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|  | **2012** |
|  | Fargo Moorhead Community Health Needs Assessment Collaborative |

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| **Community Health Needs assessment asset mapping Worksheet: Fargo Moorhead Stakeholders** |
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| Identified Concern | Specific Concerns | Community Leader Respondent Level of Concern\* | Resident Respondents Level of Concern\* | Additional Narrative Comments/Concernsto be Considered | Alignment with Community Resources | Unmet Need? (Yes/No) |
|  Aging/Baby Boomers  | Availability and/or cost of long term care | 3.66 | 3.91 | * Housing and transportation needs
* Large numbers of aging people living in poverty
* Need for Alzheimer’s services
* Access to healthcare and education opportunities
* Healthcare professionals could refer to ND Dementia care services
* Not being able to retire because of high cost of healthcare
 | LTC (Nursing Homes) available:* Eventide – 218-233-7508
* Golden Living Center – 218-233-7578
* Bethany on Univ. – 701-239-3000
* Bethany on 42nd – 701-478-8900
* Elim – 701-271-1800
* ManorCare – 701-237-3030
* Rosewood – 701-277-7999
* Villa Maria – 701-293-7750

Adult Day Care resources (for respite):* Bethany Day Services – 701-239-3544
* Home Instead – 701-478-1010
* Johnson Elder Care Home – 701-277-7195
* Rainbow Square – 701-277-7999
* Club Connection – 701-293-7750
* Heartsprings – 701-261-3142
* Rosewood – 701-277-7999
* Villa Maria Club Connection – 701-293-7750
* Touchmark – 701-476-1200

Assisted Living resources:* Arbor Park Village – 218-359-9999
* Four Seasons – 218-359-9000
* Carriage House – 1-877-427-9196
* Eventide Linden Tree – 218-233-7508
* Eventide Fairmont – 218-233-8022
* Evergreens, Mhd – 218-233-1535
* Moorhead Manor – 218-236-6286
* Northside Retirement Home – 218-233-1583
* Park View Terrace – 218-233-8548
* River Pointe – 218-287-6900
* Bethany Gables – 701-478-8900
* Bethany Towers – 701-239-3424
* Edgewood Vista – 701-365-8200
* Evergreens Fargo – 701-239-4524
* Good Samaritan – 701-282-2651
* Pioneer House – 701-271-1862
* Riverview Place – 701-237-4700
* Touchmark – 701-476-1200

Home Health resources:* Access – 218-233-3991
* Care 2000 – 218-233-1000
* CCRI – 218-236-6730
* C & R Quality Living – 701-235-5744
* Good Samaritan – 701-282-2651
* Hospice – 701-356-1500
* Prairieland – 701-232-1245
* Sanford Home Care – 701-234-4900

Home Services & other resources for assisting the elderly to stay in their homes:* Access – 218-233-3991
* Care 2000 – 218-233-1000
* Change is Good – 218-329-7442
* Homewatch – 218-233-1667
* LSS Caregiver Respite Services – 218-233-7521
* Midwest Community Residential Services – 218-287-5422
* Accent Multi Services – 701-293-6000
* Active at Home Helpers – 701-200-4328
* At Home Caregiver Services – 701-293-7294
* Comfort Keepers – 701-237-0004
* Community Living Services – 701-232-3133
* C & R Quality Living – 701-235-5744
* Easter Seals – 701-237-9908
* Ebenezer Human Care – 701-412-5525
* Family Caregiver Support Program
* Good Samaritan – 701-282-2651
* Heart 2 Heart – 701-200-7828
* Home Instead Senior Care – 701-478-1010
* Sanford Health Personal Care – 701-232-2452
* LSS Senior Companion Program – 701-271-3247
* Spectrum Home Care – 701-293-8172
* Tami’s Angels – 701-237-3415
* Meals on Wheels – 701-293-1440 (Fargo)
* Meals on Wheels – 218-287-0434 (Mhd.)
* Congregate meals (Mhd) – various locations
* Cash Wise, Hornbachers & SunMart have on-line grocery orders that can be delivered
* Community Dining – 9 Fargo locations
* LSS Senior Nutrition Program – 218-233-7521
* Outreach Assistance – 701-293-1440
* Transportation services:
	+ Clay Co. Rural Transit – 218-236-0303
	+ Mhd. Transit System – 218-232-7500
	+ Richards Transp. Service – 218-233-3404
	+ Anytime Transportation – 701-232-3322
	+ Care A Van Mobility 4U – 701-235-6699
	+ Doyle Cab – 701-235-5535
	+ Discount Taxi – 701-235-5535
	+ Fargo Senior Commission – 701-293-1440
	+ Fargo City Bus – 701-232-7500
	+ Handi-Wheels – 701-232-3231
	+ Lucky 7 Taxi – 701-235-1717
	+ MAT Paratransit – 701-476-4464
	+ Medi Van – 1-800-422-0976
	+ Metro Senior Ride Service – 701-293-1440
	+ MAT – 701-232-7500
	+ Ready Wheels – 701-364-1700
	+ RSVP – 701-298-4602
	+ Rural Cass Bus – 701-293-1440
	+ Rural Cass Volunteer Services – 701-347-5590

Resources for support of caregivers:* Support Group for Alzheimer’s caregivers – 605-321-9610
* Alzheimer’s Support Group (for young onset caregivers) – 701-277-9757
* Alzheimer’s Support Group for those with family member in Eventide – 218-233-7508
* Caregivers Discussion Group through MN LSS – 218-233-7521
* Family Caregiver Support Program – 701-298-4480
* Hospice support for widows & widowers – 701-356-1500

Activities for Seniors:* Senior Center, Mhd – 218-299-5514
* Senior Centers, Fargo – 6 locations
* Community Dining – 9 Fargo locations
* Volunteer Opportunities – Valley Senior Services: 701-293-1440
 |  |
| Availability of resources to help the elderly stay in their homes | 3.56 | 3.89 |
| Availability of resources for friends and family caring for elders | 3.53 | 3.86 |
| Availability of resources for grandparents caring for grandchildren | 3.15 | 3.57 |
| Availability and/or cost of activities for seniors | 3.16 | 3.38 |
| Identified Concern | **Specific Concerns** | **Community Leader Respondent Level of Concern\*** | **Resident Respondents Level of Concern\*** | **Additional Narrative Comments/Concerns****to be Considered** | **Alignment with Community Resources** | **Unmet Need? (Yes/No)** |
|  Physical/ Mental Health | Obesity | 4.36 | 3.69 | * Obesity
* Increased obesity levels
* Decreased physical exercise
* Lack of proper nutrition
* In 2-5 years, if we do nothing, 75% of young adults will be unfit to serve in the military
* Physical Activity
* Lack of exercise/wellness contributes to mental health issues. Encourage physical activity.
* Encourage the use of our local parks to prevent obesity in children
* Make sure the community has good biking and walking paths – a good example are those in Albert Lea, MN.
* -More focus on winter activities. Make sure trails are maintained in winter.
* Promote family activities – create healthy, active communities
* More free physical activity options (affordable and accessible), especially during the winter
* Employers should set aside 30 minutes of paid exercise time
* Eating Habits
* Access to heart-healthy fruits & vegetables & local healthy food – emphasis on a good diet
* Encourage use of a shopping list when grocery shopping
* Preschool lunch sets the foundation
* Increase in diabetes, heart disease & other long-term health problems caused by obesity, including the need for future expensive care
* Access to prevention
* The younger generation will pay for chronic disease of older people
* Can’t get an appointment—but may need immediate assistance
* Need case worker/manager that they know and good protocol while in custody—state does not have; the underserved population in this area needs to addressed
* Lack of mental health services-especially for children; need affordable child/adolescent psychiatrists
* Need to recruit people into the psych field
* Stress, anxiety, depression, suicide risk—75% of diagnoses are manifestation of stress
* Make mental health more of a priority. Mental Health touches many elements—physical health has a strong connection to mental health
* More activity with the legislature
 | * Cass Clay Healthy People Initiative
* Active in Moorhead
* SHIP
* Food Systems Initiative
* Sanford Fit Kids Initiative
* Cass Co. Extension Service
* School programs
* Park programs
* YMCA
* Metrocog
* Universities (wellness centers, USDA research, dietary programs)
* Churches
* Faith Communities Alive
* Complete Streets (they have a policy, bike & pedestrian plan, etc.)
* Wellness services provided by employers
* Worksite wellness programs (they choose 3 activities/year)
* EAP programs
* Energize Program (this is like a “healthy” school carnival – will be in 11 schools this year)
* Child Care Alive (through Cass Clay Healthy People Initiative)
* TNT Kids Fitness & Gymnastics Academy (will be taking their mobile fitness lab into Head Start sites)
* Healthy Blues Program (through ND Blue Cross)
* Wellness Centers in F-M area:
	+ Core Fitness
	+ Fitnessworks
	+ Max Training
	+ Planet Fitness
	+ Snap Fitness
	+ Total Balance
	+ Touchmark
	+ Courts Plus
	+ Anytime Fitness
	+ YMCA
	+ W Fargo Fitness Center
	+ Cormax Fitness
	+ Family Wellness Center
	+ TNT Kids Gym
	+ Metro Rec Center
	+ Ladies Workout Express

Mental Health resources:* EAP in the workplace
* Local Mental Health providers
* Case Management providers
* SE Mental Health
* Cass & Clay Co. Social Services
* FirstLink
* Prairie (Fargo & Mhd locations)
* Essentia (Fargo & Mhd locations)
* Sanford Health
	+ Behavioral Health
	+ Child/Adolescent Mental Health Services
	+ Eating Disorders Institute
	+ Psychiatry &Psychology
	+ Will be addressing behavioral health in Medical Home (have received a $12 million grant to help primary care providers extend this service to patients)
* Mental Health Association
* Social Connection
* Lakeland Mental Health
* The Village’s intensive home visitation program for prenatal
* Payors – Medicaid, commercial payors, grant opportunities
* early intervention services
* ND KIDS program (used to be called Infant Development)
* Anchorage, The
* ARC of West Central MN
* CCRI
* Clay Co. Chemical Depen. Services
* Clay Co. Detox
* Clay Co. Public Health
* Community Outreach Ctr at MSUM
* Crisis Responders
* Human Service Associates
* Lost & Found Ministry/Recovery Worship
* Lutheran Social Services
* Safe Harbour
* Sharehouse - Wellness Center, OP & Residential Addiction Services, Genesis Program
* Solutions
* Tran$ Em (Transitional Supported Employment of MN)
* Alcoholics Anonymous Club House
* Alzheimer’s Program
* Catholic Family Services
* Centre Detox
* Drake Counseling Services
* Fargo VA
* First Step Recovery
* Gamblers Choice
* Gambling Problem Helpline
* Rape & Abuse Crisis Center
* SENDCA
* Sexaholics Anonymous
* Sister’s Path
* Village Family Service Center
* Vosburg Counseling for Seniors

Dementia/Alzheimer’s resources:* Alzheimer’s Assn – 701-277-9757
* Arbor Park Village – 218-359-9999
* Eventide/Fairmont – 218-233-8022
* River Pointe – 218-287-6900
* Evergreens, Mhd. – 218-287-6900
* Bethany – 701-239-3000
* Edgewood Vista – 701-365-8200
* Elim – 701-271-1800
* Evergreens, Fargo – 701-239-4524
 |  |
| Poor Nutrition/Eating Habits | 4.28 | 3.59 |
| Inactivity and/or lack of exercise | 4.28 | 3.58 |
| Chronic disease (e.g. diabetes, heart disease, multiple sclerosis) | 4.24 | 3.70 |
| Depression | 4.16 | 3.54 |
| Stress | 4.09 | 3.66 |
| Dementia/Alzheimer’s disease | 4.00 | 3.55 |
| Cancer | 3.86 | 3.76 |
| Suicide | 3.78 | 3.04 |
| Communica-ble disease (e.g. sexually transmitted diseases, AIDS) | 3.31 | 2.83 |
| Identified Concern | **Specific Concerns** | **Community Leader Respondent Level of Concern\*** | **Resident Respondents Level of Concern\*** | **Additional Narrative Comments/Concerns****to be Considered** | **Alignment with Community Resources** | **Unmet Need? (Yes/No)** |
|  Economic Issues | Availability of employment opportunities | 3.69 | 3.49 | * Poverty
* Why so many homeless when our local economy is booming?
* We have affordable housing. Work to integrate low income into all housing
* Increased number of aging people living in poverty
* Services for low income population
* Transportation to appointments
* Lack of recovery options/respite care for homeless individuals
* Oil industry’s transient population
* The new Family Healthcare Center should assist in helping access care. Also assisting in the many languages needed.
* Public health funding for preventative services
 | Employment resources:* Job Service Fargo (jobsnd.com)
* CareerFargo.com
* Minnesotaworks.net
* Minnesota Job Service

Poverty resources:* Numerous thrift shops
* Caring Closet (free clothes) – 701-235-6848
* Health Care for Homeless Vets - 701-239-3700
* Homeless Health Service – 701-298-9245
* Family HealthCare Center – 701- 271-3344
* Community Care Programs at Sanford & Essentia
* Cass County Social Services
* Clay County Social Services
* Legal Services of MN – 218-233-8585
* Legal Services of ND – 701-232-4495
* CHARISM – 701-241-8570
* RRV Dental Access – 701-364-5364
* SENDCA – 701-232-2452

Housing resources:* ReStore – 218-284-5253
* Lake Agassiz Habitat for Humanity – 218-284-5253
* Down Payment & Closing Costs Assistance Prog.– 1-800-292-8621
* HomeKey Program – 701-328-8080
* Housing Rehab Program - 701-241-1474
* SENDCAA Weatherization Program – 701-232-2452
* Help with Utilities (Cass Co. Social Services) – 701-297-6000
* Xcel “Energy Share” program
* Help with rent – Section 8, Fargo Housing Authority – 701-293-6262
* Sisters of Presentation Partners in Housing Program – 701-235-6861
* Salvation Army provides assistance with hsg. & utilities – 701-232-5565
* Low income housing – SENDCAA – 701-232-2452

Homeless shelters:* Churches United – 218-236-0372
* Clay Co. Service Center emergency shelter – 218-299-7057
* Dorothy Day House – 218-233-5763
* Lakes & Prairies transitional housing program – 218-299-7014
* Motivation, Education & Training emergency shelter – 218-299-7262
* Fraser transitional living/emergency shelter – 701-356-8585
* Gladys Ray shelter – 701-364-0116
* New Life Center – 701-235-4453
* Salvation Army – 701-232-5565
* Youthworks (transitional housing ) – 701-232-8558
* YWCA Shelter – 701-232-3449

Hunger resources:* Food pantries
	+ Churches United
	+ Dorothy Day House
	+ Faith Hope & Love Church
	+ Bosnian & Herzegovian community food pantry
	+ Emergency Food Pantry
	+ Family Worship Center food pantry
	+ First Assembly food pantry
	+ Great Plains Food Bank
	+ Springs of Living Water food pantry
* Backpack program for students
* Christmas dinners for the homeless (First Presbyterian, Nativity, Olivet)
* Shelters providing meals:
	+ Churches United
	+ Dorothy Day House
	+ New Life Center
	+ Salvation Army
	+ YWCA Shelter
* Food Baskets:
	+ Churches United
	+ YWCA Shelter
 |  |
| Economic disparities between higher and lower classes | 3.64 | 3.44 |
| Homelessness | 3.64 | 3.01 |
| Poverty | 3.62 | 3.20 |
| Availability of affordable housing | 3.47 | 3.31 |
| Hunger | 3.46 | 3.00 |
| Wage levels | 3.43 | 3.35 |
| Cost of living | 3.16 | 3.43 |
| Identified Concern | **Specific Concerns** | **Community Leader Respondent Level of Concern\*** | **Resident Respondents Level of Concern\*** | **Additional Narrative Comments/Concerns****to be Considered** | **Alignment with Community Resources** | **Unmet Need? (Yes/No)** |
|  Transportation | Availability of good walking or biking options (as alternatives to driving) | 3.79 | 3.25 | * Some people are walking now- how will they get to new facilities?
* Need a pool of funding for transportation
 | Public transportation resources:* MAT Bus - 701-232-7500
* Richards Transportation Service – 218-233-3404
* Anytime Transportation – 701-232-3322
* CareAVan Mobility 4U – 701-235-6699
* Doyle Cab – 701-235-5535
* Discount Taxi – 701-235-5535
* Handi-Wheels – 701-232-3231
* Lucky 7 Taxi – 701-235-1717
* MAT Paratransit – 701-476-4464
* Medi-Van – 1-800-422-0976
* Metro Senior Ride Service – 701-293-1440
* People’s Diversity Forum Transportation Service – 701-235-5440
* Ready Wheels – 701-364-1700
* RSVP Program – 701-298-4602
 |  |
| Availability and/or cost of public transportation | 3.33 | 2.97 |
| Road Conditions | 3.25 | 3.14 |
| Driving habits (e.g. speeding, road rage) | 3.04 | 3.15 |
| Cost of automobile ownership (e.g. gas, maintenance, insurance) | 2.95 | 3.42 |
| Traffic Congestion | 2.55 | 2.85 |
| Identified Concern | **Specific Concerns** | **Community Leader Respondent Level of Concern\*** | **Resident Respondents Level of Concern\*** | **Additional Narrative Comments/Concerns****to be Considered** | **Alignment with Community Resources** | **Unmet Need? (Yes/No)** |
|  Substance Use and Abuse | Alcohol Use and abuse | 4.12 | 3.52 | * Alcoholism and binge drinking—chronic visits to the ER and lack of services for alcohol treatment. Will be a shortage of services in 2014 due to Healthcare Reform.
* Abuse of prescription medications
 | Moorhead addiction resources:* The Anchorage – 218-287-1500
* ARC of W. Cent. MN - 218-233-5949
* CCRI – 218-236-6730
* Clay Co. Chemical Dependency Services – 218-299-5200
* Clay County Detox – 218-299-5171
* Clay Co. Public Health 218-299-5220
* Clay Co. Social Services – 218-299-5200
* Community Outreach Center at MSUM – 218-477-2513
* Crisis Responders – 1-800-223-4512
* Human Service Associates – 218-291-1658
* Lakeland Mental Health – 218-233-7524 / 1-800-223-4512
* Lost & Found Ministry/Recovery Worship – 218-287-2089
* LSS of MN – 218-236-1494
* Prairie St. John’s – 218-284-0300
* Safe Harbour – 218-287-2593
* Sharehouse Wellness Center – 218-233-6398
* Social Connection – 218-284-6069
* Solutions – 218-287-4338

Fargo addiction resources:* AA Club House – 701-232-9930
* Catholic Family Services – 701-235-4457
* Centre Detox – 701-237-3341
* Drake Counseling – 701-293-5429
* Fargo VA – 701-239-3700
* FirstLink HotLine – 701-235-7335
* First Step Recovery – 701-293-3384
* LSS of ND – 701-235-7341
* Only Human Counseling – 701-476-0497
* Pathways – 701-232-5955
* Prairie Dawn Counseling Center – 701-239-8307
* Prairie St. John’s – 701-476-7216
* Sanford Health CD Services/Partial Hospitalization – 701-461-5300
* Sharehouse OP & Residential Addiction Services – 701-282-6561
* Sharehouse Genesis – 701-478-8440
* Simon Chemical Dependency Services – 701-298-8108
* Sister’s Path – 701-478-6562
* SE Human Service Center – 701-298-4500
* The Village – 701-451-4900

Smoking Cessation resources:* BAN Program (Break Away from Nicotine) – 701-476-4083 (City of Fargo program)
* ND Quits (ND Dept. of Health) – 701-214-4170
* Sanford Health – 701-234-5191 (tobacco cessation counselor)
* Sanford Health – 701-234-6452 (tobacco & asthma education)
* Fargo Cass Public Health (health educator) – 701-241-1367
* Essentia Health (tobacco treatment specialist) – 701-364-4524
 |  |
| Drug Use and Abuse | 4.03 | 3.55 |
| Smoking and tobacco use | 3.98 | 3.46 |
| Exposure to Secondhand smoke | 3.72 | 3.35 |
| Identified Concern | **Specific Concerns** | **Community Leader Respondent Level of Concern\*** | **Resident Respondents Level of Concern\*** | **Additional Narrative Comments/Concerns****to be Considered** | **Alignment with Community Resources** | **Unmet Need? (Yes/No)** |
|  Safety  | Domestic Violence | 3.97 | 3.46 |  | Shelters (domestic violence):* YWCA Shelter – 701-232-3449
* Churches United – 218-236-0372
* Dorothy Day House – 218233-5763
* Centre Inc. – 701-235-5115
* Fargo Housing & Redevelopment Authority – 701-293-6262
* ShareHouse – 701-282-6561
* Cass Co. Housing Authority – 701-282-3443
* Rape & Abuse Crisis Center – 701-293-7273
* Gladys Ray Shelter – 701-364-0116

Child Abuse & Neglect resources:* Sanford Child & Adolescent Maltreatment Center – 701-234-4580
* Red Flag Green Flag program – 701-293-7298
* Protection & Advocacy Project – 701-239-7222
* Guardian & Protective Services – 701-297-8988

Elder Abuse resources:* Adult Protective Services
	+ Fargo – 701-241-5747
	+ Moorhead – 218-299-5200
* Rape & Abuse Center (Abuse in Later Life Advocate) – 701-293-7273
* Clay Co. Elder Abuse Project – 218-299-7542
* Protection & Advocacy Project – 701-239-7222
* Guardian & Protective Services – 701-297-8988

Crime resources:* ND Crime Victim & Witness Assistance (Cass Co. office) – 701-241-5850
* Fargo Police
* Moorhead Police
* Cass Co. Sheriff’s office
* Clay Co. Sheriff’s office
 |  |
| Child abuse and neglect | 3.76 | 3.39 |
| Presence and influence of drug  | 3.52 | 3.51 |
| Elder Abuse | 3.25 | 3.08 |
| Property Crimes | 3.14 | 3.41 |
| Violent Crimes | 3.09 | 3.06 |
| Identified Concern | **Specific Concerns** | **Community Leader Respondent Level of Concern\*** | **Resident Respondents Level of Concern\*** | **Additional Narrative Comments/Concerns****to be Considered** | **Alignment with Community Resources** | **Unmet Need? (Yes/No)** |
|  Environment | Garbage and litter concerns | 2.55 | 2.70 |  | Fargo Garbage – 701-241-1449Moorhead Garbage – 218-299-7331Fargo Water Plant – 701-241-1468Moorhead Water Plant – 218-299-5470 |  |
| Water quality concerns | 2.34 | 2.63 |
| Noise level concerns | 2.28 | 2.56 |
| Air quality concerns | 2.17 | 2.37 |
| Identified Concern | **Specific Concerns** | **Community Leader Respondent Level of Concern\*** | **Resident Respondents Level of Concern\*** | **Additional Narrative Comments/Concerns****to be Considered** | **Alignment with Community Resources** | **Unmet Need? (Yes/No)** |
|  Children and Youth | Availability and/or cost of quality child care | 3.91 | 3.42 | * Schools/Youth (Obesity)
* Start with youth and change the trends
* Start good health habits early—preschool lunch sets the foundation
* Open up the neighborhood schools for open gym time
* Promote grade level activities for increased physical activity
 | Child Care resource:* Child Care Resource s& Referral – 218-299-7026

Youth resources – Moorhead:* ARC – 218-233-5949
* Access – 218-233-3991
* Center for Parenting & Children – 218-233-6158
* Clay Co. Social Services – 218-299-5200
* DD Case Mgmt. – 218-299-5200
* Early Intervention Program – 218-284-3800
* Follow Along Program – 218-299-5200
* Head Start – 218-299-7002
* Lakeland Mental Health – 218-233-7524
* LSS of MN – 218-236-1494
* The Village – 218-451-4900
* Youth Educational Service – 701-233-0924

Youth resources – Fargo:* ARC – 701-293-8191
* Boys & Girls Clubs – 701-235-2147
* Boy Scouts – 701-293-5011
* Campus Life – 701-237-6682
* Caring Program for Children – 701-277-2227
* Cass Co. Parenting, Children & Family Resources – 701-241-5765
* Cass Co. Social Services – 701-241-5761
* Catholic Family Services – 701-235-4457
* Center for Parenting & Children – 701-235-6433
* CHARISM – 701-241-8570
* Christian Family Life Service – 701-237-4473
* Family HealthCare Center – 701-241-1360
* Fargo Youth Commission – 701-235-2147
* Fraser Childcare Services – 701-293-3050
* Girl Scouts – 701-293-7915
* Head Start – 701-235-8931
* Infant Development (SEHSC) – 701-298-4471
* International Sports Camps – 701-281-7900
* Kamp KACE – 701-234-7544
* LSS of ND – 701-235-7341
* Make A Wish – 701-280-9474
* ND Parents as Teachers Program – 701-231-6374
* Nokomis – 701-232-5635
* ND Kids Count – 701-231-5931
* Parents Support Group – 701-235-9923
* Prairie St. John’s – 701-476-7200
* Prescription Assistance Program – 701-364-0398
* Prescription Connection – 1-888-575-6611
* Right Tracks – 701-792-3722
* Ronald McDonald House – 701-232-3980
* Sanford Health Pediatric Therapy – 701-234-4300
* SE Human Service Center (parenting training) – 701-298-4500
* SENDCA – 701-232-2452
* The Village – 701-451-4900
* Youthworks – 701-232-8558
* Youth for Christ – 701-237-6682
* YWCA – 701-232-2547
* YMCA – 701-293-9622
* Youth Center at Rose Creek – 701-478-4066
* Youth Court (LSS) – 701-235-7341

Teen Pregnancy resource:* First Choice Clinic – 701-237-6530
 |  |
| Bullying | 3.82 | 3.44 |
| Availability and/or cost of services for at-risk youth | 3.81 | 3.05 |
| Availability and/or activities for children and youth | 3.67 | 3.27 |
| School dropout rates/truancy | 3.56 | 2.82 |
| Teen pregnancy | 3.34 | 2.93 |
| Youth crime | 3.09 | 3.04 |
| Identified Concern | **Specific Concerns** | **Resident Respondents****Level of Concern\*** | **Community Leader Respondent Level of Concern\*** | **Additional Narrative Comments/Concerns to be Considered** | **Alignment with Community Resources** | **Unmet need?****(Yes/No)** |
|  Access to Health Care | Cost of health insurance | 4.32 | 4.57 | * Cost of insurance
* High cost for the self-insured
* High co-pays

**Health Insurance*** Lack of health insurance
* Cost/affordability
* Cost of co-pays
* Allow contributors the ability to set what standards and conditions will be covered
* Other Issues:
* Patient confidentiality (employees within healthcare organizations)
* Oil industry’s transient population Revenues are not put into less lucrative (but important) projects/issues
* Chronic disease – referral to management programs – don’t always get this Maternal Child Health
* Healthcare
* Reform – what is the impact of this?
* Inefficiencies in healthcare

**Dental Care*** Access to dental providers—why no Fridays? Consider evening hours
* Serious problems with dental health when there is no dental provider for the whole family. Lack of regular dental care has very negative impact on health
* Fewer people have dental insurance or the coverage is poor
* No dental schools in ND
* Dentists not accepting new patients
* No dental access for Medicaid patients

**ER Services*** Location of the ER
* Sanford ER needs a new site—downtown?
* ER shouldn’t be where people go for their routine care
* Consider a freestanding location for ER/EC
* Inappropriate use of EC.
* Coordinated emergency care between cities

**Reimbursement*** affordability of insurance premiums
* prescription costs
* rising cost of employer’s share which must be passed on to consumers
* Not being able to retire because of high cost of healthcare
* Need to take the profit margin out of healthcare. Something is wrong when there are tens of thousands of dollars in differences between procedures. It is price gouging. We must address the cost of healthcare.
* Set a specific percentage of profit that must be given back to the healthcare system to keep costs low.
* Price should be set by proportions – not percentages.
* Try a healthcare cooperative type of approach.
* Cuts to Medicare and Medical Assistance – leading to employee cuts – they affect quality of care and access to care
 | * Community Care Programs (Essentia, Sanford)
* Caring Program
* Prescription Assistance Program
* Care Coordinators
* Sanford RN Health Coaches
* Blue Cross Member Advocate Program
* Medical Home Program
* Sanford’s Ask-A-Nurse Program
* Sanford’s Health & Business Ctr.
* Blue Cross Case Managers
* Sanford’s Shelter Parish Nurses

Reduced cost dental resources:* RRV Dental Access – 701-364-5364
* Family HealthCare Center – 701-271-3344

Mental Health resources:* See section on Physical/Mental Health (page 9)

Transportation resources:* See transportation resources list on pages 5, 14

Bilingual providers/translators:* Family HealthCare Center – 701-271-3344
 |  |
| Cost of health care | 4.25 | 4.48 |
| Cost of prescription drugs | 4.06 | 4.34 |
| Adequacy of health insurance | 3.97 | 4.24 |
| Access to health insurance coverage | 3.79 | 4.16 |
| Availability of prevention programs or services | 3.37 | 4.07 |
| Availability and/or cost of dental and/or vision care  | 3.76 | 4.02 |
| Availability and/or cost of dental and/or vision insurance | 3.76 | 4.00 |
| Coordination of care | 3.05 | 4.00 |
| Availability of mental health services and providers | <3.00 | 3.98 |
| Use of emergency services for primary health care | 3.28 | 3.86 |
| Time it takes to get an appointment | 3.06 | 3.52 |
| Availability of doctors, nurses, and/or specialists | 3.24 | 3.47 |
| Availability of non-traditional hours | 3.00 | 3.45 |
| Providers not taking new patients  | 2.92 | 3.41 |
| Availability of/access to transportation | 2.63 | 3.22 |
| Availability of bilingual providers and/or translators | 2.40 | 3.09 |
|  | Distance to health care services | 2.33 | 2.60 |
| Patient Confidentiality | 2.57 | 2.52 |

|  |  |  |  |
| --- | --- | --- | --- |
| Other Identified Concerns | Narrative Comments | Alignment with Community Resources | Unmet need (Yes/No)? |
| Parenting | * More funding for home visitation programs for moms and babies
 | * The Village’s intensive home visitation program for prenatal care
* ND KIDS program (used to be called Infant Development)
* Cass & Clay County Public Health
 |  |
| Policy Making | * Healthy lifestyle choice is not the top priority for policy making
 |  |
| Prevention/Wellness | * Consider a more proactive approach to healthcare-80% of chronic disease is preventable
* Access to local food and health food for the schools
* Famers Market

-look at them in the neighborhoods-Go 2030 Fargo-Include New Americans, churches, schools-lots of room to expand farmers market in the FM area—consider the co-op and easy access location | Farmers Markets: Fargo:* Downtown Farmers Market
* Great Plains Producer Association’s Community Farmers Market
* Festival market
* Stonewest Village Farmers Market
* VA Farmers Market

Moorhead:* Gardener’s Flea Market
* My Sister’s Farm
* Sydney’s Health Market
 |
| Worksite  | * More worksite wellness programs-be proactive
* Employers could set aside 30 minutes of paid exercise time
* Employers are providing benefits but not making healthy lifestyles the easy choice
 |  |
| New Americans | * Need dementia care providers & respite geriatric care for New Americans
* New Americans coming from refugee camps need to catch up on their health needs. Many have insurance (individual doesn’t cover family)
* Cultural competence of mental health professionals
* Need transportation to appointments
 | Healthcare for New Americans:* Family HealthCare Center – 701-271-3344

Transportation to appointments:* MAT bus – 701-232-7500
 |  |
| Legal Issues | * Malpractice
* Doctors over-testing
 |  |
| Workforce | * Not enough providers. Need to improve ability to recruit healthcare workers, including family practice physicians, specialists, psych.
* Health professionals will be retiring in large numbers—there will be shortage in 7-8 years
* Difficulty with recruitment of workforce to ND, especially rural areas. Have incentives in medical school to serve rural areas after graduation.
* Not enough slots for medical students. Need to get the medical school to open more slots—this will address access and availability. Create an atmosphere for training more providers.
* Time constraint on providers

-expectations on number of patients provider needs to see per day-If more providers—more time with individual patients-More time to discuss prevention (obesity), promote wellness, mental health* Rural providers need access to locums for vacations
* Focus on quality rather than quantity
* Makes the best use of the doctor’s time in the rural areas
* Providers are starting to think “outside the box”—bringing in experts from other cities or doctors from our cities are going to rural communities
* Have an interesting, walkable community—to recruit and keep professionals here
 |  |

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