental health providers</b>	Ratio of total population to mental health providers, 2008	7,333:1	2,242:1	3,104:1
<b>Dentist rate</b>	Number of professionally active dentists per 100,000 population, 2007	27.0	69.0	63.0
<b>Preventable hospital stays</b>	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	62.8	52.0	69.2
<b>Diabetic screening</b>	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	82%	89%	84%
<b>Mammography screening</b>	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	63%	74%	65%

## HEALTH FACTORS (continued)

Jefferson \*National Benchmark Nebraska

### Social and Economic Factors

<b>High school graduation</b>	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	90%	92%	86%
<b>Some college</b>	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	60%	68%	68%
<b>Unemployment</b>	Percent of population ages 16 and older that is unemployed but seeking work, 2009	4.9%	5.3%	4.6%
<b>Child poverty</b>	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	16%	11%	14%
<b>Inadequate social support</b>	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	20%	14%	17%
<b>Children in single-parent households</b>	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	24%	20%	26%
<b>Homicide rate</b>	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	3.0

### Physical Environment

<b>Air pollution-particulate matter</b>	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	1	0	0
<b>Air pollution-ozone</b>	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
<b>Access to healthy foods</b>	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	29%	92%	45%
<b>Access to recreational facilities</b>	Number of recreational facilities per 100,000 population, 2008	0.0	17.0	12.0

### Demographics

		Jefferson	United States	Nebraska
<b>Youth</b>	Percent of total population ages 0-17, 2009	21%	24%	25%
<b>Elderly</b>	Percent of total population ages 65 and older, 2009	23%	13%	13%
<b>Rural</b>	Percent of total population living in a rural area, 2000	48%	21%	30%
<b>Not English proficient</b>	Percent of total population that speaks English less than "very well," 2005-2009	0%	9%	4%
<b>Illiteracy</b>	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	8%	15%	7%

\*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). \*\*Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

Source: The overall format and content of the County Health Profiles is based largely on County Health Rankings, a key component of the Mobilizing Action Toward Community Health (MATCH) project - a collaboration between the Robert Wood Johnson Foundation and the University of Wisconsin Population Health Institute, <http://www.countyhealthrankings.org/>. Additional data sources include the U.S. Census Bureau, Small Area Health Insurance Estimates, <http://www.census.gov/sahie/> and the Centers for Disease Control and Prevention's National Center for Health Statistics - the Health Indicators Warehouse, <http://healthindicators.gov> and "Health, United States, 2010," Table 109, <http://www.cdc.gov/nchs/hus.htm>.

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# 2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead Community Health Needs Assessment Collaborative

Johnson County

Nebraska

HEALTH OUTCOMES		Johnson	*National Benchmark	Nebraska
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	-	5,564	6,209
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	12%	10%	12%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.6	2.6	2.9
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.3	2.3	2.6
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	-	6.0%	7.0%
<b>HEALTH FACTORS</b>				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	18%	15%	20%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m <sup>2</sup> , 2008	30%	25%	29%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	30%	20%	24%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	24%	8%	19%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	-	12.0	16.7
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	155.6	83.0	314.0
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	28.3	22.0	35.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	24%	13%	16%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	16%	7%	9%
Primary care physicians	Ratio of total population to primary care physicians, 2008	1,018:1	631:1	713:1
Mental health providers	Ratio of total population to mental health providers, 2008	5,092:1	2,242:1	3,104:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	-	69.0	63.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	68.0	52.0	69.2
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	100%	89%	84%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	86%	74%	65%

## HEALTH FACTORS (continued)

Johnson \*National Benchmark Nebraska

### Social and Economic Factors

<b>High school graduation</b>	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	90%	92%	86%
<b>Some college</b>	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	45%	68%	68%
<b>Unemployment</b>	Percent of population ages 16 and older that is unemployed but seeking work, 2009	4.0%	5.3%	4.6%
<b>Child poverty</b>	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	13%	11%	14%
<b>Inadequate social support</b>	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	20%	14%	17%
<b>Children in single-parent households</b>	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	4%	20%	26%
<b>Homicide rate</b>	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	3.0

### Physical Environment

<b>Air pollution-particulate matter</b>	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	1	0	0
<b>Air pollution-ozone</b>	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
<b>Access to healthy foods</b>	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	40%	92%	45%
<b>Access to recreational facilities</b>	Number of recreational facilities per 100,000 population, 2008	0.0	17.0	12.0

### Demographics

		Johnson	United States	Nebraska
<b>Youth</b>	Percent of total population ages 0-17, 2009	18%	24%	25%
<b>Elderly</b>	Percent of total population ages 65 and older, 2009	17%	13%	13%
<b>Rural</b>	Percent of total population living in a rural area, 2000	100%	21%	30%
<b>Not English proficient</b>	Percent of total population that speaks English less than "very well," 2005-2009	5%	9%	4%
<b>Illiteracy</b>	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	10%	15%	7%

\*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). \*\*Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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# 2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead Community Health Needs Assessment Collaborative

**Kearney County**

Nebraska

<b>HEALTH OUTCOMES</b>		<b>Kearney</b>	<b>*National Benchmark</b>	<b>Nebraska</b>
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## *Mortality*

<b>Premature death</b>	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	6,951	5,564	6,209
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## *Morbidity*

<b>Poor or fair health</b>	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	11%	10%	12%
<b>Poor physical health days</b>	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	1.9	2.6	2.9
<b>Poor mental health days</b>	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.7	2.3	2.6
<b>Low birthweight</b>	Percent of live births with low birthweight (<2,500 grams), 2001-2007	-	6.0%	7.0%

## **HEALTH FACTORS**

### *Health Behaviors*

<b>Adult smoking</b>	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	15%	15%	20%
<b>Adult obesity</b>	Percent of adults that report a body mass index (BMI) of at least 30 kg/m <sup>2</sup> , 2008	29%	25%	29%
<b>Physical inactivity</b>	Percent of adults reporting no leisure time physical activity, 2008	27%	20%	24%
<b>Excessive drinking</b>	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	16%	8%	19%
<b>Motor vehicle crash death rate</b>	Motor vehicle crash deaths per 100,000 population, 2001-2007	-	12.0	16.7
<b>Sexually transmitted infections</b>	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	15.4	83.0	314.0
<b>Teen birth rate</b>	Number of teen births per 1,000 females ages 15-19, 2001-2007	20.7	22.0	35.5

### *Clinical Care*

<b>Uninsured adults</b>	Percent of adult population ages 18-64 without health insurance, 2007	16%	13%	16%
<b>Uninsured youth</b>	Percent of youth ages 0-18 without health insurance, 2007	10%	7%	9%
<b>Primary care physicians</b>	Ratio of total population to primary care physicians, 2008	813:1	631:1	713:1
<b>Mental health providers</b>	Ratio of total population to mental health providers, 2008	6,506:1	2,242:1	3,104:1
<b>Dentist rate</b>	Number of professionally active dentists per 100,000 population, 2007	-	69.0	63.0
<b>Preventable hospital stays</b>	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	54.9	52.0	69.2
<b>Diabetic screening</b>	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	79%	89%	84%
<b>Mammography screening</b>	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	87%	74%	65%



## HEALTH FACTORS (continued)

Kearney \*National Benchmark Nebraska

### Social and Economic Factors

<b>High school graduation</b>	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	100%	92%	86%
<b>Some college</b>	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	70%	68%	68%
<b>Unemployment</b>	Percent of population ages 16 and older that is unemployed but seeking work, 2009	3.9%	5.3%	4.6%
<b>Child poverty</b>	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	12%	11%	14%
<b>Inadequate social support</b>	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	18%	14%	17%
<b>Children in single-parent households</b>	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	26%	20%	26%
<b>Homicide rate</b>	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	3.0

### Physical Environment

<b>Air pollution-particulate matter</b>	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
<b>Air pollution-ozone</b>	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
<b>Access to healthy foods</b>	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	50%	92%	45%
<b>Access to recreational facilities</b>	Number of recreational facilities per 100,000 population, 2008	0.0	17.0	12.0

### Demographics

Kearney United States Nebraska

<b>Youth</b>	Percent of total population ages 0-17, 2009	24%	24%	25%
<b>Elderly</b>	Percent of total population ages 65 and older, 2009	17%	13%	13%
<b>Rural</b>	Percent of total population living in a rural area, 2000	58%	21%	30%
<b>Not English proficient</b>	Percent of total population that speaks English less than "very well," 2005-2009	1%	9%	4%
<b>Illiteracy</b>	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	7%	15%	7%

\*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). \*\*Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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# 2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead  
Community Health Needs Assessment Collaborative

Keith County

Nebraska

HEALTH OUTCOMES		Keith	*National Benchmark	Nebraska
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	7,169	5,564	6,209
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	13%	10%	12%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.0	2.6	2.9
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.6	2.3	2.6
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	9.1%	6.0%	7.0%
<b>HEALTH FACTORS</b>				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	19%	15%	20%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m <sup>2</sup> , 2008	29%	25%	29%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	25%	20%	24%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	14%	8%	19%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	-	12.0	16.7
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	38.4	83.0	314.0
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	40.4	22.0	35.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	16%	13%	16%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	10%	7%	9%
Primary care physicians	Ratio of total population to primary care physicians, 2008	520:1	631:1	713:1
Mental health providers	Ratio of total population to mental health providers, 2008	7,803:0	2,242:1	3,104:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	51.1	69.0	63.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	91.1	52.0	69.2
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	76%	89%	84%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	60%	74%	65%

**HEALTH FACTORS (continued)** Keith **\*National Benchmark** Nebraska

*Social and Economic Factors*

<b>High school graduation</b>	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	95%	92%	86%
<b>Some college</b>	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	58%	68%	68%
<b>Unemployment</b>	Percent of population ages 16 and older that is unemployed but seeking work, 2009	4.6%	5.3%	4.6%
<b>Child poverty</b>	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	18%	11%	14%
<b>Inadequate social support</b>	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	16%	14%	17%
<b>Children in single-parent households</b>	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	23%	20%	26%
<b>Homicide rate</b>	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	3.0

*Physical Environment*

<b>Air pollution-particulate matter</b>	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
<b>Air pollution-ozone</b>	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
<b>Access to healthy foods</b>	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	40%	92%	45%
<b>Access to recreational facilities</b>	Number of recreational facilities per 100,000 population, 2008	13.0	17.0	12.0

*Demographics*

		Keith	United States	Nebraska
<b>Youth</b>	Percent of total population ages 0-17, 2009	22%	24%	25%
<b>Elderly</b>	Percent of total population ages 65 and older, 2009	22%	13%	13%
<b>Rural</b>	Percent of total population living in a rural area, 2000	49%	21%	30%
<b>Not English proficient</b>	Percent of total population that speaks English less than "very well," 2005-2009	4%	9%	4%
<b>Illiteracy</b>	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	7%	15%	7%

\*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). \*\*Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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# 2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead Community Health Needs Assessment Collaborative

Keya Paha County

Nebraska

<b>HEALTH OUTCOMES</b>		Keya Paha	*National Benchmark	Nebraska
<i>Mortality</i>				
<b>Premature death</b>	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	-	5,564	6,209
<i>Morbidity</i>				
<b>Poor or fair health</b>	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	7%	10%	12%
<b>Poor physical health days</b>	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	0.6	2.6	2.9
<b>Poor mental health days</b>	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	1.0	2.3	2.6
<b>Low birthweight</b>	Percent of live births with low birthweight (<2,500 grams), 2001-2007	-	6.0%	7.0%
<b>HEALTH FACTORS</b>				
<i>Health Behaviors</i>				
<b>Adult smoking</b>	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	13%	15%	20%
<b>Adult obesity</b>	Percent of adults that report a body mass index (BMI) of at least 30 kg/m <sup>2</sup> , 2008	30%	25%	29%
<b>Physical inactivity</b>	Percent of adults reporting no leisure time physical activity, 2008	31%	20%	24%
<b>Excessive drinking</b>	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	8%	8%	19%
<b>Motor vehicle crash death rate</b>	Motor vehicle crash deaths per 100,000 population, 2001-2007	-	12.0	16.7
<b>Sexually transmitted infections</b>	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	-	83.0	314.0
<b>Teen birth rate</b>	Number of teen births per 1,000 females ages 15-19, 2001-2007	-	22.0	35.5
<i>Clinical Care</i>				
<b>Uninsured adults</b>	Percent of adult population ages 18-64 without health insurance, 2007	13%	13%	16%
<b>Uninsured youth</b>	Percent of youth ages 0-18 without health insurance, 2007	7%	7%	9%
<b>Primary care physicians</b>	Ratio of total population to primary care physicians, 2008	821:0	631:1	713:1
<b>Mental health providers</b>	Ratio of total population to mental health providers, 2008	821:0	2,242:1	3,104:1
<b>Dentist rate</b>	Number of professionally active dentists per 100,000 population, 2007	0.0	69.0	63.0
<b>Preventable hospital stays</b>	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	100.3	52.0	69.2
<b>Diabetic screening</b>	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	-	89%	84%
<b>Mammography screening</b>	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	-	74%	65%

## HEALTH FACTORS (continued)

Keya Paha      \*National Benchmark      Nebraska

### Social and Economic Factors

<b>High school graduation</b>	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	-	92%	86%
<b>Some college</b>	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	71%	68%	68%
<b>Unemployment</b>	Percent of population ages 16 and older that is unemployed but seeking work, 2009	4.8%	5.3%	4.6%
<b>Child poverty</b>	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	42%	11%	14%
<b>Inadequate social support</b>	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	14%	14%	17%
<b>Children in single-parent households</b>	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	0%	20%	26%
<b>Homicide rate</b>	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	3.0

### Physical Environment

<b>Air pollution-particulate matter</b>	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
<b>Air pollution-ozone</b>	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
<b>Access to healthy foods</b>	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	67%	92%	45%
<b>Access to recreational facilities</b>	Number of recreational facilities per 100,000 population, 2008	0.0	17.0	12.0

### Demographics

Keya Paha      United States      Nebraska

<b>Youth</b>	Percent of total population ages 0-17, 2009	23%	24%	25%
<b>Elderly</b>	Percent of total population ages 65 and older, 2009	23%	13%	13%
<b>Rural</b>	Percent of total population living in a rural area, 2000	100%	21%	30%
<b>Not English proficient</b>	Percent of total population that speaks English less than "very well," 2005-2009	4%	9%	4%
<b>Illiteracy</b>	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	9%	15%	7%

\*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). \*\*Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

Source: The overall format and content of the County Health Profiles is based largely on County Health Rankings, a key component of the Mobilizing Action Toward Community Health (MATCH) project - a collaboration between the Robert Wood Johnson Foundation and the University of Wisconsin Population Health Institute, <http://www.countyhealthrankings.org/>. Additional data sources include the U.S. Census Bureau, Small Area Health Insurance Estimates, <http://www.census.gov/sahie/> and the Centers for Disease Control and Prevention's National Center for Health Statistics - the Health Indicators Warehouse, <http://healthindicators.gov> and "Health, United States, 2010," Table 109, <http://www.cdc.gov/nchs/hus.htm>.

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# 2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead Community Health Needs Assessment Collaborative

**Kimball County**

Nebraska

<b>HEALTH OUTCOMES</b>		<b>Kimball</b>	<b>*National Benchmark</b>	<b>Nebraska</b>
<i>Mortality</i>				
<b>Premature death</b>	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	-	5,564	6,209
<i>Morbidity</i>				
<b>Poor or fair health</b>	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	20%	10%	12%
<b>Poor physical health days</b>	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.7	2.6	2.9
<b>Poor mental health days</b>	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.7	2.3	2.6
<b>Low birthweight</b>	Percent of live births with low birthweight (<2,500 grams), 2001-2007	-	6.0%	7.0%
<b>HEALTH FACTORS</b>				
<i>Health Behaviors</i>				
<b>Adult smoking</b>	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	29%	15%	20%
<b>Adult obesity</b>	Percent of adults that report a body mass index (BMI) of at least 30 kg/m <sup>2</sup> , 2008	29%	25%	29%
<b>Physical inactivity</b>	Percent of adults reporting no leisure time physical activity, 2008	29%	20%	24%
<b>Excessive drinking</b>	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	9%	8%	19%
<b>Motor vehicle crash death rate</b>	Motor vehicle crash deaths per 100,000 population, 2001-2007	-	12.0	16.7
<b>Sexually transmitted infections</b>	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	141.5	83.0	314.0
<b>Teen birth rate</b>	Number of teen births per 1,000 females ages 15-19, 2001-2007	36.8	22.0	35.5
<i>Clinical Care</i>				
<b>Uninsured adults</b>	Percent of adult population ages 18-64 without health insurance, 2007	14%	13%	16%
<b>Uninsured youth</b>	Percent of youth ages 0-18 without health insurance, 2007	10%	7%	9%
<b>Primary care physicians</b>	Ratio of total population to primary care physicians, 2008	-	631:1	713:1
<b>Mental health providers</b>	Ratio of total population to mental health providers, 2008	3,548:0	2,242:1	3,104:1
<b>Dentist rate</b>	Number of professionally active dentists per 100,000 population, 2007	56.6	69.0	63.0
<b>Preventable hospital stays</b>	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	83.0	52.0	69.2
<b>Diabetic screening</b>	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	89%	89%	84%
<b>Mammography screening</b>	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	75%	74%	65%

## HEALTH FACTORS (continued)

Kimball \*National Benchmark Nebraska

### Social and Economic Factors

<b>High school graduation</b>	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	90%	92%	86%
<b>Some college</b>	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	64%	68%	68%
<b>Unemployment</b>	Percent of population ages 16 and older that is unemployed but seeking work, 2009	4.9%	5.3%	4.6%
<b>Child poverty</b>	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	20%	11%	14%
<b>Inadequate social support</b>	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	25%	14%	17%
<b>Children in single-parent households</b>	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	26%	20%	26%
<b>Homicide rate</b>	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	3.0

### Physical Environment

<b>Air pollution-particulate matter</b>	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
<b>Air pollution-ozone</b>	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
<b>Access to healthy foods</b>	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	33%	92%	45%
<b>Access to recreational facilities</b>	Number of recreational facilities per 100,000 population, 2008	0.0	17.0	12.0

### Demographics

Kimball United States Nebraska

<b>Youth</b>	Percent of total population ages 0-17, 2009	22%	24%	25%
<b>Elderly</b>	Percent of total population ages 65 and older, 2009	23%	13%	13%
<b>Rural</b>	Percent of total population living in a rural area, 2000	37%	21%	30%
<b>Not English proficient</b>	Percent of total population that speaks English less than "very well," 2005-2009	2%	9%	4%
<b>Illiteracy</b>	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	7%	15%	7%

\*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). \*\*Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

Source: The overall format and content of the County Health Profiles is based largely on County Health Rankings, a key component of the Mobilizing Action Toward Community Health (MATCH) project - a collaboration between the Robert Wood Johnson Foundation and the University of Wisconsin Population Health Institute, <http://www.countyhealthrankings.org/>. Additional data sources include the U.S. Census Bureau, Small Area Health Insurance Estimates, <http://www.census.gov/sahie/> and the Centers for Disease Control and Prevention's National Center for Health Statistics - the Health Indicators Warehouse, <http://healthindicators.gov> and "Health, United States, 2010," Table 109, <http://www.cdc.gov/nchs/hus.htm>.

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# 2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead Community Health Needs Assessment Collaborative

**Knox County**

Nebraska

<b>HEALTH OUTCOMES</b>		<b>Knox</b>	<b>*National Benchmark</b>	<b>Nebraska</b>
<i>Mortality</i>				
<b>Premature death</b>	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	9,680	5,564	6,209
<i>Morbidity</i>				
<b>Poor or fair health</b>	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	13%	10%	12%
<b>Poor physical health days</b>	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.6	2.6	2.9
<b>Poor mental health days</b>	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.4	2.3	2.6
<b>Low birthweight</b>	Percent of live births with low birthweight (<2,500 grams), 2001-2007	-	6.0%	7.0%
<b>HEALTH FACTORS</b>				
<i>Health Behaviors</i>				
<b>Adult smoking</b>	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	16%	15%	20%
<b>Adult obesity</b>	Percent of adults that report a body mass index (BMI) of at least 30 kg/m2, 2008	28%	25%	29%
<b>Physical inactivity</b>	Percent of adults reporting no leisure time physical activity, 2008	30%	20%	24%
<b>Excessive drinking</b>	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	21%	8%	19%
<b>Motor vehicle crash death rate</b>	Motor vehicle crash deaths per 100,000 population, 2001-2007	43.5	12.0	16.7
<b>Sexually transmitted infections</b>	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	70.6	83.0	314.0
<b>Teen birth rate</b>	Number of teen births per 1,000 females ages 15-19, 2001-2007	26.9	22.0	35.5
<i>Clinical Care</i>				
<b>Uninsured adults</b>	Percent of adult population ages 18-64 without health insurance, 2007	20%	13%	16%
<b>Uninsured youth</b>	Percent of youth ages 0-18 without health insurance, 2007	15%	7%	9%
<b>Primary care physicians</b>	Ratio of total population to primary care physicians, 2008	941:1	631:1	713:1
<b>Mental health providers</b>	Ratio of total population to mental health providers, 2008	8,465:0	2,242:1	3,104:1
<b>Dentist rate</b>	Number of professionally active dentists per 100,000 population, 2007	-	69.0	63.0
<b>Preventable hospital stays</b>	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	85.0	52.0	69.2
<b>Diabetic screening</b>	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	89%	89%	84%
<b>Mammography screening</b>	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	71%	74%	65%

**HEALTH FACTORS (continued)** Knox **\*National Benchmark** Nebraska

*Social and Economic Factors*

<b>High school graduation</b>	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	100%	92%	86%
<b>Some college</b>	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	63%	68%	68%
<b>Unemployment</b>	Percent of population ages 16 and older that is unemployed but seeking work, 2009	3.7%	5.3%	4.6%
<b>Child poverty</b>	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	20%	11%	14%
<b>Inadequate social support</b>	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	28%	14%	17%
<b>Children in single-parent households</b>	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	25%	20%	26%
<b>Homicide rate</b>	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	3.0

*Physical Environment*

<b>Air pollution-particulate matter</b>	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
<b>Air pollution-ozone</b>	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
<b>Access to healthy foods</b>	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	75%	92%	45%
<b>Access to recreational facilities</b>	Number of recreational facilities per 100,000 population, 2008	0.0	17.0	12.0

*Demographics*

		Knox	United States	Nebraska
<b>Youth</b>	Percent of total population ages 0-17, 2009	24%	24%	25%
<b>Elderly</b>	Percent of total population ages 65 and older, 2009	22%	13%	13%
<b>Rural</b>	Percent of total population living in a rural area, 2000	100%	21%	30%
<b>Not English proficient</b>	Percent of total population that speaks English less than "very well," 2005-2009	0%	9%	4%
<b>Illiteracy</b>	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	8%	15%	7%

\*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). \*\*Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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# 2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead Community Health Needs Assessment Collaborative

Lancaster County

Nebraska

HEALTH OUTCOMES	Lancaster	*National Benchmark	Nebraska
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## Mortality

<b>Premature death</b>	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	5,245	5,564	6,209
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## Morbidity

<b>Poor or fair health</b>	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	10%	10%	12%
<b>Poor physical health days</b>	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.0	2.6	2.9
<b>Poor mental health days</b>	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.6	2.3	2.6
<b>Low birthweight</b>	Percent of live births with low birthweight (<2,500 grams), 2001-2007	6.9%	6.0%	7.0%

## HEALTH FACTORS

### Health Behaviors

<b>Adult smoking</b>	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	19%	15%	20%
<b>Adult obesity</b>	Percent of adults that report a body mass index (BMI) of at least 30 kg/m <sup>2</sup> , 2008	26%	25%	29%
<b>Physical inactivity</b>	Percent of adults reporting no leisure time physical activity, 2008	20%	20%	24%
<b>Excessive drinking</b>	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	19%	8%	19%
<b>Motor vehicle crash death rate</b>	Motor vehicle crash deaths per 100,000 population, 2001-2007	11.2	12.0	16.7
<b>Sexually transmitted infections</b>	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	357.0	83.0	314.0
<b>Teen birth rate</b>	Number of teen births per 1,000 females ages 15-19, 2001-2007	29.1	22.0	35.5

### Clinical Care

<b>Uninsured adults</b>	Percent of adult population ages 18-64 without health insurance, 2007	15%	13%	16%
<b>Uninsured youth</b>	Percent of youth ages 0-18 without health insurance, 2007	8%	7%	9%
<b>Primary care physicians</b>	Ratio of total population to primary care physicians, 2008	772:1	631:1	713:1
<b>Mental health providers</b>	Ratio of total population to mental health providers, 2008	1,793:1	2,242:1	3,104:1
<b>Dentist rate</b>	Number of professionally active dentists per 100,000 population, 2007	-	69.0	63.0
<b>Preventable hospital stays</b>	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	57.1	52.0	69.2
<b>Diabetic screening</b>	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	85%	89%	84%
<b>Mammography screening</b>	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	72%	74%	65%

## HEALTH FACTORS (continued)

Lancaster \*National Benchmark Nebraska

### Social and Economic Factors

<b>High school graduation</b>	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	85%	92%	86%
<b>Some college</b>	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	76%	68%	68%
<b>Unemployment</b>	Percent of population ages 16 and older that is unemployed but seeking work, 2009	4.3%	5.3%	4.6%
<b>Child poverty</b>	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	11%	11%	14%
<b>Inadequate social support</b>	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	15%	14%	17%
<b>Children in single-parent households</b>	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	24%	20%	26%
<b>Homicide rate</b>	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	1.8	1.0	3.0

### Physical Environment

<b>Air pollution-particulate matter</b>	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
<b>Air pollution-ozone</b>	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
<b>Access to healthy foods</b>	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	44%	92%	45%
<b>Access to recreational facilities</b>	Number of recreational facilities per 100,000 population, 2008	15.0	17.0	12.0

### Demographics

		Lancaster	United States	Nebraska
<b>Youth</b>	Percent of total population ages 0-17, 2009	23%	24%	25%
<b>Elderly</b>	Percent of total population ages 65 and older, 2009	11%	13%	13%
<b>Rural</b>	Percent of total population living in a rural area, 2000	10%	21%	30%
<b>Not English proficient</b>	Percent of total population that speaks English less than "very well," 2005-2009	4%	9%	4%
<b>Illiteracy</b>	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	6%	15%	7%

\*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). \*\*Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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# 2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead Community Health Needs Assessment Collaborative

Lincoln County

Nebraska

<b>HEALTH OUTCOMES</b>		Lincoln	*National Benchmark	Nebraska
<i>Mortality</i>				
<b>Premature death</b>	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	7,517	5,564	6,209
<i>Morbidity</i>				
<b>Poor or fair health</b>	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	15%	10%	12%
<b>Poor physical health days</b>	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.6	2.6	2.9
<b>Poor mental health days</b>	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.0	2.3	2.6
<b>Low birthweight</b>	Percent of live births with low birthweight (<2,500 grams), 2001-2007	7.4%	6.0%	7.0%
<b>HEALTH FACTORS</b>				
<i>Health Behaviors</i>				
<b>Adult smoking</b>	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	19%	15%	20%
<b>Adult obesity</b>	Percent of adults that report a body mass index (BMI) of at least 30 kg/m <sup>2</sup> , 2008	31%	25%	29%
<b>Physical inactivity</b>	Percent of adults reporting no leisure time physical activity, 2008	27%	20%	24%
<b>Excessive drinking</b>	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	18%	8%	19%
<b>Motor vehicle crash death rate</b>	Motor vehicle crash deaths per 100,000 population, 2001-2007	17.2	12.0	16.7
<b>Sexually transmitted infections</b>	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	267.0	83.0	314.0
<b>Teen birth rate</b>	Number of teen births per 1,000 females ages 15-19, 2001-2007	42.2	22.0	35.5
<i>Clinical Care</i>				
<b>Uninsured adults</b>	Percent of adult population ages 18-64 without health insurance, 2007	14%	13%	16%
<b>Uninsured youth</b>	Percent of youth ages 0-18 without health insurance, 2007	8%	7%	9%
<b>Primary care physicians</b>	Ratio of total population to primary care physicians, 2008	991:1	631:1	713:1
<b>Mental health providers</b>	Ratio of total population to mental health providers, 2008	5,096:1	2,242:1	3,104:1
<b>Dentist rate</b>	Number of professionally active dentists per 100,000 population, 2007	-	69.0	63.0
<b>Preventable hospital stays</b>	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	68.1	52.0	69.2
<b>Diabetic screening</b>	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	90%	89%	84%
<b>Mammography screening</b>	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	64%	74%	65%

**HEALTH FACTORS (continued)** Lincoln **\*National Benchmark** Nebraska

*Social and Economic Factors*

<b>High school graduation</b>	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	85%	92%	86%
<b>Some college</b>	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	71%	68%	68%
<b>Unemployment</b>	Percent of population ages 16 and older that is unemployed but seeking work, 2009	4.1%	5.3%	4.6%
<b>Child poverty</b>	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	14%	11%	14%
<b>Inadequate social support</b>	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	19%	14%	17%
<b>Children in single-parent households</b>	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	27%	20%	26%
<b>Homicide rate</b>	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	3.0

*Physical Environment*

<b>Air pollution-particulate matter</b>	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
<b>Air pollution-ozone</b>	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
<b>Access to healthy foods</b>	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	50%	92%	45%
<b>Access to recreational facilities</b>	Number of recreational facilities per 100,000 population, 2008	6.0	17.0	12.0

*Demographics*

		Lincoln	United States	Nebraska
<b>Youth</b>	Percent of total population ages 0-17, 2009	25%	24%	25%
<b>Elderly</b>	Percent of total population ages 65 and older, 2009	16%	13%	13%
<b>Rural</b>	Percent of total population living in a rural area, 2000	30%	21%	30%
<b>Not English proficient</b>	Percent of total population that speaks English less than "very well," 2005-2009	2%	9%	4%
<b>Illiteracy</b>	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	7%	15%	7%

\*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). \*\*Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

Source: The overall format and content of the County Health Profiles is based largely on County Health Rankings, a key component of the Mobilizing Action Toward Community Health (MATCH) project - a collaboration between the Robert Wood Johnson Foundation and the University of Wisconsin Population Health Institute, <http://www.countyhealthrankings.org/>. Additional data sources include the U.S. Census Bureau, Small Area Health Insurance Estimates, <http://www.census.gov/sahie/> and the Centers for Disease Control and Prevention's National Center for Health Statistics - the Health Indicators Warehouse, <http://healthindicators.gov> and "Health, United States, 2010," Table 109, <http://www.cdc.gov/nchs/hus.htm>.

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# 2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead Community Health Needs Assessment Collaborative

Logan County

Nebraska

HEALTH OUTCOMES		Logan	*National Benchmark	Nebraska
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	-	5,564	6,209
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	9%	10%	12%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	4.1	2.6	2.9
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	1.7	2.3	2.6
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	-	6.0%	7.0%
<b>HEALTH FACTORS</b>				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	-	15%	20%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m <sup>2</sup> , 2008	29%	25%	29%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	28%	20%	24%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	-	8%	19%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	-	12.0	16.7
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	272.1	83.0	314.0
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	-	22.0	35.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	21%	13%	16%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	21%	7%	9%
Primary care physicians	Ratio of total population to primary care physicians, 2008	720:0	631:1	713:1
Mental health providers	Ratio of total population to mental health providers, 2008	720:0	2,242:1	3,104:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	0.0	69.0	63.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	-	52.0	69.2
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	-	89%	84%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	-	74%	65%



<b>HEALTH FACTORS (continued)</b>	Logan	*National Benchmark	Nebraska
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*Social and Economic Factors*

<b>High school graduation</b>	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	100%	92%	86%
<b>Some college</b>	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	78%	68%	68%
<b>Unemployment</b>	Percent of population ages 16 and older that is unemployed but seeking work, 2009	2.9%	5.3%	4.6%
<b>Child poverty</b>	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	21%	11%	14%
<b>Inadequate social support</b>	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	-	14%	17%
<b>Children in single-parent households</b>	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	2%	20%	26%
<b>Homicide rate</b>	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	3.0

*Physical Environment*

<b>Air pollution-particulate matter</b>	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
<b>Air pollution-ozone</b>	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
<b>Access to healthy foods</b>	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	100%	92%	45%
<b>Access to recreational facilities</b>	Number of recreational facilities per 100,000 population, 2008	0.0	17.0	12.0

*Demographics*

		Logan	United States	Nebraska
<b>Youth</b>	Percent of total population ages 0-17, 2009	22%	24%	25%
<b>Elderly</b>	Percent of total population ages 65 and older, 2009	20%	13%	13%
<b>Rural</b>	Percent of total population living in a rural area, 2000	100%	21%	30%
<b>Not English proficient</b>	Percent of total population that speaks English less than "very well," 2005-2009	0%	9%	4%
<b>Illiteracy</b>	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	6%	15%	7%

\*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). \*\*Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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# 2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead  
Community Health Needs Assessment Collaborative

Loup County

Nebraska

HEALTH OUTCOMES		Loup	*National Benchmark	Nebraska
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	-	5,564	6,209
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	13%	10%	12%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	1.8	2.6	2.9
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	1.2	2.3	2.6
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	-	6.0%	7.0%
<b>HEALTH FACTORS</b>				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	4%	15%	20%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m <sup>2</sup> , 2008	30%	25%	29%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	31%	20%	24%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	-	8%	19%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	-	12.0	16.7
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	-	83.0	314.0
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	-	22.0	35.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	13%	13%	16%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	10%	7%	9%
Primary care physicians	Ratio of total population to primary care physicians, 2008	658:0	631:1	713:1
Mental health providers	Ratio of total population to mental health providers, 2008	658:0	2,242:1	3,104:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	0.0	69.0	63.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	-	52.0	69.2
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	-	89%	84%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	-	74%	65%

<b>HEALTH FACTORS (continued)</b>		<b>Loup</b>	<b>*National Benchmark</b>	<b>Nebraska</b>
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*Social and Economic Factors*

<b>High school graduation</b>	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	75%	92%	86%
<b>Some college</b>	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	52%	68%	68%
<b>Unemployment</b>	Percent of population ages 16 and older that is unemployed but seeking work, 2009	4.8%	5.3%	4.6%
<b>Child poverty</b>	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	28%	11%	14%
<b>Inadequate social support</b>	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	12%	14%	17%
<b>Children in single-parent households</b>	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	15%	20%	26%
<b>Homicide rate</b>	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	3.0

*Physical Environment*

<b>Air pollution-particulate matter</b>	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
<b>Air pollution-ozone</b>	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
<b>Access to healthy foods</b>	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	0%	92%	45%
<b>Access to recreational facilities</b>	Number of recreational facilities per 100,000 population, 2008	0.0	17.0	12.0

*Demographics*

		<b>Loup</b>	<b>United States</b>	<b>Nebraska</b>
<b>Youth</b>	Percent of total population ages 0-17, 2009	22%	24%	25%
<b>Elderly</b>	Percent of total population ages 65 and older, 2009	20%	13%	13%
<b>Rural</b>	Percent of total population living in a rural area, 2000	100%	21%	30%
<b>Not English proficient</b>	Percent of total population that speaks English less than "very well," 2005-2009	0%	9%	4%
<b>Illiteracy</b>	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	8%	15%	7%

\*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). \*\*Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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# 2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead Community Health Needs Assessment Collaborative

McPherson County

Nebraska

<b>HEALTH OUTCOMES</b>		McPherson	*National Benchmark	Nebraska
<i>Mortality</i>				
<b>Premature death</b>	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	-	5,564	6,209
<i>Morbidity</i>				
<b>Poor or fair health</b>	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	10%	10%	12%
<b>Poor physical health days</b>	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.3	2.6	2.9
<b>Poor mental health days</b>	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	1.5	2.3	2.6
<b>Low birthweight</b>	Percent of live births with low birthweight (<2,500 grams), 2001-2007	-	6.0%	7.0%
<b>HEALTH FACTORS</b>				
<i>Health Behaviors</i>				
<b>Adult smoking</b>	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	-	15%	20%
<b>Adult obesity</b>	Percent of adults that report a body mass index (BMI) of at least 30 kg/m <sup>2</sup> , 2008	31%	25%	29%
<b>Physical inactivity</b>	Percent of adults reporting no leisure time physical activity, 2008	28%	20%	24%
<b>Excessive drinking</b>	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	-	8%	19%
<b>Motor vehicle crash death rate</b>	Motor vehicle crash deaths per 100,000 population, 2001-2007	-	12.0	16.7
<b>Sexually transmitted infections</b>	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	-	83.0	314.0
<b>Teen birth rate</b>	Number of teen births per 1,000 females ages 15-19, 2001-2007	-	22.0	35.5
<i>Clinical Care</i>				
<b>Uninsured adults</b>	Percent of adult population ages 18-64 without health insurance, 2007	14%	13%	16%
<b>Uninsured youth</b>	Percent of youth ages 0-18 without health insurance, 2007	8%	7%	9%
<b>Primary care physicians</b>	Ratio of total population to primary care physicians, 2008	515:0	631:1	713:1
<b>Mental health providers</b>	Ratio of total population to mental health providers, 2008	515:0	2,242:1	3,104:1
<b>Dentist rate</b>	Number of professionally active dentists per 100,000 population, 2007	0.0	69.0	63.0
<b>Preventable hospital stays</b>	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	-	52.0	69.2
<b>Diabetic screening</b>	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	-	89%	84%
<b>Mammography screening</b>	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	-	74%	65%

## HEALTH FACTORS (continued)

McPherson \*National Benchmark Nebraska

### Social and Economic Factors

<b>High school graduation</b>	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	-	92%	86%
<b>Some college</b>	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	80%	68%	68%
<b>Unemployment</b>	Percent of population ages 16 and older that is unemployed but seeking work, 2009	3.6%	5.3%	4.6%
<b>Child poverty</b>	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	23%	11%	14%
<b>Inadequate social support</b>	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	10%	14%	17%
<b>Children in single-parent households</b>	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	16%	20%	26%
<b>Homicide rate</b>	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	3.0

### Physical Environment

<b>Air pollution-particulate matter</b>	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
<b>Air pollution-ozone</b>	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
<b>Access to healthy foods</b>	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	100%	92%	45%
<b>Access to recreational facilities</b>	Number of recreational facilities per 100,000 population, 2008	0.0	17.0	12.0

### Demographics

		McPherson	United States	Nebraska
<b>Youth</b>	Percent of total population ages 0-17, 2009	25%	24%	25%
<b>Elderly</b>	Percent of total population ages 65 and older, 2009	15%	13%	13%
<b>Rural</b>	Percent of total population living in a rural area, 2000	100%	21%	30%
<b>Not English proficient</b>	Percent of total population that speaks English less than "very well," 2005-2009	0%	9%	4%
<b>Illiteracy</b>	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	7%	15%	7%

\*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). \*\*Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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# 2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead  
Community Health Needs Assessment Collaborative

**Madison County**

Nebraska

<b>HEALTH OUTCOMES</b>		<b>Madison</b>	<b>*National Benchmark</b>	<b>Nebraska</b>
<i>Mortality</i>				
<b>Premature death</b>	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	6,560	5,564	6,209
<i>Morbidity</i>				
<b>Poor or fair health</b>	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	13%	10%	12%
<b>Poor physical health days</b>	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.4	2.6	2.9
<b>Poor mental health days</b>	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.2	2.3	2.6
<b>Low birthweight</b>	Percent of live births with low birthweight (<2,500 grams), 2001-2007	5.7%	6.0%	7.0%
<b>HEALTH FACTORS</b>				
<i>Health Behaviors</i>				
<b>Adult smoking</b>	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	19%	15%	20%
<b>Adult obesity</b>	Percent of adults that report a body mass index (BMI) of at least 30 kg/m <sup>2</sup> , 2008	27%	25%	29%
<b>Physical inactivity</b>	Percent of adults reporting no leisure time physical activity, 2008	24%	20%	24%
<b>Excessive drinking</b>	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	20%	8%	19%
<b>Motor vehicle crash death rate</b>	Motor vehicle crash deaths per 100,000 population, 2001-2007	15.4	12.0	16.7
<b>Sexually transmitted infections</b>	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	270.4	83.0	314.0
<b>Teen birth rate</b>	Number of teen births per 1,000 females ages 15-19, 2001-2007	45.3	22.0	35.5
<i>Clinical Care</i>				
<b>Uninsured adults</b>	Percent of adult population ages 18-64 without health insurance, 2007	17%	13%	16%
<b>Uninsured youth</b>	Percent of youth ages 0-18 without health insurance, 2007	11%	7%	9%
<b>Primary care physicians</b>	Ratio of total population to primary care physicians, 2008	658:1	631:1	713:1
<b>Mental health providers</b>	Ratio of total population to mental health providers, 2008	1,800:1	2,242:1	3,104:1
<b>Dentist rate</b>	Number of professionally active dentists per 100,000 population, 2007	-	69.0	63.0
<b>Preventable hospital stays</b>	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	69.2	52.0	69.2
<b>Diabetic screening</b>	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	91%	89%	84%
<b>Mammography screening</b>	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	63%	74%	65%

## HEALTH FACTORS (continued)

Madison \*National Benchmark Nebraska

### Social and Economic Factors

<b>High school graduation</b>	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	80%	92%	86%
<b>Some college</b>	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	62%	68%	68%
<b>Unemployment</b>	Percent of population ages 16 and older that is unemployed but seeking work, 2009	4.4%	5.3%	4.6%
<b>Child poverty</b>	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	16%	11%	14%
<b>Inadequate social support</b>	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	19%	14%	17%
<b>Children in single-parent households</b>	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	19%	20%	26%
<b>Homicide rate</b>	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	3.0

### Physical Environment

<b>Air pollution-particulate matter</b>	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
<b>Air pollution-ozone</b>	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
<b>Access to healthy foods</b>	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	67%	92%	45%
<b>Access to recreational facilities</b>	Number of recreational facilities per 100,000 population, 2008	9.0	17.0	12.0

### Demographics

		Madison	United States	Nebraska
<b>Youth</b>	Percent of total population ages 0-17, 2009	25%	24%	25%
<b>Elderly</b>	Percent of total population ages 65 and older, 2009	15%	13%	13%
<b>Rural</b>	Percent of total population living in a rural area, 2000	30%	21%	30%
<b>Not English proficient</b>	Percent of total population that speaks English less than "very well," 2005-2009	8%	9%	4%
<b>Illiteracy</b>	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	9%	15%	7%

\*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). \*\*Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

Source: The overall format and content of the County Health Profiles is based largely on County Health Rankings, a key component of the Mobilizing Action Toward Community Health (MATCH) project - a collaboration between the Robert Wood Johnson Foundation and the University of Wisconsin Population Health Institute, <http://www.countyhealthrankings.org/>. Additional data sources include the U.S. Census Bureau, Small Area Health Insurance Estimates, <http://www.census.gov/sahie/> and the Centers for Disease Control and Prevention's National Center for Health Statistics - the Health Indicators Warehouse, <http://healthindicators.gov> and "Health, United States, 2010," Table 109, <http://www.cdc.gov/nchs/hus.htm>.

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# 2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead  
Community Health Needs Assessment Collaborative

**Merrick County**

Nebraska

<b>HEALTH OUTCOMES</b>		<b>Merrick</b>	<b>*National Benchmark</b>	<b>Nebraska</b>
<i>Mortality</i>				
<b>Premature death</b>	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	7,533	5,564	6,209
<i>Morbidity</i>				
<b>Poor or fair health</b>	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	12%	10%	12%
<b>Poor physical health days</b>	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.9	2.6	2.9
<b>Poor mental health days</b>	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.1	2.3	2.6
<b>Low birthweight</b>	Percent of live births with low birthweight (<2,500 grams), 2001-2007	-	6.0%	7.0%
<b>HEALTH FACTORS</b>				
<i>Health Behaviors</i>				
<b>Adult smoking</b>	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	18%	15%	20%
<b>Adult obesity</b>	Percent of adults that report a body mass index (BMI) of at least 30 kg/m2, 2008	31%	25%	29%
<b>Physical inactivity</b>	Percent of adults reporting no leisure time physical activity, 2008	27%	20%	24%
<b>Excessive drinking</b>	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	19%	8%	19%
<b>Motor vehicle crash death rate</b>	Motor vehicle crash deaths per 100,000 population, 2001-2007	-	12.0	16.7
<b>Sexually transmitted infections</b>	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	51.9	83.0	314.0
<b>Teen birth rate</b>	Number of teen births per 1,000 females ages 15-19, 2001-2007	19.7	22.0	35.5
<i>Clinical Care</i>				
<b>Uninsured adults</b>	Percent of adult population ages 18-64 without health insurance, 2007	18%	13%	16%
<b>Uninsured youth</b>	Percent of youth ages 0-18 without health insurance, 2007	12%	7%	9%
<b>Primary care physicians</b>	Ratio of total population to primary care physicians, 2008	1,267:1	631:1	713:1
<b>Mental health providers</b>	Ratio of total population to mental health providers, 2008	7,603:0	2,242:1	3,104:1
<b>Dentist rate</b>	Number of professionally active dentists per 100,000 population, 2007	39.0	69.0	63.0
<b>Preventable hospital stays</b>	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	67.4	52.0	69.2
<b>Diabetic screening</b>	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	80%	89%	84%
<b>Mammography screening</b>	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	64%	74%	65%

## HEALTH FACTORS (continued)

Merrick \*National Benchmark Nebraska

### Social and Economic Factors

<b>High school graduation</b>	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	85%	92%	86%
<b>Some college</b>	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	55%	68%	68%
<b>Unemployment</b>	Percent of population ages 16 and older that is unemployed but seeking work, 2009	4.2%	5.3%	4.6%
<b>Child poverty</b>	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	14%	11%	14%
<b>Inadequate social support</b>	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	14%	14%	17%
<b>Children in single-parent households</b>	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	10%	20%	26%
<b>Homicide rate</b>	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	3.0

### Physical Environment

<b>Air pollution-particulate matter</b>	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
<b>Air pollution-ozone</b>	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
<b>Access to healthy foods</b>	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	33%	92%	45%
<b>Access to recreational facilities</b>	Number of recreational facilities per 100,000 population, 2008	13.0	17.0	12.0

### Demographics

Merrick United States Nebraska

<b>Youth</b>	Percent of total population ages 0-17, 2009	25%	24%	25%
<b>Elderly</b>	Percent of total population ages 65 and older, 2009	18%	13%	13%
<b>Rural</b>	Percent of total population living in a rural area, 2000	60%	21%	30%
<b>Not English proficient</b>	Percent of total population that speaks English less than "very well," 2005-2009	0%	9%	4%
<b>Illiteracy</b>	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	8%	15%	7%

\*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). \*\*Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

Source: The overall format and content of the County Health Profiles is based largely on County Health Rankings, a key component of the Mobilizing Action Toward Community Health (MATCH) project - a collaboration between the Robert Wood Johnson Foundation and the University of Wisconsin Population Health Institute, <http://www.countyhealthrankings.org/>. Additional data sources include the U.S. Census Bureau, Small Area Health Insurance Estimates, <http://www.census.gov/sahie/> and the Centers for Disease Control and Prevention's National Center for Health Statistics - the Health Indicators Warehouse, <http://healthindicators.gov> and "Health, United States, 2010," Table 109, <http://www.cdc.gov/nchs/hus.htm>.

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# 2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead Community Health Needs Assessment Collaborative

Morrill County

Nebraska

HEALTH OUTCOMES		Morrill	*National Benchmark	Nebraska
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	-	5,564	6,209
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	14%	10%	12%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.6	2.6	2.9
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	1.7	2.3	2.6
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	-	6.0%	7.0%
<b>HEALTH FACTORS</b>				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	24%	15%	20%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m <sup>2</sup> , 2008	29%	25%	29%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	29%	20%	24%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	17%	8%	19%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	-	12.0	16.7
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	80.2	83.0	314.0
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	34.6	22.0	35.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	18%	13%	16%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	11%	7%	9%
Primary care physicians	Ratio of total population to primary care physicians, 2008	2,481:1	631:1	713:1
Mental health providers	Ratio of total population to mental health providers, 2008	4,961:0	2,242:1	3,104:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	20.0	69.0	63.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	78.1	52.0	69.2
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	92%	89%	84%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	-	74%	65%

**HEALTH FACTORS (continued)** Morrill      \*National Benchmark      Nebraska

*Social and Economic Factors*

<b>High school graduation</b>	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	90%	92%	86%
<b>Some college</b>	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	59%	68%	68%
<b>Unemployment</b>	Percent of population ages 16 and older that is unemployed but seeking work, 2009	4.4%	5.3%	4.6%
<b>Child poverty</b>	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	22%	11%	14%
<b>Inadequate social support</b>	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	22%	14%	17%
<b>Children in single-parent households</b>	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	29%	20%	26%
<b>Homicide rate</b>	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	3.0

*Physical Environment*

<b>Air pollution-particulate matter</b>	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
<b>Air pollution-ozone</b>	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
<b>Access to healthy foods</b>	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	50%	92%	45%
<b>Access to recreational facilities</b>	Number of recreational facilities per 100,000 population, 2008	0.0	17.0	12.0

*Demographics*

		Morrill	United States	Nebraska
<b>Youth</b>	Percent of total population ages 0-17, 2009	24%	24%	25%
<b>Elderly</b>	Percent of total population ages 65 and older, 2009	19%	13%	13%
<b>Rural</b>	Percent of total population living in a rural area, 2000	100%	21%	30%
<b>Not English proficient</b>	Percent of total population that speaks English less than "very well," 2005-2009	3%	9%	4%
<b>Illiteracy</b>	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	9%	15%	7%

\*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). \*\*Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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# 2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead  
Community Health Needs Assessment Collaborative

Nance County

Nebraska

HEALTH OUTCOMES		Nance	*National Benchmark	Nebraska
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	-	5,564	6,209
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	13%	10%	12%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.5	2.6	2.9
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.6	2.3	2.6
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	-	6.0%	7.0%
<b>HEALTH FACTORS</b>				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	14%	15%	20%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m <sup>2</sup> , 2008	28%	25%	29%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	30%	20%	24%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	21%	8%	19%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	-	12.0	16.7
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	28.2	83.0	314.0
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	26.1	22.0	35.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	18%	13%	16%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	14%	7%	9%
Primary care physicians	Ratio of total population to primary care physicians, 2008	-	631:1	713:1
Mental health providers	Ratio of total population to mental health providers, 2008	3,499:1	2,242:1	3,104:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	28.2	69.0	63.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	90.5	52.0	69.2
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	72%	89%	84%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	85%	74%	65%

<b>HEALTH FACTORS (continued)</b>	Nance	*National Benchmark	Nebraska
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*Social and Economic Factors*

<b>High school graduation</b>	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	95%	92%	86%
<b>Some college</b>	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	66%	68%	68%
<b>Unemployment</b>	Percent of population ages 16 and older that is unemployed but seeking work, 2009	3.5%	5.3%	4.6%
<b>Child poverty</b>	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	20%	11%	14%
<b>Inadequate social support</b>	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	14%	14%	17%
<b>Children in single-parent households</b>	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	20%	20%	26%
<b>Homicide rate</b>	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	3.0

*Physical Environment*

<b>Air pollution-particulate matter</b>	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
<b>Air pollution-ozone</b>	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
<b>Access to healthy foods</b>	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	100%	92%	45%
<b>Access to recreational facilities</b>	Number of recreational facilities per 100,000 population, 2008	0.0	17.0	12.0

*Demographics*

		Nance	United States	Nebraska
<b>Youth</b>	Percent of total population ages 0-17, 2009	24%	24%	25%
<b>Elderly</b>	Percent of total population ages 65 and older, 2009	20%	13%	13%
<b>Rural</b>	Percent of total population living in a rural area, 2000	100%	21%	30%
<b>Not English proficient</b>	Percent of total population that speaks English less than "very well," 2005-2009	0%	9%	4%
<b>Illiteracy</b>	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	8%	15%	7%

\*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). \*\*Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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# 2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead Community Health Needs Assessment Collaborative

Nemaha County

Nebraska

HEALTH OUTCOMES		Nemaha	*National Benchmark	Nebraska
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## Mortality

<b>Premature death</b>	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	6,283	5,564	6,209
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## Morbidity

<b>Poor or fair health</b>	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	11%	10%	12%
<b>Poor physical health days</b>	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.7	2.6	2.9
<b>Poor mental health days</b>	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.4	2.3	2.6
<b>Low birthweight</b>	Percent of live births with low birthweight (<2,500 grams), 2001-2007	-	6.0%	7.0%

## HEALTH FACTORS

### Health Behaviors

<b>Adult smoking</b>	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	18%	15%	20%
<b>Adult obesity</b>	Percent of adults that report a body mass index (BMI) of at least 30 kg/m <sup>2</sup> , 2008	29%	25%	29%
<b>Physical inactivity</b>	Percent of adults reporting no leisure time physical activity, 2008	27%	20%	24%
<b>Excessive drinking</b>	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	12%	8%	19%
<b>Motor vehicle crash death rate</b>	Motor vehicle crash deaths per 100,000 population, 2001-2007	-	12.0	16.7
<b>Sexually transmitted infections</b>	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	112.9	83.0	314.0
<b>Teen birth rate</b>	Number of teen births per 1,000 females ages 15-19, 2001-2007	26.8	22.0	35.5

### Clinical Care

<b>Uninsured adults</b>	Percent of adult population ages 18-64 without health insurance, 2007	15%	13%	16%
<b>Uninsured youth</b>	Percent of youth ages 0-18 without health insurance, 2007	9%	7%	9%
<b>Primary care physicians</b>	Ratio of total population to primary care physicians, 2008	698:1	631:1	713:1
<b>Mental health providers</b>	Ratio of total population to mental health providers, 2008	6,982:1	2,242:1	3,104:1
<b>Dentist rate</b>	Number of professionally active dentists per 100,000 population, 2007	42.3	69.0	63.0
<b>Preventable hospital stays</b>	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	66.2	52.0	69.2
<b>Diabetic screening</b>	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	96%	89%	84%
<b>Mammography screening</b>	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	61%	74%	65%



## HEALTH FACTORS (continued)

Nemaha \*National Benchmark Nebraska

### Social and Economic Factors

<b>High school graduation</b>	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	90%	92%	86%
<b>Some college</b>	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	64%	68%	68%
<b>Unemployment</b>	Percent of population ages 16 and older that is unemployed but seeking work, 2009	5.3%	5.3%	4.6%
<b>Child poverty</b>	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	13%	11%	14%
<b>Inadequate social support</b>	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	14%	14%	17%
<b>Children in single-parent households</b>	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	26%	20%	26%
<b>Homicide rate</b>	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	3.0

### Physical Environment

<b>Air pollution-particulate matter</b>	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
<b>Air pollution-ozone</b>	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
<b>Access to healthy foods</b>	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	43%	92%	45%
<b>Access to recreational facilities</b>	Number of recreational facilities per 100,000 population, 2008	14.0	17.0	12.0

### Demographics

Nemaha United States Nebraska

<b>Youth</b>	Percent of total population ages 0-17, 2009	22%	24%	25%
<b>Elderly</b>	Percent of total population ages 65 and older, 2009	18%	13%	13%
<b>Rural</b>	Percent of total population living in a rural area, 2000	54%	21%	30%
<b>Not English proficient</b>	Percent of total population that speaks English less than "very well," 2005-2009	2%	9%	4%
<b>Illiteracy</b>	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	6%	15%	7%

\*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). \*\*Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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# 2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead Community Health Needs Assessment Collaborative

**Nuckolls County**

Nebraska

HEALTH OUTCOMES		Nuckolls	*National Benchmark	Nebraska
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## Mortality

<b>Premature death</b>	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	-	5,564	6,209
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## Morbidity

<b>Poor or fair health</b>	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	13%	10%	12%
<b>Poor physical health days</b>	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.6	2.6	2.9
<b>Poor mental health days</b>	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.9	2.3	2.6
<b>Low birthweight</b>	Percent of live births with low birthweight (<2,500 grams), 2001-2007	-	6.0%	7.0%

## HEALTH FACTORS

### Health Behaviors

<b>Adult smoking</b>	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	14%	15%	20%
<b>Adult obesity</b>	Percent of adults that report a body mass index (BMI) of at least 30 kg/m <sup>2</sup> , 2008	29%	25%	29%
<b>Physical inactivity</b>	Percent of adults reporting no leisure time physical activity, 2008	28%	20%	24%
<b>Excessive drinking</b>	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	16%	8%	19%
<b>Motor vehicle crash death rate</b>	Motor vehicle crash deaths per 100,000 population, 2001-2007	-	12.0	16.7
<b>Sexually transmitted infections</b>	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	89.5	83.0	314.0
<b>Teen birth rate</b>	Number of teen births per 1,000 females ages 15-19, 2001-2007	26.0	22.0	35.5

### Clinical Care

<b>Uninsured adults</b>	Percent of adult population ages 18-64 without health insurance, 2007	20%	13%	16%
<b>Uninsured youth</b>	Percent of youth ages 0-18 without health insurance, 2007	13%	7%	9%
<b>Primary care physicians</b>	Ratio of total population to primary care physicians, 2008	442:1	631:1	713:1
<b>Mental health providers</b>	Ratio of total population to mental health providers, 2008	4,423:0	2,242:1	3,104:1
<b>Dentist rate</b>	Number of professionally active dentists per 100,000 population, 2007	67.2	69.0	63.0
<b>Preventable hospital stays</b>	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	81.8	52.0	69.2
<b>Diabetic screening</b>	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	53%	89%	84%
<b>Mammography screening</b>	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	73%	74%	65%

## HEALTH FACTORS (continued)

Nuckolls      \*National Benchmark      Nebraska

### Social and Economic Factors

<b>High school graduation</b>	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	95%	92%	86%
<b>Some college</b>	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	51%	68%	68%
<b>Unemployment</b>	Percent of population ages 16 and older that is unemployed but seeking work, 2009	4.7%	5.3%	4.6%
<b>Child poverty</b>	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	21%	11%	14%
<b>Inadequate social support</b>	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	19%	14%	17%
<b>Children in single-parent households</b>	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	33%	20%	26%
<b>Homicide rate</b>	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	3.0

### Physical Environment

<b>Air pollution-particulate matter</b>	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	1	0	0
<b>Air pollution-ozone</b>	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
<b>Access to healthy foods</b>	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	33%	92%	45%
<b>Access to recreational facilities</b>	Number of recreational facilities per 100,000 population, 2008	45.0	17.0	12.0

### Demographics

Nuckolls      United States      Nebraska

<b>Youth</b>	Percent of total population ages 0-17, 2009	20%	24%	25%
<b>Elderly</b>	Percent of total population ages 65 and older, 2009	25%	13%	13%
<b>Rural</b>	Percent of total population living in a rural area, 2000	100%	21%	30%
<b>Not English proficient</b>	Percent of total population that speaks English less than "very well," 2005-2009	0%	9%	4%
<b>Illiteracy</b>	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	8%	15%	7%

\*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). \*\*Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

Source: The overall format and content of the County Health Profiles is based largely on County Health Rankings, a key component of the Mobilizing Action Toward Community Health (MATCH) project - a collaboration between the Robert Wood Johnson Foundation and the University of Wisconsin Population Health Institute, <http://www.countyhealthrankings.org/>. Additional data sources include the U.S. Census Bureau, Small Area Health Insurance Estimates, <http://www.census.gov/sahie/> and the Centers for Disease Control and Prevention's National Center for Health Statistics - the Health Indicators Warehouse, <http://healthindicators.gov> and "Health, United States, 2010," Table 109, <http://www.cdc.gov/nchs/hus.htm>.

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# 2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead  
Community Health Needs Assessment Collaborative

Otoe County

Nebraska

HEALTH OUTCOMES		Otoe	*National Benchmark	Nebraska
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	7,427	5,564	6,209
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	14%	10%	12%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.5	2.6	2.9
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.1	2.3	2.6
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	7.4%	6.0%	7.0%
<b>HEALTH FACTORS</b>				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	19%	15%	20%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m <sup>2</sup> , 2008	32%	25%	29%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	28%	20%	24%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	23%	8%	19%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	25.0	12.0	16.7
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	186.5	83.0	314.0
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	35.4	22.0	35.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	16%	13%	16%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	10%	7%	9%
Primary care physicians	Ratio of total population to primary care physicians, 2008	960:1	631:1	713:1
Mental health providers	Ratio of total population to mental health providers, 2008	5,122:1	2,242:1	3,104:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	57.9	69.0	63.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	52.3	52.0	69.2
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	73%	89%	84%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	59%	74%	65%

HEALTH FACTORS (continued)	Otoe	*National Benchmark	Nebraska
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*Social and Economic Factors*

<b>High school graduation</b>	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	95%	92%	86%
<b>Some college</b>	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	67%	68%	68%
<b>Unemployment</b>	Percent of population ages 16 and older that is unemployed but seeking work, 2009	5.0%	5.3%	4.6%
<b>Child poverty</b>	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	12%	11%	14%
<b>Inadequate social support</b>	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	19%	14%	17%
<b>Children in single-parent households</b>	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	21%	20%	26%
<b>Homicide rate</b>	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	3.0

*Physical Environment*

<b>Air pollution-particulate matter</b>	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
<b>Air pollution-ozone</b>	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
<b>Access to healthy foods</b>	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	30%	92%	45%
<b>Access to recreational facilities</b>	Number of recreational facilities per 100,000 population, 2008	7.0	17.0	12.0

*Demographics*

		Otoe	United States	Nebraska
<b>Youth</b>	Percent of total population ages 0-17, 2009	25%	24%	25%
<b>Elderly</b>	Percent of total population ages 65 and older, 2009	18%	13%	13%
<b>Rural</b>	Percent of total population living in a rural area, 2000	54%	21%	30%
<b>Not English proficient</b>	Percent of total population that speaks English less than "very well," 2005-2009	2%	9%	4%
<b>Illiteracy</b>	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	7%	15%	7%

\*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). \*\*Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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# 2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead Community Health Needs Assessment Collaborative

Pawnee County

Nebraska

HEALTH OUTCOMES		Pawnee	*National Benchmark	Nebraska
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## Mortality

<b>Premature death</b>	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	-	5,564	6,209
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## Morbidity

<b>Poor or fair health</b>	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	10%	10%	12%
<b>Poor physical health days</b>	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.3	2.6	2.9
<b>Poor mental health days</b>	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.2	2.3	2.6
<b>Low birthweight</b>	Percent of live births with low birthweight (<2,500 grams), 2001-2007	-	6.0%	7.0%

## HEALTH FACTORS

### Health Behaviors

<b>Adult smoking</b>	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	15%	15%	20%
<b>Adult obesity</b>	Percent of adults that report a body mass index (BMI) of at least 30 kg/m <sup>2</sup> , 2008	29%	25%	29%
<b>Physical inactivity</b>	Percent of adults reporting no leisure time physical activity, 2008	33%	20%	24%
<b>Excessive drinking</b>	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	-	8%	19%
<b>Motor vehicle crash death rate</b>	Motor vehicle crash deaths per 100,000 population, 2001-2007	-	12.0	16.7
<b>Sexually transmitted infections</b>	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	38.4	83.0	314.0
<b>Teen birth rate</b>	Number of teen births per 1,000 females ages 15-19, 2001-2007	-	22.0	35.5

### Clinical Care

<b>Uninsured adults</b>	Percent of adult population ages 18-64 without health insurance, 2007	19%	13%	16%
<b>Uninsured youth</b>	Percent of youth ages 0-18 without health insurance, 2007	14%	7%	9%
<b>Primary care physicians</b>	Ratio of total population to primary care physicians, 2008	650:1	631:1	713:1
<b>Mental health providers</b>	Ratio of total population to mental health providers, 2008	2,598:0	2,242:1	3,104:1
<b>Dentist rate</b>	Number of professionally active dentists per 100,000 population, 2007	76.9	69.0	63.0
<b>Preventable hospital stays</b>	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	62.9	52.0	69.2
<b>Diabetic screening</b>	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	93%	89%	84%
<b>Mammography screening</b>	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	-	74%	65%

## HEALTH FACTORS (continued)

Pawnee \*National Benchmark Nebraska

### Social and Economic Factors

<b>High school graduation</b>	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	100%	92%	86%
<b>Some college</b>	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	50%	68%	68%
<b>Unemployment</b>	Percent of population ages 16 and older that is unemployed but seeking work, 2009	3.8%	5.3%	4.6%
<b>Child poverty</b>	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	20%	11%	14%
<b>Inadequate social support</b>	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	18%	14%	17%
<b>Children in single-parent households</b>	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	22%	20%	26%
<b>Homicide rate</b>	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	3.0

### Physical Environment

<b>Air pollution-particulate matter</b>	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	1	0	0
<b>Air pollution-ozone</b>	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
<b>Access to healthy foods</b>	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	17%	92%	45%
<b>Access to recreational facilities</b>	Number of recreational facilities per 100,000 population, 2008	0.0	17.0	12.0

### Demographics

Pawnee United States Nebraska

<b>Youth</b>	Percent of total population ages 0-17, 2009	21%	24%	25%
<b>Elderly</b>	Percent of total population ages 65 and older, 2009	25%	13%	13%
<b>Rural</b>	Percent of total population living in a rural area, 2000	100%	21%	30%
<b>Not English proficient</b>	Percent of total population that speaks English less than "very well," 2005-2009	1%	9%	4%
<b>Illiteracy</b>	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	9%	15%	7%

\*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). \*\*Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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# 2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead Community Health Needs Assessment Collaborative

Perkins County

Nebraska

HEALTH OUTCOMES		Perkins	*National Benchmark	Nebraska
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	-	5,564	6,209
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	10%	10%	12%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.0	2.6	2.9
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	1.8	2.3	2.6
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	-	6.0%	7.0%
<b>HEALTH FACTORS</b>				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	16%	15%	20%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m <sup>2</sup> , 2008	26%	25%	29%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	33%	20%	24%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	12%	8%	19%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	-	12.0	16.7
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	-	83.0	314.0
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	-	22.0	35.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	21%	13%	16%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	14%	7%	9%
Primary care physicians	Ratio of total population to primary care physicians, 2008	932:1	631:1	713:1
Mental health providers	Ratio of total population to mental health providers, 2008	2,796:0	2,242:1	3,104:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	34.7	69.0	63.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	92.8	52.0	69.2
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	100%	89%	84%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	-	74%	65%

**HEALTH FACTORS (continued)** Perkins **\*National Benchmark** Nebraska

*Social and Economic Factors*

<b>High school graduation</b>	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	-	92%	86%
<b>Some college</b>	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	67%	68%	68%
<b>Unemployment</b>	Percent of population ages 16 and older that is unemployed but seeking work, 2009	3.2%	5.3%	4.6%
<b>Child poverty</b>	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	17%	11%	14%
<b>Inadequate social support</b>	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	18%	14%	17%
<b>Children in single-parent households</b>	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	9%	20%	26%
<b>Homicide rate</b>	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	3.0

*Physical Environment*

<b>Air pollution-particulate matter</b>	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
<b>Air pollution-ozone</b>	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
<b>Access to healthy foods</b>	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	25%	92%	45%
<b>Access to recreational facilities</b>	Number of recreational facilities per 100,000 population, 2008	36.0	17.0	12.0

*Demographics*

		Perkins	United States	Nebraska
<b>Youth</b>	Percent of total population ages 0-17, 2009	24%	24%	25%
<b>Elderly</b>	Percent of total population ages 65 and older, 2009	20%	13%	13%
<b>Rural</b>	Percent of total population living in a rural area, 2000	100%	21%	30%
<b>Not English proficient</b>	Percent of total population that speaks English less than "very well," 2005-2009	0%	9%	4%
<b>Illiteracy</b>	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	7%	15%	7%

\*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). \*\*Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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# 2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead Community Health Needs Assessment Collaborative

Phelps County

Nebraska

HEALTH OUTCOMES		Phelps	*National Benchmark	Nebraska
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	6,726	5,564	6,209
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	10%	10%	12%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.7	2.6	2.9
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.3	2.3	2.6
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	-	6.0%	7.0%
<b>HEALTH FACTORS</b>				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	16%	15%	20%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m <sup>2</sup> , 2008	30%	25%	29%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	28%	20%	24%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	17%	8%	19%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	-	12.0	16.7
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	87.7	83.0	314.0
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	25.6	22.0	35.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	16%	13%	16%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	10%	7%	9%
Primary care physicians	Ratio of total population to primary care physicians, 2008	569:1	631:1	713:1
Mental health providers	Ratio of total population to mental health providers, 2008	9,107:0	2,242:1	3,104:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	54.8	69.0	63.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	73.1	52.0	69.2
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	83%	89%	84%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	64%	74%	65%

**HEALTH FACTORS (continued)** Phelps **\*National Benchmark** Nebraska

*Social and Economic Factors*

<b>High school graduation</b>	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	95%	92%	86%
<b>Some college</b>	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	60%	68%	68%
<b>Unemployment</b>	Percent of population ages 16 and older that is unemployed but seeking work, 2009	3.6%	5.3%	4.6%
<b>Child poverty</b>	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	13%	11%	14%
<b>Inadequate social support</b>	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	16%	14%	17%
<b>Children in single-parent households</b>	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	15%	20%	26%
<b>Homicide rate</b>	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	3.0

*Physical Environment*

<b>Air pollution-particulate matter</b>	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
<b>Air pollution-ozone</b>	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
<b>Access to healthy foods</b>	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	50%	92%	45%
<b>Access to recreational facilities</b>	Number of recreational facilities per 100,000 population, 2008	22.0	17.0	12.0

*Demographics*

		Phelps	United States	Nebraska
<b>Youth</b>	Percent of total population ages 0-17, 2009	25%	24%	25%
<b>Elderly</b>	Percent of total population ages 65 and older, 2009	19%	13%	13%
<b>Rural</b>	Percent of total population living in a rural area, 2000	42%	21%	30%
<b>Not English proficient</b>	Percent of total population that speaks English less than "very well," 2005-2009	5%	9%	4%
<b>Illiteracy</b>	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	6%	15%	7%

\*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). \*\*Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

Source: The overall format and content of the County Health Profiles is based largely on County Health Rankings, a key component of the Mobilizing Action Toward Community Health (MATCH) project - a collaboration between the Robert Wood Johnson Foundation and the University of Wisconsin Population Health Institute, <http://www.countyhealthrankings.org/>. Additional data sources include the U.S. Census Bureau, Small Area Health Insurance Estimates, <http://www.census.gov/sahie/> and the Centers for Disease Control and Prevention's National Center for Health Statistics - the Health Indicators Warehouse, <http://healthindicators.gov> and "Health, United States, 2010," Table 109, <http://www.cdc.gov/nchs/hus.htm>.

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# 2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead Community Health Needs Assessment Collaborative

Pierce County

Nebraska

HEALTH OUTCOMES		Pierce	*National Benchmark	Nebraska
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	5,645	5,564	6,209
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	9%	10%	12%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.0	2.6	2.9
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.8	2.3	2.6
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	-	6.0%	7.0%
<b>HEALTH FACTORS</b>				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	20%	15%	20%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m <sup>2</sup> , 2008	30%	25%	29%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	32%	20%	24%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	18%	8%	19%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	-	12.0	16.7
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	96.8	83.0	314.0
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	15.5	22.0	35.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	24%	13%	16%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	17%	7%	9%
Primary care physicians	Ratio of total population to primary care physicians, 2008	602:1	631:1	713:1
Mental health providers	Ratio of total population to mental health providers, 2008	7,219:0	2,242:1	3,104:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	96.8	69.0	63.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	98.5	52.0	69.2
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	87%	89%	84%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	77%	74%	65%

HEALTH FACTORS (continued)	Pierce	*National Benchmark	Nebraska
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*Social and Economic Factors*

<b>High school graduation</b>	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	100%	92%	86%
<b>Some college</b>	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	67%	68%	68%
<b>Unemployment</b>	Percent of population ages 16 and older that is unemployed but seeking work, 2009	4.0%	5.3%	4.6%
<b>Child poverty</b>	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	12%	11%	14%
<b>Inadequate social support</b>	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	14%	14%	17%
<b>Children in single-parent households</b>	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	12%	20%	26%
<b>Homicide rate</b>	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	3.0

*Physical Environment*

<b>Air pollution-particulate matter</b>	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
<b>Air pollution-ozone</b>	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
<b>Access to healthy foods</b>	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	75%	92%	45%
<b>Access to recreational facilities</b>	Number of recreational facilities per 100,000 population, 2008	0.0	17.0	12.0

*Demographics*

		Pierce	United States	Nebraska
<b>Youth</b>	Percent of total population ages 0-17, 2009	25%	24%	25%
<b>Elderly</b>	Percent of total population ages 65 and older, 2009	16%	13%	13%
<b>Rural</b>	Percent of total population living in a rural area, 2000	100%	21%	30%
<b>Not English proficient</b>	Percent of total population that speaks English less than "very well," 2005-2009	1%	9%	4%
<b>Illiteracy</b>	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	8%	15%	7%

\*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). \*\*Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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# 2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead Community Health Needs Assessment Collaborative

Platte County

Nebraska

HEALTH OUTCOMES		Platte	*National Benchmark	Nebraska
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	5,706	5,564	6,209
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	13%	10%	12%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.8	2.6	2.9
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.4	2.3	2.6
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	5.6%	6.0%	7.0%
<b>HEALTH FACTORS</b>				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	18%	15%	20%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m <sup>2</sup> , 2008	29%	25%	29%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	23%	20%	24%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	21%	8%	19%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	22.4	12.0	16.7
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	212.0	83.0	314.0
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	33.8	22.0	35.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	19%	13%	16%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	11%	7%	9%
Primary care physicians	Ratio of total population to primary care physicians, 2008	1,280:1	631:1	713:1
Mental health providers	Ratio of total population to mental health providers, 2008	32,001:1	2,242:1	3,104:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	37.4	69.0	63.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	53.4	52.0	69.2
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	85%	89%	84%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	61%	74%	65%



## HEALTH FACTORS (continued)

Platte \*National Benchmark Nebraska

### Social and Economic Factors

<b>High school graduation</b>	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	95%	92%	86%
<b>Some college</b>	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	67%	68%	68%
<b>Unemployment</b>	Percent of population ages 16 and older that is unemployed but seeking work, 2009	4.1%	5.3%	4.6%
<b>Child poverty</b>	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	10%	11%	14%
<b>Inadequate social support</b>	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	19%	14%	17%
<b>Children in single-parent households</b>	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	24%	20%	26%
<b>Homicide rate</b>	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	3.0

### Physical Environment

<b>Air pollution-particulate matter</b>	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	2	0	0
<b>Air pollution-ozone</b>	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
<b>Access to healthy foods</b>	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	33%	92%	45%
<b>Access to recreational facilities</b>	Number of recreational facilities per 100,000 population, 2008	12.0	17.0	12.0

### Demographics

Platte United States Nebraska

<b>Youth</b>	Percent of total population ages 0-17, 2009	26%	24%	25%
<b>Elderly</b>	Percent of total population ages 65 and older, 2009	17%	13%	13%
<b>Rural</b>	Percent of total population living in a rural area, 2000	34%	21%	30%
<b>Not English proficient</b>	Percent of total population that speaks English less than "very well," 2005-2009	6%	9%	4%
<b>Illiteracy</b>	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	8%	15%	7%

\*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). \*\*Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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# 2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead Community Health Needs Assessment Collaborative

**Polk County**  
Nebraska

<b>HEALTH OUTCOMES</b>		<b>Polk</b>	<b>*National Benchmark</b>	<b>Nebraska</b>
<i>Mortality</i>				
<b>Premature death</b>	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	-	5,564	6,209
<i>Morbidity</i>				
<b>Poor or fair health</b>	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	12%	10%	12%
<b>Poor physical health days</b>	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.6	2.6	2.9
<b>Poor mental health days</b>	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.2	2.3	2.6
<b>Low birthweight</b>	Percent of live births with low birthweight (<2,500 grams), 2001-2007	-	6.0%	7.0%
<b>HEALTH FACTORS</b>				
<i>Health Behaviors</i>				
<b>Adult smoking</b>	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	20%	15%	20%
<b>Adult obesity</b>	Percent of adults that report a body mass index (BMI) of at least 30 kg/m <sup>2</sup> , 2008	31%	25%	29%
<b>Physical inactivity</b>	Percent of adults reporting no leisure time physical activity, 2008	28%	20%	24%
<b>Excessive drinking</b>	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	22%	8%	19%
<b>Motor vehicle crash death rate</b>	Motor vehicle crash deaths per 100,000 population, 2001-2007	-	12.0	16.7
<b>Sexually transmitted infections</b>	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	78.1	83.0	314.0
<b>Teen birth rate</b>	Number of teen births per 1,000 females ages 15-19, 2001-2007	23.1	22.0	35.5
<i>Clinical Care</i>				
<b>Uninsured adults</b>	Percent of adult population ages 18-64 without health insurance, 2007	21%	13%	16%
<b>Uninsured youth</b>	Percent of youth ages 0-18 without health insurance, 2007	15%	7%	9%
<b>Primary care physicians</b>	Ratio of total population to primary care physicians, 2008	2,553:1	631:1	713:1
<b>Mental health providers</b>	Ratio of total population to mental health providers, 2008	5,106:0	2,242:1	3,104:1
<b>Dentist rate</b>	Number of professionally active dentists per 100,000 population, 2007	39.0	69.0	63.0
<b>Preventable hospital stays</b>	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	59.0	52.0	69.2
<b>Diabetic screening</b>	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	93%	89%	84%
<b>Mammography screening</b>	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	73%	74%	65%

<b>HEALTH FACTORS (continued)</b>	<b>Polk</b>	<b>*National Benchmark</b>	<b>Nebraska</b>
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*Social and Economic Factors*

<b>High school graduation</b>	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	95%	92%	86%
<b>Some college</b>	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	64%	68%	68%
<b>Unemployment</b>	Percent of population ages 16 and older that is unemployed but seeking work, 2009	3.8%	5.3%	4.6%
<b>Child poverty</b>	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	11%	11%	14%
<b>Inadequate social support</b>	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	20%	14%	17%
<b>Children in single-parent households</b>	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	20%	20%	26%
<b>Homicide rate</b>	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	3.0

*Physical Environment*

<b>Air pollution-particulate matter</b>	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	1	0	0
<b>Air pollution-ozone</b>	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
<b>Access to healthy foods</b>	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	75%	92%	45%
<b>Access to recreational facilities</b>	Number of recreational facilities per 100,000 population, 2008	20.0	17.0	12.0

*Demographics*

		<b>Polk</b>	<b>United States</b>	<b>Nebraska</b>
<b>Youth</b>	Percent of total population ages 0-17, 2009	24%	24%	25%
<b>Elderly</b>	Percent of total population ages 65 and older, 2009	22%	13%	13%
<b>Rural</b>	Percent of total population living in a rural area, 2000	100%	21%	30%
<b>Not English proficient</b>	Percent of total population that speaks English less than "very well," 2005-2009	1%	9%	4%
<b>Illiteracy</b>	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	7%	15%	7%

\*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). \*\*Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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# 2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead  
Community Health Needs Assessment Collaborative

Red Willow County

Nebraska

<b>HEALTH OUTCOMES</b>		<b>Red Willow</b>	<b>*National Benchmark</b>	<b>Nebraska</b>
<i>Mortality</i>				
<b>Premature death</b>	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	8,040	5,564	6,209
<i>Morbidity</i>				
<b>Poor or fair health</b>	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	15%	10%	12%
<b>Poor physical health days</b>	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.7	2.6	2.9
<b>Poor mental health days</b>	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.7	2.3	2.6
<b>Low birthweight</b>	Percent of live births with low birthweight (<2,500 grams), 2001-2007	5.7%	6.0%	7.0%
<b>HEALTH FACTORS</b>				
<i>Health Behaviors</i>				
<b>Adult smoking</b>	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	22%	15%	20%
<b>Adult obesity</b>	Percent of adults that report a body mass index (BMI) of at least 30 kg/m <sup>2</sup> , 2008	30%	25%	29%
<b>Physical inactivity</b>	Percent of adults reporting no leisure time physical activity, 2008	27%	20%	24%
<b>Excessive drinking</b>	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	16%	8%	19%
<b>Motor vehicle crash death rate</b>	Motor vehicle crash deaths per 100,000 population, 2001-2007	-	12.0	16.7
<b>Sexually transmitted infections</b>	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	84.1	83.0	314.0
<b>Teen birth rate</b>	Number of teen births per 1,000 females ages 15-19, 2001-2007	32.6	22.0	35.5
<i>Clinical Care</i>				
<b>Uninsured adults</b>	Percent of adult population ages 18-64 without health insurance, 2007	17%	13%	16%
<b>Uninsured youth</b>	Percent of youth ages 0-18 without health insurance, 2007	10%	7%	9%
<b>Primary care physicians</b>	Ratio of total population to primary care physicians, 2008	884:1	631:1	713:1
<b>Mental health providers</b>	Ratio of total population to mental health providers, 2008	10,610:0	2,242:1	3,104:1
<b>Dentist rate</b>	Number of professionally active dentists per 100,000 population, 2007	74.7	69.0	63.0
<b>Preventable hospital stays</b>	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	92.1	52.0	69.2
<b>Diabetic screening</b>	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	88%	89%	84%
<b>Mammography screening</b>	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	57%	74%	65%

## HEALTH FACTORS (continued)

Red Willow \*National Benchmark Nebraska

### Social and Economic Factors

<b>High school graduation</b>	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	95%	92%	86%
<b>Some college</b>	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	68%	68%	68%
<b>Unemployment</b>	Percent of population ages 16 and older that is unemployed but seeking work, 2009	4.6%	5.3%	4.6%
<b>Child poverty</b>	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	15%	11%	14%
<b>Inadequate social support</b>	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	21%	14%	17%
<b>Children in single-parent households</b>	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	18%	20%	26%
<b>Homicide rate</b>	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	3.0

### Physical Environment

<b>Air pollution-particulate matter</b>	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
<b>Air pollution-ozone</b>	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
<b>Access to healthy foods</b>	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	20%	92%	45%
<b>Access to recreational facilities</b>	Number of recreational facilities per 100,000 population, 2008	9.0	17.0	12.0

### Demographics

		Red Willow	United States	Nebraska
<b>Youth</b>	Percent of total population ages 0-17, 2009	24%	24%	25%
<b>Elderly</b>	Percent of total population ages 65 and older, 2009	19%	13%	13%
<b>Rural</b>	Percent of total population living in a rural area, 2000	31%	21%	30%
<b>Not English proficient</b>	Percent of total population that speaks English less than "very well," 2005-2009	0%	9%	4%
<b>Illiteracy</b>	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	7%	15%	7%

\*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). \*\*Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

Source: The overall format and content of the County Health Profiles is based largely on County Health Rankings, a key component of the Mobilizing Action Toward Community Health (MATCH) project - a collaboration between the Robert Wood Johnson Foundation and the University of Wisconsin Population Health Institute, <http://www.countyhealthrankings.org/>. Additional data sources include the U.S. Census Bureau, Small Area Health Insurance Estimates, <http://www.census.gov/sahie/> and the Centers for Disease Control and Prevention's National Center for Health Statistics - the Health Indicators Warehouse, <http://healthindicators.gov> and "Health, United States, 2010," Table 109, <http://www.cdc.gov/nchs/hus.htm>.

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# 2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead Community Health Needs Assessment Collaborative

Richardson County

Nebraska

<b>HEALTH OUTCOMES</b>		Richardson	*National Benchmark	Nebraska
<i>Mortality</i>				
<b>Premature death</b>	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	7,755	5,564	6,209
<i>Morbidity</i>				
<b>Poor or fair health</b>	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	14%	10%	12%
<b>Poor physical health days</b>	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.7	2.6	2.9
<b>Poor mental health days</b>	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.9	2.3	2.6
<b>Low birthweight</b>	Percent of live births with low birthweight (<2,500 grams), 2001-2007	-	6.0%	7.0%
<b>HEALTH FACTORS</b>				
<i>Health Behaviors</i>				
<b>Adult smoking</b>	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	24%	15%	20%
<b>Adult obesity</b>	Percent of adults that report a body mass index (BMI) of at least 30 kg/m <sup>2</sup> , 2008	31%	25%	29%
<b>Physical inactivity</b>	Percent of adults reporting no leisure time physical activity, 2008	31%	20%	24%
<b>Excessive drinking</b>	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	21%	8%	19%
<b>Motor vehicle crash death rate</b>	Motor vehicle crash deaths per 100,000 population, 2001-2007	37.4	12.0	16.7
<b>Sexually transmitted infections</b>	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	96.5	83.0	314.0
<b>Teen birth rate</b>	Number of teen births per 1,000 females ages 15-19, 2001-2007	26.7	22.0	35.5
<i>Clinical Care</i>				
<b>Uninsured adults</b>	Percent of adult population ages 18-64 without health insurance, 2007	17%	13%	16%
<b>Uninsured youth</b>	Percent of youth ages 0-18 without health insurance, 2007	10%	7%	9%
<b>Primary care physicians</b>	Ratio of total population to primary care physicians, 2008	2,055:1	631:1	713:1
<b>Mental health providers</b>	Ratio of total population to mental health providers, 2008	8,221:0	2,242:1	3,104:1
<b>Dentist rate</b>	Number of professionally active dentists per 100,000 population, 2007	48.2	69.0	63.0
<b>Preventable hospital stays</b>	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	75.0	52.0	69.2
<b>Diabetic screening</b>	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	77%	89%	84%
<b>Mammography screening</b>	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	54%	74%	65%

## HEALTH FACTORS (continued)

Richardson \*National Benchmark Nebraska

### Social and Economic Factors

<b>High school graduation</b>	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	90%	92%	86%
<b>Some college</b>	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	50%	68%	68%
<b>Unemployment</b>	Percent of population ages 16 and older that is unemployed but seeking work, 2009	5.8%	5.3%	4.6%
<b>Child poverty</b>	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	17%	11%	14%
<b>Inadequate social support</b>	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	17%	14%	17%
<b>Children in single-parent households</b>	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	32%	20%	26%
<b>Homicide rate</b>	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	3.0

### Physical Environment

<b>Air pollution-particulate matter</b>	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
<b>Air pollution-ozone</b>	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
<b>Access to healthy foods</b>	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	25%	92%	45%
<b>Access to recreational facilities</b>	Number of recreational facilities per 100,000 population, 2008	0.0	17.0	12.0

### Demographics

		Richardson	United States	Nebraska
<b>Youth</b>	Percent of total population ages 0-17, 2009	22%	24%	25%
<b>Elderly</b>	Percent of total population ages 65 and older, 2009	22%	13%	13%
<b>Rural</b>	Percent of total population living in a rural area, 2000	54%	21%	30%
<b>Not English proficient</b>	Percent of total population that speaks English less than "very well," 2005-2009	2%	9%	4%
<b>Illiteracy</b>	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	8%	15%	7%

\*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). \*\*Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

Source: The overall format and content of the County Health Profiles is based largely on County Health Rankings, a key component of the Mobilizing Action Toward Community Health (MATCH) project - a collaboration between the Robert Wood Johnson Foundation and the University of Wisconsin Population Health Institute, <http://www.countyhealthrankings.org/>. Additional data sources include the U.S. Census Bureau, Small Area Health Insurance Estimates, <http://www.census.gov/sahie/> and the Centers for Disease Control and Prevention's National Center for Health Statistics - the Health Indicators Warehouse, <http://healthindicators.gov> and "Health, United States, 2010," Table 109, <http://www.cdc.gov/nchs/hus.htm>.

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# 2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead Community Health Needs Assessment Collaborative

**Rock County**  
Nebraska

<b>HEALTH OUTCOMES</b>		<b>Rock</b>	<b>*National Benchmark</b>	<b>Nebraska</b>
<i>Mortality</i>				
<b>Premature death</b>	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	-	5,564	6,209
<i>Morbidity</i>				
<b>Poor or fair health</b>	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	16%	10%	12%
<b>Poor physical health days</b>	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.6	2.6	2.9
<b>Poor mental health days</b>	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.0	2.3	2.6
<b>Low birthweight</b>	Percent of live births with low birthweight (<2,500 grams), 2001-2007	-	6.0%	7.0%
<b>HEALTH FACTORS</b>				
<i>Health Behaviors</i>				
<b>Adult smoking</b>	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	9%	15%	20%
<b>Adult obesity</b>	Percent of adults that report a body mass index (BMI) of at least 30 kg/m <sup>2</sup> , 2008	29%	25%	29%
<b>Physical inactivity</b>	Percent of adults reporting no leisure time physical activity, 2008	28%	20%	24%
<b>Excessive drinking</b>	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	16%	8%	19%
<b>Motor vehicle crash death rate</b>	Motor vehicle crash deaths per 100,000 population, 2001-2007	-	12.0	16.7
<b>Sexually transmitted infections</b>	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	66.3	83.0	314.0
<b>Teen birth rate</b>	Number of teen births per 1,000 females ages 15-19, 2001-2007	-	22.0	35.5
<i>Clinical Care</i>				
<b>Uninsured adults</b>	Percent of adult population ages 18-64 without health insurance, 2007	23%	13%	16%
<b>Uninsured youth</b>	Percent of youth ages 0-18 without health insurance, 2007	15%	7%	9%
<b>Primary care physicians</b>	Ratio of total population to primary care physicians, 2008	-	631:1	713:1
<b>Mental health providers</b>	Ratio of total population to mental health providers, 2008	1,498:0	2,242:1	3,104:1
<b>Dentist rate</b>	Number of professionally active dentists per 100,000 population, 2007	66.3	69.0	63.0
<b>Preventable hospital stays</b>	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	111.8	52.0	69.2
<b>Diabetic screening</b>	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	-	89%	84%
<b>Mammography screening</b>	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	-	74%	65%

<b>HEALTH FACTORS (continued)</b>		<b>Rock</b>	<b>*National Benchmark</b>	<b>Nebraska</b>
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*Social and Economic Factors*

<b>High school graduation</b>	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	-	92%	86%
<b>Some college</b>	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	79%	68%	68%
<b>Unemployment</b>	Percent of population ages 16 and older that is unemployed but seeking work, 2009	3.1%	5.3%	4.6%
<b>Child poverty</b>	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	37%	11%	14%
<b>Inadequate social support</b>	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	-	14%	17%
<b>Children in single-parent households</b>	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	20%	20%	26%
<b>Homicide rate</b>	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	3.0

*Physical Environment*

<b>Air pollution-particulate matter</b>	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
<b>Air pollution-ozone</b>	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
<b>Access to healthy foods</b>	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	100%	92%	45%
<b>Access to recreational facilities</b>	Number of recreational facilities per 100,000 population, 2008	0.0	17.0	12.0

*Demographics*

		<b>Rock</b>	<b>United States</b>	<b>Nebraska</b>
<b>Youth</b>	Percent of total population ages 0-17, 2009	18%	24%	25%
<b>Elderly</b>	Percent of total population ages 65 and older, 2009	22%	13%	13%
<b>Rural</b>	Percent of total population living in a rural area, 2000	100%	21%	30%
<b>Not English proficient</b>	Percent of total population that speaks English less than "very well," 2005-2009	1%	9%	4%
<b>Illiteracy</b>	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	8%	15%	7%

\*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). \*\*Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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# 2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead Community Health Needs Assessment Collaborative

Saline County

Nebraska

HEALTH OUTCOMES		Saline	*National Benchmark	Nebraska
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	6,237	5,564	6,209
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	12%	10%	12%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.7	2.6	2.9
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.8	2.3	2.6
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	6.3%	6.0%	7.0%
<b>HEALTH FACTORS</b>				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	19%	15%	20%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m <sup>2</sup> , 2008	31%	25%	29%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	26%	20%	24%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	19%	8%	19%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	-	12.0	16.7
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	145.2	83.0	314.0
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	33.4	22.0	35.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	20%	13%	16%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	12%	7%	9%
Primary care physicians	Ratio of total population to primary care physicians, 2008	1,148:1	631:1	713:1
Mental health providers	Ratio of total population to mental health providers, 2008	13,773:0	2,242:1	3,104:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	-	69.0	63.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	51.8	52.0	69.2
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	80%	89%	84%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	66%	74%	65%

<b>HEALTH FACTORS (continued)</b>	Saline	*National Benchmark	Nebraska
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*Social and Economic Factors*

<b>High school graduation</b>	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	85%	92%	86%
<b>Some college</b>	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	53%	68%	68%
<b>Unemployment</b>	Percent of population ages 16 and older that is unemployed but seeking work, 2009	4.6%	5.3%	4.6%
<b>Child poverty</b>	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	11%	11%	14%
<b>Inadequate social support</b>	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	18%	14%	17%
<b>Children in single-parent households</b>	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	32%	20%	26%
<b>Homicide rate</b>	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	3.0

*Physical Environment*

<b>Air pollution-particulate matter</b>	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	1	0	0
<b>Air pollution-ozone</b>	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
<b>Access to healthy foods</b>	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	50%	92%	45%
<b>Access to recreational facilities</b>	Number of recreational facilities per 100,000 population, 2008	7.0	17.0	12.0

*Demographics*

		Saline	United States	Nebraska
<b>Youth</b>	Percent of total population ages 0-17, 2009	25%	24%	25%
<b>Elderly</b>	Percent of total population ages 65 and older, 2009	16%	13%	13%
<b>Rural</b>	Percent of total population living in a rural area, 2000	57%	21%	30%
<b>Not English proficient</b>	Percent of total population that speaks English less than "very well," 2005-2009	8%	9%	4%
<b>Illiteracy</b>	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	10%	15%	7%

\*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). \*\*Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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# 2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead Community Health Needs Assessment Collaborative

Sarpy County

Nebraska

HEALTH OUTCOMES		Sarpy	*National Benchmark	Nebraska
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	4,412	5,564	6,209
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	10%	10%	12%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.8	2.6	2.9
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.5	2.3	2.6
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	6.9%	6.0%	7.0%
<b>HEALTH FACTORS</b>				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	19%	15%	20%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m <sup>2</sup> , 2008	28%	25%	29%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	20%	20%	24%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	20%	8%	19%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	9.2	12.0	16.7
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	235.3	83.0	314.0
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	26.4	22.0	35.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	14%	13%	16%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	8%	7%	9%
Primary care physicians	Ratio of total population to primary care physicians, 2008	917:1	631:1	713:1
Mental health providers	Ratio of total population to mental health providers, 2008	4,558:1	2,242:1	3,104:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	61.8	69.0	63.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	65.7	52.0	69.2
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	84%	89%	84%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	59%	74%	65%

**HEALTH FACTORS (continued)** Sarpy **\*National Benchmark** Nebraska

*Social and Economic Factors*

<b>High school graduation</b>	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	90%	92%	86%
<b>Some college</b>	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	77%	68%	68%
<b>Unemployment</b>	Percent of population ages 16 and older that is unemployed but seeking work, 2009	4.6%	5.3%	4.6%
<b>Child poverty</b>	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	7%	11%	14%
<b>Inadequate social support</b>	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	15%	14%	17%
<b>Children in single-parent households</b>	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	21%	20%	26%
<b>Homicide rate</b>	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	3.0

*Physical Environment*

<b>Air pollution-particulate matter</b>	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
<b>Air pollution-ozone</b>	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
<b>Access to healthy foods</b>	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	62%	92%	45%
<b>Access to recreational facilities</b>	Number of recreational facilities per 100,000 population, 2008	12.0	17.0	12.0

*Demographics*

		Sarpy	United States	Nebraska
<b>Youth</b>	Percent of total population ages 0-17, 2009	28%	24%	25%
<b>Elderly</b>	Percent of total population ages 65 and older, 2009	9%	13%	13%
<b>Rural</b>	Percent of total population living in a rural area, 2000	7%	21%	30%
<b>Not English proficient</b>	Percent of total population that speaks English less than "very well," 2005-2009	3%	9%	4%
<b>Illiteracy</b>	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	4%	15%	7%

\*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). \*\*Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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# 2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead Community Health Needs Assessment Collaborative

Saunders County

Nebraska

HEALTH OUTCOMES		Saunders	*National Benchmark	Nebraska
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	5,652	5,564	6,209
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	11%	10%	12%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.1	2.6	2.9
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.5	2.3	2.6
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	7.2%	6.0%	7.0%
<b>HEALTH FACTORS</b>				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	18%	15%	20%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m <sup>2</sup> , 2008	29%	25%	29%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	27%	20%	24%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	23%	8%	19%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	25.7	12.0	16.7
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	69.9	83.0	314.0
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	18.5	22.0	35.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	17%	13%	16%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	11%	7%	9%
Primary care physicians	Ratio of total population to primary care physicians, 2008	1,434:1	631:1	713:1
Mental health providers	Ratio of total population to mental health providers, 2008	6,690:1	2,242:1	3,104:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	29.9	69.0	63.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	76.0	52.0	69.2
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	91%	89%	84%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	52%	74%	65%



## HEALTH FACTORS (continued)

Saunders      \*National Benchmark      Nebraska

### Social and Economic Factors

<b>High school graduation</b>	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	100%	92%	86%
<b>Some college</b>	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	71%	68%	68%
<b>Unemployment</b>	Percent of population ages 16 and older that is unemployed but seeking work, 2009	5.1%	5.3%	4.6%
<b>Child poverty</b>	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	9%	11%	14%
<b>Inadequate social support</b>	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	15%	14%	17%
<b>Children in single-parent households</b>	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	16%	20%	26%
<b>Homicide rate</b>	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	3.0

### Physical Environment

<b>Air pollution-particulate matter</b>	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	2	0	0
<b>Air pollution-ozone</b>	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
<b>Access to healthy foods</b>	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	43%	92%	45%
<b>Access to recreational facilities</b>	Number of recreational facilities per 100,000 population, 2008	10.0	17.0	12.0

### Demographics

		Saunders	United States	Nebraska
<b>Youth</b>	Percent of total population ages 0-17, 2009	25%	24%	25%
<b>Elderly</b>	Percent of total population ages 65 and older, 2009	15%	13%	13%
<b>Rural</b>	Percent of total population living in a rural area, 2000	80%	21%	30%
<b>Not English proficient</b>	Percent of total population that speaks English less than "very well," 2005-2009	2%	9%	4%
<b>Illiteracy</b>	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	7%	15%	7%

\*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). \*\*Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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# 2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead Community Health Needs Assessment Collaborative

Scotts Bluff County

Nebraska

HEALTH OUTCOMES		Scotts Bluff	*National Benchmark	Nebraska
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## Mortality

<b>Premature death</b>	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	8,201	5,564	6,209
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## Morbidity

<b>Poor or fair health</b>	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	16%	10%	12%
<b>Poor physical health days</b>	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.8	2.6	2.9
<b>Poor mental health days</b>	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.7	2.3	2.6
<b>Low birthweight</b>	Percent of live births with low birthweight (<2,500 grams), 2001-2007	7.5%	6.0%	7.0%

## HEALTH FACTORS

### Health Behaviors

<b>Adult smoking</b>	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	20%	15%	20%
<b>Adult obesity</b>	Percent of adults that report a body mass index (BMI) of at least 30 kg/m <sup>2</sup> , 2008	31%	25%	29%
<b>Physical inactivity</b>	Percent of adults reporting no leisure time physical activity, 2008	28%	20%	24%
<b>Excessive drinking</b>	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	11%	8%	19%
<b>Motor vehicle crash death rate</b>	Motor vehicle crash deaths per 100,000 population, 2001-2007	24.0	12.0	16.7
<b>Sexually transmitted infections</b>	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	213.4	83.0	314.0
<b>Teen birth rate</b>	Number of teen births per 1,000 females ages 15-19, 2001-2007	59.3	22.0	35.5

### Clinical Care

<b>Uninsured adults</b>	Percent of adult population ages 18-64 without health insurance, 2007	15%	13%	16%
<b>Uninsured youth</b>	Percent of youth ages 0-18 without health insurance, 2007	9%	7%	9%
<b>Primary care physicians</b>	Ratio of total population to primary care physicians, 2008	852:1	631:1	713:1
<b>Mental health providers</b>	Ratio of total population to mental health providers, 2008	2,035:1	2,242:1	3,104:1
<b>Dentist rate</b>	Number of professionally active dentists per 100,000 population, 2007	54.7	69.0	63.0
<b>Preventable hospital stays</b>	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	52.9	52.0	69.2
<b>Diabetic screening</b>	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	82%	89%	84%
<b>Mammography screening</b>	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	61%	74%	65%

**HEALTH FACTORS (continued)**

Scotts Bluff      \*National Benchmark      Nebraska

*Social and Economic Factors*

<b>High school graduation</b>	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	75%	92%	86%
<b>Some college</b>	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	56%	68%	68%
<b>Unemployment</b>	Percent of population ages 16 and older that is unemployed but seeking work, 2009	5.2%	5.3%	4.6%
<b>Child poverty</b>	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	21%	11%	14%
<b>Inadequate social support</b>	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	21%	14%	17%
<b>Children in single-parent households</b>	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	37%	20%	26%
<b>Homicide rate</b>	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	3.0

*Physical Environment*

<b>Air pollution-particulate matter</b>	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
<b>Air pollution-ozone</b>	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
<b>Access to healthy foods</b>	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	67%	92%	45%
<b>Access to recreational facilities</b>	Number of recreational facilities per 100,000 population, 2008	16.0	17.0	12.0

*Demographics*

		Scotts Bluff	United States	Nebraska
<b>Youth</b>	Percent of total population ages 0-17, 2009	25%	24%	25%
<b>Elderly</b>	Percent of total population ages 65 and older, 2009	17%	13%	13%
<b>Rural</b>	Percent of total population living in a rural area, 2000	34%	21%	30%
<b>Not English proficient</b>	Percent of total population that speaks English less than "very well," 2005-2009	4%	9%	4%
<b>Illiteracy</b>	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	9%	15%	7%

\*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). \*\*Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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# 2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead Community Health Needs Assessment Collaborative

Seward County

Nebraska

HEALTH OUTCOMES		Seward	*National Benchmark	Nebraska
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	6,134	5,564	6,209
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	8%	10%	12%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.5	2.6	2.9
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.1	2.3	2.6
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	5.9%	6.0%	7.0%
<b>HEALTH FACTORS</b>				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	14%	15%	20%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m <sup>2</sup> , 2008	28%	25%	29%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	22%	20%	24%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	20%	8%	19%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	-	12.0	16.7
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	83.5	83.0	314.0
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	14.2	22.0	35.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	17%	13%	16%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	11%	7%	9%
Primary care physicians	Ratio of total population to primary care physicians, 2008	834:1	631:1	713:1
Mental health providers	Ratio of total population to mental health providers, 2008	8,337:1	2,242:1	3,104:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	-	69.0	63.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	68.8	52.0	69.2
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	74%	89%	84%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	42%	74%	65%

<b>HEALTH FACTORS (continued)</b>	<b>Seward</b>	<b>*National Benchmark</b>	<b>Nebraska</b>
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*Social and Economic Factors*

<b>High school graduation</b>	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	95%	92%	86%
<b>Some college</b>	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	78%	68%	68%
<b>Unemployment</b>	Percent of population ages 16 and older that is unemployed but seeking work, 2009	4.1%	5.3%	4.6%
<b>Child poverty</b>	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	8%	11%	14%
<b>Inadequate social support</b>	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	13%	14%	17%
<b>Children in single-parent households</b>	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	11%	20%	26%
<b>Homicide rate</b>	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	3.0

*Physical Environment*

<b>Air pollution-particulate matter</b>	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	1	0	0
<b>Air pollution-ozone</b>	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
<b>Access to healthy foods</b>	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	38%	92%	45%
<b>Access to recreational facilities</b>	Number of recreational facilities per 100,000 population, 2008	12.0	17.0	12.0

*Demographics*

		<b>Seward</b>	<b>United States</b>	<b>Nebraska</b>
<b>Youth</b>	Percent of total population ages 0-17, 2009	23%	24%	25%
<b>Elderly</b>	Percent of total population ages 65 and older, 2009	15%	13%	13%
<b>Rural</b>	Percent of total population living in a rural area, 2000	62%	21%	30%
<b>Not English proficient</b>	Percent of total population that speaks English less than "very well," 2005-2009	1%	9%	4%
<b>Illiteracy</b>	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	6%	15%	7%

\*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). \*\*Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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# 2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead Community Health Needs Assessment Collaborative

Sheridan County

Nebraska

HEALTH OUTCOMES		Sheridan	*National Benchmark	Nebraska
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## Mortality

<b>Premature death</b>	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	9,144	5,564	6,209
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## Morbidity

<b>Poor or fair health</b>	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	12%	10%	12%
<b>Poor physical health days</b>	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.0	2.6	2.9
<b>Poor mental health days</b>	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.4	2.3	2.6
<b>Low birthweight</b>	Percent of live births with low birthweight (<2,500 grams), 2001-2007	-	6.0%	7.0%

## HEALTH FACTORS

### Health Behaviors

<b>Adult smoking</b>	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	13%	15%	20%
<b>Adult obesity</b>	Percent of adults that report a body mass index (BMI) of at least 30 kg/m <sup>2</sup> , 2008	28%	25%	29%
<b>Physical inactivity</b>	Percent of adults reporting no leisure time physical activity, 2008	30%	20%	24%
<b>Excessive drinking</b>	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	14%	8%	19%
<b>Motor vehicle crash death rate</b>	Motor vehicle crash deaths per 100,000 population, 2001-2007	-	12.0	16.7
<b>Sexually transmitted infections</b>	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	131.2	83.0	314.0
<b>Teen birth rate</b>	Number of teen births per 1,000 females ages 15-19, 2001-2007	39.6	22.0	35.5

### Clinical Care

<b>Uninsured adults</b>	Percent of adult population ages 18-64 without health insurance, 2007	21%	13%	16%
<b>Uninsured youth</b>	Percent of youth ages 0-18 without health insurance, 2007	14%	7%	9%
<b>Primary care physicians</b>	Ratio of total population to primary care physicians, 2008	882:1	631:1	713:1
<b>Mental health providers</b>	Ratio of total population to mental health providers, 2008	5,290:1	2,242:1	3,104:1
<b>Dentist rate</b>	Number of professionally active dentists per 100,000 population, 2007	74.9	69.0	63.0
<b>Preventable hospital stays</b>	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	67.6	52.0	69.2
<b>Diabetic screening</b>	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	67%	89%	84%
<b>Mammography screening</b>	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	65%	74%	65%

<b>HEALTH FACTORS (continued)</b>	Sheridan	*National Benchmark	Nebraska
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*Social and Economic Factors*

<b>High school graduation</b>	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	-	92%	86%
<b>Some college</b>	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	57%	68%	68%
<b>Unemployment</b>	Percent of population ages 16 and older that is unemployed but seeking work, 2009	4.0%	5.3%	4.6%
<b>Child poverty</b>	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	26%	11%	14%
<b>Inadequate social support</b>	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	20%	14%	17%
<b>Children in single-parent households</b>	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	17%	20%	26%
<b>Homicide rate</b>	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	3.0

*Physical Environment*

<b>Air pollution-particulate matter</b>	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
<b>Air pollution-ozone</b>	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
<b>Access to healthy foods</b>	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	50%	92%	45%
<b>Access to recreational facilities</b>	Number of recreational facilities per 100,000 population, 2008	0.0	17.0	12.0

*Demographics*

		Sheridan	United States	Nebraska
<b>Youth</b>	Percent of total population ages 0-17, 2009	24%	24%	25%
<b>Elderly</b>	Percent of total population ages 65 and older, 2009	22%	13%	13%
<b>Rural</b>	Percent of total population living in a rural area, 2000	100%	21%	30%
<b>Not English proficient</b>	Percent of total population that speaks English less than "very well," 2005-2009	2%	9%	4%
<b>Illiteracy</b>	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	7%	15%	7%

\*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). \*\*Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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# 2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead Community Health Needs Assessment Collaborative

Sherman County

Nebraska

HEALTH OUTCOMES		Sherman	*National Benchmark	Nebraska
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## Mortality

<b>Premature death</b>	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	-	5,564	6,209
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## Morbidity

<b>Poor or fair health</b>	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	16%	10%	12%
<b>Poor physical health days</b>	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.5	2.6	2.9
<b>Poor mental health days</b>	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.3	2.3	2.6
<b>Low birthweight</b>	Percent of live births with low birthweight (<2,500 grams), 2001-2007	-	6.0%	7.0%

## HEALTH FACTORS

### Health Behaviors

<b>Adult smoking</b>	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	20%	15%	20%
<b>Adult obesity</b>	Percent of adults that report a body mass index (BMI) of at least 30 kg/m <sup>2</sup> , 2008	30%	25%	29%
<b>Physical inactivity</b>	Percent of adults reporting no leisure time physical activity, 2008	29%	20%	24%
<b>Excessive drinking</b>	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	18%	8%	19%
<b>Motor vehicle crash death rate</b>	Motor vehicle crash deaths per 100,000 population, 2001-2007	-	12.0	16.7
<b>Sexually transmitted infections</b>	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	-	83.0	314.0
<b>Teen birth rate</b>	Number of teen births per 1,000 females ages 15-19, 2001-2007	-	22.0	35.5

### Clinical Care

<b>Uninsured adults</b>	Percent of adult population ages 18-64 without health insurance, 2007	19%	13%	16%
<b>Uninsured youth</b>	Percent of youth ages 0-18 without health insurance, 2007	12%	7%	9%
<b>Primary care physicians</b>	Ratio of total population to primary care physicians, 2008	2,925:1	631:1	713:1
<b>Mental health providers</b>	Ratio of total population to mental health providers, 2008	2,925:0	2,242:1	3,104:1
<b>Dentist rate</b>	Number of professionally active dentists per 100,000 population, 2007	33.4	69.0	63.0
<b>Preventable hospital stays</b>	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	79.3	52.0	69.2
<b>Diabetic screening</b>	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	77%	89%	84%
<b>Mammography screening</b>	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	65%	74%	65%

## HEALTH FACTORS (continued)

Sherman      \*National Benchmark      Nebraska

### Social and Economic Factors

<b>High school graduation</b>	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	95%	92%	86%
<b>Some college</b>	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	53%	68%	68%
<b>Unemployment</b>	Percent of population ages 16 and older that is unemployed but seeking work, 2009	3.4%	5.3%	4.6%
<b>Child poverty</b>	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	20%	11%	14%
<b>Inadequate social support</b>	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	17%	14%	17%
<b>Children in single-parent households</b>	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	19%	20%	26%
<b>Homicide rate</b>	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	3.0

### Physical Environment

<b>Air pollution-particulate matter</b>	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
<b>Air pollution-ozone</b>	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
<b>Access to healthy foods</b>	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	40%	92%	45%
<b>Access to recreational facilities</b>	Number of recreational facilities per 100,000 population, 2008	0.0	17.0	12.0

### Demographics

Sherman      United States      Nebraska

<b>Youth</b>	Percent of total population ages 0-17, 2009	23%	24%	25%
<b>Elderly</b>	Percent of total population ages 65 and older, 2009	23%	13%	13%
<b>Rural</b>	Percent of total population living in a rural area, 2000	100%	21%	30%
<b>Not English proficient</b>	Percent of total population that speaks English less than "very well," 2005-2009	1%	9%	4%
<b>Illiteracy</b>	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	8%	15%	7%

\*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). \*\*Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

Source: The overall format and content of the County Health Profiles is based largely on County Health Rankings, a key component of the Mobilizing Action Toward Community Health (MATCH) project - a collaboration between the Robert Wood Johnson Foundation and the University of Wisconsin Population Health Institute, <http://www.countyhealthrankings.org/>. Additional data sources include the U.S. Census Bureau, Small Area Health Insurance Estimates, <http://www.census.gov/sahie/> and the Centers for Disease Control and Prevention's National Center for Health Statistics - the Health Indicators Warehouse, <http://healthindicators.gov> and "Health, United States, 2010," Table 109, <http://www.cdc.gov/nchs/hus.htm>.

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# 2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead Community Health Needs Assessment Collaborative

Sioux County

Nebraska

HEALTH OUTCOMES		Sioux	*National Benchmark	Nebraska
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	-	5,564	6,209
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	13%	10%	12%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	1.8	2.6	2.9
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.4	2.3	2.6
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	-	6.0%	7.0%
<b>HEALTH FACTORS</b>				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	10%	15%	20%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m <sup>2</sup> , 2008	29%	25%	29%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	28%	20%	24%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	10%	8%	19%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	-	12.0	16.7
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	-	83.0	314.0
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	-	22.0	35.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	15%	13%	16%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	9%	7%	9%
Primary care physicians	Ratio of total population to primary care physicians, 2008	-	631:1	713:1
Mental health providers	Ratio of total population to mental health providers, 2008	1,311:0	2,242:1	3,104:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	77.7	69.0	63.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	50.4	52.0	69.2
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	-	89%	84%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	-	74%	65%

**HEALTH FACTORS (continued)** Sioux **\*National Benchmark** Nebraska

*Social and Economic Factors*

<b>High school graduation</b>	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	-	92%	86%
<b>Some college</b>	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	58%	68%	68%
<b>Unemployment</b>	Percent of population ages 16 and older that is unemployed but seeking work, 2009	3.4%	5.3%	4.6%
<b>Child poverty</b>	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	24%	11%	14%
<b>Inadequate social support</b>	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	14%	14%	17%
<b>Children in single-parent households</b>	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	12%	20%	26%
<b>Homicide rate</b>	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	3.0

*Physical Environment*

<b>Air pollution-particulate matter</b>	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
<b>Air pollution-ozone</b>	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
<b>Access to healthy foods</b>	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	0%	92%	45%
<b>Access to recreational facilities</b>	Number of recreational facilities per 100,000 population, 2008	0.0	17.0	12.0

*Demographics*

		Sioux	United States	Nebraska
<b>Youth</b>	Percent of total population ages 0-17, 2009	19%	24%	25%
<b>Elderly</b>	Percent of total population ages 65 and older, 2009	17%	13%	13%
<b>Rural</b>	Percent of total population living in a rural area, 2000	100%	21%	30%
<b>Not English proficient</b>	Percent of total population that speaks English less than "very well," 2005-2009	0%	9%	4%
<b>Illiteracy</b>	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	6%	15%	7%

\*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). \*\*Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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# 2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead Community Health Needs Assessment Collaborative

Stanton County

Nebraska

HEALTH OUTCOMES	Stanton	*National Benchmark	Nebraska
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## Mortality

<b>Premature death</b>	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	4,723	5,564	6,209
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## Morbidity

<b>Poor or fair health</b>	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	11%	10%	12%
<b>Poor physical health days</b>	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.4	2.6	2.9
<b>Poor mental health days</b>	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	1.6	2.3	2.6
<b>Low birthweight</b>	Percent of live births with low birthweight (<2,500 grams), 2001-2007	-	6.0%	7.0%

## HEALTH FACTORS

### Health Behaviors

<b>Adult smoking</b>	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	24%	15%	20%
<b>Adult obesity</b>	Percent of adults that report a body mass index (BMI) of at least 30 kg/m <sup>2</sup> , 2008	32%	25%	29%
<b>Physical inactivity</b>	Percent of adults reporting no leisure time physical activity, 2008	27%	20%	24%
<b>Excessive drinking</b>	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	22%	8%	19%
<b>Motor vehicle crash death rate</b>	Motor vehicle crash deaths per 100,000 population, 2001-2007	-	12.0	16.7
<b>Sexually transmitted infections</b>	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	126.8	83.0	314.0
<b>Teen birth rate</b>	Number of teen births per 1,000 females ages 15-19, 2001-2007	24.2	22.0	35.5

### Clinical Care

<b>Uninsured adults</b>	Percent of adult population ages 18-64 without health insurance, 2007	17%	13%	16%
<b>Uninsured youth</b>	Percent of youth ages 0-18 without health insurance, 2007	10%	7%	9%
<b>Primary care physicians</b>	Ratio of total population to primary care physicians, 2008	-	631:1	713:1
<b>Mental health providers</b>	Ratio of total population to mental health providers, 2008	6,260:1	2,242:1	3,104:1
<b>Dentist rate</b>	Number of professionally active dentists per 100,000 population, 2007	15.8	69.0	63.0
<b>Preventable hospital stays</b>	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	67.5	52.0	69.2
<b>Diabetic screening</b>	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	89%	89%	84%
<b>Mammography screening</b>	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	67%	74%	65%

**HEALTH FACTORS (continued)** Stanton **\*National Benchmark** Nebraska

*Social and Economic Factors*

<b>High school graduation</b>	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	80%	92%	86%
<b>Some college</b>	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	63%	68%	68%
<b>Unemployment</b>	Percent of population ages 16 and older that is unemployed but seeking work, 2009	4.2%	5.3%	4.6%
<b>Child poverty</b>	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	12%	11%	14%
<b>Inadequate social support</b>	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	22%	14%	17%
<b>Children in single-parent households</b>	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	24%	20%	26%
<b>Homicide rate</b>	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	3.0

*Physical Environment*

<b>Air pollution-particulate matter</b>	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	1	0	0
<b>Air pollution-ozone</b>	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
<b>Access to healthy foods</b>	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	50%	92%	45%
<b>Access to recreational facilities</b>	Number of recreational facilities per 100,000 population, 2008	0.0	17.0	12.0

*Demographics*

		Stanton	United States	Nebraska
<b>Youth</b>	Percent of total population ages 0-17, 2009	25%	24%	25%
<b>Elderly</b>	Percent of total population ages 65 and older, 2009	13%	13%	13%
<b>Rural</b>	Percent of total population living in a rural area, 2000	73%	21%	30%
<b>Not English proficient</b>	Percent of total population that speaks English less than "very well," 2005-2009	1%	9%	4%
<b>Illiteracy</b>	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	7%	15%	7%

\*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). \*\*Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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# 2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead Community Health Needs Assessment Collaborative

Thayer County

Nebraska

HEALTH OUTCOMES		Thayer	*National Benchmark	Nebraska
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	-	5,564	6,209
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	11%	10%	12%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.8	2.6	2.9
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.5	2.3	2.6
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	-	6.0%	7.0%
<b>HEALTH FACTORS</b>				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	12%	15%	20%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m <sup>2</sup> , 2008	30%	25%	29%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	30%	20%	24%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	23%	8%	19%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	-	12.0	16.7
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	-	83.0	314.0
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	21.0	22.0	35.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	20%	13%	16%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	14%	7%	9%
Primary care physicians	Ratio of total population to primary care physicians, 2008	635:1	631:1	713:1
Mental health providers	Ratio of total population to mental health providers, 2008	5,083:0	2,242:1	3,104:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	19.6	69.0	63.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	92.2	52.0	69.2
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	89%	89%	84%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	69%	74%	65%



**HEALTH FACTORS (continued)** Thayer **\*National Benchmark** Nebraska

*Social and Economic Factors*

<b>High school graduation</b>	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	95%	92%	86%
<b>Some college</b>	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	62%	68%	68%
<b>Unemployment</b>	Percent of population ages 16 and older that is unemployed but seeking work, 2009	4.4%	5.3%	4.6%
<b>Child poverty</b>	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	17%	11%	14%
<b>Inadequate social support</b>	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	19%	14%	17%
<b>Children in single-parent households</b>	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	17%	20%	26%
<b>Homicide rate</b>	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	3.0

*Physical Environment*

<b>Air pollution-particulate matter</b>	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	1	0	0
<b>Air pollution-ozone</b>	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
<b>Access to healthy foods</b>	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	36%	92%	45%
<b>Access to recreational facilities</b>	Number of recreational facilities per 100,000 population, 2008	0.0	17.0	12.0

*Demographics*

		Thayer	United States	Nebraska
<b>Youth</b>	Percent of total population ages 0-17, 2009	22%	24%	25%
<b>Elderly</b>	Percent of total population ages 65 and older, 2009	26%	13%	13%
<b>Rural</b>	Percent of total population living in a rural area, 2000	100%	21%	30%
<b>Not English proficient</b>	Percent of total population that speaks English less than "very well," 2005-2009	0%	9%	4%
<b>Illiteracy</b>	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	8%	15%	7%

\*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). \*\*Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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# 2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead Community Health Needs Assessment Collaborative

Thomas County

Nebraska

HEALTH OUTCOMES		Thomas	*National Benchmark	Nebraska
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	-	5,564	6,209
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	6%	10%	12%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	1.3	2.6	2.9
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	0.7	2.3	2.6
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	-	6.0%	7.0%
<b>HEALTH FACTORS</b>				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	11%	15%	20%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m <sup>2</sup> , 2008	30%	25%	29%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	27%	20%	24%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	-	8%	19%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	-	12.0	16.7
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	-	83.0	314.0
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	-	22.0	35.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	17%	13%	16%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	11%	7%	9%
Primary care physicians	Ratio of total population to primary care physicians, 2008	583:0	631:1	713:1
Mental health providers	Ratio of total population to mental health providers, 2008	583:0	2,242:1	3,104:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	-	69.0	63.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	70.9	52.0	69.2
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	-	89%	84%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	-	74%	65%

**HEALTH FACTORS (continued)** Thomas **\*National Benchmark** Nebraska

*Social and Economic Factors*

<b>High school graduation</b>	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	70%	92%	86%
<b>Some college</b>	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	77%	68%	68%
<b>Unemployment</b>	Percent of population ages 16 and older that is unemployed but seeking work, 2009	4.6%	5.3%	4.6%
<b>Child poverty</b>	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	24%	11%	14%
<b>Inadequate social support</b>	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	14%	14%	17%
<b>Children in single-parent households</b>	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	6%	20%	26%
<b>Homicide rate</b>	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	3.0

*Physical Environment*

<b>Air pollution-particulate matter</b>	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
<b>Air pollution-ozone</b>	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
<b>Access to healthy foods</b>	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	33%	92%	45%
<b>Access to recreational facilities</b>	Number of recreational facilities per 100,000 population, 2008	0.0	17.0	12.0

*Demographics*

		Thomas	United States	Nebraska
<b>Youth</b>	Percent of total population ages 0-17, 2009	19%	24%	25%
<b>Elderly</b>	Percent of total population ages 65 and older, 2009	21%	13%	13%
<b>Rural</b>	Percent of total population living in a rural area, 2000	100%	21%	30%
<b>Not English proficient</b>	Percent of total population that speaks English less than "very well," 2005-2009	0%	9%	4%
<b>Illiteracy</b>	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	7%	15%	7%

\*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). \*\*Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

Source: The overall format and content of the County Health Profiles is based largely on County Health Rankings, a key component of the Mobilizing Action Toward Community Health (MATCH) project - a collaboration between the Robert Wood Johnson Foundation and the University of Wisconsin Population Health Institute, <http://www.countyhealthrankings.org/>. Additional data sources include the U.S. Census Bureau, Small Area Health Insurance Estimates, <http://www.census.gov/sahie/> and the Centers for Disease Control and Prevention's National Center for Health Statistics - the Health Indicators Warehouse, <http://healthindicators.gov> and "Health, United States, 2010," Table 109, <http://www.cdc.gov/nchs/hus.htm>.

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# 2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead Community Health Needs Assessment Collaborative

Thurston County

Nebraska

HEALTH OUTCOMES		Thurston	*National Benchmark	Nebraska
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	14,836	5,564	6,209
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	19%	10%	12%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.1	2.6	2.9
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.5	2.3	2.6
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	5.0%	6.0%	7.0%
<b>HEALTH FACTORS</b>				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	34%	15%	20%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m <sup>2</sup> , 2008	32%	25%	29%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	32%	20%	24%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	24%	8%	19%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	39.9	12.0	16.7
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	1112.4	83.0	314.0
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	113.6	22.0	35.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	19%	13%	16%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	12%	7%	9%
Primary care physicians	Ratio of total population to primary care physicians, 2008	801:1	631:1	713:1
Mental health providers	Ratio of total population to mental health providers, 2008	7,208:0	2,242:1	3,104:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	-	69.0	63.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	129.3	52.0	69.2
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	31%	89%	84%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	47%	74%	65%

**HEALTH FACTORS (continued)** Thurston **\*National Benchmark** Nebraska

*Social and Economic Factors*

<b>High school graduation</b>	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	70%	92%	86%
<b>Some college</b>	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	50%	68%	68%
<b>Unemployment</b>	Percent of population ages 16 and older that is unemployed but seeking work, 2009	10.6%	5.3%	4.6%
<b>Child poverty</b>	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	41%	11%	14%
<b>Inadequate social support</b>	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	24%	14%	17%
<b>Children in single-parent households</b>	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	50%	20%	26%
<b>Homicide rate</b>	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	3.0

*Physical Environment*

<b>Air pollution-particulate matter</b>	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	2	0	0
<b>Air pollution-ozone</b>	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
<b>Access to healthy foods</b>	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	17%	92%	45%
<b>Access to recreational facilities</b>	Number of recreational facilities per 100,000 population, 2008	14.0	17.0	12.0

*Demographics*

		Thurston	United States	Nebraska
<b>Youth</b>	Percent of total population ages 0-17, 2009	35%	24%	25%
<b>Elderly</b>	Percent of total population ages 65 and older, 2009	12%	13%	13%
<b>Rural</b>	Percent of total population living in a rural area, 2000	100%	21%	30%
<b>Not English proficient</b>	Percent of total population that speaks English less than "very well," 2005-2009	1%	9%	4%
<b>Illiteracy</b>	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	9%	15%	7%

\*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). \*\*Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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# 2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead Community Health Needs Assessment Collaborative

Valley County

Nebraska

HEALTH OUTCOMES		Valley	*National Benchmark	Nebraska
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	-	5,564	6,209
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	20%	10%	12%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.8	2.6	2.9
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.3	2.3	2.6
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	-	6.0%	7.0%
<b>HEALTH FACTORS</b>				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	15%	15%	20%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m <sup>2</sup> , 2008	29%	25%	29%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	30%	20%	24%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	19%	8%	19%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	-	12.0	16.7
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	47.8	83.0	314.0
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	21.1	22.0	35.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	18%	13%	16%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	11%	7%	9%
Primary care physicians	Ratio of total population to primary care physicians, 2008	2,072:1	631:1	713:1
Mental health providers	Ratio of total population to mental health providers, 2008	4,144:0	2,242:1	3,104:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	71.7	69.0	63.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	93.1	52.0	69.2
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	68%	89%	84%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	50%	74%	65%

**HEALTH FACTORS (continued)** Valley **\*National Benchmark** Nebraska

*Social and Economic Factors*

<b>High school graduation</b>	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	100%	92%	86%
<b>Some college</b>	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	62%	68%	68%
<b>Unemployment</b>	Percent of population ages 16 and older that is unemployed but seeking work, 2009	3.4%	5.3%	4.6%
<b>Child poverty</b>	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	21%	11%	14%
<b>Inadequate social support</b>	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	23%	14%	17%
<b>Children in single-parent households</b>	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	18%	20%	26%
<b>Homicide rate</b>	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	3.0

*Physical Environment*

<b>Air pollution-particulate matter</b>	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
<b>Air pollution-ozone</b>	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
<b>Access to healthy foods</b>	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	50%	92%	45%
<b>Access to recreational facilities</b>	Number of recreational facilities per 100,000 population, 2008	0.0	17.0	12.0

*Demographics*

		Valley	United States	Nebraska
<b>Youth</b>	Percent of total population ages 0-17, 2009	22%	24%	25%
<b>Elderly</b>	Percent of total population ages 65 and older, 2009	24%	13%	13%
<b>Rural</b>	Percent of total population living in a rural area, 2000	100%	21%	30%
<b>Not English proficient</b>	Percent of total population that speaks English less than "very well," 2005-2009	1%	9%	4%
<b>Illiteracy</b>	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	8%	15%	7%

\*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). \*\*Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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# 2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead Community Health Needs Assessment Collaborative

Washington County

Nebraska

<b>HEALTH OUTCOMES</b>		Washington	*National Benchmark	Nebraska
<i>Mortality</i>				
<b>Premature death</b>	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	4,281	5,564	6,209
<i>Morbidity</i>				
<b>Poor or fair health</b>	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	10%	10%	12%
<b>Poor physical health days</b>	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.1	2.6	2.9
<b>Poor mental health days</b>	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.1	2.3	2.6
<b>Low birthweight</b>	Percent of live births with low birthweight (<2,500 grams), 2001-2007	6.4%	6.0%	7.0%
<b>HEALTH FACTORS</b>				
<i>Health Behaviors</i>				
<b>Adult smoking</b>	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	20%	15%	20%
<b>Adult obesity</b>	Percent of adults that report a body mass index (BMI) of at least 30 kg/m <sup>2</sup> , 2008	29%	25%	29%
<b>Physical inactivity</b>	Percent of adults reporting no leisure time physical activity, 2008	23%	20%	24%
<b>Excessive drinking</b>	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	20%	8%	19%
<b>Motor vehicle crash death rate</b>	Motor vehicle crash deaths per 100,000 population, 2001-2007	19.8	12.0	16.7
<b>Sexually transmitted infections</b>	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	141.3	83.0	314.0
<b>Teen birth rate</b>	Number of teen births per 1,000 females ages 15-19, 2001-2007	14.9	22.0	35.5
<i>Clinical Care</i>				
<b>Uninsured adults</b>	Percent of adult population ages 18-64 without health insurance, 2007	15%	13%	16%
<b>Uninsured youth</b>	Percent of youth ages 0-18 without health insurance, 2007	9%	7%	9%
<b>Primary care physicians</b>	Ratio of total population to primary care physicians, 2008	1,159:1	631:1	713:1
<b>Mental health providers</b>	Ratio of total population to mental health providers, 2008	19,710:1	2,242:1	3,104:1
<b>Dentist rate</b>	Number of professionally active dentists per 100,000 population, 2007	-	69.0	63.0
<b>Preventable hospital stays</b>	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	73.9	52.0	69.2
<b>Diabetic screening</b>	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	91%	89%	84%
<b>Mammography screening</b>	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	78%	74%	65%

**HEALTH FACTORS (continued)**

Washington **\*National Benchmark** Nebraska

*Social and Economic Factors*

<b>High school graduation</b>	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	90%	92%	86%
<b>Some college</b>	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	72%	68%	68%
<b>Unemployment</b>	Percent of population ages 16 and older that is unemployed but seeking work, 2009	4.5%	5.3%	4.6%
<b>Child poverty</b>	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	8%	11%	14%
<b>Inadequate social support</b>	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	14%	14%	17%
<b>Children in single-parent households</b>	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	10%	20%	26%
<b>Homicide rate</b>	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	3.0

*Physical Environment*

<b>Air pollution-particulate matter</b>	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	2	0	0
<b>Air pollution-ozone</b>	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
<b>Access to healthy foods</b>	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	17%	92%	45%
<b>Access to recreational facilities</b>	Number of recreational facilities per 100,000 population, 2008	15.0	17.0	12.0

*Demographics*

		Washington	United States	Nebraska
<b>Youth</b>	Percent of total population ages 0-17, 2009	25%	24%	25%
<b>Elderly</b>	Percent of total population ages 65 and older, 2009	14%	13%	13%
<b>Rural</b>	Percent of total population living in a rural area, 2000	61%	21%	30%
<b>Not English proficient</b>	Percent of total population that speaks English less than "very well," 2005-2009	1%	9%	4%
<b>Illiteracy</b>	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	6%	15%	7%

\*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). \*\*Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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# 2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead Community Health Needs Assessment Collaborative

Wayne County

Nebraska

HEALTH OUTCOMES		Wayne	*National Benchmark	Nebraska
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	-	5,564	6,209
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	11%	10%	12%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	1.8	2.6	2.9
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.1	2.3	2.6
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	-	6.0%	7.0%
<b>HEALTH FACTORS</b>				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	17%	15%	20%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m <sup>2</sup> , 2008	30%	25%	29%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	24%	20%	24%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	21%	8%	19%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	-	12.0	16.7
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	86.3	83.0	314.0
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	10.4	22.0	35.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	20%	13%	16%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	10%	7%	9%
Primary care physicians	Ratio of total population to primary care physicians, 2008	1,151:1	631:1	713:1
Mental health providers	Ratio of total population to mental health providers, 2008	9,210:1	2,242:1	3,104:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	-	69.0	63.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	74.4	52.0	69.2
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	86%	89%	84%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	69%	74%	65%

**HEALTH FACTORS (continued)** Wayne **\*National Benchmark** Nebraska

*Social and Economic Factors*

<b>High school graduation</b>	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	95%	92%	86%
<b>Some college</b>	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	78%	68%	68%
<b>Unemployment</b>	Percent of population ages 16 and older that is unemployed but seeking work, 2009	4.0%	5.3%	4.6%
<b>Child poverty</b>	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	12%	11%	14%
<b>Inadequate social support</b>	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	22%	14%	17%
<b>Children in single-parent households</b>	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	23%	20%	26%
<b>Homicide rate</b>	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	3.0

*Physical Environment*

<b>Air pollution-particulate matter</b>	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	1	0	0
<b>Air pollution-ozone</b>	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
<b>Access to healthy foods</b>	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	50%	92%	45%
<b>Access to recreational facilities</b>	Number of recreational facilities per 100,000 population, 2008	0.0	17.0	12.0

*Demographics*

		Wayne	United States	Nebraska
<b>Youth</b>	Percent of total population ages 0-17, 2009	18%	24%	25%
<b>Elderly</b>	Percent of total population ages 65 and older, 2009	13%	13%	13%
<b>Rural</b>	Percent of total population living in a rural area, 2000	44%	21%	30%
<b>Not English proficient</b>	Percent of total population that speaks English less than "very well," 2005-2009	2%	9%	4%
<b>Illiteracy</b>	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	6%	15%	7%

\*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). \*\*Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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# 2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead Community Health Needs Assessment Collaborative

**Webster County**

Nebraska

<b>HEALTH OUTCOMES</b>	<b>Webster</b>	<b>*National Benchmark</b>	<b>Nebraska</b>
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## *Mortality*

<b>Premature death</b>	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	-	5,564	6,209
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## *Morbidity*

<b>Poor or fair health</b>	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	13%	10%	12%
<b>Poor physical health days</b>	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.9	2.6	2.9
<b>Poor mental health days</b>	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.9	2.3	2.6
<b>Low birthweight</b>	Percent of live births with low birthweight (<2,500 grams), 2001-2007	-	6.0%	7.0%

## **HEALTH FACTORS**

### *Health Behaviors*

<b>Adult smoking</b>	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	20%	15%	20%
<b>Adult obesity</b>	Percent of adults that report a body mass index (BMI) of at least 30 kg/m <sup>2</sup> , 2008	30%	25%	29%
<b>Physical inactivity</b>	Percent of adults reporting no leisure time physical activity, 2008	31%	20%	24%
<b>Excessive drinking</b>	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	17%	8%	19%
<b>Motor vehicle crash death rate</b>	Motor vehicle crash deaths per 100,000 population, 2001-2007	-	12.0	16.7
<b>Sexually transmitted infections</b>	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	114.0	83.0	314.0
<b>Teen birth rate</b>	Number of teen births per 1,000 females ages 15-19, 2001-2007	-	22.0	35.5

### *Clinical Care*

<b>Uninsured adults</b>	Percent of adult population ages 18-64 without health insurance, 2007	20%	13%	16%
<b>Uninsured youth</b>	Percent of youth ages 0-18 without health insurance, 2007	13%	7%	9%
<b>Primary care physicians</b>	Ratio of total population to primary care physicians, 2008	694:1	631:1	713:1
<b>Mental health providers</b>	Ratio of total population to mental health providers, 2008	3,471:0	2,242:1	3,104:1
<b>Dentist rate</b>	Number of professionally active dentists per 100,000 population, 2007	0.0	69.0	63.0
<b>Preventable hospital stays</b>	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	132.4	52.0	69.2
<b>Diabetic screening</b>	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	66%	89%	84%
<b>Mammography screening</b>	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	93%	74%	65%

## HEALTH FACTORS (continued)

Webster \*National Benchmark Nebraska

### Social and Economic Factors

<b>High school graduation</b>	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	100%	92%	86%
<b>Some college</b>	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	50%	68%	68%
<b>Unemployment</b>	Percent of population ages 16 and older that is unemployed but seeking work, 2009	4.0%	5.3%	4.6%
<b>Child poverty</b>	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	17%	11%	14%
<b>Inadequate social support</b>	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	18%	14%	17%
<b>Children in single-parent households</b>	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	16%	20%	26%
<b>Homicide rate</b>	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	3.0

### Physical Environment

<b>Air pollution-particulate matter</b>	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	1	0	0
<b>Air pollution-ozone</b>	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
<b>Access to healthy foods</b>	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	40%	92%	45%
<b>Access to recreational facilities</b>	Number of recreational facilities per 100,000 population, 2008	0.0	17.0	12.0

### Demographics

		Webster	United States	Nebraska
<b>Youth</b>	Percent of total population ages 0-17, 2009	22%	24%	25%
<b>Elderly</b>	Percent of total population ages 65 and older, 2009	26%	13%	13%
<b>Rural</b>	Percent of total population living in a rural area, 2000	100%	21%	30%
<b>Not English proficient</b>	Percent of total population that speaks English less than "very well," 2005-2009	1%	9%	4%
<b>Illiteracy</b>	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	8%	15%	7%

\*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). \*\*Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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# 2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead Community Health Needs Assessment Collaborative

**Wheeler County**

Nebraska

<b>HEALTH OUTCOMES</b>		<b>Wheeler</b>	<b>*National Benchmark</b>	<b>Nebraska</b>
<i>Mortality</i>				
<b>Premature death</b>	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	-	5,564	6,209
<i>Morbidity</i>				
<b>Poor or fair health</b>	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	11%	10%	12%
<b>Poor physical health days</b>	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.4	2.6	2.9
<b>Poor mental health days</b>	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.1	2.3	2.6
<b>Low birthweight</b>	Percent of live births with low birthweight (<2,500 grams), 2001-2007	-	6.0%	7.0%
<b>HEALTH FACTORS</b>				
<i>Health Behaviors</i>				
<b>Adult smoking</b>	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	8%	15%	20%
<b>Adult obesity</b>	Percent of adults that report a body mass index (BMI) of at least 30 kg/m2, 2008	29%	25%	29%
<b>Physical inactivity</b>	Percent of adults reporting no leisure time physical activity, 2008	27%	20%	24%
<b>Excessive drinking</b>	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	-	8%	19%
<b>Motor vehicle crash death rate</b>	Motor vehicle crash deaths per 100,000 population, 2001-2007	-	12.0	16.7
<b>Sexually transmitted infections</b>	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	-	83.0	314.0
<b>Teen birth rate</b>	Number of teen births per 1,000 females ages 15-19, 2001-2007	-	22.0	35.5
<i>Clinical Care</i>				
<b>Uninsured adults</b>	Percent of adult population ages 18-64 without health insurance, 2007	13%	13%	16%
<b>Uninsured youth</b>	Percent of youth ages 0-18 without health insurance, 2007	8%	7%	9%
<b>Primary care physicians</b>	Ratio of total population to primary care physicians, 2008	790:0	631:1	713:1
<b>Mental health providers</b>	Ratio of total population to mental health providers, 2008	790:0	2,242:1	3,104:1
<b>Dentist rate</b>	Number of professionally active dentists per 100,000 population, 2007	0.0	69.0	63.0
<b>Preventable hospital stays</b>	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	65.7	52.0	69.2
<b>Diabetic screening</b>	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	-	89%	84%
<b>Mammography screening</b>	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	-	74%	65%



**HEALTH FACTORS (continued)** Wheeler **\*National Benchmark** Nebraska

*Social and Economic Factors*

<b>High school graduation</b>	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	-	92%	86%
<b>Some college</b>	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	78%	68%	68%
<b>Unemployment</b>	Percent of population ages 16 and older that is unemployed but seeking work, 2009	3.7%	5.3%	4.6%
<b>Child poverty</b>	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	33%	11%	14%
<b>Inadequate social support</b>	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	-	14%	17%
<b>Children in single-parent households</b>	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	21%	20%	26%
<b>Homicide rate</b>	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	3.0

*Physical Environment*

<b>Air pollution-particulate matter</b>	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
<b>Air pollution-ozone</b>	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
<b>Access to healthy foods</b>	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	0%	92%	45%
<b>Access to recreational facilities</b>	Number of recreational facilities per 100,000 population, 2008	0.0	17.0	12.0

*Demographics*

		Wheeler	United States	Nebraska
<b>Youth</b>	Percent of total population ages 0-17, 2009	22%	24%	25%
<b>Elderly</b>	Percent of total population ages 65 and older, 2009	18%	13%	13%
<b>Rural</b>	Percent of total population living in a rural area, 2000	100%	21%	30%
<b>Not English proficient</b>	Percent of total population that speaks English less than "very well," 2005-2009	0%	9%	4%
<b>Illiteracy</b>	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	6%	15%	7%

\*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). \*\*Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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# 2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead Community Health Needs Assessment Collaborative

York County

Nebraska

<b>HEALTH OUTCOMES</b>		York	*National Benchmark	Nebraska
<i>Mortality</i>				
<b>Premature death</b>	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	3,624	5,564	6,209
<i>Morbidity</i>				
<b>Poor or fair health</b>	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	15%	10%	12%
<b>Poor physical health days</b>	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.1	2.6	2.9
<b>Poor mental health days</b>	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.6	2.3	2.6
<b>Low birthweight</b>	Percent of live births with low birthweight (<2,500 grams), 2001-2007	7.4%	6.0%	7.0%
<b>HEALTH FACTORS</b>				
<i>Health Behaviors</i>				
<b>Adult smoking</b>	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	18%	15%	20%
<b>Adult obesity</b>	Percent of adults that report a body mass index (BMI) of at least 30 kg/m <sup>2</sup> , 2008	32%	25%	29%
<b>Physical inactivity</b>	Percent of adults reporting no leisure time physical activity, 2008	29%	20%	24%
<b>Excessive drinking</b>	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	15%	8%	19%
<b>Motor vehicle crash death rate</b>	Motor vehicle crash deaths per 100,000 population, 2001-2007	-	12.0	16.7
<b>Sexually transmitted infections</b>	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	84.5	83.0	314.0
<b>Teen birth rate</b>	Number of teen births per 1,000 females ages 15-19, 2001-2007	25.0	22.0	35.5
<i>Clinical Care</i>				
<b>Uninsured adults</b>	Percent of adult population ages 18-64 without health insurance, 2007	16%	13%	16%
<b>Uninsured youth</b>	Percent of youth ages 0-18 without health insurance, 2007	10%	7%	9%
<b>Primary care physicians</b>	Ratio of total population to primary care physicians, 2008	876:1	631:1	713:1
<b>Mental health providers</b>	Ratio of total population to mental health providers, 2008	4,671:1	2,242:1	3,104:1
<b>Dentist rate</b>	Number of professionally active dentists per 100,000 population, 2007	49.3	69.0	63.0
<b>Preventable hospital stays</b>	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	67.5	52.0	69.2
<b>Diabetic screening</b>	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	86%	89%	84%
<b>Mammography screening</b>	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	57%	74%	65%

<b>HEALTH FACTORS (continued)</b>	York	*National Benchmark	Nebraska
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*Social and Economic Factors*

<b>High school graduation</b>	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	100%	92%	86%
<b>Some college</b>	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	59%	68%	68%
<b>Unemployment</b>	Percent of population ages 16 and older that is unemployed but seeking work, 2009	5.0%	5.3%	4.6%
<b>Child poverty</b>	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	13%	11%	14%
<b>Inadequate social support</b>	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	20%	14%	17%
<b>Children in single-parent households</b>	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	20%	20%	26%
<b>Homicide rate</b>	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	3.0

*Physical Environment*

<b>Air pollution-particulate matter</b>	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	1	0	0
<b>Air pollution-ozone</b>	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
<b>Access to healthy foods</b>	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	29%	92%	45%
<b>Access to recreational facilities</b>	Number of recreational facilities per 100,000 population, 2008	0.0	17.0	12.0

*Demographics*

		York	United States	Nebraska
<b>Youth</b>	Percent of total population ages 0-17, 2009	23%	24%	25%
<b>Elderly</b>	Percent of total population ages 65 and older, 2009	18%	13%	13%
<b>Rural</b>	Percent of total population living in a rural area, 2000	47%	21%	30%
<b>Not English proficient</b>	Percent of total population that speaks English less than "very well," 2005-2009	2%	9%	4%
<b>Illiteracy</b>	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	7%	15%	7%

\*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). \*\*Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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