Population

North Dakota's 2012 population reached a historic high – 699,628. Previous peak (1930) at 680,845.
Increases in most age groups (largely due to energy boom) reducing the “graying of ND” that once seemed inevitable.

City Size in North Dakota: 2010

% change 2000 to 2010 noted in Red

Note: Between 2000 and 2010, 83 of 357 incorporated places grew (23%).

North Dakota Rural-Urban Population Distribution 1900 to 2010

Note: Based on 357 incorporated cities
Source: U.S. Census Bureau, Census 2010

More North Dakotans lived in urban areas (2,500+) by 1990. 223 (62%) of ND’s 357 incorporated places are smaller than 250 people.

Diversity is increasing, with a greater proportion of residents of color in the younger age groups.

Gender Distribution: Total and by 65+

Among older adults in North Dakota, there were 77 men for every 100 women.

Source: U.S. Census Bureau, Population Division

Individuals Below the Poverty Level

A consistent rate of poverty in North Dakota, although consistently below national averages; 2012 = 11.2%.

The Census Bureau uses a set of dollar value thresholds that vary by family size and composition to determine who is in poverty. In July 2012, the federal poverty threshold was about $23,058 for a family consisting of two adults and two minor children.
Households and Families

North Dakota Households by Type 1960 to 2010
[Children under Age 18]

Household Types in ND: 2010

Half of senior householders live alone — 2nd highest proportion in the nation — compared to 44% nationally. 72% of senior householders living alone are female.

Source: U.S. Census Bureau

Single 65+ Senior Households: 2010

Of Householders Living Alone, Percent Age 65 Plus in North Dakota by County: 2010
Source: U.S. Census Bureau, 2010 Census Demographic Profile

Average 2011 Wage in North Dakota

Young Children for Whom All Parents are Working: North Dakota Counties, 2007–2011

High proportions of workers across the state, including women with young children; among the highest rates in the country at 74%; US average is 65%
Children Ages 0-17 Living in Poverty in North Dakota: 2010

Uninsured by Poverty Status (Under 65)

- Rate is ~3X higher for those below poverty level than those above it (26% vs. 9%)

Uninsured by Race (Under 65)

- Rate more than 3 times higher for American Indians than Whites (34% vs. 9%)

Babies Born at Low Birth Weight

- 9.3% in Region 3, 4.9% in Region 1, 6.5% of all births statewide;

Planning Regions of the State

Overall National KIDS COUNT Ranking

- In 2013, North Dakota ranked 6th in the nation for overall child well-being:
  - Economic well-being – #1
  - Education – #16
  - Health – #25
  - Family and community – #4

Percent of children in preschool varies widely, but North Dakota average is lower than national average.

Average annual cost of sending an infant to a center-based licensed child care facility in North Dakota in 2012 = $8,066. Regional differences exist with average costs in Cass County = $8,923.

2 in 3 households owns their home (67%) Rates are as low as 58% in Region V

1 in 4 (24%) households is cost-burdened. Burden varies across state, as high as 30% in Region IV.
### Elderly Householders Burdened by Housing Costs

<table>
<thead>
<tr>
<th></th>
<th>2000</th>
<th>2010</th>
</tr>
</thead>
<tbody>
<tr>
<td>All Householders 65 and older</td>
<td>32,980</td>
<td>44,819</td>
</tr>
<tr>
<td>Cost Burdened</td>
<td>6,087</td>
<td>8,713</td>
</tr>
<tr>
<td>Percent</td>
<td>18.5%</td>
<td>19.1%</td>
</tr>
</tbody>
</table>

Source: U.S. Census Bureau

- **41% increase**
- **29% increase**

### Mental Unhealthy Days by Gender

Average of 2.4 mentally unhealthy days per month in ND.

There are important differences by gender, yet on average, 6.6% of North Dakotans (age 14+) experienced mentally unhealthy days at least half the month.

### Long-Term Care Facilities

- In 2010, about 6% of ND older adults lived in skilled nursing facilities.*
  - The majority of these residents are 85+.
  - Two-thirds of nursing home residents are female.

- In 2009, ~10% of ND older adults had at least one nursing home stay.*
  - 30% of residents 85+ had at least one stay.

### Uninsured by Age (Under 65)

Highest rates of uninsured (~17%) are among 18–34 compared to 11% for all under 65. Most all ND seniors (97%) have health-care coverage because most are eligible for Medicare.*
Ever tried cigarette smoking, even one or two puffs.

Obesity rates are high across all income groups.

Dickinson – stable.
Fargo, Bismarck – down/up/down.
Williston – gradual decline.

Higher-income students graduate on time at a higher rate (93%) than lower-income students (73%).

Percent of residents with a disability by age

Suspected Victims of Child Abuse and Neglect Where Services were Required