

2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead Community Health Needs Assessment Collaborative

Aitkin County

Minnesota

HEALTH OUTCOMES		Aitkin	*National Benchmark	Minnesota
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	5,214	5,564	5,272
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	-	10%	11%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.9	2.6	3.1
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.8	2.3	2.8
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	5.4%	6.0%	6.5%
HEALTH FACTORS				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	15%	15%	19%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m ² , 2008	27%	25%	26%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	21%	20%	17%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	15%	8%	20%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	21.8	12.0	12.9
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	57.2	83.0	276.1
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	32.5	22.0	27.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	15%	13%	11%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	9%	7%	6%
Primary care physicians	Ratio of total population to primary care physicians, 2008	757:1	631:1	636:1
Mental health providers	Ratio of total population to mental health providers, 2008	15,891:1	2,242:1	1,306:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	31.8	69.0	61.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	74.0	52.0	56.5
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	75%	89%	88%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	82%	74%	73%

HEALTH FACTORS (continued)

Aitkin *National Benchmark Minnesota

Social and Economic Factors

High school graduation	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	90%	92%	87%
Some college	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	56%	68%	72%
Unemployment	Percent of population ages 16 and older that is unemployed but seeking work, 2009	10.6%	5.3%	8.0%
Child poverty	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	23%	11%	11%
Inadequate social support	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	-	14%	14%
Children in single-parent households	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	28%	20%	25%
Homicide rate	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	2.5

Physical Environment

Air pollution-particulate matter	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	2	0	0
Air pollution-ozone	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
Access to healthy foods	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	50%	92%	54%
Access to recreational facilities	Number of recreational facilities per 100,000 population, 2008	6.0	17.0	12.0

Demographics

		Aitkin	United States	Minnesota
Youth	Percent of total population ages 0-17, 2009	18%	24%	24%
Elderly	Percent of total population ages 65 and older, 2009	27%	13%	13%
Rural	Percent of total population living in a rural area, 2000	100%	21%	29%
Not English proficient	Percent of total population that speaks English less than "very well," 2005-2009	1%	9%	4%
Illiteracy	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	8%	15%	6%

*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). **Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

Source: The overall format and content of the County Health Profiles is based largely on County Health Rankings, a key component of the Mobilizing Action Toward Community Health (MATCH) project - a collaboration between the Robert Wood Johnson Foundation and the University of Wisconsin Population Health Institute, <http://www.countyhealthrankings.org/>. Additional data sources include the U.S. Census Bureau, Small Area Health Insurance Estimates, <http://www.census.gov/sahie/> and the Centers for Disease Control and Prevention's National Center for Health Statistics - the Health Indicators Warehouse, <http://healthindicators.gov> and "Health, United States, 2010," Table 109, <http://www.cdc.gov/nchs/hus.htm>.

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2011 County Health Profile

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Anoka County

Minnesota

HEALTH OUTCOMES		Anoka	*National Benchmark	Minnesota
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	4,775	5,564	5,272
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	11%	10%	11%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.2	2.6	3.1
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.1	2.3	2.8
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	6.5%	6.0%	6.5%
HEALTH FACTORS				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	21%	15%	19%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m ² , 2008	29%	25%	26%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	18%	20%	17%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	21%	8%	20%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	10.8	12.0	12.9
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	228.4	83.0	276.1
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	22.9	22.0	27.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	9%	13%	11%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	6%	7%	6%
Primary care physicians	Ratio of total population to primary care physicians, 2008	1,019:1	631:1	636:1
Mental health providers	Ratio of total population to mental health providers, 2008	2,886:1	2,242:1	1,306:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	45.2	69.0	61.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	63.9	52.0	56.5
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	89%	89%	88%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	70%	74%	73%

HEALTH FACTORS (continued) Anoka ***National Benchmark** Minnesota

Social and Economic Factors

High school graduation	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	80%	92%	87%
Some college	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	69%	68%	72%
Unemployment	Percent of population ages 16 and older that is unemployed but seeking work, 2009	8.5%	5.3%	8.0%
Child poverty	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	7%	11%	11%
Inadequate social support	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	15%	14%	14%
Children in single-parent households	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	23%	20%	25%
Homicide rate	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	1.8	1.0	2.5

Physical Environment

Air pollution-particulate matter	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
Air pollution-ozone	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
Access to healthy foods	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	83%	92%	54%
Access to recreational facilities	Number of recreational facilities per 100,000 population, 2008	9.0	17.0	12.0

Demographics

		Anoka	United States	Minnesota
Youth	Percent of total population ages 0-17, 2009	26%	24%	24%
Elderly	Percent of total population ages 65 and older, 2009	9%	13%	13%
Rural	Percent of total population living in a rural area, 2000	14%	21%	29%
Not English proficient	Percent of total population that speaks English less than "very well," 2005-2009	4%	9%	4%
Illiteracy	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	5%	15%	6%

*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). **Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

Source: The overall format and content of the County Health Profiles is based largely on County Health Rankings, a key component of the Mobilizing Action Toward Community Health (MATCH) project - a collaboration between the Robert Wood Johnson Foundation and the University of Wisconsin Population Health Institute, <http://www.countyhealthrankings.org/>. Additional data sources include the U.S. Census Bureau, Small Area Health Insurance Estimates, <http://www.census.gov/sahie/> and the Centers for Disease Control and Prevention's National Center for Health Statistics - the Health Indicators Warehouse, <http://healthindicators.gov> and "Health, United States, 2010," Table 109, <http://www.cdc.gov/nchs/hus.htm>.

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Becker County

Minnesota

HEALTH OUTCOMES		Becker	*National Benchmark	Minnesota
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	7,318	5,564	5,272
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	15%	10%	11%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.3	2.6	3.1
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.3	2.3	2.8
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	5.6%	6.0%	6.5%
HEALTH FACTORS				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	23%	15%	19%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m ² , 2008	28%	25%	26%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	21%	20%	17%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	-	8%	20%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	18.8	12.0	12.9
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	143.8	83.0	276.1
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	35.2	22.0	27.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	12%	13%	11%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	7%	7%	6%
Primary care physicians	Ratio of total population to primary care physicians, 2008	652:1	631:1	636:1
Mental health providers	Ratio of total population to mental health providers, 2008	2,129:1	2,242:1	1,306:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	-	69.0	61.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	58.3	52.0	56.5
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	95%	89%	88%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	84%	74%	73%

HEALTH FACTORS (continued) Becker ***National Benchmark** Minnesota

Social and Economic Factors

High school graduation	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	85%	92%	87%
Some college	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	65%	68%	72%
Unemployment	Percent of population ages 16 and older that is unemployed but seeking work, 2009	9.0%	5.3%	8.0%
Child poverty	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	18%	11%	11%
Inadequate social support	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	-	14%	14%
Children in single-parent households	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	24%	20%	25%
Homicide rate	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	2.5

Physical Environment

Air pollution-particulate matter	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
Air pollution-ozone	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
Access to healthy foods	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	40%	92%	54%
Access to recreational facilities	Number of recreational facilities per 100,000 population, 2008	6.0	17.0	12.0

Demographics

		Becker	United States	Minnesota
Youth	Percent of total population ages 0-17, 2009	24%	24%	24%
Elderly	Percent of total population ages 65 and older, 2009	17%	13%	13%
Rural	Percent of total population living in a rural area, 2000	76%	21%	29%
Not English proficient	Percent of total population that speaks English less than "very well," 2005-2009	0%	9%	4%
Illiteracy	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	7%	15%	6%

*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). **Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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2011 County Health Profile

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Beltrami County

Minnesota

HEALTH OUTCOMES	Beltrami	*National Benchmark	Minnesota
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Mortality

Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	8,741	5,564	5,272
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Morbidity

Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	14%	10%	11%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.9	2.6	3.1
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.0	2.3	2.8
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	5.7%	6.0%	6.5%

HEALTH FACTORS

Health Behaviors

Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	32%	15%	19%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m ² , 2008	29%	25%	26%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	19%	20%	17%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	22%	8%	20%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	29.2	12.0	12.9
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	344.5	83.0	276.1
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	51.0	22.0	27.5

Clinical Care

Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	12%	13%	11%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	7%	7%	6%
Primary care physicians	Ratio of total population to primary care physicians, 2008	742:1	631:1	636:1
Mental health providers	Ratio of total population to mental health providers, 2008	1,824:1	2,242:1	1,306:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	54.8	69.0	61.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	67.3	52.0	56.5
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	71%	89%	88%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	66%	74%	73%

HEALTH FACTORS (continued)

Beltrami *National Benchmark Minnesota

Social and Economic Factors

High school graduation	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	70%	92%	87%
Some college	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	65%	68%	72%
Unemployment	Percent of population ages 16 and older that is unemployed but seeking work, 2009	8.9%	5.3%	8.0%
Child poverty	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	25%	11%	11%
Inadequate social support	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	15%	14%	14%
Children in single-parent households	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	41%	20%	25%
Homicide rate	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	8.8	1.0	2.5

Physical Environment

Air pollution-particulate matter	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
Air pollution-ozone	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
Access to healthy foods	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	44%	92%	54%
Access to recreational facilities	Number of recreational facilities per 100,000 population, 2008	11.0	17.0	12.0

Demographics

Beltrami United States Minnesota

Youth	Percent of total population ages 0-17, 2009	25%	24%	24%
Elderly	Percent of total population ages 65 and older, 2009	13%	13%	13%
Rural	Percent of total population living in a rural area, 2000	69%	21%	29%
Not English proficient	Percent of total population that speaks English less than "very well," 2005-2009	1%	9%	4%
Illiteracy	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	6%	15%	6%

*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). **Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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Benton County

Minnesota

HEALTH OUTCOMES		Benton	*National Benchmark	Minnesota
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	5,455	5,564	5,272
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	11%	10%	11%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.7	2.6	3.1
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.6	2.3	2.8
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	7.3%	6.0%	6.5%
HEALTH FACTORS				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	14%	15%	19%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m ² , 2008	27%	25%	26%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	18%	20%	17%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	23%	8%	20%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	14.7	12.0	12.9
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	100.3	83.0	276.1
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	36.1	22.0	27.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	12%	13%	11%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	6%	7%	6%
Primary care physicians	Ratio of total population to primary care physicians, 2008	2,494:1	631:1	636:1
Mental health providers	Ratio of total population to mental health providers, 2008	4,987:1	2,242:1	1,306:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	30.1	69.0	61.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	68.3	52.0	56.5
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	90%	89%	88%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	59%	74%	73%

HEALTH FACTORS (continued) Benton ***National Benchmark** Minnesota

Social and Economic Factors

High school graduation	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	85%	92%	87%
Some college	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	64%	68%	72%
Unemployment	Percent of population ages 16 and older that is unemployed but seeking work, 2009	8.6%	5.3%	8.0%
Child poverty	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	13%	11%	11%
Inadequate social support	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	17%	14%	14%
Children in single-parent households	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	25%	20%	25%
Homicide rate	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	2.5

Physical Environment

Air pollution-particulate matter	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
Air pollution-ozone	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
Access to healthy foods	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	80%	92%	54%
Access to recreational facilities	Number of recreational facilities per 100,000 population, 2008	8.0	17.0	12.0

Demographics

		Benton	United States	Minnesota
Youth	Percent of total population ages 0-17, 2009	25%	24%	24%
Elderly	Percent of total population ages 65 and older, 2009	10%	13%	13%
Rural	Percent of total population living in a rural area, 2000	41%	21%	29%
Not English proficient	Percent of total population that speaks English less than "very well," 2005-2009	1%	9%	4%
Illiteracy	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	7%	15%	6%

*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). **Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead Community Health Needs Assessment Collaborative

Big Stone County

Minnesota

HEALTH OUTCOMES		Big Stone	*National Benchmark	Minnesota
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Mortality

Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	5,381	5,564	5,272
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Morbidity

Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	-	10%	11%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	-	2.6	3.1
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	-	2.3	2.8
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	-	6.0%	6.5%

HEALTH FACTORS

Health Behaviors

Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	-	15%	19%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m ² , 2008	28%	25%	26%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	20%	20%	17%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	-	8%	20%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	-	12.0	12.9
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	93.2	83.0	276.1
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	17.7	22.0	27.5

Clinical Care

Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	15%	13%	11%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	9%	7%	6%
Primary care physicians	Ratio of total population to primary care physicians, 2008	442:1	631:1	636:1
Mental health providers	Ratio of total population to mental health providers, 2008	5,301:0	2,242:1	1,306:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	18.6	69.0	61.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	66.2	52.0	56.5
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	81%	89%	88%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	81%	74%	73%

HEALTH FACTORS (continued)

Big Stone *National Benchmark Minnesota

Social and Economic Factors

High school graduation	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	85%	92%	87%
Some college	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	66%	68%	72%
Unemployment	Percent of population ages 16 and older that is unemployed but seeking work, 2009	6.1%	5.3%	8.0%
Child poverty	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	16%	11%	11%
Inadequate social support	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	-	14%	14%
Children in single-parent households	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	17%	20%	25%
Homicide rate	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	2.5

Physical Environment

Air pollution-particulate matter	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
Air pollution-ozone	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
Access to healthy foods	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	33%	92%	54%
Access to recreational facilities	Number of recreational facilities per 100,000 population, 2008	19.0	17.0	12.0

Demographics

		Big Stone	United States	Minnesota
Youth	Percent of total population ages 0-17, 2009	21%	24%	24%
Elderly	Percent of total population ages 65 and older, 2009	25%	13%	13%
Rural	Percent of total population living in a rural area, 2000	100%	21%	29%
Not English proficient	Percent of total population that speaks English less than "very well," 2005-2009	1%	9%	4%
Illiteracy	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	8%	15%	6%

*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). **Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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2011 County Health Profile

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Blue Earth County

Minnesota

HEALTH OUTCOMES	Blue Earth	*National Benchmark	Minnesota
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Mortality

Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	5,026	5,564	5,272
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Morbidity

Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	11%	10%	11%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.5	2.6	3.1
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.8	2.3	2.8
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	6.2%	6.0%	6.5%

HEALTH FACTORS

Health Behaviors

Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	21%	15%	19%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m ² , 2008	27%	25%	26%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	19%	20%	17%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	26%	8%	20%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	10.8	12.0	12.9
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	351.0	83.0	276.1
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	15.1	22.0	27.5

Clinical Care

Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	15%	13%	11%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	6%	7%	6%
Primary care physicians	Ratio of total population to primary care physicians, 2008	748:1	631:1	636:1
Mental health providers	Ratio of total population to mental health providers, 2008	1,102:1	2,242:1	1,306:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	-	69.0	61.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	45.3	52.0	56.5
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	85%	89%	88%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	68%	74%	73%

HEALTH FACTORS (continued)

Blue Earth *National Benchmark Minnesota

Social and Economic Factors

High school graduation	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	90%	92%	87%
Some college	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	71%	68%	72%
Unemployment	Percent of population ages 16 and older that is unemployed but seeking work, 2009	6.5%	5.3%	8.0%
Child poverty	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	12%	11%	11%
Inadequate social support	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	12%	14%	14%
Children in single-parent households	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	26%	20%	25%
Homicide rate	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	2.5

Physical Environment

Air pollution-particulate matter	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
Air pollution-ozone	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
Access to healthy foods	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	30%	92%	54%
Access to recreational facilities	Number of recreational facilities per 100,000 population, 2008	15.0	17.0	12.0

Demographics

		Blue Earth	United States	Minnesota
Youth	Percent of total population ages 0-17, 2009	19%	24%	24%
Elderly	Percent of total population ages 65 and older, 2009	12%	13%	13%
Rural	Percent of total population living in a rural area, 2000	37%	21%	29%
Not English proficient	Percent of total population that speaks English less than "very well," 2005-2009	3%	9%	4%
Illiteracy	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	6%	15%	6%

*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). **Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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2011 County Health Profile

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Brown County

Minnesota

HEALTH OUTCOMES		Brown	*National Benchmark	Minnesota
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	4,075	5,564	5,272
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	12%	10%	11%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.6	2.6	3.1
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.4	2.3	2.8
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	5.1%	6.0%	6.5%
HEALTH FACTORS				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	-	15%	19%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m2, 2008	28%	25%	26%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	19%	20%	17%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	20%	8%	20%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	15.1	12.0	12.9
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	135.3	83.0	276.1
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	21.3	22.0	27.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	10%	13%	11%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	6%	7%	6%
Primary care physicians	Ratio of total population to primary care physicians, 2008	585:1	631:1	636:1
Mental health providers	Ratio of total population to mental health providers, 2008	2,861:1	2,242:1	1,306:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	42.5	69.0	61.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	63.3	52.0	56.5
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	93%	89%	88%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	73%	74%	73%

HEALTH FACTORS (continued)

Brown *National Benchmark Minnesota

Social and Economic Factors

High school graduation	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	100%	92%	87%
Some college	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	59%	68%	72%
Unemployment	Percent of population ages 16 and older that is unemployed but seeking work, 2009	7.6%	5.3%	8.0%
Child poverty	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	10%	11%	11%
Inadequate social support	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	17%	14%	14%
Children in single-parent households	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	21%	20%	25%
Homicide rate	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	2.5

Physical Environment

Air pollution-particulate matter	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
Air pollution-ozone	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
Access to healthy foods	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	80%	92%	54%
Access to recreational facilities	Number of recreational facilities per 100,000 population, 2008	23.0	17.0	12.0

Demographics

		Brown	United States	Minnesota
Youth	Percent of total population ages 0-17, 2009	22%	24%	24%
Elderly	Percent of total population ages 65 and older, 2009	18%	13%	13%
Rural	Percent of total population living in a rural area, 2000	37%	21%	29%
Not English proficient	Percent of total population that speaks English less than "very well," 2005-2009	2%	9%	4%
Illiteracy	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	7%	15%	6%

*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). **Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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Carlton County

Minnesota

HEALTH OUTCOMES		Carlton	*National Benchmark	Minnesota
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	6,279	5,564	5,272
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	13%	10%	11%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	4.4	2.6	3.1
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	4.1	2.3	2.8
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	5.1%	6.0%	6.5%
HEALTH FACTORS				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	19%	15%	19%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m ² , 2008	28%	25%	26%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	19%	20%	17%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	19%	8%	20%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	17.3	12.0	12.9
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	188.6	83.0	276.1
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	31.3	22.0	27.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	11%	13%	11%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	6%	7%	6%
Primary care physicians	Ratio of total population to primary care physicians, 2008	741:1	631:1	636:1
Mental health providers	Ratio of total population to mental health providers, 2008	1,794:1	2,242:1	1,306:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	-	69.0	61.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	63.0	52.0	56.5
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	93%	89%	88%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	73%	74%	73%

HEALTH FACTORS (continued)

Carlton *National Benchmark Minnesota

Social and Economic Factors

High school graduation	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	90%	92%	87%
Some college	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	66%	68%	72%
Unemployment	Percent of population ages 16 and older that is unemployed but seeking work, 2009	8.7%	5.3%	8.0%
Child poverty	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	12%	11%	11%
Inadequate social support	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	14%	14%	14%
Children in single-parent households	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	26%	20%	25%
Homicide rate	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	2.5

Physical Environment

Air pollution-particulate matter	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	1	0	0
Air pollution-ozone	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
Access to healthy foods	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	46%	92%	54%
Access to recreational facilities	Number of recreational facilities per 100,000 population, 2008	12.0	17.0	12.0

Demographics

Carlton United States Minnesota

Youth	Percent of total population ages 0-17, 2009	24%	24%	24%
Elderly	Percent of total population ages 65 and older, 2009	15%	13%	13%
Rural	Percent of total population living in a rural area, 2000	63%	21%	29%
Not English proficient	Percent of total population that speaks English less than "very well," 2005-2009	1%	9%	4%
Illiteracy	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	7%	15%	6%

*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). **Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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2011 County Health Profile

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Carver County

Minnesota

HEALTH OUTCOMES		Carver	*National Benchmark	Minnesota
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	3,784	5,564	5,272
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	8%	10%	11%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.7	2.6	3.1
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.3	2.3	2.8
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	5.6%	6.0%	6.5%
HEALTH FACTORS				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	15%	15%	19%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m ² , 2008	27%	25%	26%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	15%	20%	17%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	20%	8%	20%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	10.4	12.0	12.9
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	106.6	83.0	276.1
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	13.7	22.0	27.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	9%	13%	11%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	5%	7%	6%
Primary care physicians	Ratio of total population to primary care physicians, 2008	673:1	631:1	636:1
Mental health providers	Ratio of total population to mental health providers, 2008	2,147:1	2,242:1	1,306:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	-	69.0	61.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	53.1	52.0	56.5
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	90%	89%	88%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	76%	74%	73%

HEALTH FACTORS (continued) Carver ***National Benchmark** Minnesota

Social and Economic Factors

High school graduation	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	-	92%	87%
Some college	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	80%	68%	72%
Unemployment	Percent of population ages 16 and older that is unemployed but seeking work, 2009	7.5%	5.3%	8.0%
Child poverty	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	5%	11%	11%
Inadequate social support	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	10%	14%	14%
Children in single-parent households	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	14%	20%	25%
Homicide rate	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	2.5

Physical Environment

Air pollution-particulate matter	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
Air pollution-ozone	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
Access to healthy foods	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	42%	92%	54%
Access to recreational facilities	Number of recreational facilities per 100,000 population, 2008	14.0	17.0	12.0

Demographics

		Carver	United States	Minnesota
Youth	Percent of total population ages 0-17, 2009	29%	24%	24%
Elderly	Percent of total population ages 65 and older, 2009	8%	13%	13%
Rural	Percent of total population living in a rural area, 2000	23%	21%	29%
Not English proficient	Percent of total population that speaks English less than "very well," 2005-2009	3%	9%	4%
Illiteracy	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	4%	15%	6%

*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). **Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead Community Health Needs Assessment Collaborative

Cass County

Minnesota

HEALTH OUTCOMES		Cass	*National Benchmark	Minnesota
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	8,636	5,564	5,272
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	12%	10%	11%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.1	2.6	3.1
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.7	2.3	2.8
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	6.3%	6.0%	6.5%
HEALTH FACTORS				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	22%	15%	19%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m ² , 2008	28%	25%	26%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	20%	20%	17%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	20%	8%	20%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	29.3	12.0	12.9
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	191.4	83.0	276.1
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	53.1	22.0	27.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	15%	13%	11%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	9%	7%	6%
Primary care physicians	Ratio of total population to primary care physicians, 2008	1,511:1	631:1	636:1
Mental health providers	Ratio of total population to mental health providers, 2008	4,785:1	2,242:1	1,306:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	31.3	69.0	61.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	64.7	52.0	56.5
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	77%	89%	88%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	80%	74%	73%

HEALTH FACTORS (continued)

Cass *National Benchmark Minnesota

Social and Economic Factors

High school graduation	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	85%	92%	87%
Some college	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	60%	68%	72%
Unemployment	Percent of population ages 16 and older that is unemployed but seeking work, 2009	10.8%	5.3%	8.0%
Child poverty	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	23%	11%	11%
Inadequate social support	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	11%	14%	14%
Children in single-parent households	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	31%	20%	25%
Homicide rate	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	2.5

Physical Environment

Air pollution-particulate matter	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
Air pollution-ozone	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
Access to healthy foods	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	67%	92%	54%
Access to recreational facilities	Number of recreational facilities per 100,000 population, 2008	3.0	17.0	12.0

Demographics

Cass United States Minnesota

Youth	Percent of total population ages 0-17, 2009	22%	24%	24%
Elderly	Percent of total population ages 65 and older, 2009	20%	13%	13%
Rural	Percent of total population living in a rural area, 2000	100%	21%	29%
Not English proficient	Percent of total population that speaks English less than "very well," 2005-2009	1%	9%	4%
Illiteracy	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	7%	15%	6%

*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). **Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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2011 County Health Profile

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Chippewa County

Minnesota

HEALTH OUTCOMES		Chippewa	*National Benchmark	Minnesota
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Mortality

Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	4,349	5,564	5,272
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Morbidity

Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	15%	10%	11%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.4	2.6	3.1
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.4	2.3	2.8
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	6.3%	6.0%	6.5%

HEALTH FACTORS

Health Behaviors

Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	-	15%	19%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m ² , 2008	29%	25%	26%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	19%	20%	17%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	-	8%	20%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	-	12.0	12.9
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	169.2	83.0	276.1
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	36.1	22.0	27.5

Clinical Care

Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	13%	13%	11%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	7%	7%	6%
Primary care physicians	Ratio of total population to primary care physicians, 2008	1,238:1	631:1	636:1
Mental health providers	Ratio of total population to mental health providers, 2008	12,378:1	2,242:1	1,306:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	40.3	69.0	61.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	60.2	52.0	56.5
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	79%	89%	88%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	88%	74%	73%

HEALTH FACTORS (continued)

Chippewa *National Benchmark Minnesota

Social and Economic Factors

High school graduation	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	90%	92%	87%
Some college	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	62%	68%	72%
Unemployment	Percent of population ages 16 and older that is unemployed but seeking work, 2009	8.0%	5.3%	8.0%
Child poverty	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	13%	11%	11%
Inadequate social support	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	8%	14%	14%
Children in single-parent households	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	33%	20%	25%
Homicide rate	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	2.5

Physical Environment

Air pollution-particulate matter	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
Air pollution-ozone	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
Access to healthy foods	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	60%	92%	54%
Access to recreational facilities	Number of recreational facilities per 100,000 population, 2008	8.0	17.0	12.0

Demographics

		Chippewa	United States	Minnesota
Youth	Percent of total population ages 0-17, 2009	24%	24%	24%
Elderly	Percent of total population ages 65 and older, 2009	19%	13%	13%
Rural	Percent of total population living in a rural area, 2000	52%	21%	29%
Not English proficient	Percent of total population that speaks English less than "very well," 2005-2009	1%	9%	4%
Illiteracy	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	7%	15%	6%

*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). **Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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2011 County Health Profile

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Chisago County

Minnesota

HEALTH OUTCOMES		Chisago	*National Benchmark	Minnesota
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	6,103	5,564	5,272
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	15%	10%	11%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.6	2.6	3.1
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.2	2.3	2.8
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	5.9%	6.0%	6.5%
HEALTH FACTORS				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	25%	15%	19%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m ² , 2008	28%	25%	26%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	18%	20%	17%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	15%	8%	20%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	20.6	12.0	12.9
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	159.2	83.0	276.1
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	24.0	22.0	27.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	12%	13%	11%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	7%	7%	6%
Primary care physicians	Ratio of total population to primary care physicians, 2008	968:1	631:1	636:1
Mental health providers	Ratio of total population to mental health providers, 2008	2,288:1	2,242:1	1,306:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	37.8	69.0	61.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	63.4	52.0	56.5
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	89%	89%	88%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	76%	74%	73%

HEALTH FACTORS (continued)

Chisago *National Benchmark Minnesota

Social and Economic Factors

High school graduation	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	85%	92%	87%
Some college	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	61%	68%	72%
Unemployment	Percent of population ages 16 and older that is unemployed but seeking work, 2009	10.1%	5.3%	8.0%
Child poverty	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	8%	11%	11%
Inadequate social support	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	14%	14%	14%
Children in single-parent households	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	22%	20%	25%
Homicide rate	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	2.5

Physical Environment

Air pollution-particulate matter	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	1	0	0
Air pollution-ozone	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
Access to healthy foods	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	50%	92%	54%
Access to recreational facilities	Number of recreational facilities per 100,000 population, 2008	10.0	17.0	12.0

Demographics

Chisago United States Minnesota

Youth	Percent of total population ages 0-17, 2009	27%	24%	24%
Elderly	Percent of total population ages 65 and older, 2009	11%	13%	13%
Rural	Percent of total population living in a rural area, 2000	64%	21%	29%
Not English proficient	Percent of total population that speaks English less than "very well," 2005-2009	1%	9%	4%
Illiteracy	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	5%	15%	6%

*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). **Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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Clay County

Minnesota

HEALTH OUTCOMES	Clay	*National Benchmark	Minnesota
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Mortality

Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	6,459	5,564	5,272
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Morbidity

Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	9%	10%	11%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.7	2.6	3.1
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.8	2.3	2.8
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	7.3%	6.0%	6.5%

HEALTH FACTORS

Health Behaviors

Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	19%	15%	19%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m ² , 2008	28%	25%	26%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	17%	20%	17%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	22%	8%	20%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	12.7	12.0	12.9
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	215.2	83.0	276.1
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	15.4	22.0	27.5

Clinical Care

Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	11%	13%	11%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	6%	7%	6%
Primary care physicians	Ratio of total population to primary care physicians, 2008	2,322:1	631:1	636:1
Mental health providers	Ratio of total population to mental health providers, 2008	2,787:1	2,242:1	1,306:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	39.4	69.0	61.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	45.2	52.0	56.5
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	84%	89%	88%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	88%	74%	73%

HEALTH FACTORS (continued) Clay ***National Benchmark** Minnesota

Social and Economic Factors

High school graduation	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	85%	92%	87%
Some college	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	75%	68%	72%
Unemployment	Percent of population ages 16 and older that is unemployed but seeking work, 2009	4.9%	5.3%	8.0%
Child poverty	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	13%	11%	11%
Inadequate social support	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	17%	14%	14%
Children in single-parent households	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	29%	20%	25%
Homicide rate	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	2.5

Physical Environment

Air pollution-particulate matter	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
Air pollution-ozone	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
Access to healthy foods	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	33%	92%	54%
Access to recreational facilities	Number of recreational facilities per 100,000 population, 2008	11.0	17.0	12.0

Demographics

		Clay	United States	Minnesota
Youth	Percent of total population ages 0-17, 2009	23%	24%	24%
Elderly	Percent of total population ages 65 and older, 2009	12%	13%	13%
Rural	Percent of total population living in a rural area, 2000	30%	21%	29%
Not English proficient	Percent of total population that speaks English less than "very well," 2005-2009	2%	9%	4%
Illiteracy	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	6%	15%	6%

*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). **Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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Clearwater County

Minnesota

HEALTH OUTCOMES		Clearwater	*National Benchmark	Minnesota
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	5,016	5,564	5,272
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	8%	10%	11%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	1.8	2.6	3.1
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.9	2.3	2.8
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	-	6.0%	6.5%
HEALTH FACTORS				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	-	15%	19%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m ² , 2008	28%	25%	26%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	20%	20%	17%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	-	8%	20%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	-	12.0	12.9
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	157.6	83.0	276.1
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	46.1	22.0	27.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	15%	13%	11%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	12%	7%	6%
Primary care physicians	Ratio of total population to primary care physicians, 2008	1,178:1	631:1	636:1
Mental health providers	Ratio of total population to mental health providers, 2008	8,246:1	2,242:1	1,306:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	-	69.0	61.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	95.2	52.0	56.5
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	82%	89%	88%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	76%	74%	73%

HEALTH FACTORS (continued)

Clearwater *National Benchmark Minnesota

Social and Economic Factors

High school graduation	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	70%	92%	87%
Some college	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	57%	68%	72%
Unemployment	Percent of population ages 16 and older that is unemployed but seeking work, 2009	15.1%	5.3%	8.0%
Child poverty	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	23%	11%	11%
Inadequate social support	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	-	14%	14%
Children in single-parent households	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	33%	20%	25%
Homicide rate	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	2.5

Physical Environment

Air pollution-particulate matter	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
Air pollution-ozone	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
Access to healthy foods	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	60%	92%	54%
Access to recreational facilities	Number of recreational facilities per 100,000 population, 2008	0.0	17.0	12.0

Demographics

		Clearwater	United States	Minnesota
Youth	Percent of total population ages 0-17, 2009	24%	24%	24%
Elderly	Percent of total population ages 65 and older, 2009	19%	13%	13%
Rural	Percent of total population living in a rural area, 2000	100%	21%	29%
Not English proficient	Percent of total population that speaks English less than "very well," 2005-2009	1%	9%	4%
Illiteracy	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	8%	15%	6%

*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). **Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead Community Health Needs Assessment Collaborative

Cook County

Minnesota

HEALTH OUTCOMES		Cook	*National Benchmark	Minnesota
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Mortality

Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	-	5,564	5,272
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Morbidity

Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	-	10%	11%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	-	2.6	3.1
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	-	2.3	2.8
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	-	6.0%	6.5%

HEALTH FACTORS

Health Behaviors

Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	-	15%	19%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m ² , 2008	28%	25%	26%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	19%	20%	17%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	-	8%	20%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	-	12.0	12.9
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	73.6	83.0	276.1
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	25.1	22.0	27.5

Clinical Care

Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	21%	13%	11%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	13%	7%	6%
Primary care physicians	Ratio of total population to primary care physicians, 2008	915:1	631:1	636:1
Mental health providers	Ratio of total population to mental health providers, 2008	1,373:1	2,242:1	1,306:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	-	69.0	61.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	77.9	52.0	56.5
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	91%	89%	88%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	80%	74%	73%

HEALTH FACTORS (continued) Cook ***National Benchmark** Minnesota

Social and Economic Factors

High school graduation	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	85%	92%	87%
Some college	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	66%	68%	72%
Unemployment	Percent of population ages 16 and older that is unemployed but seeking work, 2009	7.1%	5.3%	8.0%
Child poverty	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	13%	11%	11%
Inadequate social support	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	-	14%	14%
Children in single-parent households	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	30%	20%	25%
Homicide rate	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	2.5

Physical Environment

Air pollution-particulate matter	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	2	0	0
Air pollution-ozone	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
Access to healthy foods	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	33%	92%	54%
Access to recreational facilities	Number of recreational facilities per 100,000 population, 2008	18.0	17.0	12.0

Demographics

		Cook	United States	Minnesota
Youth	Percent of total population ages 0-17, 2009	17%	24%	24%
Elderly	Percent of total population ages 65 and older, 2009	20%	13%	13%
Rural	Percent of total population living in a rural area, 2000	100%	21%	29%
Not English proficient	Percent of total population that speaks English less than "very well," 2005-2009	1%	9%	4%
Illiteracy	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	5%	15%	6%

*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). **Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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2011 County Health Profile

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Cottonwood County

Minnesota

HEALTH OUTCOMES		*National		
		Cottonwood	Benchmark	Minnesota

Mortality

Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	7,277	5,564	5,272
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Morbidity

Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	-	10%	11%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.6	2.6	3.1
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.6	2.3	2.8
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	6.2%	6.0%	6.5%

HEALTH FACTORS

Health Behaviors

Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	-	15%	19%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m ² , 2008	28%	25%	26%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	22%	20%	17%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	12%	8%	20%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	-	12.0	12.9
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	53.2	83.0	276.1
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	26.4	22.0	27.5

Clinical Care

Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	13%	13%	11%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	7%	7%	6%
Primary care physicians	Ratio of total population to primary care physicians, 2008	591:1	631:1	636:1
Mental health providers	Ratio of total population to mental health providers, 2008	5,616:1	2,242:1	1,306:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	53.2	69.0	61.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	52.7	52.0	56.5
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	92%	89%	88%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	79%	74%	73%

HEALTH FACTORS (continued)

*National
Cottonwood Benchmark Minnesota

Social and Economic Factors

High school graduation	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	95%	92%	87%
Some college	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	54%	68%	72%
Unemployment	Percent of population ages 16 and older that is unemployed but seeking work, 2009	6.5%	5.3%	8.0%
Child poverty	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	16%	11%	11%
Inadequate social support	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	-	14%	14%
Children in single-parent households	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	23%	20%	25%
Homicide rate	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	2.5

Physical Environment

Air pollution-particulate matter	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
Air pollution-ozone	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
Access to healthy foods	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	67%	92%	54%
Access to recreational facilities	Number of recreational facilities per 100,000 population, 2008	9.0	17.0	12.0

Demographics

		Cottonwood	United States	Minnesota
Youth	Percent of total population ages 0-17, 2009	25%	24%	24%
Elderly	Percent of total population ages 65 and older, 2009	19%	13%	13%
Rural	Percent of total population living in a rural area, 2000	66%	21%	29%
Not English proficient	Percent of total population that speaks English less than "very well," 2005-2009	2%	9%	4%
Illiteracy	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	8%	15%	6%

*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). **Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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2011 County Health Profile

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Crow Wing County

Minnesota

HEALTH OUTCOMES		Crow Wing	*National Benchmark	Minnesota
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	5,723	5,564	5,272
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	14%	10%	11%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.5	2.6	3.1
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.7	2.3	2.8
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	6.7%	6.0%	6.5%
HEALTH FACTORS				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	19%	15%	19%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m ² , 2008	28%	25%	26%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	17%	20%	17%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	21%	8%	20%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	19.6	12.0	12.9
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	143.2	83.0	276.1
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	35.3	22.0	27.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	12%	13%	11%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	7%	7%	6%
Primary care physicians	Ratio of total population to primary care physicians, 2008	742:1	631:1	636:1
Mental health providers	Ratio of total population to mental health providers, 2008	1,299:1	2,242:1	1,306:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	69.2	69.0	61.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	75.5	52.0	56.5
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	86%	89%	88%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	73%	74%	73%

HEALTH FACTORS (continued) *National Benchmark Minnesota

Social and Economic Factors

		Crow Wing	*National Benchmark	Minnesota
High school graduation	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	90%	92%	87%
Some college	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	68%	68%	72%
Unemployment	Percent of population ages 16 and older that is unemployed but seeking work, 2009	9.9%	5.3%	8.0%
Child poverty	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	15%	11%	11%
Inadequate social support	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	14%	14%	14%
Children in single-parent households	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	24%	20%	25%
Homicide rate	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	2.5

Physical Environment

		Crow Wing	United States	Minnesota
Air pollution-particulate matter	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
Air pollution-ozone	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	2	0	0
Access to healthy foods	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	62%	92%	54%
Access to recreational facilities	Number of recreational facilities per 100,000 population, 2008	11.0	17.0	12.0

Demographics

		Crow Wing	United States	Minnesota
Youth	Percent of total population ages 0-17, 2009	23%	24%	24%
Elderly	Percent of total population ages 65 and older, 2009	19%	13%	13%
Rural	Percent of total population living in a rural area, 2000	63%	21%	29%
Not English proficient	Percent of total population that speaks English less than "very well," 2005-2009	1%	9%	4%
Illiteracy	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	6%	15%	6%

*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). **Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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Dakota County

Minnesota

HEALTH OUTCOMES		Dakota	*National Benchmark	Minnesota
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	4,363	5,564	5,272
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	10%	10%	11%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.0	2.6	3.1
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.8	2.3	2.8
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	6.0%	6.0%	6.5%
HEALTH FACTORS				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	17%	15%	19%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m ² , 2008	27%	25%	26%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	16%	20%	17%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	19%	8%	20%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	8.3	12.0	12.9
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	198.3	83.0	276.1
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	19.6	22.0	27.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	10%	13%	11%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	5%	7%	6%
Primary care physicians	Ratio of total population to primary care physicians, 2008	878:1	631:1	636:1
Mental health providers	Ratio of total population to mental health providers, 2008	2,356:1	2,242:1	1,306:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	66.7	69.0	61.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	52.8	52.0	56.5
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	90%	89%	88%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	72%	74%	73%

HEALTH FACTORS (continued) Dakota ***National Benchmark** Minnesota

Social and Economic Factors

High school graduation	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	90%	92%	87%
Some college	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	77%	68%	72%
Unemployment	Percent of population ages 16 and older that is unemployed but seeking work, 2009	7.3%	5.3%	8.0%
Child poverty	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	6%	11%	11%
Inadequate social support	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	15%	14%	14%
Children in single-parent households	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	23%	20%	25%
Homicide rate	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	1.3	1.0	2.5

Physical Environment

Air pollution-particulate matter	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	1	0	0
Air pollution-ozone	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
Access to healthy foods	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	71%	92%	54%
Access to recreational facilities	Number of recreational facilities per 100,000 population, 2008	12.0	17.0	12.0

Demographics

		Dakota	United States	Minnesota
Youth	Percent of total population ages 0-17, 2009	26%	24%	24%
Elderly	Percent of total population ages 65 and older, 2009	9%	13%	13%
Rural	Percent of total population living in a rural area, 2000	6%	21%	29%
Not English proficient	Percent of total population that speaks English less than "very well," 2005-2009	4%	9%	4%
Illiteracy	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	4%	15%	6%

*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). **Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead Community Health Needs Assessment Collaborative

Dodge County

Minnesota

HEALTH OUTCOMES		Dodge	*National Benchmark	Minnesota
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	5,627	5,564	5,272
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	9%	10%	11%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.8	2.6	3.1
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.2	2.3	2.8
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	6.1%	6.0%	6.5%
HEALTH FACTORS				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	21%	15%	19%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m ² , 2008	28%	25%	26%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	17%	20%	17%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	-	8%	20%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	23.4	12.0	12.9
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	146.8	83.0	276.1
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	25.9	22.0	27.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	13%	13%	11%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	8%	7%	6%
Primary care physicians	Ratio of total population to primary care physicians, 2008	894:1	631:1	636:1
Mental health providers	Ratio of total population to mental health providers, 2008	19,664:1	2,242:1	1,306:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	-	69.0	61.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	62.0	52.0	56.5
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	89%	89%	88%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	81%	74%	73%

HEALTH FACTORS (continued) Dodge ***National Benchmark** Minnesota

Social and Economic Factors

High school graduation	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	90%	92%	87%
Some college	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	66%	68%	72%
Unemployment	Percent of population ages 16 and older that is unemployed but seeking work, 2009	7.5%	5.3%	8.0%
Child poverty	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	8%	11%	11%
Inadequate social support	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	11%	14%	14%
Children in single-parent households	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	20%	20%	25%
Homicide rate	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	2.5

Physical Environment

Air pollution-particulate matter	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
Air pollution-ozone	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
Access to healthy foods	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	67%	92%	54%
Access to recreational facilities	Number of recreational facilities per 100,000 population, 2008	0.0	17.0	12.0

Demographics

		Dodge	United States	Minnesota
Youth	Percent of total population ages 0-17, 2009	28%	24%	24%
Elderly	Percent of total population ages 65 and older, 2009	12%	13%	13%
Rural	Percent of total population living in a rural area, 2000	69%	21%	29%
Not English proficient	Percent of total population that speaks English less than "very well," 2005-2009	1%	9%	4%
Illiteracy	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	7%	15%	6%

*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). **Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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2011 County Health Profile

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Douglas County

Minnesota

HEALTH OUTCOMES		Douglas	*National Benchmark	Minnesota
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	4,565	5,564	5,272
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	10%	10%	11%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.8	2.6	3.1
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.2	2.3	2.8
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	6.0%	6.0%	6.5%
HEALTH FACTORS				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	21%	15%	19%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m ² , 2008	27%	25%	26%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	19%	20%	17%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	25%	8%	20%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	14.0	12.0	12.9
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	74.5	83.0	276.1
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	22.8	22.0	27.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	13%	13%	11%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	7%	7%	6%
Primary care physicians	Ratio of total population to primary care physicians, 2008	557:1	631:1	636:1
Mental health providers	Ratio of total population to mental health providers, 2008	2,012:1	2,242:1	1,306:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	57.9	69.0	61.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	47.4	52.0	56.5
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	88%	89%	88%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	79%	74%	73%

HEALTH FACTORS (continued)

Douglas *National Benchmark Minnesota

Social and Economic Factors

High school graduation	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	90%	92%	87%
Some college	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	70%	68%	72%
Unemployment	Percent of population ages 16 and older that is unemployed but seeking work, 2009	6.8%	5.3%	8.0%
Child poverty	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	11%	11%	11%
Inadequate social support	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	13%	14%	14%
Children in single-parent households	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	24%	20%	25%
Homicide rate	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	2.5

Physical Environment

Air pollution-particulate matter	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
Air pollution-ozone	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
Access to healthy foods	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	50%	92%	54%
Access to recreational facilities	Number of recreational facilities per 100,000 population, 2008	17.0	17.0	12.0

Demographics

		Douglas	United States	Minnesota
Youth	Percent of total population ages 0-17, 2009	21%	24%	24%
Elderly	Percent of total population ages 65 and older, 2009	20%	13%	13%
Rural	Percent of total population living in a rural area, 2000	58%	21%	29%
Not English proficient	Percent of total population that speaks English less than "very well," 2005-2009	1%	9%	4%
Illiteracy	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	6%	15%	6%

*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). **Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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2011 County Health Profile

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Faribault County

Minnesota

HEALTH OUTCOMES		Faribault	*National Benchmark	Minnesota
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Mortality

Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	5,648	5,564	5,272
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Morbidity

Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	11%	10%	11%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.8	2.6	3.1
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.9	2.3	2.8
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	6.8%	6.0%	6.5%

HEALTH FACTORS

Health Behaviors

Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	19%	15%	19%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m ² , 2008	28%	25%	26%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	20%	20%	17%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	12%	8%	20%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	21.4	12.0	12.9
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	123.1	83.0	276.1
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	30.6	22.0	27.5

Clinical Care

Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	14%	13%	11%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	8%	7%	6%
Primary care physicians	Ratio of total population to primary care physicians, 2008	1,832:1	631:1	636:1
Mental health providers	Ratio of total population to mental health providers, 2008	3,664:1	2,242:1	1,306:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	-	69.0	61.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	55.8	52.0	56.5
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	88%	89%	88%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	81%	74%	73%

HEALTH FACTORS (continued)

Faribault *National Benchmark Minnesota

Social and Economic Factors

High school graduation	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	90%	92%	87%
Some college	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	59%	68%	72%
Unemployment	Percent of population ages 16 and older that is unemployed but seeking work, 2009	9.6%	5.3%	8.0%
Child poverty	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	15%	11%	11%
Inadequate social support	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	10%	14%	14%
Children in single-parent households	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	27%	20%	25%
Homicide rate	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	2.5

Physical Environment

Air pollution-particulate matter	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
Air pollution-ozone	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
Access to healthy foods	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	40%	92%	54%
Access to recreational facilities	Number of recreational facilities per 100,000 population, 2008	7.0	17.0	12.0

Demographics

		Faribault	United States	Minnesota
Youth	Percent of total population ages 0-17, 2009	22%	24%	24%
Elderly	Percent of total population ages 65 and older, 2009	22%	13%	13%
Rural	Percent of total population living in a rural area, 2000	79%	21%	29%
Not English proficient	Percent of total population that speaks English less than "very well," 2005-2009	1%	9%	4%
Illiteracy	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	8%	15%	6%

*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). **Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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Fillmore County

Minnesota

HEALTH OUTCOMES		Fillmore	*National Benchmark	Minnesota
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	4,467	5,564	5,272
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	7%	10%	11%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.0	2.6	3.1
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	1.5	2.3	2.8
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	5.9%	6.0%	6.5%
HEALTH FACTORS				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	16%	15%	19%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m ² , 2008	28%	25%	26%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	20%	20%	17%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	-	8%	20%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	16.2	12.0	12.9
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	91.1	83.0	276.1
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	19.2	22.0	27.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	16%	13%	11%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	10%	7%	6%
Primary care physicians	Ratio of total population to primary care physicians, 2008	2,613:1	631:1	636:1
Mental health providers	Ratio of total population to mental health providers, 2008	20,903:1	2,242:1	1,306:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	33.6	69.0	61.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	52.6	52.0	56.5
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	89%	89%	88%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	78%	74%	73%

HEALTH FACTORS (continued) Fillmore ***National Benchmark** Minnesota

Social and Economic Factors

High school graduation	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	95%	92%	87%
Some college	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	61%	68%	72%
Unemployment	Percent of population ages 16 and older that is unemployed but seeking work, 2009	8.4%	5.3%	8.0%
Child poverty	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	14%	11%	11%
Inadequate social support	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	-	14%	14%
Children in single-parent households	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	22%	20%	25%
Homicide rate	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	2.5

Physical Environment

Air pollution-particulate matter	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
Air pollution-ozone	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
Access to healthy foods	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	67%	92%	54%
Access to recreational facilities	Number of recreational facilities per 100,000 population, 2008	0.0	17.0	12.0

Demographics

		Fillmore	United States	Minnesota
Youth	Percent of total population ages 0-17, 2009	24%	24%	24%
Elderly	Percent of total population ages 65 and older, 2009	19%	13%	13%
Rural	Percent of total population living in a rural area, 2000	100%	21%	29%
Not English proficient	Percent of total population that speaks English less than "very well," 2005-2009	3%	9%	4%
Illiteracy	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	7%	15%	6%

*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). **Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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Freeborn County

Minnesota

HEALTH OUTCOMES		Freeborn	*National Benchmark	Minnesota
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	5,933	5,564	5,272
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	13%	10%	11%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	4.1	2.6	3.1
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	4.1	2.3	2.8
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	6.1%	6.0%	6.5%
HEALTH FACTORS				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	23%	15%	19%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m2, 2008	28%	25%	26%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	21%	20%	17%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	18%	8%	20%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	16.2	12.0	12.9
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	171.4	83.0	276.1
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	43.3	22.0	27.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	13%	13%	11%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	7%	7%	6%
Primary care physicians	Ratio of total population to primary care physicians, 2008	911:1	631:1	636:1
Mental health providers	Ratio of total population to mental health providers, 2008	3,872:1	2,242:1	1,306:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	-	69.0	61.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	46.4	52.0	56.5
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	87%	89%	88%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	70%	74%	73%

HEALTH FACTORS (continued)

Freeborn *National Benchmark Minnesota

Social and Economic Factors

High school graduation	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	90%	92%	87%
Some college	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	58%	68%	72%
Unemployment	Percent of population ages 16 and older that is unemployed but seeking work, 2009	8.7%	5.3%	8.0%
Child poverty	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	14%	11%	11%
Inadequate social support	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	15%	14%	14%
Children in single-parent households	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	25%	20%	25%
Homicide rate	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	2.5

Physical Environment

Air pollution-particulate matter	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
Air pollution-ozone	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
Access to healthy foods	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	11%	92%	54%
Access to recreational facilities	Number of recreational facilities per 100,000 population, 2008	6.0	17.0	12.0

Demographics

		Freeborn	United States	Minnesota
Youth	Percent of total population ages 0-17, 2009	22%	24%	24%
Elderly	Percent of total population ages 65 and older, 2009	20%	13%	13%
Rural	Percent of total population living in a rural area, 2000	44%	21%	29%
Not English proficient	Percent of total population that speaks English less than "very well," 2005-2009	3%	9%	4%
Illiteracy	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	8%	15%	6%

*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). **Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead Community Health Needs Assessment Collaborative

Goodhue County

Minnesota

HEALTH OUTCOMES	Goodhue	*National Benchmark	Minnesota
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Mortality

Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	5,229	5,564	5,272
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Morbidity

Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	11%	10%	11%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.7	2.6	3.1
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.2	2.3	2.8
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	6.6%	6.0%	6.5%

HEALTH FACTORS

Health Behaviors

Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	24%	15%	19%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m ² , 2008	29%	25%	26%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	19%	20%	17%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	27%	8%	20%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	22.5	12.0	12.9
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	143.8	83.0	276.1
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	27.0	22.0	27.5

Clinical Care

Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	10%	13%	11%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	6%	7%	6%
Primary care physicians	Ratio of total population to primary care physicians, 2008	716:1	631:1	636:1
Mental health providers	Ratio of total population to mental health providers, 2008	2,181:1	2,242:1	1,306:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	50.1	69.0	61.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	64.2	52.0	56.5
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	92%	89%	88%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	76%	74%	73%

HEALTH FACTORS (continued)

Goodhue *National Benchmark Minnesota

Social and Economic Factors

High school graduation	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	85%	92%	87%
Some college	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	68%	68%	72%
Unemployment	Percent of population ages 16 and older that is unemployed but seeking work, 2009	7.9%	5.3%	8.0%
Child poverty	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	8%	11%	11%
Inadequate social support	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	13%	14%	14%
Children in single-parent households	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	25%	20%	25%
Homicide rate	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	2.5

Physical Environment

Air pollution-particulate matter	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
Air pollution-ozone	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	1	0	0
Access to healthy foods	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	60%	92%	54%
Access to recreational facilities	Number of recreational facilities per 100,000 population, 2008	15.0	17.0	12.0

Demographics

		Goodhue	United States	Minnesota
Youth	Percent of total population ages 0-17, 2009	24%	24%	24%
Elderly	Percent of total population ages 65 and older, 2009	16%	13%	13%
Rural	Percent of total population living in a rural area, 2000	51%	21%	29%
Not English proficient	Percent of total population that speaks English less than "very well," 2005-2009	2%	9%	4%
Illiteracy	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	6%	15%	6%

*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). **Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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2011 County Health Profile

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Grant County

Minnesota

HEALTH OUTCOMES		Grant	*National Benchmark	Minnesota
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	6,472	5,564	5,272
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	-	10%	11%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.4	2.6	3.1
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.3	2.3	2.8
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	-	6.0%	6.5%
HEALTH FACTORS				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	-	15%	19%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m ² , 2008	28%	25%	26%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	20%	20%	17%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	-	8%	20%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	-	12.0	12.9
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	50.0	83.0	276.1
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	19.4	22.0	27.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	17%	13%	11%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	10%	7%	6%
Primary care physicians	Ratio of total population to primary care physicians, 2008	-	631:1	636:1
Mental health providers	Ratio of total population to mental health providers, 2008	5,947:0	2,242:1	1,306:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	16.7	69.0	61.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	104.8	52.0	56.5
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	94%	89%	88%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	89%	74%	73%

HEALTH FACTORS (continued) Grant ***National Benchmark** Minnesota

Social and Economic Factors

High school graduation	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	90%	92%	87%
Some college	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	66%	68%	72%
Unemployment	Percent of population ages 16 and older that is unemployed but seeking work, 2009	8.8%	5.3%	8.0%
Child poverty	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	15%	11%	11%
Inadequate social support	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	-	14%	14%
Children in single-parent households	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	28%	20%	25%
Homicide rate	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	2.5

Physical Environment

Air pollution-particulate matter	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
Air pollution-ozone	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
Access to healthy foods	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	43%	92%	54%
Access to recreational facilities	Number of recreational facilities per 100,000 population, 2008	0.0	17.0	12.0

Demographics

		Grant	United States	Minnesota
Youth	Percent of total population ages 0-17, 2009	22%	24%	24%
Elderly	Percent of total population ages 65 and older, 2009	23%	13%	13%
Rural	Percent of total population living in a rural area, 2000	100%	21%	29%
Not English proficient	Percent of total population that speaks English less than "very well," 2005-2009	1%	9%	4%
Illiteracy	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	7%	15%	6%

*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). **Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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2011 County Health Profile

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Hennepin County

Minnesota

HEALTH OUTCOMES		Hennepin	*National Benchmark	Minnesota
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Mortality

Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	5,250	5,564	5,272
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Morbidity

Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	10%	10%	11%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.2	2.6	3.1
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.8	2.3	2.8
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	7.1%	6.0%	6.5%

HEALTH FACTORS

Health Behaviors

Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	17%	15%	19%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m ² , 2008	23%	25%	26%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	15%	20%	17%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	19%	8%	20%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	7.1	12.0	12.9
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	438.4	83.0	276.1
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	32.1	22.0	27.5

Clinical Care

Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	10%	13%	11%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	6%	7%	6%
Primary care physicians	Ratio of total population to primary care physicians, 2008	508:1	631:1	636:1
Mental health providers	Ratio of total population to mental health providers, 2008	710:1	2,242:1	1,306:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	-	69.0	61.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	47.8	52.0	56.5
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	87%	89%	88%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	72%	74%	73%

HEALTH FACTORS (continued)

Hennepin *National Benchmark Minnesota

Social and Economic Factors

High school graduation	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	80%	92%	87%
Some college	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	77%	68%	72%
Unemployment	Percent of population ages 16 and older that is unemployed but seeking work, 2009	7.4%	5.3%	8.0%
Child poverty	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	13%	11%	11%
Inadequate social support	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	15%	14%	14%
Children in single-parent households	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	29%	20%	25%
Homicide rate	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	5.1	1.0	2.5

Physical Environment

Air pollution-particulate matter	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
Air pollution-ozone	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
Access to healthy foods	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	79%	92%	54%
Access to recreational facilities	Number of recreational facilities per 100,000 population, 2008	14.0	17.0	12.0

Demographics

		Hennepin	United States	Minnesota
Youth	Percent of total population ages 0-17, 2009	23%	24%	24%
Elderly	Percent of total population ages 65 and older, 2009	11%	13%	13%
Rural	Percent of total population living in a rural area, 2000	2%	21%	29%
Not English proficient	Percent of total population that speaks English less than "very well," 2005-2009	7%	9%	4%
Illiteracy	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	6%	15%	6%

*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). **Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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Houston County

Minnesota

HEALTH OUTCOMES	Houston	*National Benchmark	Minnesota
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Mortality

Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	5,471	5,564	5,272
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Morbidity

Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	8%	10%	11%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.8	2.6	3.1
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.8	2.3	2.8
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	6.6%	6.0%	6.5%

HEALTH FACTORS

Health Behaviors

Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	18%	15%	19%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m ² , 2008	27%	25%	26%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	17%	20%	17%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	23%	8%	20%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	20.3	12.0	12.9
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	181.9	83.0	276.1
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	15.3	22.0	27.5

Clinical Care

Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	12%	13%	11%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	7%	7%	6%
Primary care physicians	Ratio of total population to primary care physicians, 2008	1,379:1	631:1	636:1
Mental health providers	Ratio of total population to mental health providers, 2008	3,862:1	2,242:1	1,306:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	46.8	69.0	61.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	28.9	52.0	56.5
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	89%	89%	88%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	80%	74%	73%

HEALTH FACTORS (continued)

Houston *National Benchmark Minnesota

Social and Economic Factors

High school graduation	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	-	92%	87%
Some college	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	69%	68%	72%
Unemployment	Percent of population ages 16 and older that is unemployed but seeking work, 2009	8.2%	5.3%	8.0%
Child poverty	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	11%	11%	11%
Inadequate social support	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	10%	14%	14%
Children in single-parent households	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	28%	20%	25%
Homicide rate	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	2.5

Physical Environment

Air pollution-particulate matter	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	4	0	0
Air pollution-ozone	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
Access to healthy foods	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	57%	92%	54%
Access to recreational facilities	Number of recreational facilities per 100,000 population, 2008	10.0	17.0	12.0

Demographics

Houston United States Minnesota

Youth	Percent of total population ages 0-17, 2009	23%	24%	24%
Elderly	Percent of total population ages 65 and older, 2009	17%	13%	13%
Rural	Percent of total population living in a rural area, 2000	57%	21%	29%
Not English proficient	Percent of total population that speaks English less than "very well," 2005-2009	1%	9%	4%
Illiteracy	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	6%	15%	6%

*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). **Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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2011 County Health Profile

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Hubbard County

Minnesota

HEALTH OUTCOMES		Hubbard	*National Benchmark	Minnesota
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	5,150	5,564	5,272
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	10%	10%	11%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.7	2.6	3.1
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.4	2.3	2.8
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	6.0%	6.0%	6.5%
HEALTH FACTORS				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	21%	15%	19%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m2, 2008	27%	25%	26%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	19%	20%	17%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	15%	8%	20%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	26.1	12.0	12.9
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	85.1	83.0	276.1
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	32.7	22.0	27.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	14%	13%	11%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	10%	7%	6%
Primary care physicians	Ratio of total population to primary care physicians, 2008	670:1	631:1	636:1
Mental health providers	Ratio of total population to mental health providers, 2008	9,375:1	2,242:1	1,306:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	37.2	69.0	61.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	46.9	52.0	56.5
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	84%	89%	88%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	82%	74%	73%

HEALTH FACTORS (continued)

Hubbard *National Benchmark Minnesota

Social and Economic Factors

High school graduation	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	70%	92%	87%
Some college	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	65%	68%	72%
Unemployment	Percent of population ages 16 and older that is unemployed but seeking work, 2009	10.3%	5.3%	8.0%
Child poverty	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	18%	11%	11%
Inadequate social support	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	11%	14%	14%
Children in single-parent households	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	32%	20%	25%
Homicide rate	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	2.5

Physical Environment

Air pollution-particulate matter	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
Air pollution-ozone	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
Access to healthy foods	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	60%	92%	54%
Access to recreational facilities	Number of recreational facilities per 100,000 population, 2008	16.0	17.0	12.0

Demographics

		Hubbard	United States	Minnesota
Youth	Percent of total population ages 0-17, 2009	21%	24%	24%
Elderly	Percent of total population ages 65 and older, 2009	21%	13%	13%
Rural	Percent of total population living in a rural area, 2000	83%	21%	29%
Not English proficient	Percent of total population that speaks English less than "very well," 2005-2009	0%	9%	4%
Illiteracy	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	6%	15%	6%

*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). **Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead Community Health Needs Assessment Collaborative

Isanti County

Minnesota

HEALTH OUTCOMES		Isanti	*National Benchmark	Minnesota
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	4,810	5,564	5,272
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	14%	10%	11%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.7	2.6	3.1
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.0	2.3	2.8
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	5.7%	6.0%	6.5%
HEALTH FACTORS				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	23%	15%	19%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m ² , 2008	27%	25%	26%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	17%	20%	17%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	24%	8%	20%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	21.8	12.0	12.9
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	110.0	83.0	276.1
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	30.1	22.0	27.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	12%	13%	11%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	7%	7%	6%
Primary care physicians	Ratio of total population to primary care physicians, 2008	871:1	631:1	636:1
Mental health providers	Ratio of total population to mental health providers, 2008	2,064:1	2,242:1	1,306:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	38.4	69.0	61.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	75.1	52.0	56.5
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	91%	89%	88%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	56%	74%	73%

HEALTH FACTORS (continued) Isanti ***National Benchmark** Minnesota

Social and Economic Factors

High school graduation	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	90%	92%	87%
Some college	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	59%	68%	72%
Unemployment	Percent of population ages 16 and older that is unemployed but seeking work, 2009	10.3%	5.3%	8.0%
Child poverty	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	10%	11%	11%
Inadequate social support	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	12%	14%	14%
Children in single-parent households	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	23%	20%	25%
Homicide rate	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	2.5

Physical Environment

Air pollution-particulate matter	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	1	0	0
Air pollution-ozone	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
Access to healthy foods	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	60%	92%	54%
Access to recreational facilities	Number of recreational facilities per 100,000 population, 2008	20.0	17.0	12.0

Demographics

		Isanti	United States	Minnesota
Youth	Percent of total population ages 0-17, 2009	25%	24%	24%
Elderly	Percent of total population ages 65 and older, 2009	11%	13%	13%
Rural	Percent of total population living in a rural area, 2000	74%	21%	29%
Not English proficient	Percent of total population that speaks English less than "very well," 2005-2009	1%	9%	4%
Illiteracy	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	6%	15%	6%

*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). **Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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Itasca County

Minnesota

HEALTH OUTCOMES		Itasca	*National Benchmark	Minnesota
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	6,260	5,564	5,272
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	14%	10%	11%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.9	2.6	3.1
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.3	2.3	2.8
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	6.1%	6.0%	6.5%
HEALTH FACTORS				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	24%	15%	19%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m ² , 2008	28%	25%	26%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	17%	20%	17%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	18%	8%	20%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	22.4	12.0	12.9
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	161.8	83.0	276.1
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	31.7	22.0	27.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	11%	13%	11%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	7%	7%	6%
Primary care physicians	Ratio of total population to primary care physicians, 2008	654:1	631:1	636:1
Mental health providers	Ratio of total population to mental health providers, 2008	2,022:1	2,242:1	1,306:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	56.2	69.0	61.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	65.9	52.0	56.5
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	86%	89%	88%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	69%	74%	73%

HEALTH FACTORS (continued) Itasca ***National Benchmark** Minnesota

Social and Economic Factors

High school graduation	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	90%	92%	87%
Some college	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	69%	68%	72%
Unemployment	Percent of population ages 16 and older that is unemployed but seeking work, 2009	11.1%	5.3%	8.0%
Child poverty	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	17%	11%	11%
Inadequate social support	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	14%	14%	14%
Children in single-parent households	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	23%	20%	25%
Homicide rate	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	2.5

Physical Environment

Air pollution-particulate matter	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	1	0	0
Air pollution-ozone	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
Access to healthy foods	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	28%	92%	54%
Access to recreational facilities	Number of recreational facilities per 100,000 population, 2008	7.0	17.0	12.0

Demographics

		Itasca	United States	Minnesota
Youth	Percent of total population ages 0-17, 2009	22%	24%	24%
Elderly	Percent of total population ages 65 and older, 2009	18%	13%	13%
Rural	Percent of total population living in a rural area, 2000	81%	21%	29%
Not English proficient	Percent of total population that speaks English less than "very well," 2005-2009	1%	9%	4%
Illiteracy	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	6%	15%	6%

*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). **Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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2011 County Health Profile

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Jackson County

Minnesota

HEALTH OUTCOMES		Jackson	*National Benchmark	Minnesota
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	-	5,564	5,272
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	4%	10%	11%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	1.9	2.6	3.1
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.7	2.3	2.8
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	7.0%	6.0%	6.5%
HEALTH FACTORS				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	16%	15%	19%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m ² , 2008	28%	25%	26%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	20%	20%	17%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	13%	8%	20%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	-	12.0	12.9
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	111.8	83.0	276.1
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	17.8	22.0	27.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	14%	13%	11%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	8%	7%	6%
Primary care physicians	Ratio of total population to primary care physicians, 2008	-	631:1	636:1
Mental health providers	Ratio of total population to mental health providers, 2008	5,410:1	2,242:1	1,306:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	-	69.0	61.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	53.7	52.0	56.5
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	85%	89%	88%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	68%	74%	73%

HEALTH FACTORS (continued) Jackson ***National Benchmark** Minnesota

Social and Economic Factors

High school graduation	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	95%	92%	87%
Some college	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	64%	68%	72%
Unemployment	Percent of population ages 16 and older that is unemployed but seeking work, 2009	5.5%	5.3%	8.0%
Child poverty	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	12%	11%	11%
Inadequate social support	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	8%	14%	14%
Children in single-parent households	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	17%	20%	25%
Homicide rate	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	2.5

Physical Environment

Air pollution-particulate matter	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
Air pollution-ozone	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
Access to healthy foods	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	40%	92%	54%
Access to recreational facilities	Number of recreational facilities per 100,000 population, 2008	9.0	17.0	12.0

Demographics

		Jackson	United States	Minnesota
Youth	Percent of total population ages 0-17, 2009	21%	24%	24%
Elderly	Percent of total population ages 65 and older, 2009	21%	13%	13%
Rural	Percent of total population living in a rural area, 2000	71%	21%	29%
Not English proficient	Percent of total population that speaks English less than "very well," 2005-2009	2%	9%	4%
Illiteracy	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	7%	15%	6%

*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). **Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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Kanabec County

Minnesota

HEALTH OUTCOMES		Kanabec	*National Benchmark	Minnesota
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	6,265	5,564	5,272
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	14%	10%	11%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.2	2.6	3.1
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	4.4	2.3	2.8
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	6.0%	6.0%	6.5%
HEALTH FACTORS				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	-	15%	19%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m2, 2008	28%	25%	26%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	18%	20%	17%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	-	8%	20%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	29.0	12.0	12.9
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	161.6	83.0	276.1
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	35.2	22.0	27.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	11%	13%	11%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	6%	7%	6%
Primary care physicians	Ratio of total population to primary care physicians, 2008	577:1	631:1	636:1
Mental health providers	Ratio of total population to mental health providers, 2008	4,042:1	2,242:1	1,306:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	-	69.0	61.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	90.6	52.0	56.5
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	91%	89%	88%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	62%	74%	73%

HEALTH FACTORS (continued) Kanabec ***National Benchmark** Minnesota

Social and Economic Factors

High school graduation	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	80%	92%	87%
Some college	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	56%	68%	72%
Unemployment	Percent of population ages 16 and older that is unemployed but seeking work, 2009	13.5%	5.3%	8.0%
Child poverty	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	17%	11%	11%
Inadequate social support	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	-	14%	14%
Children in single-parent households	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	25%	20%	25%
Homicide rate	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	2.5

Physical Environment

Air pollution-particulate matter	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	1	0	0
Air pollution-ozone	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
Access to healthy foods	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	50%	92%	54%
Access to recreational facilities	Number of recreational facilities per 100,000 population, 2008	6.0	17.0	12.0

Demographics

		Kanabec	United States	Minnesota
Youth	Percent of total population ages 0-17, 2009	24%	24%	24%
Elderly	Percent of total population ages 65 and older, 2009	16%	13%	13%
Rural	Percent of total population living in a rural area, 2000	80%	21%	29%
Not English proficient	Percent of total population that speaks English less than "very well," 2005-2009	1%	9%	4%
Illiteracy	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	8%	15%	6%

*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). **Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead Community Health Needs Assessment Collaborative

Kandiyohi County

Minnesota

HEALTH OUTCOMES		Kandiyohi	*National Benchmark	Minnesota
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	5,284	5,564	5,272
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	13%	10%	11%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.9	2.6	3.1
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.7	2.3	2.8
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	5.3%	6.0%	6.5%
HEALTH FACTORS				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	21%	15%	19%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m ² , 2008	26%	25%	26%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	19%	20%	17%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	10%	8%	20%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	19.6	12.0	12.9
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	255.7	83.0	276.1
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	42.5	22.0	27.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	13%	13%	11%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	8%	7%	6%
Primary care physicians	Ratio of total population to primary care physicians, 2008	488:1	631:1	636:1
Mental health providers	Ratio of total population to mental health providers, 2008	1,321:1	2,242:1	1,306:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	-	69.0	61.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	48.7	52.0	56.5
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	88%	89%	88%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	68%	74%	73%

HEALTH FACTORS (continued)

Kandiyohi *National Benchmark Minnesota

Social and Economic Factors

High school graduation	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	85%	92%	87%
Some college	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	66%	68%	72%
Unemployment	Percent of population ages 16 and older that is unemployed but seeking work, 2009	6.9%	5.3%	8.0%
Child poverty	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	14%	11%	11%
Inadequate social support	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	16%	14%	14%
Children in single-parent households	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	27%	20%	25%
Homicide rate	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	2.5

Physical Environment

Air pollution-particulate matter	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
Air pollution-ozone	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
Access to healthy foods	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	36%	92%	54%
Access to recreational facilities	Number of recreational facilities per 100,000 population, 2008	17.0	17.0	12.0

Demographics

		Kandiyohi	United States	Minnesota
Youth	Percent of total population ages 0-17, 2009	24%	24%	24%
Elderly	Percent of total population ages 65 and older, 2009	16%	13%	13%
Rural	Percent of total population living in a rural area, 2000	46%	21%	29%
Not English proficient	Percent of total population that speaks English less than "very well," 2005-2009	4%	9%	4%
Illiteracy	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	7%	15%	6%

*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). **Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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2011 County Health Profile

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Kittson County

Minnesota

HEALTH OUTCOMES		Kittson	*National Benchmark	Minnesota
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	-	5,564	5,272
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	-	10%	11%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	-	2.6	3.1
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	-	2.3	2.8
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	-	6.0%	6.5%
HEALTH FACTORS				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	-	15%	19%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m ² , 2008	28%	25%	26%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	20%	20%	17%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	-	8%	20%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	-	12.0	12.9
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	44.8	83.0	276.1
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	-	22.0	27.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	14%	13%	11%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	8%	7%	6%
Primary care physicians	Ratio of total population to primary care physicians, 2008	4,437:1	631:1	636:1
Mental health providers	Ratio of total population to mental health providers, 2008	4,437:0	2,242:1	1,306:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	-	69.0	61.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	43.4	52.0	56.5
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	87%	89%	88%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	67%	74%	73%

HEALTH FACTORS (continued) Kittson *National Benchmark Minnesota

Social and Economic Factors

High school graduation	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	95%	92%	87%
Some college	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	66%	68%	72%
Unemployment	Percent of population ages 16 and older that is unemployed but seeking work, 2009	7.4%	5.3%	8.0%
Child poverty	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	14%	11%	11%
Inadequate social support	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	-	14%	14%
Children in single-parent households	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	13%	20%	25%
Homicide rate	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	2.5

Physical Environment

Air pollution-particulate matter	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
Air pollution-ozone	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
Access to healthy foods	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	50%	92%	54%
Access to recreational facilities	Number of recreational facilities per 100,000 population, 2008	0.0	17.0	12.0

Demographics

		Kittson	United States	Minnesota
Youth	Percent of total population ages 0-17, 2009	22%	24%	24%
Elderly	Percent of total population ages 65 and older, 2009	23%	13%	13%
Rural	Percent of total population living in a rural area, 2000	100%	21%	29%
Not English proficient	Percent of total population that speaks English less than "very well," 2005-2009	1%	9%	4%
Illiteracy	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	7%	15%	6%

*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). **Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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2011 County Health Profile

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Koochiching County

Minnesota

HEALTH OUTCOMES	*National		
	Koochiching	Benchmark	Minnesota

Mortality

Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	6,745	5,564	5,272
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Morbidity

Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	12%	10%	11%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.7	2.6	3.1
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.1	2.3	2.8
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	-	6.0%	6.5%

HEALTH FACTORS

Health Behaviors

Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	19%	15%	19%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m ² , 2008	27%	25%	26%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	20%	20%	17%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	14%	8%	20%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	22.8	12.0	12.9
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	203.8	83.0	276.1
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	27.3	22.0	27.5

Clinical Care

Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	12%	13%	11%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	7%	7%	6%
Primary care physicians	Ratio of total population to primary care physicians, 2008	946:1	631:1	636:1
Mental health providers	Ratio of total population to mental health providers, 2008	2,648:1	2,242:1	1,306:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	37.7	69.0	61.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	73.0	52.0	56.5
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	91%	89%	88%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	73%	74%	73%

HEALTH FACTORS (continued)

*National
Koochiching Benchmark Minnesota

Social and Economic Factors

High school graduation	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	80%	92%	87%
Some college	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	61%	68%	72%
Unemployment	Percent of population ages 16 and older that is unemployed but seeking work, 2009	9.7%	5.3%	8.0%
Child poverty	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	19%	11%	11%
Inadequate social support	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	15%	14%	14%
Children in single-parent households	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	36%	20%	25%
Homicide rate	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	2.5

Physical Environment

Air pollution-particulate matter	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	2	0	0
Air pollution-ozone	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
Access to healthy foods	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	50%	92%	54%
Access to recreational facilities	Number of recreational facilities per 100,000 population, 2008	23.0	17.0	12.0

Demographics

		Koochiching	United States	Minnesota
Youth	Percent of total population ages 0-17, 2009	21%	24%	24%
Elderly	Percent of total population ages 65 and older, 2009	20%	13%	13%
Rural	Percent of total population living in a rural area, 2000	46%	21%	29%
Not English proficient	Percent of total population that speaks English less than "very well," 2005-2009	1%	9%	4%
Illiteracy	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	8%	15%	6%

*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). **Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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Lac qui Parle County

Minnesota

HEALTH OUTCOMES		Lac qui Parle	*National Benchmark	Minnesota

Mortality

Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	-	5,564	5,272
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Morbidity

Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	13%	10%	11%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	1.7	2.6	3.1
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	1.0	2.3	2.8
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	-	6.0%	6.5%

HEALTH FACTORS

Health Behaviors

Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	-	15%	19%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m ² , 2008	27%	25%	26%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	20%	20%	17%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	-	8%	20%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	-	12.0	12.9
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	41.9	83.0	276.1
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	18.4	22.0	27.5

Clinical Care

Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	16%	13%	11%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	10%	7%	6%
Primary care physicians	Ratio of total population to primary care physicians, 2008	797:1	631:1	636:1
Mental health providers	Ratio of total population to mental health providers, 2008	7,176:0	2,242:1	1,306:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	69.8	69.0	61.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	93.5	52.0	56.5
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	86%	89%	88%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	86%	74%	73%

HEALTH FACTORS (continued)

*National
Lac qui Parle Benchmark Minnesota

Social and Economic Factors

High school graduation	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	80%	92%	87%
Some college	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	68%	68%	72%
Unemployment	Percent of population ages 16 and older that is unemployed but seeking work, 2009	6.4%	5.3%	8.0%
Child poverty	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	11%	11%	11%
Inadequate social support	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	-	14%	14%
Children in single-parent households	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	14%	20%	25%
Homicide rate	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	2.5

Physical Environment

Air pollution-particulate matter	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
Air pollution-ozone	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
Access to healthy foods	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	40%	92%	54%
Access to recreational facilities	Number of recreational facilities per 100,000 population, 2008	14.0	17.0	12.0

Demographics

		Lac qui Parle	United States	Minnesota
Youth	Percent of total population ages 0-17, 2009	21%	24%	24%
Elderly	Percent of total population ages 65 and older, 2009	23%	13%	13%
Rural	Percent of total population living in a rural area, 2000	100%	21%	29%
Not English proficient	Percent of total population that speaks English less than "very well," 2005-2009	0%	9%	4%
Illiteracy	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	7%	15%	6%

*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). **Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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Lake County

Minnesota

HEALTH OUTCOMES		Lake	*National Benchmark	Minnesota
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	7,030	5,564	5,272
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	17%	10%	11%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.7	2.6	3.1
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.7	2.3	2.8
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	8.0%	6.0%	6.5%
HEALTH FACTORS				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	-	15%	19%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m ² , 2008	27%	25%	26%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	20%	20%	17%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	-	8%	20%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	-	12.0	12.9
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	56.6	83.0	276.1
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	24.6	22.0	27.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	13%	13%	11%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	7%	7%	6%
Primary care physicians	Ratio of total population to primary care physicians, 2008	593:1	631:1	636:1
Mental health providers	Ratio of total population to mental health providers, 2008	5,333:1	2,242:1	1,306:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	-	69.0	61.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	45.6	52.0	56.5
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	88%	89%	88%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	67%	74%	73%

HEALTH FACTORS (continued) Lake ***National Benchmark** Minnesota

Social and Economic Factors

High school graduation	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	85%	92%	87%
Some college	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	66%	68%	72%
Unemployment	Percent of population ages 16 and older that is unemployed but seeking work, 2009	9.5%	5.3%	8.0%
Child poverty	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	14%	11%	11%
Inadequate social support	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	-	14%	14%
Children in single-parent households	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	26%	20%	25%
Homicide rate	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	2.5

Physical Environment

Air pollution-particulate matter	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	1	0	0
Air pollution-ozone	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
Access to healthy foods	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	50%	92%	54%
Access to recreational facilities	Number of recreational facilities per 100,000 population, 2008	0.0	17.0	12.0

Demographics

		Lake	United States	Minnesota
Youth	Percent of total population ages 0-17, 2009	19%	24%	24%
Elderly	Percent of total population ages 65 and older, 2009	21%	13%	13%
Rural	Percent of total population living in a rural area, 2000	69%	21%	29%
Not English proficient	Percent of total population that speaks English less than "very well," 2005-2009	1%	9%	4%
Illiteracy	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	6%	15%	6%

*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). **Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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2011 County Health Profile

Lake of the Woods County

An adaptation of the County Health Rankings Project for the Fargo-Moorhead
Community Health Needs Assessment Collaborative

Minnesota

Percentage of the Woc *National Benchmark Minnesota

HEALTH OUTCOMES

Mortality

Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	6,147	5,564	5,272
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Morbidity

Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	-	10%	11%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	-	2.6	3.1
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	-	2.3	2.8
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	-	6.0%	6.5%

HEALTH FACTORS

Health Behaviors

Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	-	15%	19%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m2, 2008	28%	25%	26%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	20%	20%	17%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	-	8%	20%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	-	12.0	12.9
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	-	83.0	276.1
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	21.2	22.0	27.5

Clinical Care

Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	18%	13%	11%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	11%	7%	6%
Primary care physicians	Ratio of total population to primary care physicians, 2008	1,982:1	631:1	636:1
Mental health providers	Ratio of total population to mental health providers, 2008	3,964:1	2,242:1	1,306:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	-	69.0	61.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	74.4	52.0	56.5
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	86%	89%	88%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	-	74%	73%

HEALTH FACTORS (continued)

Percentage of the Workforce *National Benchmark Minnesota

Social and Economic Factors

High school graduation	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	80%	92%	87%
Some college	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	59%	68%	72%
Unemployment	Percent of population ages 16 and older that is unemployed but seeking work, 2009	7.8%	5.3%	8.0%
Child poverty	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	18%	11%	11%
Inadequate social support	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	-	14%	14%
Children in single-parent households	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	23%	20%	25%
Homicide rate	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	2.5

Physical Environment

Air pollution-particulate matter	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
Air pollution-ozone	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
Access to healthy foods	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	100%	92%	54%
Access to recreational facilities	Number of recreational facilities per 100,000 population, 2008	25.0	17.0	12.0

Demographics

		Percentage of the Workforce	United States	Minnesota
Youth	Percent of total population ages 0-17, 2009	19%	24%	24%
Elderly	Percent of total population ages 65 and older, 2009	22%	13%	13%
Rural	Percent of total population living in a rural area, 2000	100%	21%	29%
Not English proficient	Percent of total population that speaks English less than "very well," 2005-2009	0%	9%	4%
Illiteracy	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	7%	15%	6%

*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). **Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead Community Health Needs Assessment Collaborative

Le Sueur County

Minnesota

HEALTH OUTCOMES	Le Sueur	*National Benchmark	Minnesota
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Mortality

Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	4,459	5,564	5,272
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Morbidity

Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	13%	10%	11%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.8	2.6	3.1
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.8	2.3	2.8
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	5.5%	6.0%	6.5%

HEALTH FACTORS

Health Behaviors

Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	16%	15%	19%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m ² , 2008	28%	25%	26%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	18%	20%	17%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	17%	8%	20%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	19.7	12.0	12.9
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	110.5	83.0	276.1
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	24.9	22.0	27.5

Clinical Care

Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	12%	13%	11%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	8%	7%	6%
Primary care physicians	Ratio of total population to primary care physicians, 2008	3,505:1	631:1	636:1
Mental health providers	Ratio of total population to mental health providers, 2008	14,018:1	2,242:1	1,306:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	39.2	69.0	61.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	55.3	52.0	56.5
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	89%	89%	88%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	61%	74%	73%

HEALTH FACTORS (continued)

Le Sueur *National Benchmark Minnesota

Social and Economic Factors

High school graduation	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	85%	92%	87%
Some college	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	58%	68%	72%
Unemployment	Percent of population ages 16 and older that is unemployed but seeking work, 2009	10.9%	5.3%	8.0%
Child poverty	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	10%	11%	11%
Inadequate social support	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	15%	14%	14%
Children in single-parent households	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	21%	20%	25%
Homicide rate	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	2.5

Physical Environment

Air pollution-particulate matter	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
Air pollution-ozone	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
Access to healthy foods	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	71%	92%	54%
Access to recreational facilities	Number of recreational facilities per 100,000 population, 2008	21.0	17.0	12.0

Demographics

		Le Sueur	United States	Minnesota
Youth	Percent of total population ages 0-17, 2009	25%	24%	24%
Elderly	Percent of total population ages 65 and older, 2009	15%	13%	13%
Rural	Percent of total population living in a rural area, 2000	64%	21%	29%
Not English proficient	Percent of total population that speaks English less than "very well," 2005-2009	3%	9%	4%
Illiteracy	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	7%	15%	6%

*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). **Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead Community Health Needs Assessment Collaborative

Lincoln County

Minnesota

HEALTH OUTCOMES		Lincoln	*National Benchmark	Minnesota
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	-	5,564	5,272
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	-	10%	11%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	-	2.6	3.1
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	-	2.3	2.8
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	-	6.0%	6.5%
HEALTH FACTORS				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	-	15%	19%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m ² , 2008	27%	25%	26%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	20%	20%	17%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	-	8%	20%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	-	12.0	12.9
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	51.4	83.0	276.1
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	19.6	22.0	27.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	18%	13%	11%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	12%	7%	6%
Primary care physicians	Ratio of total population to primary care physicians, 2008	827:1	631:1	636:1
Mental health providers	Ratio of total population to mental health providers, 2008	5,787:0	2,242:1	1,306:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	17.1	69.0	61.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	59.0	52.0	56.5
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	93%	89%	88%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	79%	74%	73%

HEALTH FACTORS (continued) Lincoln ***National Benchmark** Minnesota

Social and Economic Factors

High school graduation	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	85%	92%	87%
Some college	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	64%	68%	72%
Unemployment	Percent of population ages 16 and older that is unemployed but seeking work, 2009	6.1%	5.3%	8.0%
Child poverty	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	13%	11%	11%
Inadequate social support	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	-	14%	14%
Children in single-parent households	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	23%	20%	25%
Homicide rate	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	2.5

Physical Environment

Air pollution-particulate matter	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
Air pollution-ozone	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
Access to healthy foods	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	80%	92%	54%
Access to recreational facilities	Number of recreational facilities per 100,000 population, 2008	0.0	17.0	12.0

Demographics

		Lincoln	United States	Minnesota
Youth	Percent of total population ages 0-17, 2009	22%	24%	24%
Elderly	Percent of total population ages 65 and older, 2009	25%	13%	13%
Rural	Percent of total population living in a rural area, 2000	100%	21%	29%
Not English proficient	Percent of total population that speaks English less than "very well," 2005-2009	1%	9%	4%
Illiteracy	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	8%	15%	6%

*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). **Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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2011 County Health Profile

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Lyon County

Minnesota

HEALTH OUTCOMES		Lyon	*National Benchmark	Minnesota
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	6,014	5,564	5,272
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	12%	10%	11%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.7	2.6	3.1
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.2	2.3	2.8
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	6.3%	6.0%	6.5%
HEALTH FACTORS				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	17%	15%	19%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m ² , 2008	29%	25%	26%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	19%	20%	17%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	20%	8%	20%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	20.7	12.0	12.9
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	213.3	83.0	276.1
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	22.4	22.0	27.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	14%	13%	11%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	7%	7%	6%
Primary care physicians	Ratio of total population to primary care physicians, 2008	1,088:1	631:1	636:1
Mental health providers	Ratio of total population to mental health providers, 2008	2,276:1	2,242:1	1,306:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	40.3	69.0	61.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	52.7	52.0	56.5
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	96%	89%	88%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	71%	74%	73%

HEALTH FACTORS (continued) Lyon ***National Benchmark** Minnesota

Social and Economic Factors

High school graduation	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	100%	92%	87%
Some college	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	74%	68%	72%
Unemployment	Percent of population ages 16 and older that is unemployed but seeking work, 2009	6.0%	5.3%	8.0%
Child poverty	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	12%	11%	11%
Inadequate social support	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	12%	14%	14%
Children in single-parent households	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	21%	20%	25%
Homicide rate	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	2.5

Physical Environment

Air pollution-particulate matter	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
Air pollution-ozone	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
Access to healthy foods	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	50%	92%	54%
Access to recreational facilities	Number of recreational facilities per 100,000 population, 2008	8.0	17.0	12.0

Demographics

		Lyon	United States	Minnesota
Youth	Percent of total population ages 0-17, 2009	24%	24%	24%
Elderly	Percent of total population ages 65 and older, 2009	15%	13%	13%
Rural	Percent of total population living in a rural area, 2000	50%	21%	29%
Not English proficient	Percent of total population that speaks English less than "very well," 2005-2009	3%	9%	4%
Illiteracy	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	8%	15%	6%

*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). **Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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2011 County Health Profile

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McLeod County

Minnesota

HEALTH OUTCOMES		McLeod	*National Benchmark	Minnesota
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Mortality

Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	4,566	5,564	5,272
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Morbidity

Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	7%	10%	11%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.4	2.6	3.1
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.4	2.3	2.8
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	4.9%	6.0%	6.5%

HEALTH FACTORS

Health Behaviors

Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	15%	15%	19%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m ² , 2008	28%	25%	26%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	18%	20%	17%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	16%	8%	20%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	15.8	12.0	12.9
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	145.3	83.0	276.1
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	35.3	22.0	27.5

Clinical Care

Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	11%	13%	11%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	7%	7%	6%
Primary care physicians	Ratio of total population to primary care physicians, 2008	688:1	631:1	636:1
Mental health providers	Ratio of total population to mental health providers, 2008	2,185:1	2,242:1	1,306:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	64.6	69.0	61.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	57.9	52.0	56.5
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	90%	89%	88%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	71%	74%	73%

HEALTH FACTORS (continued)

McLeod *National Benchmark Minnesota

Social and Economic Factors

High school graduation	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	90%	92%	87%
Some college	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	68%	68%	72%
Unemployment	Percent of population ages 16 and older that is unemployed but seeking work, 2009	9.8%	5.3%	8.0%
Child poverty	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	8%	11%	11%
Inadequate social support	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	18%	14%	14%
Children in single-parent households	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	26%	20%	25%
Homicide rate	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	2.5

Physical Environment

Air pollution-particulate matter	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
Air pollution-ozone	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
Access to healthy foods	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	50%	92%	54%
Access to recreational facilities	Number of recreational facilities per 100,000 population, 2008	22.0	17.0	12.0

Demographics

McLeod United States Minnesota

Youth	Percent of total population ages 0-17, 2009	26%	24%	24%
Elderly	Percent of total population ages 65 and older, 2009	15%	13%	13%
Rural	Percent of total population living in a rural area, 2000	47%	21%	29%
Not English proficient	Percent of total population that speaks English less than "very well," 2005-2009	2%	9%	4%
Illiteracy	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	7%	15%	6%

*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). **Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead Community Health Needs Assessment Collaborative

Mahnomen County

Minnesota

HEALTH OUTCOMES		Mahnomen	*National Benchmark	Minnesota
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	10,104	5,564	5,272
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	-	10%	11%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	-	2.6	3.1
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	-	2.3	2.8
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	-	6.0%	6.5%
HEALTH FACTORS				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	-	15%	19%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m2, 2008	28%	25%	26%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	23%	20%	17%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	-	8%	20%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	-	12.0	12.9
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	273.0	83.0	276.1
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	89.2	22.0	27.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	11%	13%	11%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	7%	7%	6%
Primary care physicians	Ratio of total population to primary care physicians, 2008	844:1	631:1	636:1
Mental health providers	Ratio of total population to mental health providers, 2008	5,061:0	2,242:1	1,306:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	-	69.0	61.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	77.9	52.0	56.5
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	97%	89%	88%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	83%	74%	73%

HEALTH FACTORS (continued)

Mahnomen *National Benchmark Minnesota

Social and Economic Factors

High school graduation	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	65%	92%	87%
Some college	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	63%	68%	72%
Unemployment	Percent of population ages 16 and older that is unemployed but seeking work, 2009	8.0%	5.3%	8.0%
Child poverty	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	36%	11%	11%
Inadequate social support	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	-	14%	14%
Children in single-parent households	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	46%	20%	25%
Homicide rate	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	2.5

Physical Environment

Air pollution-particulate matter	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
Air pollution-ozone	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
Access to healthy foods	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	25%	92%	54%
Access to recreational facilities	Number of recreational facilities per 100,000 population, 2008	0.0	17.0	12.0

Demographics

		Mahnomen	United States	Minnesota
Youth	Percent of total population ages 0-17, 2009	29%	24%	24%
Elderly	Percent of total population ages 65 and older, 2009	17%	13%	13%
Rural	Percent of total population living in a rural area, 2000	100%	21%	29%
Not English proficient	Percent of total population that speaks English less than "very well," 2005-2009	1%	9%	4%
Illiteracy	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	8%	15%	6%

*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). **Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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2011 County Health Profile

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Marshall County

Minnesota

HEALTH OUTCOMES		Marshall	*National Benchmark	Minnesota
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	3,918	5,564	5,272
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	14%	10%	11%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.4	2.6	3.1
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.6	2.3	2.8
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	-	6.0%	6.5%
HEALTH FACTORS				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	-	15%	19%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m ² , 2008	28%	25%	26%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	19%	20%	17%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	-	8%	20%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	-	12.0	12.9
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	115.8	83.0	276.1
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	24.1	22.0	27.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	18%	13%	11%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	11%	7%	6%
Primary care physicians	Ratio of total population to primary care physicians, 2008	9,312:1	631:1	636:1
Mental health providers	Ratio of total population to mental health providers, 2008	9,312:1	2,242:1	1,306:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	10.5	69.0	61.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	74.7	52.0	56.5
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	90%	89%	88%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	75%	74%	73%

HEALTH FACTORS (continued)

Marshall *National Benchmark Minnesota

Social and Economic Factors

High school graduation	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	100%	92%	87%
Some college	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	60%	68%	72%
Unemployment	Percent of population ages 16 and older that is unemployed but seeking work, 2009	10.1%	5.3%	8.0%
Child poverty	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	12%	11%	11%
Inadequate social support	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	-	14%	14%
Children in single-parent households	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	23%	20%	25%
Homicide rate	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	2.5

Physical Environment

Air pollution-particulate matter	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
Air pollution-ozone	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
Access to healthy foods	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	55%	92%	54%
Access to recreational facilities	Number of recreational facilities per 100,000 population, 2008	0.0	17.0	12.0

Demographics

		Marshall	United States	Minnesota
Youth	Percent of total population ages 0-17, 2009	23%	24%	24%
Elderly	Percent of total population ages 65 and older, 2009	19%	13%	13%
Rural	Percent of total population living in a rural area, 2000	100%	21%	29%
Not English proficient	Percent of total population that speaks English less than "very well," 2005-2009	2%	9%	4%
Illiteracy	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	8%	15%	6%

*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). **Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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2011 County Health Profile

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Martin County

Minnesota

HEALTH OUTCOMES		Martin	*National Benchmark	Minnesota
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	6,343	5,564	5,272
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	10%	10%	11%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.5	2.6	3.1
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.2	2.3	2.8
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	7.7%	6.0%	6.5%
HEALTH FACTORS				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	20%	15%	19%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m ² , 2008	28%	25%	26%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	20%	20%	17%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	13%	8%	20%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	14.4	12.0	12.9
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	58.7	83.0	276.1
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	35.9	22.0	27.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	11%	13%	11%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	7%	7%	6%
Primary care physicians	Ratio of total population to primary care physicians, 2008	637:1	631:1	636:1
Mental health providers	Ratio of total population to mental health providers, 2008	2,912:1	2,242:1	1,306:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	48.9	69.0	61.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	62.8	52.0	56.5
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	82%	89%	88%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	81%	74%	73%

HEALTH FACTORS (continued) Martin ***National Benchmark** Minnesota

Social and Economic Factors

High school graduation	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	90%	92%	87%
Some college	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	62%	68%	72%
Unemployment	Percent of population ages 16 and older that is unemployed but seeking work, 2009	7.8%	5.3%	8.0%
Child poverty	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	15%	11%	11%
Inadequate social support	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	12%	14%	14%
Children in single-parent households	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	25%	20%	25%
Homicide rate	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	2.5

Physical Environment

Air pollution-particulate matter	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
Air pollution-ozone	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
Access to healthy foods	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	33%	92%	54%
Access to recreational facilities	Number of recreational facilities per 100,000 population, 2008	10.0	17.0	12.0

Demographics

		Martin	United States	Minnesota
Youth	Percent of total population ages 0-17, 2009	23%	24%	24%
Elderly	Percent of total population ages 65 and older, 2009	21%	13%	13%
Rural	Percent of total population living in a rural area, 2000	53%	21%	29%
Not English proficient	Percent of total population that speaks English less than "very well," 2005-2009	2%	9%	4%
Illiteracy	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	7%	15%	6%

*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). **Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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Meeker County

Minnesota

HEALTH OUTCOMES		Meeker	*National Benchmark	Minnesota
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	5,042	5,564	5,272
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	13%	10%	11%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.6	2.6	3.1
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	1.6	2.3	2.8
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	5.7%	6.0%	6.5%
HEALTH FACTORS				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	27%	15%	19%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m2, 2008	29%	25%	26%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	21%	20%	17%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	-	8%	20%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	23.0	12.0	12.9
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	86.4	83.0	276.1
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	32.5	22.0	27.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	12%	13%	11%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	7%	7%	6%
Primary care physicians	Ratio of total population to primary care physicians, 2008	895:1	631:1	636:1
Mental health providers	Ratio of total population to mental health providers, 2008	11,640:1	2,242:1	1,306:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	38.9	69.0	61.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	58.5	52.0	56.5
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	88%	89%	88%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	69%	74%	73%

HEALTH FACTORS (continued)

Meeker *National Benchmark Minnesota

Social and Economic Factors

High school graduation	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	95%	92%	87%
Some college	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	61%	68%	72%
Unemployment	Percent of population ages 16 and older that is unemployed but seeking work, 2009	9.9%	5.3%	8.0%
Child poverty	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	11%	11%	11%
Inadequate social support	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	-	14%	14%
Children in single-parent households	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	20%	20%	25%
Homicide rate	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	2.5

Physical Environment

Air pollution-particulate matter	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
Air pollution-ozone	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
Access to healthy foods	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	57%	92%	54%
Access to recreational facilities	Number of recreational facilities per 100,000 population, 2008	17.0	17.0	12.0

Demographics

		Meeker	United States	Minnesota
Youth	Percent of total population ages 0-17, 2009	25%	24%	24%
Elderly	Percent of total population ages 65 and older, 2009	17%	13%	13%
Rural	Percent of total population living in a rural area, 2000	71%	21%	29%
Not English proficient	Percent of total population that speaks English less than "very well," 2005-2009	1%	9%	4%
Illiteracy	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	7%	15%	6%

*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). **Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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2011 County Health Profile

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Mille Lacs County

Minnesota

HEALTH OUTCOMES		Mille Lacs	*National Benchmark	Minnesota
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	6,940	5,564	5,272
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	12%	10%	11%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.1	2.6	3.1
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.7	2.3	2.8
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	5.7%	6.0%	6.5%
HEALTH FACTORS				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	23%	15%	19%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m ² , 2008	26%	25%	26%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	19%	20%	17%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	16%	8%	20%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	27.1	12.0	12.9
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	147.9	83.0	276.1
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	37.5	22.0	27.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	12%	13%	11%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	7%	7%	6%
Primary care physicians	Ratio of total population to primary care physicians, 2008	626:1	631:1	636:1
Mental health providers	Ratio of total population to mental health providers, 2008	6,575:1	2,242:1	1,306:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	34.1	69.0	61.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	69.1	52.0	56.5
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	81%	89%	88%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	64%	74%	73%

HEALTH FACTORS (continued)

Mille Lacs *National Benchmark Minnesota

Social and Economic Factors

High school graduation	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	80%	92%	87%
Some college	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	58%	68%	72%
Unemployment	Percent of population ages 16 and older that is unemployed but seeking work, 2009	12.7%	5.3%	8.0%
Child poverty	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	14%	11%	11%
Inadequate social support	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	-	14%	14%
Children in single-parent households	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	25%	20%	25%
Homicide rate	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	2.5

Physical Environment

Air pollution-particulate matter	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	1	0	0
Air pollution-ozone	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	2	0	0
Access to healthy foods	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	83%	92%	54%
Access to recreational facilities	Number of recreational facilities per 100,000 population, 2008	8.0	17.0	12.0

Demographics

		Mille Lacs	United States	Minnesota
Youth	Percent of total population ages 0-17, 2009	25%	24%	24%
Elderly	Percent of total population ages 65 and older, 2009	17%	13%	13%
Rural	Percent of total population living in a rural area, 2000	82%	21%	29%
Not English proficient	Percent of total population that speaks English less than "very well," 2005-2009	1%	9%	4%
Illiteracy	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	8%	15%	6%

*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). **Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead Community Health Needs Assessment Collaborative

Morrison County

Minnesota

HEALTH OUTCOMES		Morrison	*National Benchmark	Minnesota
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	6,431	5,564	5,272
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	19%	10%	11%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.7	2.6	3.1
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	4.6	2.3	2.8
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	6.9%	6.0%	6.5%
HEALTH FACTORS				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	23%	15%	19%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m ² , 2008	29%	25%	26%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	19%	20%	17%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	25%	8%	20%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	23.0	12.0	12.9
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	94.2	83.0	276.1
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	30.4	22.0	27.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	12%	13%	11%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	7%	7%	6%
Primary care physicians	Ratio of total population to primary care physicians, 2008	970:1	631:1	636:1
Mental health providers	Ratio of total population to mental health providers, 2008	16,487:1	2,242:1	1,306:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	39.5	69.0	61.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	57.6	52.0	56.5
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	81%	89%	88%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	74%	74%	73%

HEALTH FACTORS (continued)

Morrison *National Benchmark Minnesota

Social and Economic Factors

High school graduation	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	90%	92%	87%
Some college	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	57%	68%	72%
Unemployment	Percent of population ages 16 and older that is unemployed but seeking work, 2009	11.3%	5.3%	8.0%
Child poverty	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	15%	11%	11%
Inadequate social support	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	19%	14%	14%
Children in single-parent households	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	23%	20%	25%
Homicide rate	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	2.5

Physical Environment

Air pollution-particulate matter	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
Air pollution-ozone	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
Access to healthy foods	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	70%	92%	54%
Access to recreational facilities	Number of recreational facilities per 100,000 population, 2008	15.0	17.0	12.0

Demographics

		Morrison	United States	Minnesota
Youth	Percent of total population ages 0-17, 2009	25%	24%	24%
Elderly	Percent of total population ages 65 and older, 2009	16%	13%	13%
Rural	Percent of total population living in a rural area, 2000	71%	21%	29%
Not English proficient	Percent of total population that speaks English less than "very well," 2005-2009	1%	9%	4%
Illiteracy	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	8%	15%	6%

*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). **Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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2011 County Health Profile

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Mower County

Minnesota

HEALTH OUTCOMES		Mower	*National Benchmark	Minnesota
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	5,006	5,564	5,272
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	12%	10%	11%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.0	2.6	3.1
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	4.4	2.3	2.8
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	6.1%	6.0%	6.5%
HEALTH FACTORS				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	18%	15%	19%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m ² , 2008	28%	25%	26%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	20%	20%	17%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	16%	8%	20%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	14.2	12.0	12.9
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	332.8	83.0	276.1
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	44.8	22.0	27.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	12%	13%	11%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	7%	7%	6%
Primary care physicians	Ratio of total population to primary care physicians, 2008	974:1	631:1	636:1
Mental health providers	Ratio of total population to mental health providers, 2008	2,234:1	2,242:1	1,306:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	-	69.0	61.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	71.3	52.0	56.5
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	81%	89%	88%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	75%	74%	73%

HEALTH FACTORS (continued) Mower ***National Benchmark** Minnesota

Social and Economic Factors

High school graduation	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	85%	92%	87%
Some college	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	59%	68%	72%
Unemployment	Percent of population ages 16 and older that is unemployed but seeking work, 2009	6.4%	5.3%	8.0%
Child poverty	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	16%	11%	11%
Inadequate social support	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	14%	14%	14%
Children in single-parent households	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	32%	20%	25%
Homicide rate	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	2.5

Physical Environment

Air pollution-particulate matter	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
Air pollution-ozone	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
Access to healthy foods	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	46%	92%	54%
Access to recreational facilities	Number of recreational facilities per 100,000 population, 2008	11.0	17.0	12.0

Demographics

		Mower	United States	Minnesota
Youth	Percent of total population ages 0-17, 2009	25%	24%	24%
Elderly	Percent of total population ages 65 and older, 2009	18%	13%	13%
Rural	Percent of total population living in a rural area, 2000	39%	21%	29%
Not English proficient	Percent of total population that speaks English less than "very well," 2005-2009	6%	9%	4%
Illiteracy	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	8%	15%	6%

*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). **Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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2011 County Health Profile

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Murray County

Minnesota

HEALTH OUTCOMES	Murray	*National Benchmark	Minnesota
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Mortality

Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	6,387	5,564	5,272
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Morbidity

Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	7%	10%	11%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.5	2.6	3.1
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	4.8	2.3	2.8
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	-	6.0%	6.5%

HEALTH FACTORS

Health Behaviors

Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	9%	15%	19%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m ² , 2008	28%	25%	26%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	19%	20%	17%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	-	8%	20%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	-	12.0	12.9
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	95.4	83.0	276.1
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	27.9	22.0	27.5

Clinical Care

Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	18%	13%	11%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	12%	7%	6%
Primary care physicians	Ratio of total population to primary care physicians, 2008	1,405:1	631:1	636:1
Mental health providers	Ratio of total population to mental health providers, 2008	8,427:0	2,242:1	1,306:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	-	69.0	61.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	69.4	52.0	56.5
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	91%	89%	88%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	83%	74%	73%

HEALTH FACTORS (continued) Murray ***National Benchmark** Minnesota

Social and Economic Factors

High school graduation	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	95%	92%	87%
Some college	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	64%	68%	72%
Unemployment	Percent of population ages 16 and older that is unemployed but seeking work, 2009	5.9%	5.3%	8.0%
Child poverty	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	11%	11%	11%
Inadequate social support	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	-	14%	14%
Children in single-parent households	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	18%	20%	25%
Homicide rate	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	2.5

Physical Environment

Air pollution-particulate matter	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
Air pollution-ozone	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
Access to healthy foods	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	43%	92%	54%
Access to recreational facilities	Number of recreational facilities per 100,000 population, 2008	24.0	17.0	12.0

Demographics

		Murray	United States	Minnesota
Youth	Percent of total population ages 0-17, 2009	22%	24%	24%
Elderly	Percent of total population ages 65 and older, 2009	22%	13%	13%
Rural	Percent of total population living in a rural area, 2000	100%	21%	29%
Not English proficient	Percent of total population that speaks English less than "very well," 2005-2009	1%	9%	4%
Illiteracy	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	8%	15%	6%

*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). **Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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Nicollet County

Minnesota

HEALTH OUTCOMES		Nicollet	*National Benchmark	Minnesota
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	4,621	5,564	5,272
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	13%	10%	11%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.2	2.6	3.1
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.4	2.3	2.8
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	6.3%	6.0%	6.5%
HEALTH FACTORS				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	10%	15%	19%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m ² , 2008	28%	25%	26%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	17%	20%	17%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	15%	8%	20%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	10.2	12.0	12.9
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	109.3	83.0	276.1
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	16.2	22.0	27.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	10%	13%	11%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	5%	7%	6%
Primary care physicians	Ratio of total population to primary care physicians, 2008	639:1	631:1	636:1
Mental health providers	Ratio of total population to mental health providers, 2008	743:1	2,242:1	1,306:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	62.4	69.0	61.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	56.6	52.0	56.5
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	86%	89%	88%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	76%	74%	73%

HEALTH FACTORS (continued)

Nicollet *National Benchmark Minnesota

Social and Economic Factors

High school graduation	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	95%	92%	87%
Some college	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	75%	68%	72%
Unemployment	Percent of population ages 16 and older that is unemployed but seeking work, 2009	6.4%	5.3%	8.0%
Child poverty	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	10%	11%	11%
Inadequate social support	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	17%	14%	14%
Children in single-parent households	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	25%	20%	25%
Homicide rate	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	2.5

Physical Environment

Air pollution-particulate matter	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
Air pollution-ozone	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
Access to healthy foods	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	40%	92%	54%
Access to recreational facilities	Number of recreational facilities per 100,000 population, 2008	9.0	17.0	12.0

Demographics

		Nicollet	United States	Minnesota
Youth	Percent of total population ages 0-17, 2009	22%	24%	24%
Elderly	Percent of total population ages 65 and older, 2009	13%	13%	13%
Rural	Percent of total population living in a rural area, 2000	28%	21%	29%
Not English proficient	Percent of total population that speaks English less than "very well," 2005-2009	2%	9%	4%
Illiteracy	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	5%	15%	6%

*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). **Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead Community Health Needs Assessment Collaborative

Nobles County

Minnesota

HEALTH OUTCOMES		Nobles	*National Benchmark	Minnesota
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	5,247	5,564	5,272
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	8%	10%	11%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.0	2.6	3.1
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	1.4	2.3	2.8
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	7.1%	6.0%	6.5%
HEALTH FACTORS				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	15%	15%	19%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m ² , 2008	28%	25%	26%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	20%	20%	17%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	16%	8%	20%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	26.0	12.0	12.9
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	314.3	83.0	276.1
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	54.2	22.0	27.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	18%	13%	11%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	11%	7%	6%
Primary care physicians	Ratio of total population to primary care physicians, 2008	786:1	631:1	636:1
Mental health providers	Ratio of total population to mental health providers, 2008	3,404:1	2,242:1	1,306:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	44.2	69.0	61.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	55.6	52.0	56.5
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	94%	89%	88%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	80%	74%	73%

HEALTH FACTORS (continued) Nobles ***National Benchmark** Minnesota

Social and Economic Factors

High school graduation	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	85%	92%	87%
Some college	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	55%	68%	72%
Unemployment	Percent of population ages 16 and older that is unemployed but seeking work, 2009	5.3%	5.3%	8.0%
Child poverty	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	15%	11%	11%
Inadequate social support	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	-	14%	14%
Children in single-parent households	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	27%	20%	25%
Homicide rate	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	2.5

Physical Environment

Air pollution-particulate matter	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
Air pollution-ozone	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
Access to healthy foods	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	27%	92%	54%
Access to recreational facilities	Number of recreational facilities per 100,000 population, 2008	10.0	17.0	12.0

Demographics

		Nobles	United States	Minnesota
Youth	Percent of total population ages 0-17, 2009	28%	24%	24%
Elderly	Percent of total population ages 65 and older, 2009	16%	13%	13%
Rural	Percent of total population living in a rural area, 2000	47%	21%	29%
Not English proficient	Percent of total population that speaks English less than "very well," 2005-2009	10%	9%	4%
Illiteracy	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	12%	15%	6%

*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). **Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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2011 County Health Profile

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Norman County

Minnesota

HEALTH OUTCOMES		Norman	*National Benchmark	Minnesota
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Mortality

Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	7,885	5,564	5,272
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Morbidity

Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	11%	10%	11%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	6.5	2.6	3.1
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	4.2	2.3	2.8
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	-	6.0%	6.5%

HEALTH FACTORS

Health Behaviors

Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	-	15%	19%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m ² , 2008	28%	25%	26%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	20%	20%	17%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	-	8%	20%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	43.0	12.0	12.9
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	90.8	83.0	276.1
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	23.6	22.0	27.5

Clinical Care

Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	14%	13%	11%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	8%	7%	6%
Primary care physicians	Ratio of total population to primary care physicians, 2008	3,273:1	631:1	636:1
Mental health providers	Ratio of total population to mental health providers, 2008	6,546:0	2,242:1	1,306:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	60.6	69.0	61.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	46.3	52.0	56.5
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	95%	89%	88%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	-	74%	73%

HEALTH FACTORS (continued)

Norman *National Benchmark Minnesota

Social and Economic Factors

High school graduation	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	95%	92%	87%
Some college	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	60%	68%	72%
Unemployment	Percent of population ages 16 and older that is unemployed but seeking work, 2009	6.7%	5.3%	8.0%
Child poverty	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	15%	11%	11%
Inadequate social support	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	-	14%	14%
Children in single-parent households	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	22%	20%	25%
Homicide rate	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	2.5

Physical Environment

Air pollution-particulate matter	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
Air pollution-ozone	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
Access to healthy foods	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	38%	92%	54%
Access to recreational facilities	Number of recreational facilities per 100,000 population, 2008	0.0	17.0	12.0

Demographics

		Norman	United States	Minnesota
Youth	Percent of total population ages 0-17, 2009	25%	24%	24%
Elderly	Percent of total population ages 65 and older, 2009	21%	13%	13%
Rural	Percent of total population living in a rural area, 2000	100%	21%	29%
Not English proficient	Percent of total population that speaks English less than "very well," 2005-2009	2%	9%	4%
Illiteracy	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	8%	15%	6%

*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). **Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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2011 County Health Profile

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Olmsted County

Minnesota

HEALTH OUTCOMES		Olmsted	*National Benchmark	Minnesota
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	4,941	5,564	5,272
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	6%	10%	11%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.1	2.6	3.1
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.2	2.3	2.8
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	6.7%	6.0%	6.5%
HEALTH FACTORS				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	14%	15%	19%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m ² , 2008	27%	25%	26%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	17%	20%	17%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	16%	8%	20%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	11.2	12.0	12.9
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	246.9	83.0	276.1
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	25.8	22.0	27.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	10%	13%	11%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	5%	7%	6%
Primary care physicians	Ratio of total population to primary care physicians, 2008	205:1	631:1	636:1
Mental health providers	Ratio of total population to mental health providers, 2008	645:1	2,242:1	1,306:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	86.3	69.0	61.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	58.6	52.0	56.5
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	93%	89%	88%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	80%	74%	73%

HEALTH FACTORS (continued)

Olmsted *National Benchmark Minnesota

Social and Economic Factors

High school graduation	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	90%	92%	87%
Some college	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	78%	68%	72%
Unemployment	Percent of population ages 16 and older that is unemployed but seeking work, 2009	6.2%	5.3%	8.0%
Child poverty	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	9%	11%	11%
Inadequate social support	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	11%	14%	14%
Children in single-parent households	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	23%	20%	25%
Homicide rate	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	2.5

Physical Environment

Air pollution-particulate matter	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
Air pollution-ozone	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
Access to healthy foods	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	78%	92%	54%
Access to recreational facilities	Number of recreational facilities per 100,000 population, 2008	10.0	17.0	12.0

Demographics

		Olmsted	United States	Minnesota
Youth	Percent of total population ages 0-17, 2009	25%	24%	24%
Elderly	Percent of total population ages 65 and older, 2009	12%	13%	13%
Rural	Percent of total population living in a rural area, 2000	19%	21%	29%
Not English proficient	Percent of total population that speaks English less than "very well," 2005-2009	5%	9%	4%
Illiteracy	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	6%	15%	6%

*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). **Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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2011 County Health Profile

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Otter Tail County

Minnesota

HEALTH OUTCOMES		Otter Tail	*National Benchmark	Minnesota
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	5,084	5,564	5,272
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	11%	10%	11%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.1	2.6	3.1
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.6	2.3	2.8
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	5.8%	6.0%	6.5%
HEALTH FACTORS				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	19%	15%	19%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m ² , 2008	28%	25%	26%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	20%	20%	17%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	21%	8%	20%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	18.3	12.0	12.9
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	79.2	83.0	276.1
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	24.2	22.0	27.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	14%	13%	11%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	8%	7%	6%
Primary care physicians	Ratio of total population to primary care physicians, 2008	1,054:1	631:1	636:1
Mental health providers	Ratio of total population to mental health providers, 2008	2,188:1	2,242:1	1,306:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	-	69.0	61.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	59.7	52.0	56.5
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	94%	89%	88%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	82%	74%	73%

HEALTH FACTORS (continued)

Otter Tail *National Benchmark Minnesota

Social and Economic Factors

High school graduation	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	95%	92%	87%
Some college	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	64%	68%	72%
Unemployment	Percent of population ages 16 and older that is unemployed but seeking work, 2009	8.3%	5.3%	8.0%
Child poverty	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	16%	11%	11%
Inadequate social support	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	14%	14%	14%
Children in single-parent households	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	25%	20%	25%
Homicide rate	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	2.5

Physical Environment

Air pollution-particulate matter	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
Air pollution-ozone	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
Access to healthy foods	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	37%	92%	54%
Access to recreational facilities	Number of recreational facilities per 100,000 population, 2008	11.0	17.0	12.0

Demographics

		Otter Tail	United States	Minnesota
Youth	Percent of total population ages 0-17, 2009	21%	24%	24%
Elderly	Percent of total population ages 65 and older, 2009	21%	13%	13%
Rural	Percent of total population living in a rural area, 2000	77%	21%	29%
Not English proficient	Percent of total population that speaks English less than "very well," 2005-2009	2%	9%	4%
Illiteracy	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	7%	15%	6%

*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). **Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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2011 County Health Profile

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Pennington County

Minnesota

HEALTH OUTCOMES		Pennington	*National Benchmark	Minnesota
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	5,825	5,564	5,272
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	12%	10%	11%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.7	2.6	3.1
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.6	2.3	2.8
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	5.3%	6.0%	6.5%
HEALTH FACTORS				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	22%	15%	19%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m ² , 2008	28%	25%	26%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	19%	20%	17%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	-	8%	20%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	-	12.0	12.9
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	94.6	83.0	276.1
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	28.6	22.0	27.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	12%	13%	11%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	6%	7%	6%
Primary care physicians	Ratio of total population to primary care physicians, 2008	689:1	631:1	636:1
Mental health providers	Ratio of total population to mental health providers, 2008	1,723:1	2,242:1	1,306:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	36.4	69.0	61.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	42.4	52.0	56.5
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	92%	89%	88%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	79%	74%	73%

HEALTH FACTORS (continued)

Pennington *National Benchmark Minnesota

Social and Economic Factors

High school graduation	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	90%	92%	87%
Some college	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	59%	68%	72%
Unemployment	Percent of population ages 16 and older that is unemployed but seeking work, 2009	9.0%	5.3%	8.0%
Child poverty	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	13%	11%	11%
Inadequate social support	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	11%	14%	14%
Children in single-parent households	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	29%	20%	25%
Homicide rate	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	2.5

Physical Environment

Air pollution-particulate matter	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
Air pollution-ozone	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
Access to healthy foods	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	33%	92%	54%
Access to recreational facilities	Number of recreational facilities per 100,000 population, 2008	15.0	17.0	12.0

Demographics

		Pennington	United States	Minnesota
Youth	Percent of total population ages 0-17, 2009	23%	24%	24%
Elderly	Percent of total population ages 65 and older, 2009	16%	13%	13%
Rural	Percent of total population living in a rural area, 2000	32%	21%	29%
Not English proficient	Percent of total population that speaks English less than "very well," 2005-2009	2%	9%	4%
Illiteracy	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	7%	15%	6%

*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). **Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead Community Health Needs Assessment Collaborative

Pine County

Minnesota

HEALTH OUTCOMES		Pine	*National Benchmark	Minnesota
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	6,794	5,564	5,272
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	10%	10%	11%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.4	2.6	3.1
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.7	2.3	2.8
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	5.9%	6.0%	6.5%
HEALTH FACTORS				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	16%	15%	19%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m ² , 2008	29%	25%	26%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	20%	20%	17%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	17%	8%	20%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	23.7	12.0	12.9
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	120.2	83.0	276.1
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	39.8	22.0	27.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	12%	13%	11%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	7%	7%	6%
Primary care physicians	Ratio of total population to primary care physicians, 2008	1,495:1	631:1	636:1
Mental health providers	Ratio of total population to mental health providers, 2008	7,100:1	2,242:1	1,306:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	28.3	69.0	61.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	81.9	52.0	56.5
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	84%	89%	88%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	67%	74%	73%

HEALTH FACTORS (continued) Pine ***National Benchmark** Minnesota

Social and Economic Factors

High school graduation	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	85%	92%	87%
Some college	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	52%	68%	72%
Unemployment	Percent of population ages 16 and older that is unemployed but seeking work, 2009	11.4%	5.3%	8.0%
Child poverty	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	18%	11%	11%
Inadequate social support	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	7%	14%	14%
Children in single-parent households	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	34%	20%	25%
Homicide rate	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	2.5

Physical Environment

Air pollution-particulate matter	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	1	0	0
Air pollution-ozone	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
Access to healthy foods	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	25%	92%	54%
Access to recreational facilities	Number of recreational facilities per 100,000 population, 2008	7.0	17.0	12.0

Demographics

		Pine	United States	Minnesota
Youth	Percent of total population ages 0-17, 2009	22%	24%	24%
Elderly	Percent of total population ages 65 and older, 2009	17%	13%	13%
Rural	Percent of total population living in a rural area, 2000	89%	21%	29%
Not English proficient	Percent of total population that speaks English less than "very well," 2005-2009	1%	9%	4%
Illiteracy	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	8%	15%	6%

*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). **Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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2011 County Health Profile

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Pipestone County

Minnesota

HEALTH OUTCOMES		Pipestone	*National Benchmark	Minnesota
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	6,626	5,564	5,272
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	-	10%	11%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	4.2	2.6	3.1
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	4.2	2.3	2.8
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	5.7%	6.0%	6.5%
HEALTH FACTORS				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	-	15%	19%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m ² , 2008	27%	25%	26%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	19%	20%	17%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	-	8%	20%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	-	12.0	12.9
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	42.6	83.0	276.1
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	35.9	22.0	27.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	13%	13%	11%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	7%	7%	6%
Primary care physicians	Ratio of total population to primary care physicians, 2008	936:1	631:1	636:1
Mental health providers	Ratio of total population to mental health providers, 2008	9,358:1	2,242:1	1,306:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	31.9	69.0	61.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	57.9	52.0	56.5
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	89%	89%	88%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	67%	74%	73%

HEALTH FACTORS (continued)

Pipestone *National Benchmark Minnesota

Social and Economic Factors

High school graduation	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	85%	92%	87%
Some college	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	63%	68%	72%
Unemployment	Percent of population ages 16 and older that is unemployed but seeking work, 2009	6.6%	5.3%	8.0%
Child poverty	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	14%	11%	11%
Inadequate social support	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	-	14%	14%
Children in single-parent households	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	21%	20%	25%
Homicide rate	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	2.5

Physical Environment

Air pollution-particulate matter	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
Air pollution-ozone	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
Access to healthy foods	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	40%	92%	54%
Access to recreational facilities	Number of recreational facilities per 100,000 population, 2008	0.0	17.0	12.0

Demographics

		Pipestone	United States	Minnesota
Youth	Percent of total population ages 0-17, 2009	26%	24%	24%
Elderly	Percent of total population ages 65 and older, 2009	21%	13%	13%
Rural	Percent of total population living in a rural area, 2000	58%	21%	29%
Not English proficient	Percent of total population that speaks English less than "very well," 2005-2009	1%	9%	4%
Illiteracy	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	8%	15%	6%

*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). **Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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2011 County Health Profile

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Polk County

Minnesota

HEALTH OUTCOMES		Polk	*National Benchmark	Minnesota
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	6,804	5,564	5,272
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	13%	10%	11%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.6	2.6	3.1
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.7	2.3	2.8
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	6.3%	6.0%	6.5%
HEALTH FACTORS				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	24%	15%	19%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m ² , 2008	28%	25%	26%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	21%	20%	17%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	23%	8%	20%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	18.6	12.0	12.9
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	143.4	83.0	276.1
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	33.4	22.0	27.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	12%	13%	11%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	6%	7%	6%
Primary care physicians	Ratio of total population to primary care physicians, 2008	1,273:1	631:1	636:1
Mental health providers	Ratio of total population to mental health providers, 2008	3,395:1	2,242:1	1,306:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	42.4	69.0	61.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	60.0	52.0	56.5
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	88%	89%	88%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	76%	74%	73%

HEALTH FACTORS (continued) Polk ***National Benchmark** Minnesota

Social and Economic Factors

High school graduation	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	85%	92%	87%
Some college	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	67%	68%	72%
Unemployment	Percent of population ages 16 and older that is unemployed but seeking work, 2009	6.2%	5.3%	8.0%
Child poverty	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	15%	11%	11%
Inadequate social support	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	21%	14%	14%
Children in single-parent households	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	24%	20%	25%
Homicide rate	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	2.5

Physical Environment

Air pollution-particulate matter	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
Air pollution-ozone	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
Access to healthy foods	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	47%	92%	54%
Access to recreational facilities	Number of recreational facilities per 100,000 population, 2008	7.0	17.0	12.0

Demographics

		Polk	United States	Minnesota
Youth	Percent of total population ages 0-17, 2009	24%	24%	24%
Elderly	Percent of total population ages 65 and older, 2009	17%	13%	13%
Rural	Percent of total population living in a rural area, 2000	51%	21%	29%
Not English proficient	Percent of total population that speaks English less than "very well," 2005-2009	2%	9%	4%
Illiteracy	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	7%	15%	6%

*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). **Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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Pope County

Minnesota

HEALTH OUTCOMES		Pope	*National Benchmark	Minnesota
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	5,005	5,564	5,272
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	15%	10%	11%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.3	2.6	3.1
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.3	2.3	2.8
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	6.1%	6.0%	6.5%
HEALTH FACTORS				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	14%	15%	19%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m ² , 2008	27%	25%	26%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	20%	20%	17%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	-	8%	20%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	-	12.0	12.9
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	27.2	83.0	276.1
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	16.2	22.0	27.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	16%	13%	11%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	9%	7%	6%
Primary care physicians	Ratio of total population to primary care physicians, 2008	608:1	631:1	636:1
Mental health providers	Ratio of total population to mental health providers, 2008	3,650:1	2,242:1	1,306:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	27.2	69.0	61.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	82.1	52.0	56.5
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	88%	89%	88%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	74%	74%	73%

HEALTH FACTORS (continued) Pope ***National Benchmark** Minnesota

Social and Economic Factors

High school graduation	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	85%	92%	87%
Some college	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	65%	68%	72%
Unemployment	Percent of population ages 16 and older that is unemployed but seeking work, 2009	7.5%	5.3%	8.0%
Child poverty	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	13%	11%	11%
Inadequate social support	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	-	14%	14%
Children in single-parent households	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	20%	20%	25%
Homicide rate	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	2.5

Physical Environment

Air pollution-particulate matter	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
Air pollution-ozone	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
Access to healthy foods	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	60%	92%	54%
Access to recreational facilities	Number of recreational facilities per 100,000 population, 2008	18.0	17.0	12.0

Demographics

		Pope	United States	Minnesota
Youth	Percent of total population ages 0-17, 2009	21%	24%	24%
Elderly	Percent of total population ages 65 and older, 2009	21%	13%	13%
Rural	Percent of total population living in a rural area, 2000	100%	21%	29%
Not English proficient	Percent of total population that speaks English less than "very well," 2005-2009	1%	9%	4%
Illiteracy	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	7%	15%	6%

*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). **Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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2011 County Health Profile

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Ramsey County

Minnesota

HEALTH OUTCOMES	Ramsey	*National Benchmark	Minnesota
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Mortality

Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	5,997	5,564	5,272
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Morbidity

Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	10%	10%	11%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.0	2.6	3.1
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.7	2.3	2.8
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	7.2%	6.0%	6.5%

HEALTH FACTORS

Health Behaviors

Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	19%	15%	19%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m ² , 2008	26%	25%	26%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	15%	20%	17%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	18%	8%	20%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	7.8	12.0	12.9
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	477.2	83.0	276.1
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	38.6	22.0	27.5

Clinical Care

Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	11%	13%	11%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	6%	7%	6%
Primary care physicians	Ratio of total population to primary care physicians, 2008	530:1	631:1	636:1
Mental health providers	Ratio of total population to mental health providers, 2008	731:1	2,242:1	1,306:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	-	69.0	61.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	45.8	52.0	56.5
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	89%	89%	88%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	67%	74%	73%

HEALTH FACTORS (continued)

Ramsey *National Benchmark Minnesota

Social and Economic Factors

High school graduation	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	80%	92%	87%
Some college	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	72%	68%	72%
Unemployment	Percent of population ages 16 and older that is unemployed but seeking work, 2009	7.8%	5.3%	8.0%
Child poverty	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	19%	11%	11%
Inadequate social support	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	14%	14%	14%
Children in single-parent households	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	34%	20%	25%
Homicide rate	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	3.7	1.0	2.5

Physical Environment

Air pollution-particulate matter	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	1	0	0
Air pollution-ozone	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
Access to healthy foods	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	100%	92%	54%
Access to recreational facilities	Number of recreational facilities per 100,000 population, 2008	10.0	17.0	12.0

Demographics

Ramsey United States Minnesota

Youth	Percent of total population ages 0-17, 2009	23%	24%	24%
Elderly	Percent of total population ages 65 and older, 2009	13%	13%	13%
Rural	Percent of total population living in a rural area, 2000	0%	21%	29%
Not English proficient	Percent of total population that speaks English less than "very well," 2005-2009	8%	9%	4%
Illiteracy	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	7%	15%	6%

*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). **Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead Community Health Needs Assessment Collaborative

Red Lake County

Minnesota

HEALTH OUTCOMES		Red Lake	*National Benchmark	Minnesota
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Mortality

Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	-	5,564	5,272
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Morbidity

Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	-	10%	11%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	-	2.6	3.1
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	-	2.3	2.8
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	-	6.0%	6.5%

HEALTH FACTORS

Health Behaviors

Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	-	15%	19%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m ² , 2008	28%	25%	26%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	18%	20%	17%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	-	8%	20%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	-	12.0	12.9
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	73.7	83.0	276.1
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	23.6	22.0	27.5

Clinical Care

Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	17%	13%	11%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	10%	7%	6%
Primary care physicians	Ratio of total population to primary care physicians, 2008	-	631:1	636:1
Mental health providers	Ratio of total population to mental health providers, 2008	4,131:0	2,242:1	1,306:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	24.6	69.0	61.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	55.4	52.0	56.5
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	-	89%	88%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	-	74%	73%

HEALTH FACTORS (continued)

Red Lake *National Benchmark Minnesota

Social and Economic Factors

High school graduation	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	-	92%	87%
Some college	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	58%	68%	72%
Unemployment	Percent of population ages 16 and older that is unemployed but seeking work, 2009	10.0%	5.3%	8.0%
Child poverty	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	14%	11%	11%
Inadequate social support	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	-	14%	14%
Children in single-parent households	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	28%	20%	25%
Homicide rate	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	2.5

Physical Environment

Air pollution-particulate matter	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
Air pollution-ozone	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
Access to healthy foods	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	75%	92%	54%
Access to recreational facilities	Number of recreational facilities per 100,000 population, 2008	0.0	17.0	12.0

Demographics

		Red Lake	United States	Minnesota
Youth	Percent of total population ages 0-17, 2009	22%	24%	24%
Elderly	Percent of total population ages 65 and older, 2009	19%	13%	13%
Rural	Percent of total population living in a rural area, 2000	100%	21%	29%
Not English proficient	Percent of total population that speaks English less than "very well," 2005-2009	1%	9%	4%
Illiteracy	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	8%	15%	6%

*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). **Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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2011 County Health Profile

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Redwood County

Minnesota

HEALTH OUTCOMES		Redwood	*National Benchmark	Minnesota
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Mortality

Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	7,196	5,564	5,272
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Morbidity

Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	12%	10%	11%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.0	2.6	3.1
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	1.1	2.3	2.8
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	5.7%	6.0%	6.5%

HEALTH FACTORS

Health Behaviors

Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	-	15%	19%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m ² , 2008	28%	25%	26%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	20%	20%	17%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	-	8%	20%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	22.3	12.0	12.9
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	83.9	83.0	276.1
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	27.0	22.0	27.5

Clinical Care

Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	13%	13%	11%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	8%	7%	6%
Primary care physicians	Ratio of total population to primary care physicians, 2008	975:1	631:1	636:1
Mental health providers	Ratio of total population to mental health providers, 2008	5,199:1	2,242:1	1,306:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	32.3	69.0	61.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	50.7	52.0	56.5
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	88%	89%	88%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	77%	74%	73%

HEALTH FACTORS (continued)

Redwood *National Benchmark Minnesota

Social and Economic Factors

High school graduation	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	90%	92%	87%
Some college	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	62%	68%	72%
Unemployment	Percent of population ages 16 and older that is unemployed but seeking work, 2009	7.0%	5.3%	8.0%
Child poverty	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	12%	11%	11%
Inadequate social support	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	16%	14%	14%
Children in single-parent households	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	24%	20%	25%
Homicide rate	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	2.5

Physical Environment

Air pollution-particulate matter	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
Air pollution-ozone	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
Access to healthy foods	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	39%	92%	54%
Access to recreational facilities	Number of recreational facilities per 100,000 population, 2008	0.0	17.0	12.0

Demographics

		Redwood	United States	Minnesota
Youth	Percent of total population ages 0-17, 2009	25%	24%	24%
Elderly	Percent of total population ages 65 and older, 2009	20%	13%	13%
Rural	Percent of total population living in a rural area, 2000	69%	21%	29%
Not English proficient	Percent of total population that speaks English less than "very well," 2005-2009	1%	9%	4%
Illiteracy	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	7%	15%	6%

*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). **Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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2011 County Health Profile

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Renville County

Minnesota

HEALTH OUTCOMES		Renville	*National Benchmark	Minnesota
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	5,797	5,564	5,272
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	15%	10%	11%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.0	2.6	3.1
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.2	2.3	2.8
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	5.3%	6.0%	6.5%
HEALTH FACTORS				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	20%	15%	19%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m ² , 2008	29%	25%	26%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	19%	20%	17%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	14%	8%	20%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	26.7	12.0	12.9
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	145.0	83.0	276.1
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	31.8	22.0	27.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	16%	13%	11%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	10%	7%	6%
Primary care physicians	Ratio of total population to primary care physicians, 2008	1,321:1	631:1	636:1
Mental health providers	Ratio of total population to mental health providers, 2008	15,848:0	2,242:1	1,306:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	-	69.0	61.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	58.4	52.0	56.5
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	85%	89%	88%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	79%	74%	73%

HEALTH FACTORS (continued)

Renville *National Benchmark Minnesota

Social and Economic Factors

High school graduation	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	80%	92%	87%
Some college	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	63%	68%	72%
Unemployment	Percent of population ages 16 and older that is unemployed but seeking work, 2009	8.4%	5.3%	8.0%
Child poverty	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	15%	11%	11%
Inadequate social support	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	14%	14%	14%
Children in single-parent households	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	25%	20%	25%
Homicide rate	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	2.5

Physical Environment

Air pollution-particulate matter	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
Air pollution-ozone	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
Access to healthy foods	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	60%	92%	54%
Access to recreational facilities	Number of recreational facilities per 100,000 population, 2008	13.0	17.0	12.0

Demographics

		Renville	United States	Minnesota
Youth	Percent of total population ages 0-17, 2009	24%	24%	24%
Elderly	Percent of total population ages 65 and older, 2009	19%	13%	13%
Rural	Percent of total population living in a rural area, 2000	100%	21%	29%
Not English proficient	Percent of total population that speaks English less than "very well," 2005-2009	3%	9%	4%
Illiteracy	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	8%	15%	6%

*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). **Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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Rice County

Minnesota

HEALTH OUTCOMES		Rice	*National Benchmark	Minnesota
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	4,341	5,564	5,272
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	8%	10%	11%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.8	2.6	3.1
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.2	2.3	2.8
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	6.4%	6.0%	6.5%
HEALTH FACTORS				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	14%	15%	19%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m ² , 2008	26%	25%	26%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	16%	20%	17%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	18%	8%	20%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	16.7	12.0	12.9
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	219.6	83.0	276.1
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	20.8	22.0	27.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	13%	13%	11%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	8%	7%	6%
Primary care physicians	Ratio of total population to primary care physicians, 2008	574:1	631:1	636:1
Mental health providers	Ratio of total population to mental health providers, 2008	1,361:1	2,242:1	1,306:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	-	69.0	61.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	64.7	52.0	56.5
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	88%	89%	88%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	69%	74%	73%

HEALTH FACTORS (continued) Rice ***National Benchmark** Minnesota

Social and Economic Factors

High school graduation	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	95%	92%	87%
Some college	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	61%	68%	72%
Unemployment	Percent of population ages 16 and older that is unemployed but seeking work, 2009	8.8%	5.3%	8.0%
Child poverty	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	10%	11%	11%
Inadequate social support	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	17%	14%	14%
Children in single-parent households	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	23%	20%	25%
Homicide rate	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	2.5

Physical Environment

Air pollution-particulate matter	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
Air pollution-ozone	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
Access to healthy foods	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	22%	92%	54%
Access to recreational facilities	Number of recreational facilities per 100,000 population, 2008	10.0	17.0	12.0

Demographics

		Rice	United States	Minnesota
Youth	Percent of total population ages 0-17, 2009	24%	24%	24%
Elderly	Percent of total population ages 65 and older, 2009	12%	13%	13%
Rural	Percent of total population living in a rural area, 2000	31%	21%	29%
Not English proficient	Percent of total population that speaks English less than "very well," 2005-2009	4%	9%	4%
Illiteracy	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	7%	15%	6%

*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). **Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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Rock County

Minnesota

HEALTH OUTCOMES		Rock	*National Benchmark	Minnesota
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	5,396	5,564	5,272
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	-	10%	11%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.8	2.6	3.1
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.7	2.3	2.8
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	6.5%	6.0%	6.5%
HEALTH FACTORS				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	-	15%	19%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m ² , 2008	28%	25%	26%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	20%	20%	17%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	11%	8%	20%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	-	12.0	12.9
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	31.7	83.0	276.1
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	26.7	22.0	27.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	14%	13%	11%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	8%	7%	6%
Primary care physicians	Ratio of total population to primary care physicians, 2008	473:1	631:1	636:1
Mental health providers	Ratio of total population to mental health providers, 2008	3,151:1	2,242:1	1,306:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	-	69.0	61.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	52.7	52.0	56.5
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	89%	89%	88%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	76%	74%	73%

HEALTH FACTORS (continued) Rock ***National Benchmark** Minnesota

Social and Economic Factors

High school graduation	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	95%	92%	87%
Some college	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	68%	68%	72%
Unemployment	Percent of population ages 16 and older that is unemployed but seeking work, 2009	5.5%	5.3%	8.0%
Child poverty	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	11%	11%	11%
Inadequate social support	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	-	14%	14%
Children in single-parent households	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	18%	20%	25%
Homicide rate	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	2.5

Physical Environment

Air pollution-particulate matter	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
Air pollution-ozone	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
Access to healthy foods	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	13%	92%	54%
Access to recreational facilities	Number of recreational facilities per 100,000 population, 2008	21.0	17.0	12.0

Demographics

		Rock	United States	Minnesota
Youth	Percent of total population ages 0-17, 2009	26%	24%	24%
Elderly	Percent of total population ages 65 and older, 2009	19%	13%	13%
Rural	Percent of total population living in a rural area, 2000	54%	21%	29%
Not English proficient	Percent of total population that speaks English less than "very well," 2005-2009	1%	9%	4%
Illiteracy	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	7%	15%	6%

*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). **Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

Source: The overall format and content of the County Health Profiles is based largely on County Health Rankings, a key component of the Mobilizing Action Toward Community Health (MATCH) project - a collaboration between the Robert Wood Johnson Foundation and the University of Wisconsin Population Health Institute, <http://www.countyhealthrankings.org/>. Additional data sources include the U.S. Census Bureau, Small Area Health Insurance Estimates, <http://www.census.gov/sahie/> and the Centers for Disease Control and Prevention's National Center for Health Statistics - the Health Indicators Warehouse, <http://healthindicators.gov> and "Health, United States, 2010," Table 109, <http://www.cdc.gov/nchs/hus.htm>.

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2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead Community Health Needs Assessment Collaborative

Roseau County

Minnesota

HEALTH OUTCOMES		Roseau	*National Benchmark	Minnesota
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	5,378	5,564	5,272
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	14%	10%	11%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.4	2.6	3.1
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.4	2.3	2.8
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	6.1%	6.0%	6.5%
HEALTH FACTORS				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	18%	15%	19%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m ² , 2008	29%	25%	26%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	21%	20%	17%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	-	8%	20%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	19.5	12.0	12.9
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	119.8	83.0	276.1
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	30.8	22.0	27.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	13%	13%	11%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	8%	7%	6%
Primary care physicians	Ratio of total population to primary care physicians, 2008	1,140:1	631:1	636:1
Mental health providers	Ratio of total population to mental health providers, 2008	15,963:0	2,242:1	1,306:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	37.8	69.0	61.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	73.0	52.0	56.5
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	86%	89%	88%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	67%	74%	73%

HEALTH FACTORS (continued) Roseau ***National Benchmark** Minnesota

Social and Economic Factors

High school graduation	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	95%	92%	87%
Some college	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	56%	68%	72%
Unemployment	Percent of population ages 16 and older that is unemployed but seeking work, 2009	7.6%	5.3%	8.0%
Child poverty	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	10%	11%	11%
Inadequate social support	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	13%	14%	14%
Children in single-parent households	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	28%	20%	25%
Homicide rate	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	2.5

Physical Environment

Air pollution-particulate matter	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
Air pollution-ozone	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
Access to healthy foods	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	56%	92%	54%
Access to recreational facilities	Number of recreational facilities per 100,000 population, 2008	19.0	17.0	12.0

Demographics

		Roseau	United States	Minnesota
Youth	Percent of total population ages 0-17, 2009	26%	24%	24%
Elderly	Percent of total population ages 65 and older, 2009	14%	13%	13%
Rural	Percent of total population living in a rural area, 2000	84%	21%	29%
Not English proficient	Percent of total population that speaks English less than "very well," 2005-2009	2%	9%	4%
Illiteracy	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	7%	15%	6%

*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). **Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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2011 County Health Profile

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St. Louis County

Minnesota

HEALTH OUTCOMES		St. Louis	*National Benchmark	Minnesota
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	6,603	5,564	5,272
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	11%	10%	11%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.2	2.6	3.1
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.9	2.3	2.8
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	6.0%	6.0%	6.5%
HEALTH FACTORS				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	22%	15%	19%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m ² , 2008	28%	25%	26%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	17%	20%	17%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	20%	8%	20%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	15.3	12.0	12.9
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	270.7	83.0	276.1
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	22.8	22.0	27.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	9%	13%	11%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	5%	7%	6%
Primary care physicians	Ratio of total population to primary care physicians, 2008	434:1	631:1	636:1
Mental health providers	Ratio of total population to mental health providers, 2008	1,225:1	2,242:1	1,306:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	73.1	69.0	61.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	56.9	52.0	56.5
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	90%	89%	88%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	74%	74%	73%

HEALTH FACTORS (continued)

St. Louis *National Benchmark Minnesota

Social and Economic Factors

High school graduation	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	85%	92%	87%
Some college	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	71%	68%	72%
Unemployment	Percent of population ages 16 and older that is unemployed but seeking work, 2009	9.3%	5.3%	8.0%
Child poverty	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	15%	11%	11%
Inadequate social support	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	14%	14%	14%
Children in single-parent households	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	30%	20%	25%
Homicide rate	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	1.7	1.0	2.5

Physical Environment

Air pollution-particulate matter	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	1	0	0
Air pollution-ozone	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
Access to healthy foods	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	45%	92%	54%
Access to recreational facilities	Number of recreational facilities per 100,000 population, 2008	12.0	17.0	12.0

Demographics

		St. Louis	United States	Minnesota
Youth	Percent of total population ages 0-17, 2009	20%	24%	24%
Elderly	Percent of total population ages 65 and older, 2009	16%	13%	13%
Rural	Percent of total population living in a rural area, 2000	37%	21%	29%
Not English proficient	Percent of total population that speaks English less than "very well," 2005-2009	1%	9%	4%
Illiteracy	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	6%	15%	6%

*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). **Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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2011 County Health Profile

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Scott County

Minnesota

HEALTH OUTCOMES		Scott	*National Benchmark	Minnesota
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	4,286	5,564	5,272
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	7%	10%	11%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.6	2.6	3.1
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.4	2.3	2.8
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	5.8%	6.0%	6.5%
HEALTH FACTORS				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	15%	15%	19%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m ² , 2008	28%	25%	26%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	15%	20%	17%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	23%	8%	20%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	11.9	12.0	12.9
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	158.2	83.0	276.1
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	19.5	22.0	27.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	10%	13%	11%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	6%	7%	6%
Primary care physicians	Ratio of total population to primary care physicians, 2008	818:1	631:1	636:1
Mental health providers	Ratio of total population to mental health providers, 2008	3,492:1	2,242:1	1,306:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	-	69.0	61.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	60.6	52.0	56.5
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	81%	89%	88%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	73%	74%	73%

HEALTH FACTORS (continued) Scott ***National Benchmark** Minnesota

Social and Economic Factors

High school graduation	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	90%	92%	87%
Some college	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	78%	68%	72%
Unemployment	Percent of population ages 16 and older that is unemployed but seeking work, 2009	7.5%	5.3%	8.0%
Child poverty	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	5%	11%	11%
Inadequate social support	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	10%	14%	14%
Children in single-parent households	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	16%	20%	25%
Homicide rate	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	2.5

Physical Environment

Air pollution-particulate matter	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
Air pollution-ozone	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
Access to healthy foods	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	75%	92%	54%
Access to recreational facilities	Number of recreational facilities per 100,000 population, 2008	9.0	17.0	12.0

Demographics

		Scott	United States	Minnesota
Youth	Percent of total population ages 0-17, 2009	29%	24%	24%
Elderly	Percent of total population ages 65 and older, 2009	7%	13%	13%
Rural	Percent of total population living in a rural area, 2000	27%	21%	29%
Not English proficient	Percent of total population that speaks English less than "very well," 2005-2009	4%	9%	4%
Illiteracy	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	5%	15%	6%

*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). **Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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Sherburne County

Minnesota

HEALTH OUTCOMES		Sherburne	*National Benchmark	Minnesota
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	4,682	5,564	5,272
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	14%	10%	11%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.4	2.6	3.1
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.8	2.3	2.8
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	5.9%	6.0%	6.5%
HEALTH FACTORS				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	21%	15%	19%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m ² , 2008	27%	25%	26%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	18%	20%	17%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	21%	8%	20%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	18.7	12.0	12.9
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	130.0	83.0	276.1
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	21.4	22.0	27.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	12%	13%	11%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	6%	7%	6%
Primary care physicians	Ratio of total population to primary care physicians, 2008	1,646:1	631:1	636:1
Mental health providers	Ratio of total population to mental health providers, 2008	3,965:1	2,242:1	1,306:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	27.4	69.0	61.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	61.0	52.0	56.5
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	86%	89%	88%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	71%	74%	73%

HEALTH FACTORS (continued)

Sherburne *National Benchmark Minnesota

Social and Economic Factors

High school graduation	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	90%	92%	87%
Some college	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	67%	68%	72%
Unemployment	Percent of population ages 16 and older that is unemployed but seeking work, 2009	9.2%	5.3%	8.0%
Child poverty	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	6%	11%	11%
Inadequate social support	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	12%	14%	14%
Children in single-parent households	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	18%	20%	25%
Homicide rate	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	2.5

Physical Environment

Air pollution-particulate matter	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
Air pollution-ozone	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
Access to healthy foods	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	80%	92%	54%
Access to recreational facilities	Number of recreational facilities per 100,000 population, 2008	11.0	17.0	12.0

Demographics

		Sherburne	United States	Minnesota
Youth	Percent of total population ages 0-17, 2009	29%	24%	24%
Elderly	Percent of total population ages 65 and older, 2009	7%	13%	13%
Rural	Percent of total population living in a rural area, 2000	56%	21%	29%
Not English proficient	Percent of total population that speaks English less than "very well," 2005-2009	2%	9%	4%
Illiteracy	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	5%	15%	6%

*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). **Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead Community Health Needs Assessment Collaborative

Sibley County

Minnesota

HEALTH OUTCOMES		Sibley	*National Benchmark	Minnesota
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	4,266	5,564	5,272
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	13%	10%	11%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.6	2.6	3.1
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	1.8	2.3	2.8
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	5.6%	6.0%	6.5%
HEALTH FACTORS				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	-	15%	19%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m ² , 2008	28%	25%	26%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	19%	20%	17%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	-	8%	20%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	-	12.0	12.9
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	80.2	83.0	276.1
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	35.0	22.0	27.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	16%	13%	11%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	13%	7%	6%
Primary care physicians	Ratio of total population to primary care physicians, 2008	2,154:1	631:1	636:1
Mental health providers	Ratio of total population to mental health providers, 2008	15,077:0	2,242:1	1,306:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	-	69.0	61.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	57.7	52.0	56.5
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	88%	89%	88%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	74%	74%	73%

HEALTH FACTORS (continued) Sibley *National Benchmark Minnesota

Social and Economic Factors

High school graduation	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	90%	92%	87%
Some college	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	53%	68%	72%
Unemployment	Percent of population ages 16 and older that is unemployed but seeking work, 2009	8.4%	5.3%	8.0%
Child poverty	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	15%	11%	11%
Inadequate social support	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	13%	14%	14%
Children in single-parent households	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	24%	20%	25%
Homicide rate	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	2.5

Physical Environment

Air pollution-particulate matter	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
Air pollution-ozone	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
Access to healthy foods	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	50%	92%	54%
Access to recreational facilities	Number of recreational facilities per 100,000 population, 2008	13.0	17.0	12.0

Demographics

		Sibley	United States	Minnesota
Youth	Percent of total population ages 0-17, 2009	25%	24%	24%
Elderly	Percent of total population ages 65 and older, 2009	16%	13%	13%
Rural	Percent of total population living in a rural area, 2000	100%	21%	29%
Not English proficient	Percent of total population that speaks English less than "very well," 2005-2009	3%	9%	4%
Illiteracy	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	9%	15%	6%

*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). **Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead Community Health Needs Assessment Collaborative

Stearns County

Minnesota

HEALTH OUTCOMES	Stearns	*National Benchmark	Minnesota
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Mortality

Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	4,605	5,564	5,272
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Morbidity

Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	10%	10%	11%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.8	2.6	3.1
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.5	2.3	2.8
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	6.9%	6.0%	6.5%

HEALTH FACTORS

Health Behaviors

Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	15%	15%	19%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m ² , 2008	27%	25%	26%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	18%	20%	17%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	21%	8%	20%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	12.8	12.0	12.9
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	273.3	83.0	276.1
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	17.4	22.0	27.5

Clinical Care

Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	13%	13%	11%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	6%	7%	6%
Primary care physicians	Ratio of total population to primary care physicians, 2008	582:1	631:1	636:1
Mental health providers	Ratio of total population to mental health providers, 2008	1,079:1	2,242:1	1,306:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	66.6	69.0	61.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	65.8	52.0	56.5
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	87%	89%	88%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	83%	74%	73%

HEALTH FACTORS (continued) Stearns ***National Benchmark** Minnesota

Social and Economic Factors

High school graduation	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	90%	92%	87%
Some college	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	70%	68%	72%
Unemployment	Percent of population ages 16 and older that is unemployed but seeking work, 2009	7.9%	5.3%	8.0%
Child poverty	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	9%	11%	11%
Inadequate social support	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	17%	14%	14%
Children in single-parent households	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	23%	20%	25%
Homicide rate	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	2.5

Physical Environment

Air pollution-particulate matter	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
Air pollution-ozone	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
Access to healthy foods	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	84%	92%	54%
Access to recreational facilities	Number of recreational facilities per 100,000 population, 2008	18.0	17.0	12.0

Demographics

		Stearns	United States	Minnesota
Youth	Percent of total population ages 0-17, 2009	23%	24%	24%
Elderly	Percent of total population ages 65 and older, 2009	13%	13%	13%
Rural	Percent of total population living in a rural area, 2000	44%	21%	29%
Not English proficient	Percent of total population that speaks English less than "very well," 2005-2009	2%	9%	4%
Illiteracy	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	6%	15%	6%

*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). **Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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2011 County Health Profile

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Steele County

Minnesota

HEALTH OUTCOMES		Steele	*National Benchmark	Minnesota
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	4,136	5,564	5,272
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	8%	10%	11%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.4	2.6	3.1
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.6	2.3	2.8
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	5.4%	6.0%	6.5%
HEALTH FACTORS				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	17%	15%	19%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m ² , 2008	29%	25%	26%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	19%	20%	17%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	18%	8%	20%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	17.9	12.0	12.9
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	205.2	83.0	276.1
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	36.8	22.0	27.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	11%	13%	11%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	7%	7%	6%
Primary care physicians	Ratio of total population to primary care physicians, 2008	620:1	631:1	636:1
Mental health providers	Ratio of total population to mental health providers, 2008	3,327:1	2,242:1	1,306:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	73.9	69.0	61.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	64.9	52.0	56.5
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	93%	89%	88%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	80%	74%	73%

HEALTH FACTORS (continued) Steele *National Benchmark Minnesota

Social and Economic Factors

High school graduation	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	85%	92%	87%
Some college	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	62%	68%	72%
Unemployment	Percent of population ages 16 and older that is unemployed but seeking work, 2009	8.8%	5.3%	8.0%
Child poverty	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	10%	11%	11%
Inadequate social support	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	15%	14%	14%
Children in single-parent households	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	30%	20%	25%
Homicide rate	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	2.5

Physical Environment

Air pollution-particulate matter	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
Air pollution-ozone	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
Access to healthy foods	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	100%	92%	54%
Access to recreational facilities	Number of recreational facilities per 100,000 population, 2008	5.0	17.0	12.0

Demographics

		Steele	United States	Minnesota
Youth	Percent of total population ages 0-17, 2009	27%	24%	24%
Elderly	Percent of total population ages 65 and older, 2009	14%	13%	13%
Rural	Percent of total population living in a rural area, 2000	34%	21%	29%
Not English proficient	Percent of total population that speaks English less than "very well," 2005-2009	2%	9%	4%
Illiteracy	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	7%	15%	6%

*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). **Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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Stevens County

Minnesota

HEALTH OUTCOMES		Stevens	*National Benchmark	Minnesota
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	5,029	5,564	5,272
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	18%	10%	11%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.5	2.6	3.1
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.0	2.3	2.8
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	-	6.0%	6.5%
HEALTH FACTORS				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	13%	15%	19%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m ² , 2008	27%	25%	26%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	19%	20%	17%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	-	8%	20%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	-	12.0	12.9
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	72.5	83.0	276.1
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	8.1	22.0	27.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	15%	13%	11%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	7%	7%	6%
Primary care physicians	Ratio of total population to primary care physicians, 2008	1,068:1	631:1	636:1
Mental health providers	Ratio of total population to mental health providers, 2008	1,373:1	2,242:1	1,306:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	31.1	69.0	61.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	114.4	52.0	56.5
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	89%	89%	88%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	63%	74%	73%

HEALTH FACTORS (continued)

Stevens *National Benchmark Minnesota

Social and Economic Factors

High school graduation	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	90%	92%	87%
Some college	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	61%	68%	72%
Unemployment	Percent of population ages 16 and older that is unemployed but seeking work, 2009	5.6%	5.3%	8.0%
Child poverty	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	9%	11%	11%
Inadequate social support	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	-	14%	14%
Children in single-parent households	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	14%	20%	25%
Homicide rate	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	2.5

Physical Environment

Air pollution-particulate matter	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
Air pollution-ozone	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
Access to healthy foods	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	40%	92%	54%
Access to recreational facilities	Number of recreational facilities per 100,000 population, 2008	10.0	17.0	12.0

Demographics

Stevens United States Minnesota

Youth	Percent of total population ages 0-17, 2009	20%	24%	24%
Elderly	Percent of total population ages 65 and older, 2009	17%	13%	13%
Rural	Percent of total population living in a rural area, 2000	52%	21%	29%
Not English proficient	Percent of total population that speaks English less than "very well," 2005-2009	2%	9%	4%
Illiteracy	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	7%	15%	6%

*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). **Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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Swift County

Minnesota

HEALTH OUTCOMES		Swift	*National Benchmark	Minnesota
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	6,545	5,564	5,272
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	-	10%	11%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.3	2.6	3.1
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	1.9	2.3	2.8
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	-	6.0%	6.5%
HEALTH FACTORS				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	-	15%	19%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m ² , 2008	28%	25%	26%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	20%	20%	17%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	-	8%	20%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	-	12.0	12.9
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	244.7	83.0	276.1
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	26.0	22.0	27.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	12%	13%	11%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	7%	7%	6%
Primary care physicians	Ratio of total population to primary care physicians, 2008	913:1	631:1	636:1
Mental health providers	Ratio of total population to mental health providers, 2008	5,481:1	2,242:1	1,306:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	-	69.0	61.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	70.4	52.0	56.5
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	88%	89%	88%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	70%	74%	73%

HEALTH FACTORS (continued) Swift ***National Benchmark** Minnesota

Social and Economic Factors

High school graduation	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	95%	92%	87%
Some college	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	53%	68%	72%
Unemployment	Percent of population ages 16 and older that is unemployed but seeking work, 2009	7.4%	5.3%	8.0%
Child poverty	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	12%	11%	11%
Inadequate social support	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	-	14%	14%
Children in single-parent households	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	24%	20%	25%
Homicide rate	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	2.5

Physical Environment

Air pollution-particulate matter	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
Air pollution-ozone	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
Access to healthy foods	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	29%	92%	54%
Access to recreational facilities	Number of recreational facilities per 100,000 population, 2008	9.0	17.0	12.0

Demographics

		Swift	United States	Minnesota
Youth	Percent of total population ages 0-17, 2009	20%	24%	24%
Elderly	Percent of total population ages 65 and older, 2009	18%	13%	13%
Rural	Percent of total population living in a rural area, 2000	48%	21%	29%
Not English proficient	Percent of total population that speaks English less than "very well," 2005-2009	2%	9%	4%
Illiteracy	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	7%	15%	6%

*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). **Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead Community Health Needs Assessment Collaborative

Todd County

Minnesota

HEALTH OUTCOMES		Todd	*National Benchmark	Minnesota
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	6,833	5,564	5,272
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	15%	10%	11%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	5.1	2.6	3.1
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.4	2.3	2.8
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	5.6%	6.0%	6.5%
HEALTH FACTORS				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	19%	15%	19%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m2, 2008	29%	25%	26%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	23%	20%	17%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	-	8%	20%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	24.9	12.0	12.9
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	62.7	83.0	276.1
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	34.3	22.0	27.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	12%	13%	11%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	7%	7%	6%
Primary care physicians	Ratio of total population to primary care physicians, 2008	727:1	631:1	636:1
Mental health providers	Ratio of total population to mental health providers, 2008	5,995:1	2,242:1	1,306:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	25.1	69.0	61.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	77.9	52.0	56.5
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	84%	89%	88%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	68%	74%	73%

HEALTH FACTORS (continued) Todd ***National Benchmark** Minnesota

Social and Economic Factors

High school graduation	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	95%	92%	87%
Some college	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	60%	68%	72%
Unemployment	Percent of population ages 16 and older that is unemployed but seeking work, 2009	9.3%	5.3%	8.0%
Child poverty	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	19%	11%	11%
Inadequate social support	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	11%	14%	14%
Children in single-parent households	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	22%	20%	25%
Homicide rate	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	2.5

Physical Environment

Air pollution-particulate matter	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
Air pollution-ozone	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
Access to healthy foods	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	78%	92%	54%
Access to recreational facilities	Number of recreational facilities per 100,000 population, 2008	17.0	17.0	12.0

Demographics

		Todd	United States	Minnesota
Youth	Percent of total population ages 0-17, 2009	25%	24%	24%
Elderly	Percent of total population ages 65 and older, 2009	17%	13%	13%
Rural	Percent of total population living in a rural area, 2000	78%	21%	29%
Not English proficient	Percent of total population that speaks English less than "very well," 2005-2009	4%	9%	4%
Illiteracy	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	9%	15%	6%

*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). **Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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2011 County Health Profile

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Traverse County

Minnesota

HEALTH OUTCOMES		Traverse	*National Benchmark	Minnesota
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	-	5,564	5,272
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	-	10%	11%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	-	2.6	3.1
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	-	2.3	2.8
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	-	6.0%	6.5%
HEALTH FACTORS				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	-	15%	19%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m ² , 2008	27%	25%	26%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	22%	20%	17%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	-	8%	20%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	-	12.0	12.9
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	54.6	83.0	276.1
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	-	22.0	27.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	17%	13%	11%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	10%	7%	6%
Primary care physicians	Ratio of total population to primary care physicians, 2008	-	631:1	636:1
Mental health providers	Ratio of total population to mental health providers, 2008	3,602:0	2,242:1	1,306:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	0.0	69.0	61.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	49.7	52.0	56.5
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	94%	89%	88%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	78%	74%	73%

HEALTH FACTORS (continued) Traverse ***National Benchmark** Minnesota

Social and Economic Factors

High school graduation	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	100%	92%	87%
Some college	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	67%	68%	72%
Unemployment	Percent of population ages 16 and older that is unemployed but seeking work, 2009	7.1%	5.3%	8.0%
Child poverty	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	16%	11%	11%
Inadequate social support	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	-	14%	14%
Children in single-parent households	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	20%	20%	25%
Homicide rate	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	2.5

Physical Environment

Air pollution-particulate matter	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
Air pollution-ozone	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
Access to healthy foods	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	50%	92%	54%
Access to recreational facilities	Number of recreational facilities per 100,000 population, 2008	0.0	17.0	12.0

Demographics

		Traverse	United States	Minnesota
Youth	Percent of total population ages 0-17, 2009	21%	24%	24%
Elderly	Percent of total population ages 65 and older, 2009	28%	13%	13%
Rural	Percent of total population living in a rural area, 2000	100%	21%	29%
Not English proficient	Percent of total population that speaks English less than "very well," 2005-2009	1%	9%	4%
Illiteracy	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	8%	15%	6%

*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). **Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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2011 County Health Profile

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Wabasha County

Minnesota

HEALTH OUTCOMES	Wabasha	*National Benchmark	Minnesota
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Mortality

Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	4,867	5,564	5,272
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Morbidity

Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	15%	10%	11%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.7	2.6	3.1
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.6	2.3	2.8
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	7.7%	6.0%	6.5%

HEALTH FACTORS

Health Behaviors

Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	19%	15%	19%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m ² , 2008	26%	25%	26%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	19%	20%	17%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	19%	8%	20%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	21.0	12.0	12.9
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	183.4	83.0	276.1
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	24.9	22.0	27.5

Clinical Care

Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	13%	13%	11%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	8%	7%	6%
Primary care physicians	Ratio of total population to primary care physicians, 2008	841:1	631:1	636:1
Mental health providers	Ratio of total population to mental health providers, 2008	21,873:1	2,242:1	1,306:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	-	69.0	61.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	56.2	52.0	56.5
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	91%	89%	88%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	73%	74%	73%

HEALTH FACTORS (continued)

Wabasha *National Benchmark Minnesota

Social and Economic Factors

High school graduation	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	90%	92%	87%
Some college	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	59%	68%	72%
Unemployment	Percent of population ages 16 and older that is unemployed but seeking work, 2009	7.7%	5.3%	8.0%
Child poverty	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	10%	11%	11%
Inadequate social support	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	15%	14%	14%
Children in single-parent households	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	18%	20%	25%
Homicide rate	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	2.5

Physical Environment

Air pollution-particulate matter	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
Air pollution-ozone	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
Access to healthy foods	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	33%	92%	54%
Access to recreational facilities	Number of recreational facilities per 100,000 population, 2008	18.0	17.0	12.0

Demographics

		Wabasha	United States	Minnesota
Youth	Percent of total population ages 0-17, 2009	23%	24%	24%
Elderly	Percent of total population ages 65 and older, 2009	17%	13%	13%
Rural	Percent of total population living in a rural area, 2000	65%	21%	29%
Not English proficient	Percent of total population that speaks English less than "very well," 2005-2009	1%	9%	4%
Illiteracy	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	7%	15%	6%

*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). **Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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2011 County Health Profile

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Wadena County

Minnesota

HEALTH OUTCOMES		Wadena	*National Benchmark	Minnesota
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	8,067	5,564	5,272
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	11%	10%	11%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.2	2.6	3.1
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	4.8	2.3	2.8
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	6.5%	6.0%	6.5%
HEALTH FACTORS				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	10%	15%	19%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m ² , 2008	28%	25%	26%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	20%	20%	17%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	12%	8%	20%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	-	12.0	12.9
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	97.7	83.0	276.1
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	38.4	22.0	27.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	11%	13%	11%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	6%	7%	6%
Primary care physicians	Ratio of total population to primary care physicians, 2008	740:1	631:1	636:1
Mental health providers	Ratio of total population to mental health providers, 2008	3,332:1	2,242:1	1,306:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	45.1	69.0	61.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	76.2	52.0	56.5
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	90%	89%	88%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	66%	74%	73%

HEALTH FACTORS (continued)

Wadena *National Benchmark Minnesota

Social and Economic Factors

High school graduation	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	85%	92%	87%
Some college	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	66%	68%	72%
Unemployment	Percent of population ages 16 and older that is unemployed but seeking work, 2009	11.2%	5.3%	8.0%
Child poverty	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	21%	11%	11%
Inadequate social support	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	-	14%	14%
Children in single-parent households	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	26%	20%	25%
Homicide rate	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	2.5

Physical Environment

Air pollution-particulate matter	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
Air pollution-ozone	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
Access to healthy foods	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	67%	92%	54%
Access to recreational facilities	Number of recreational facilities per 100,000 population, 2008	8.0	17.0	12.0

Demographics

		Wadena	United States	Minnesota
Youth	Percent of total population ages 0-17, 2009	24%	24%	24%
Elderly	Percent of total population ages 65 and older, 2009	22%	13%	13%
Rural	Percent of total population living in a rural area, 2000	67%	21%	29%
Not English proficient	Percent of total population that speaks English less than "very well," 2005-2009	1%	9%	4%
Illiteracy	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	8%	15%	6%

*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). **Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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2011 County Health Profile

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Waseca County

Minnesota

HEALTH OUTCOMES		Waseca	*National Benchmark	Minnesota
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	5,082	5,564	5,272
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	10%	10%	11%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.7	2.6	3.1
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.1	2.3	2.8
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	6.0%	6.0%	6.5%
HEALTH FACTORS				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	19%	15%	19%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m2, 2008	29%	25%	26%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	19%	20%	17%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	-	8%	20%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	21.4	12.0	12.9
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	174.9	83.0	276.1
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	32.5	22.0	27.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	11%	13%	11%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	7%	7%	6%
Primary care physicians	Ratio of total population to primary care physicians, 2008	842:1	631:1	636:1
Mental health providers	Ratio of total population to mental health providers, 2008	6,458:1	2,242:1	1,306:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	36.0	69.0	61.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	59.0	52.0	56.5
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	89%	89%	88%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	75%	74%	73%

HEALTH FACTORS (continued)

Waseca *National Benchmark Minnesota

Social and Economic Factors

High school graduation	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	85%	92%	87%
Some college	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	61%	68%	72%
Unemployment	Percent of population ages 16 and older that is unemployed but seeking work, 2009	8.4%	5.3%	8.0%
Child poverty	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	11%	11%	11%
Inadequate social support	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	-	14%	14%
Children in single-parent households	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	20%	20%	25%
Homicide rate	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	2.5

Physical Environment

Air pollution-particulate matter	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
Air pollution-ozone	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
Access to healthy foods	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	75%	92%	54%
Access to recreational facilities	Number of recreational facilities per 100,000 population, 2008	15.0	17.0	12.0

Demographics

Waseca United States Minnesota

Youth	Percent of total population ages 0-17, 2009	25%	24%	24%
Elderly	Percent of total population ages 65 and older, 2009	14%	13%	13%
Rural	Percent of total population living in a rural area, 2000	50%	21%	29%
Not English proficient	Percent of total population that speaks English less than "very well," 2005-2009	2%	9%	4%
Illiteracy	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	7%	15%	6%

*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). **Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead Community Health Needs Assessment Collaborative

Washington County

Minnesota

HEALTH OUTCOMES		Washington	*National Benchmark	Minnesota
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	4,332	5,564	5,272
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	9%	10%	11%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.1	2.6	3.1
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.2	2.3	2.8
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	5.9%	6.0%	6.5%
HEALTH FACTORS				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	18%	15%	19%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m ² , 2008	26%	25%	26%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	15%	20%	17%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	19%	8%	20%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	8.4	12.0	12.9
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	141.4	83.0	276.1
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	15.6	22.0	27.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	9%	13%	11%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	6%	7%	6%
Primary care physicians	Ratio of total population to primary care physicians, 2008	527:1	631:1	636:1
Mental health providers	Ratio of total population to mental health providers, 2008	1,795:1	2,242:1	1,306:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	-	69.0	61.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	46.7	52.0	56.5
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	89%	89%	88%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	76%	74%	73%

HEALTH FACTORS (continued)

Washington *National Benchmark Minnesota

Social and Economic Factors

High school graduation	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	90%	92%	87%
Some college	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	79%	68%	72%
Unemployment	Percent of population ages 16 and older that is unemployed but seeking work, 2009	7.4%	5.3%	8.0%
Child poverty	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	5%	11%	11%
Inadequate social support	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	14%	14%	14%
Children in single-parent households	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	20%	20%	25%
Homicide rate	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	2.5

Physical Environment

Air pollution-particulate matter	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	1	0	0
Air pollution-ozone	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	1	0	0
Access to healthy foods	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	63%	92%	54%
Access to recreational facilities	Number of recreational facilities per 100,000 population, 2008	16.0	17.0	12.0

Demographics

		Washington	United States	Minnesota
Youth	Percent of total population ages 0-17, 2009	26%	24%	24%
Elderly	Percent of total population ages 65 and older, 2009	9%	13%	13%
Rural	Percent of total population living in a rural area, 2000	18%	21%	29%
Not English proficient	Percent of total population that speaks English less than "very well," 2005-2009	3%	9%	4%
Illiteracy	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	4%	15%	6%

*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). **Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead Community Health Needs Assessment Collaborative

Watonwan County

Minnesota

HEALTH OUTCOMES		Watonwan	*National Benchmark	Minnesota
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	6,131	5,564	5,272
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	-	10%	11%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.0	2.6	3.1
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.2	2.3	2.8
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	6.7%	6.0%	6.5%
HEALTH FACTORS				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	-	15%	19%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m ² , 2008	28%	25%	26%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	20%	20%	17%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	-	8%	20%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	28.9	12.0	12.9
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	156.5	83.0	276.1
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	52.3	22.0	27.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	19%	13%	11%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	11%	7%	6%
Primary care physicians	Ratio of total population to primary care physicians, 2008	1,359:1	631:1	636:1
Mental health providers	Ratio of total population to mental health providers, 2008	3,623:1	2,242:1	1,306:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	-	69.0	61.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	56.3	52.0	56.5
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	82%	89%	88%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	64%	74%	73%

HEALTH FACTORS (continued)

Watonwan *National Benchmark Minnesota

Social and Economic Factors

High school graduation	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	95%	92%	87%
Some college	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	49%	68%	72%
Unemployment	Percent of population ages 16 and older that is unemployed but seeking work, 2009	9.1%	5.3%	8.0%
Child poverty	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	15%	11%	11%
Inadequate social support	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	-	14%	14%
Children in single-parent households	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	30%	20%	25%
Homicide rate	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	2.5

Physical Environment

Air pollution-particulate matter	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
Air pollution-ozone	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
Access to healthy foods	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	60%	92%	54%
Access to recreational facilities	Number of recreational facilities per 100,000 population, 2008	18.0	17.0	12.0

Demographics

		Watonwan	United States	Minnesota
Youth	Percent of total population ages 0-17, 2009	26%	24%	24%
Elderly	Percent of total population ages 65 and older, 2009	19%	13%	13%
Rural	Percent of total population living in a rural area, 2000	61%	21%	29%
Not English proficient	Percent of total population that speaks English less than "very well," 2005-2009	11%	9%	4%
Illiteracy	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	12%	15%	6%

*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). **Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead Community Health Needs Assessment Collaborative

Wilkin County

Minnesota

HEALTH OUTCOMES	Wilkin	*National Benchmark	Minnesota
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Mortality

Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	4,522	5,564	5,272
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Morbidity

Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	-	10%	11%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	-	2.6	3.1
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	-	2.3	2.8
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	-	6.0%	6.5%

HEALTH FACTORS

Health Behaviors

Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	-	15%	19%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m ² , 2008	28%	25%	26%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	19%	20%	17%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	-	8%	20%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	-	12.0	12.9
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	79.5	83.0	276.1
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	20.8	22.0	27.5

Clinical Care

Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	13%	13%	11%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	6%	7%	6%
Primary care physicians	Ratio of total population to primary care physicians, 2008	-	631:1	636:1
Mental health providers	Ratio of total population to mental health providers, 2008	2,125:1	2,242:1	1,306:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	47.7	69.0	61.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	56.5	52.0	56.5
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	84%	89%	88%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	-	74%	73%

HEALTH FACTORS (continued)

Wilkin *National Benchmark Minnesota

Social and Economic Factors

High school graduation	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	90%	92%	87%
Some college	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	70%	68%	72%
Unemployment	Percent of population ages 16 and older that is unemployed but seeking work, 2009	5.7%	5.3%	8.0%
Child poverty	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	11%	11%	11%
Inadequate social support	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	-	14%	14%
Children in single-parent households	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	30%	20%	25%
Homicide rate	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	2.5

Physical Environment

Air pollution-particulate matter	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
Air pollution-ozone	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
Access to healthy foods	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	14%	92%	54%
Access to recreational facilities	Number of recreational facilities per 100,000 population, 2008	0.0	17.0	12.0

Demographics

Wilkin United States Minnesota

Youth	Percent of total population ages 0-17, 2009	24%	24%	24%
Elderly	Percent of total population ages 65 and older, 2009	18%	13%	13%
Rural	Percent of total population living in a rural area, 2000	51%	21%	29%
Not English proficient	Percent of total population that speaks English less than "very well," 2005-2009	0%	9%	4%
Illiteracy	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	6%	15%	6%

*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). **Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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2011 County Health Profile

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Winona County

Minnesota

HEALTH OUTCOMES		Winona	*National Benchmark	Minnesota
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	5,297	5,564	5,272
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	8%	10%	11%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.7	2.6	3.1
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.5	2.3	2.8
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	4.9%	6.0%	6.5%
HEALTH FACTORS				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	18%	15%	19%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m2, 2008	29%	25%	26%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	18%	20%	17%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	23%	8%	20%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	16.7	12.0	12.9
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	162.4	83.0	276.1
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	13.0	22.0	27.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	12%	13%	11%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	6%	7%	6%
Primary care physicians	Ratio of total population to primary care physicians, 2008	1,127:1	631:1	636:1
Mental health providers	Ratio of total population to mental health providers, 2008	2,066:1	2,242:1	1,306:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	-	69.0	61.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	61.7	52.0	56.5
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	90%	89%	88%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	71%	74%	73%

HEALTH FACTORS (continued)

Winona *National Benchmark Minnesota

Social and Economic Factors

High school graduation	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	90%	92%	87%
Some college	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	69%	68%	72%
Unemployment	Percent of population ages 16 and older that is unemployed but seeking work, 2009	7.8%	5.3%	8.0%
Child poverty	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	12%	11%	11%
Inadequate social support	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	14%	14%	14%
Children in single-parent households	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	21%	20%	25%
Homicide rate	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	2.5

Physical Environment

Air pollution-particulate matter	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	2	0	0
Air pollution-ozone	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
Access to healthy foods	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	50%	92%	54%
Access to recreational facilities	Number of recreational facilities per 100,000 population, 2008	12.0	17.0	12.0

Demographics

		Winona	United States	Minnesota
Youth	Percent of total population ages 0-17, 2009	19%	24%	24%
Elderly	Percent of total population ages 65 and older, 2009	14%	13%	13%
Rural	Percent of total population living in a rural area, 2000	35%	21%	29%
Not English proficient	Percent of total population that speaks English less than "very well," 2005-2009	2%	9%	4%
Illiteracy	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	6%	15%	6%

*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). **Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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2011 County Health Profile

An adaptation of the County Health Rankings Project for the Fargo-Moorhead Community Health Needs Assessment Collaborative

Wright County

Minnesota

HEALTH OUTCOMES		Wright	*National Benchmark	Minnesota
<i>Mortality</i>				
Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	4,922	5,564	5,272
<i>Morbidity</i>				
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	10%	10%	11%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.4	2.6	3.1
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	2.5	2.3	2.8
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	5.6%	6.0%	6.5%
HEALTH FACTORS				
<i>Health Behaviors</i>				
Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	21%	15%	19%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m ² , 2008	26%	25%	26%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	16%	20%	17%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	23%	8%	20%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	15.7	12.0	12.9
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	142.0	83.0	276.1
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	23.2	22.0	27.5
<i>Clinical Care</i>				
Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	11%	13%	11%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	7%	7%	6%
Primary care physicians	Ratio of total population to primary care physicians, 2008	1,263:1	631:1	636:1
Mental health providers	Ratio of total population to mental health providers, 2008	6,666:1	2,242:1	1,306:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	-	69.0	61.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	65.6	52.0	56.5
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	83%	89%	88%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	68%	74%	73%

HEALTH FACTORS (continued) Wright ***National Benchmark** Minnesota

Social and Economic Factors

High school graduation	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	95%	92%	87%
Some college	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	70%	68%	72%
Unemployment	Percent of population ages 16 and older that is unemployed but seeking work, 2009	9.2%	5.3%	8.0%
Child poverty	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	6%	11%	11%
Inadequate social support	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	10%	14%	14%
Children in single-parent households	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	19%	20%	25%
Homicide rate	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	2.5

Physical Environment

Air pollution-particulate matter	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
Air pollution-ozone	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	1	0	0
Access to healthy foods	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	60%	92%	54%
Access to recreational facilities	Number of recreational facilities per 100,000 population, 2008	13.0	17.0	12.0

Demographics

		Wright	United States	Minnesota
Youth	Percent of total population ages 0-17, 2009	30%	24%	24%
Elderly	Percent of total population ages 65 and older, 2009	9%	13%	13%
Rural	Percent of total population living in a rural area, 2000	53%	21%	29%
Not English proficient	Percent of total population that speaks English less than "very well," 2005-2009	2%	9%	4%
Illiteracy	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	5%	15%	6%

*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). **Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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2011 County Health Profile

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Yellow Medicine County

Minnesota

*National
Yellow Medicine Benchmark Minnesota

HEALTH OUTCOMES

Mortality

Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted), 2005-2007	7,253	5,564	5,272
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Morbidity

Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted), 2003-2009	13%	10%	11%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted), 2003-2009	3.6	2.6	3.1
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted), 2003-2009	4.4	2.3	2.8
Low birthweight	Percent of live births with low birthweight (<2,500 grams), 2001-2007	6.4%	6.0%	6.5%

HEALTH FACTORS

Health Behaviors

Adult smoking	Percent of adults that currently smoke and have smoked at least 100 cigarettes in their lifetime, 2003-2009	-	15%	19%
Adult obesity	Percent of adults that report a body mass index (BMI) of at least 30 kg/m ² , 2008	27%	25%	26%
Physical inactivity	Percent of adults reporting no leisure time physical activity, 2008	20%	20%	17%
Excessive drinking	Percent of adults reporting binge drinking and heavy drinking**, 2003-2009	-	8%	20%
Motor vehicle crash death rate	Motor vehicle crash deaths per 100,000 population, 2001-2007	31.3	12.0	12.9
Sexually transmitted infections	Number of chlamydia cases (new cases reported) per 100,000 population, 2008	100.4	83.0	276.1
Teen birth rate	Number of teen births per 1,000 females ages 15-19, 2001-2007	26.1	22.0	27.5

Clinical Care

Uninsured adults	Percent of adult population ages 18-64 without health insurance, 2007	13%	13%	11%
Uninsured youth	Percent of youth ages 0-18 without health insurance, 2007	7%	7%	6%
Primary care physicians	Ratio of total population to primary care physicians, 2008	764:1	631:1	636:1
Mental health providers	Ratio of total population to mental health providers, 2008	3,309:1	2,242:1	1,306:1
Dentist rate	Number of professionally active dentists per 100,000 population, 2007	-	69.0	61.0
Preventable hospital stays	Hospitalization discharges for ambulatory care-sensitive conditions per 1,000 Medicare enrollees, 2006-2007	68.3	52.0	56.5
Diabetic screening	Percent of diabetic Medicare enrollees that receive HbA1c screening, 2006-2007	83%	89%	88%
Mammography screening	Percent of female Medicare enrollees that receive mammography screening, 2006-2007	73%	74%	73%

HEALTH FACTORS (continued)

allow Medicaid *National Benchmark Minnesota

Social and Economic Factors

High school graduation	Percent of ninth-grade cohort in public schools that graduates from high school in four years, 2006-2007	95%	92%	87%
Some college	Percent of adults ages 25-44 with some post-secondary education, 2005-2009	68%	68%	72%
Unemployment	Percent of population ages 16 and older that is unemployed but seeking work, 2009	6.7%	5.3%	8.0%
Child poverty	Percent of children ages 0-17 living below the Federal Poverty Line, 2008	11%	11%	11%
Inadequate social support	Percent of adults that never, rarely, or sometimes get the social and emotional support they need, 2003-2009	-	14%	14%
Children in single-parent households	Percent of children in families that live in a household headed by a parent with no spouse present, 2005-2009	20%	20%	25%
Homicide rate	Number of deaths due to murder or non-negligent manslaughter per 100,000 population, 2001-2007	-	1.0	2.5

Physical Environment

Air pollution-particulate matter	Number of days air quality was unhealthy for sensitive populations due to fine particulate matter, 2006	0	0	0
Air pollution-ozone	Number of days air quality was unhealthy for sensitive populations due to ozone levels, 2006	0	0	0
Access to healthy foods	Percent of zip codes with a healthy food outlet (i.e., grocery store or produce stand/farmers' market), 2008	71%	92%	54%
Access to recreational facilities	Number of recreational facilities per 100,000 population, 2008	10.0	17.0	12.0

Demographics

		allow Medicaid	United States	Minnesota
Youth	Percent of total population ages 0-17, 2009	23%	24%	24%
Elderly	Percent of total population ages 65 and older, 2009	21%	13%	13%
Rural	Percent of total population living in a rural area, 2000	82%	21%	29%
Not English proficient	Percent of total population that speaks English less than "very well," 2005-2009	1%	9%	4%
Illiteracy	Percent of population ages 16 and older that lacks basic prose literacy skills, 2003	7%	15%	6%

*The national benchmark is the 90th percentile (i.e., 10% of counties nationwide ranked better). **Binge drinking is defined as consuming more than 4 (for women) or 5 (for men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than 1 (for women) or 2 (for men) alcoholic beverages per day on average. - Blank values reflect unreliable or missing data.

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